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**A 5500-year oxygen isotope record of high arctic
environmental change from southern Spitsbergen**

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Abstract

The oxygen isotope composition of chironomid head capsules in a sediment
core spanning the past 5500 years from lake Svartvatnet in southern
Spitsbergen was used to reconstruct the oxygen isotope composition of lake
water ($\delta^{18}\text{O}_{\text{lw}}$) and local precipitation. The $\delta^{18}\text{O}_{\text{lw}}$ values display shifts from the
baseline variability consistent with the timing of recognized historical climatic
episodes, such as the Roman Warm Period, the Dark Ages Cold Period and the
Little Ice Age. The highest values of the record, ca. 3‰ above modern $\delta^{18}\text{O}_{\text{lw}}$

values, occur at ca. 1900-1800 cal. yr BP. Three negative excursions increasing in intensity toward the present, at 3400-3200, 1250-1100 and 350-50 cal. yr BP, are tentatively linked to roughly synchronous episodes of increased glacier activity and general cold spells around the northern North Atlantic. Their manifestation in the Svartvatnet $\delta^{18}\text{O}_{\text{lw}}$ record testify to the sensitivity and potential of high Arctic lacustrine $\delta^{18}\text{O}_{\text{chir}}$ records in tracking terrestrial climate evolution, but also highlight nonlinear dynamics within the northern North Atlantic hydroclimatic system. The Little Ice Age period at 350-50 cal. yr BP displays a remarkable 8-9‰ drop in $\delta^{18}\text{O}_{\text{lw}}$ values, construed to predominantly represent significantly decreased winter temperatures during a period of increased seasonal differences and extended sea ice cover inducing changes in moisture source regions.

Keywords

North Atlantic, Spitsbergen, Svalbard, Arctic, oxygen isotopes, climate, temperature, 'Little Ice Age'

Introduction

The Arctic, and particularly the region of the Nordic Seas has an enormous impact on the global distribution of heat and the ventilation of oceans via interconnected ocean-

atmosphere feedback mechanisms involving surface winds, variable ice conditions, ocean stratification and deep water formation (Bond et al., 2001; McManus et al., 2004; Steffensen et al., 2008). The Svalbard archipelago (Figure 1) lies at the crossroads of the Arctic and North Atlantic Oceans and the major oceanic gateways connecting these, at an optimal position to record past fluctuations in the Arctic ocean-atmosphere system. The four largest islands of the archipelago are the main island Spitsbergen, Nordaustlandet to the northeast, and Edgeøya and Barentsøya to the southeast. As the northernmost extension of the North Atlantic Current, the West Spitsbergen Current carries warm, saline Atlantic water northward along the western coast of Spitsbergen. Cold, ice-laden, low salinity Arctic waters enter the North Atlantic via the western Fram Strait and are delivered south by the East Greenland Current. Additional cold Arctic waters are carried down from the Barents Sea along the eastern margin of Svalbard and around the southern tip of Spitsbergen by the East Spitsbergen Current. The climate of Svalbard is inseparably connected to the variations in the relative strengths of the flow of warm Atlantic and cold Polar/Arctic waters to the region (Marsz, 2013;

1 Walczkowski, 2013).

3 **Figure 1:** Maps depicting the location of the study area, bathymetry of lake Svartvatnet and locations of
4 the coring site, lake water sampling sites (crosses) and inlet stream sampling sites (triangles). The arrow
5 on the eastern flank shows the approximate location of the outlet stream. Star symbols in the indicator
6 map show sites of prior proxy studies mentioned in the text: 1= Mitrahalvøya a peninsula, 2= lake
7 Kongresvatnet, 3= lake Skardtjørna.

9 The Nordic Seas' significance to global climate is reflected, for example, in the vast
10 number of research efforts aiming to characterize and quantify the properties of the
11 water masses, flow strengths and sea ice conditions in this region during the latest
12 deglaciation and the Holocene (Belt et al., 2015; Berben et al., 2014; Bonnet et al.,
13 2010; Cabedo-Sanz and Belt, 2016; De Vernal et al., 2013; Dylmer et al., 2013; Łacka
14 at al. 2015; Majewski et al., 2009; Moros et al., 2012; Müller et al., 2012; Perner et al.,

2015; 2016; Rasmussen et al., 2007; 2012; Rasmussen and Thomsen, 2009; 2014;
Risebrobakken et al., 2003; 2010; Sarinthein et al., 2003; Werner et al., 2013; 2014).
However, the picture of Holocene terrestrial climatic development on Svalbard is far
more limited. Terrestrially based investigations have largely focused on past
characteristics and activity of glaciers on Svalbard (Reusche et al., 2014; Snyder et al.,
2000; Svendsen and Mangerud, 1991; 1997), with indirect climatic implications.
Despite their sensitivity to post-depositional alteration (Pohjola et al., 2002), ice cores
from Svalbard glaciers have yielded information on summer and winter temperatures,
continentality, sea ice cover and sources of moisture and pollution (Beaudon et al.,
2013; Divine et al., 2011; Grinstedt et al., 2006; Isaksson et al., 2005) over the past
centuries. However, except for the study of Divine et al. (2011) time series from
Svalbard ice caps do not extend back in time beyond 1000 CE. Similarly, millennial
timescale reconstructions of climatic variables based on lake sedimentary archives from
the region are also very scarce (Birks et al., 1991; D'Andrea et al., 2012; Velle et al.,
2010).

Environmental time series from terrestrial contexts are highly desirable owing to their
potentially higher sensitivity, i.e. possibility for recording shorter lived and smaller
scale fluctuations compared to the tendency of short-term variations to be smoothed out
in oceanic records. Our study aims to provide a record of the development of the
atmospheric component of northern North Atlantic hydroclimate over the mid to late

1 Holocene from an area extremely sensitive to the interplay of Arctic and Atlantic air
2 masses (Majewski et al., 2009) where previous terrestrial records of climate evolution
3 are very rare. To this end, we use lake sedimentary proxy archives preserving records of
4 the past oxygen isotope values of precipitation ($\delta^{18}\text{O}_{\text{pr}}$), which, in the right
5 circumstances can bear information on surface air temperatures (Dansgaard, 1964;
6 Rozanski et al., 1993). Especially at high latitudes, less complexities stemming from
7 moisture recycling and re-evaporation, convection, variable condensation heights and
8 source temperatures disturb the applicability of $\delta^{18}\text{O}_{\text{pr}}$ as a temperature proxy, and much
9 of our understanding of the long term evolution of the thermal climate during the past
10 800,000 years is based on the isotopic composition of past Arctic and Antarctic
11 precipitation, stored as ice (Johnsen et al., 1997; Jouzel et al., 2007). Also in
12 Spitsbergen, ice core $\delta^{18}\text{O}$ values have been shown to be good proxies for surface air
13 temperature over the last 1000 years (Divine et al., 2011; 2005; Grinsted et al., 2006;
14 Isaksson et al., 2003). Where glacier ice, directly preserving past records of $\delta^{18}\text{O}_{\text{pr}}$, is
15 absent or ice cores are temporally limited by core length as is the case for Spitsbergen,
16 other materials recording the $\delta^{18}\text{O}$ values of environmental waters can be used. One
17 such material is the chitinous exoskeleton of chironomid (Insecta: Diptera:
18 Chironomidae) larvae. Chironomid remains are generally abundant in lakes and they
19 preserve well in the sediment record (e.g. Brooks, 2006). Chironomid species
20 assemblages, and more recently the $\delta^{18}\text{O}$ values of their larval head capsules, have been

demonstrated as being sensitive indicators of past $\delta^{18}\text{O}_{\text{pr}}$ values and temperatures (Brooks, 2006; Verbruggen et al., 2010a; Wooller et al., 2004). Using oxygen isotope analysis of chironomid head capsules in a lake sediment core retrieved from southernmost Spitsbergen, we aim to reconstruct variations in $\delta^{18}\text{O}$ values of lake water ($\delta^{18}\text{O}_{\text{lw}}$), and to evaluate how they relate to $\delta^{18}\text{O}_{\text{pr}}$ and changes in past air temperatures. The record spans the past 5500 years and demonstrates how, in optimal circumstances, chironomid $\delta^{18}\text{O}$ values in high Arctic lakes faithfully track climatic oscillations, offering insight into past temperatures and sea ice oscillations.

Study site

Lake Svartvatnet (76.895°N, 15.676°E, 63 m a.s.l.) is a small, oligotrophic lake in Sørkappland, the southern part of Spitsbergen, ca. 1.5 km south of the Hornsund mouth, and 12 km south(west) of the Polish Polar Station (Figure 1). It has a surface area of 0.8 km², a maximum depth of 26.5 m and a catchment area of ca. 15 km² (Ojala et al., 2016). The lake comprises a main basin to the south, and a series of smaller, shallower sub-basins in its northern part (Figure 1). Lake Svartvatnet receives water through a network of seasonally active, shallow streams in its northern and southern-southeastern margins, and drains to the adjacent fjord via a single outlet at its southeastern flank. At the time of our surveying in July 2013, the lake water had a temperature between 4°C (bottom) and 4.5°C (surface), a surface pH of 7.2, a color of 0

CPU, conductivity at $50 \mu\text{S cm}^{-1}$ and total dissolved solids at 20 mg l^{-1} (Ojala et al., 2016). Based on turbidity measurements the water column in the northern basin is less turbidic, because the main network of streams entering the lake and delivering allochthonous mineral matter is located in the southern part of the lake. In addition to turbidity measurements, ^{137}Cs -based estimates of sediment deposition rate in different parts of the lake indicate that most of the allochthonous material appears to be effectively trapped in the deep southern basin, shielding the northern basins from massive deposition and disturbances by episodic inputs of allochthonous mineral material from seasonal runoff and erosion (Ojala et al., 2016).

Lisbetdalen valley, the area surrounding Lake Svartvatnet is a typical periglacial landscape with glacial cirques, stone circles and solifluction tongues. The steep slopes bordering the lake in the west feature talus formations and cones of slided coarse-grained debris. To the north, a series of ancient marine terraces dominate the setting between Lake Svartvatnet and the fjord.

The local climate is typical for a high arctic, maritime site. According to monitoring statistics at the Polish Polar Station, the mean annual (MAT) and July air temperatures for 1979-2014 are -4.0°C and 4.4°C , respectively, and the mean annual precipitation is 438.6 mm (Institute of Geophysics, Polish Academy of Sciences, 2016). The mean annual and July temperatures for the past five years are distinctly higher, -1.9°C and 5.2°C , consistent with observations of a $2\text{-}3^{\circ}\text{C}$ increase in seasonal and mean annual

temperatures since 1979 (Marsz, 2013). Precipitation events are strongly linked to advection of warm and moist air from the southwest, and most precipitation falls during the months of August, September and October.

Material and Methods

Core sampling and chronology

A 163 cm long sediment sequence (core SV4c) was taken from the northernmost sub-basin (Figure 1) of lake Svartvatnet in July 2013 with a piston corer. In the laboratory, the core was sliced into 1 cm sections. The dating of the sediment sequence, consisting of clay gyttja, was established using a combination of radiometric and paleomagnetic methods. A detailed description and discussion regarding the age-depth model for the Svartvatnet sediment sequence depicted in Figure 2, the sediment properties and dating methods was presented by Ojala et al. (2016). The chronology relies on five AMS- ^{14}C dates obtained from terrestrial and aquatic bryophytes, ^{137}Cs and ^{210}Pb profiles, and comparisons of the paleosecular variation curves to regional reference curves described by Snowball et al. (2007). The resulting age model, constructed using a Bayesian P-sequence deposition model in OxCal 4.2 (Bronk Ramsey, 2008; 2009) indicates that the core represents ca. 5500 years of deposition (Ojala et al., 2016). The sediment sequence shows no indication of erosion or slumping of sediment, suggesting stable and continuous sedimentation throughout the sequence, while the ^{210}Pb record indicates

1 increased sedimentation during the 20th century. All dates in the text are calendar dates,
 2 discussed either as calendar years during the Common Era (CE) or before present (cal.
 3 yr BP; present = year 1950), or thousands of years before present (cal. kyr BP).

4
 5 **Figure 2.** The age model for the Svartvatnet sediment core SV4c, modified after Ojala
 6 *et al.* (2016). Data labels show the sample-ID and uncalibrated radiocarbon date.

7 *Chironomid oxygen isotope analyses*

9 The oxygen isotope analysis was performed on mixed chironomid taxa, following
 10 Wooller *et al.* (2004; 2008; 2012) and Verbruggen *et al.* (2010a). The most abundant
 11 chironomid taxa in the sediment were the benthic *Micropsectra contracta*-type and *M.*
 12 *radialis*-type that occurred throughout the stratigraphy (Luoto *et al.*, in review). The

sampling plan aimed at analyzing $\delta^{18}\text{O}$ values of chironomid larval head capsules ($\delta^{18}\text{O}_{\text{chir}}$) from 1 cm thick slices of sediment taken every four centimeters: 0-1 cm, 4-5 cm etc. However, the number of chironomid head capsules per cc of sediment was relatively low and varied along the sediment sequence, and in most cases it was necessary to combine two to four adjacent 1 cm slices in order to achieve a satisfactory sample mass. A minimum mass of 50 μg was previously recommended by Verbruggen et al. (2010a; 2010b) and Wang et al. (2008), but we typically achieved $\geq 80 \mu\text{g}$. The analytical protocol followed that described in Wang et al. (2008) and a more detailed description is provided in Kurki (2016). The acid treatment step was left out as Svartvatnet sediment is carbonate-poor and there is some evidence that acids may induce oxygen isotope exchange (Verbruggen et al., 2010a; 2010b).

Measurements of $\delta^{18}\text{O}_{\text{chir}}$ values were performed on a Finnigan ThermoQuest TC/EA at 1330°C coupled to a Delta^{Plus} Advantage isotope ratio mass spectrometer (IRMS) at the Laboratory of Chronology, Finnish Museum of Natural History. Established $\delta^{18}\text{O}$ values for the international reference materials IAEA-NO3 (25.6‰), IAEA-601 (23.3‰), ANU sucrose (36.4‰), baleen whale keratin BWBII (14.0‰), and an internally validated IAEA-CH3 cellulose (32.6‰) were used to normalize raw $\delta^{18}\text{O}$ data. An initial set of four samples was analysed at the Alaska Stable Isotope Facility, where IAEA-601, BWBII and EMA P-1 were run along with the unknowns. Both analytical runs showed a 1:1 relationship and an $r^2 > 0.99$ for measured vs. expected $\delta^{18}\text{O}$ values of

the references. Chironomid concentration in the sediment sequence did not allow for replicate analysis of unknowns, but reproducibility of similar biogenic reference materials BWBII, Fluka crab shell chitin powder and ANU sucrose indicates a mean analytical precision (1σ) of 0.5‰, with a range from 0.4 to 2.5‰ depending on signal (sample) size (see Appendix 1). All isotope data are reported as δ -values relative to Vienna Standard Mean Ocean Water (VSMOW).

Environmental water samples

To monitor modern $\delta^{18}\text{O}_{\text{pr}}$ values, samples of monthly precipitation were collected at the Polish Polar Station in 2013 and 2014. The sampling protocol strived to minimize any evaporative effects using a layer of paraffin oil in the collection bottles, and melting collected snow in closed containers. In addition, samples of Svartvatnet lake water and three streams supplying the lake were collected in July 2013. Lake water was sampled at the coring location and the southern main basin (Figure 1). The stream waters and lake surface water were collected in 100 ml HDPE flasks filled to the brim and sealed tightly. The subsurface water column was sampled at three levels – 0.9, 6 and 12 m; and 0.9, 10 and 24 m for the coring site and southern basin, respectively - using 500 ml HDPE flasks in a Biohofen VP90 water sampler.

The lake and stream waters, as well as the monthly precipitation samples for Jan-Jun 2013 were analysed for their $\delta^2\text{H}$ and $\delta^{18}\text{O}$ values on a Picarro Isotopic H₂O L1115-I

cavity ringdown spectrometer at the Department of Geosciences and Geography,
University of Helsinki. All samples were measured in duplicate. Two internal reference
waters calibrated against VSMOW and SLAP standards were used to normalize the
results. Sample duplicates show a mean reproducibility (1σ) of 0.1‰ and 0.2‰ for
 $\delta^{18}\text{O}$ and $\delta^2\text{H}$, respectively, while the long-term reproducibility based on standards is
0.2‰ for $\delta^{18}\text{O}$ and 1‰ for $\delta^2\text{H}$. Precipitation samples from July 2013 to December
2014 were analysed in quadruplicate at the Alaska Stable Isotope Facility on a Delta V
Plus IRMS coupled to a ThermoQuest TC/EA pyrolysis unit. To ensure comparability,
the same in-house references used at the University of Helsinki were included in the
run. Sample replicates showed a mean reproducibility (1σ) of 0.3‰ and 2‰ for $\delta^{18}\text{O}$
and $\delta^2\text{H}$ values, respectively.

Reconstructions

The $\delta^{18}\text{O}_{\text{lw}}$ values were calculated from the measured $\delta^{18}\text{O}_{\text{chir}}$ values using a previously
established calibration based on $\delta^{18}\text{O}$ value pairs ($n=19$) of chitinous head capsules of
chironomid larvae from surface sediment and samples of the ambient lake water along a
latitudinal transect extending from 40.9 to 68.4°N across Europe, and covering a $\delta^{18}\text{O}_{\text{lw}}$
range from -0.3 to -13.0‰ (Eq. 1; Verbruggen et al., 2011).

$$\delta^{18}\text{O}_{\text{chir}} = 0.76 \times \delta^{18}\text{O}_{\text{lw}} + 21.09 \quad r^2 = 0.90 \quad (\text{Eq. 1})$$

To estimate changes in MAT corresponding to changes in $\delta^{18}\text{O}$ values, we calculated two indexed MAT reconstructions. Both rely on spatial δ/T relationships (Dansgaard, 1964; Rozanski et al., 1993) derived from regressions of long-term means of $\delta^{18}\text{O}$ values and MAT along climatic gradients around the Northern North Atlantic. In the first approach, MAT was calculated from $\delta^{18}\text{O}_{\text{chir}}$ values using a calibration by Wooller et al. (2004) correlating $\delta^{18}\text{O}_{\text{chir}}$ values of surface sediment chironomid larval chitin against projected MAT at four lake sites in coastal northeastern North-America and Greenland (Eq. 2). In the second approach, changes in MAT were calculated from changes in reconstructed $\delta^{18}\text{O}_{\text{lw}}$ values, based on the relationship between $\delta^{18}\text{O}_{\text{pr}}$ and MAT values (IAEA/WMO, 2016) on coastal stations with ≥ 5 years of observations adjacent to the Greenland Sea, including Spitsbergen (Eq. 3; see Appendix 1 for data).

$$\delta^{18}\text{O}_{\text{chir}} = 0.65 \times \text{MAT} + 14.5 \quad r^2 = 0.98 \quad (\text{Eq. 2})$$

$$\delta^{18}\text{O}_{\text{pr}} = 0.71 \times T - 9.94 \quad r^2 = 0.83 \quad (\text{Eq. 3})$$

The composite error (1σ) factoring in measurement uncertainty and calibration error associated with the reconstructed $\delta^{18}\text{O}_{\text{lw}}$ values, and MAT indices based on Wooller et al. (2004), was quantified for each sample depth using Equation 4, which represents a modification (Pryor et al., pers.comm. 2015) of formula number four presented and discussed in Pryor et al. (2014). Briefly, x is the reconstructed term, δx the total error for that term, y is $\delta^{18}\text{O}_{\text{chir}}$, δy is the measurement error for $\delta^{18}\text{O}_{\text{chir}}$, a is the slope of the

1 calibration, $S_{y/x}$ estimates the natural variation around the fit, and n is the number of
 2 observations in the calibration data set.

$$3 \quad \delta x = \sqrt{\left(\left(\frac{S_{y/x}}{a} \sqrt{\frac{1}{n} + \frac{(y - \bar{y})^2}{a^2 \sum (x_i - \bar{x})^2}} \right)^2 + \left(\frac{\delta y}{a} \right)^2 \right)} \quad (Eq. 4)$$

4 For the temperature estimates based on the Greenland Sea δ/T gradient, the composite
 5 errors were calculated using the formula for Z2-type conversions (Pryor et al., 2014).
 6 Throughout the text, the composite errors are given in parentheses, in contrast to
 7 measurement precision and standard deviation around calculated mean values.

8 **Results**

9 The $\delta^{18}\text{O}_{\text{chir}}$ values range from 6.9 to 16.3‰ (Appendix 1). The lowest values in the
 10 sequence are recorded for sample depths 6-7 cm and 8-12 cm, and the highest at 52-53
 11 cm, corresponding to ca. 350-50 cal. yr BP and 1900-1800 cal. yr BP, respectively,
 12 according to the age model (Ojala et al., 2016). Two additional noteworthy negative
 13 fluctuations in $\delta^{18}\text{O}_{\text{chir}}$ values occur around 30-35 cm (1250-1100 cal. yr BP) and at 88-
 14 92 cm (3400-3200 cal. yr BP). Outside these perturbations, the rest of the $\delta^{18}\text{O}_{\text{chir}}$ record
 15 is relatively stable, with most samples exhibiting values between ca. -14.5 to -12‰.

16

Table 1. The isotope composition of Svartvatnet lake water and inlet streams sampled in July 2013.

	depth	$\delta^{18}\text{O}$ (‰, VSMOW)	$\delta^2\text{H}$ (‰, VSMOW)	d-excess
Northern basin	surface	-9.6	-67	9.8
	0.9 m	-9.8	-67	11.4
	6 m	-9.7	-66	10.8
	12 m	-9.5	-66	10.0
Southern basin	surface	-9.4	-65	9.6
	0.9 m	-9.5	-66	9.5
	10 m	-9.4	-66	9.6
	24 m	-9.6	-67	10.4
lake average		-9.6 ± 0.1	-66 ± 0.5	
Stream 1, south		-9.3	-66	8.6
Stream 2, southeast		-8.8	-61	9.1
Stream 3, north		-8.0	-55	9.0
stream average		-8.7 ± 0.6	-61 ± 5	

The oxygen and hydrogen isotopic compositions of the environmental waters in the study area are presented in Tables 1 and 2. The lake is not isotopically stratified, and the water column shows uniform $\delta^{18}\text{O}_{\text{lw}}$ and $\delta^2\text{H}_{\text{lw}}$ values at $-9.6\text{‰} \pm 0.1$ and $66\text{‰} \pm 0.5$, respectively. The inlet stream waters show more variability, with $\delta^{18}\text{O}$ and $\delta^2\text{H}$ values of $-8.7\text{‰} \pm 0.6$ and $-61\text{‰} \pm 5$, respectively. The monthly precipitation samples collected at the Polish Polar Station 14 km northeast of the study lake indicate a mean annual $\delta^{18}\text{O}_{\text{pr}}$ value of -8.7‰ for 2013, and -7.6‰ for 2014. Mean monthly values of $\delta^{18}\text{O}_{\text{pr}}$ over the 2013-2014 period were related to air temperature (Institute of Geophysics, Polish Academy of Sciences, 2016) according to $\delta^{18}\text{O}_{\text{pr}} = 0.47 \cdot T_{\text{air}} - 7.07$ ($r^2=0.66$).

Using the station's records of monthly precipitation amount for the collection period, we calculated amount-weighted annual mean $\delta^{18}\text{O}_{\text{pr}}$ values of -7.2‰ and -7.4‰ for 2013 and 2014, respectively.

Table 2. The isotope composition of monthly samples of precipitation collected at the Hornsund Polish Polar Station 2013-2014.

	$\delta^{18}\text{O}$ (‰, VSMOW)			$\delta^2\text{H}$ (‰, VSMOW)		
	2013	2014	2-yr mean*	2013	2014	2-yr mean*
January	-8.8	-4.6	-6.7	-56	-19	-37
February	-10.8	-	-10.8	-76	-	-76
March	-10.2	-11.6	-10.9	-69	-89	-79
April	-11.9	-11.7	-11.8	-90	-73	-82
May	-8.1	-7.8	-7.9	-59	-51	-55
June	-1.2	-4.2	-2.7	-6	-33	-20
July	-	-3.5	-3.5	-	-29	-29
August	-7.2	-7.4	-7.3	-61	-62	-62
September	-4.9	-6.2	-5.5	-42	-49	-46
October	-9.3	-9.2	-9.2	-69	-73	-71
November	-9.3	-6.2	-7.7	-65	-51	-58
December	-13.5	-11.5	-12.5	-84	-83	-84
<i>mean annual*</i>	-8.7	-7.6		-62	-56	
<i>mean ann. w.**</i>	-7.2	-7.4		-55	-56	

* arithmetic mean

** amount weighted mean annual value, see Results

The reconstructed sequence of lake Svartvatnet $\delta^{18}\text{O}_{\text{lw}}$ values (Figure 3a, Appendix 1) logically tracks the pattern of the $\delta^{18}\text{O}_{\text{chir}}$ record, but is shifted to more negative values by $23.6\text{‰} \pm 0.6$ due to known biogenic fractionation effects between growth water and the chironomid head capsules (see Wang et al., 2009). Thus, the reconstructed $\delta^{18}\text{O}_{\text{lw}}$

values range from -18.7‰ (± 2.4) to -6.3‰ (± 1.5), the values in parentheses representing the composite error (c.f. Pryor et al., 2014, see Methods). The $\delta^{18}\text{O}_{\text{lw}}$ value for the top 2 cm of sediment, reflecting the average composition of lake Svartvatnet water for the past ~20 years (Ojala et al., 2016), is -9.2‰ (± 1.9).

Discussion

$\delta^{18}\text{O}_{\text{lw}}$ reconstruction

Approximately 70% of the oxygen in chironomid larvae is derived from growth water (Wang et al, 2009). The primary dependence of $\delta^{18}\text{O}_{\text{chir}}$ values on $\delta^{18}\text{O}_{\text{lw}}$ has been demonstrated in field studies (Wooller et al. 2004; Verbruggen et al 2010a, 2011), and possible changes in, e.g., the relative contributions of different dietary sources and changes in their respective oxygen isotope fractionation systematics appear subordinate to the influence of ambient water, as observed by Wooller et al. (2008) in a study monitoring chironomid dietary shifts and $\delta^{18}\text{O}_{\text{chir}}$ values. While the $\delta^{18}\text{O}_{\text{chir}}$ value mainly tracks the $\delta^{18}\text{O}$ value of lake water, the reliability of the $\delta^{18}\text{O}_{\text{lw}}$ reconstruction is influenced by the applicability of the $\delta^{18}\text{O}_{\text{chir}} - \delta^{18}\text{O}_{\text{lw}}$ equation describing the oxygen isotope fractionation between lake water and chironomid head capsules. The $\delta^{18}\text{O}_{\text{chir}} - \delta^{18}\text{O}_{\text{lw}}$ equation applied here (Verbruggen et al., 2011) might prove unsuitable in case of a significant dependence of fractionation effects on 1) formation temperature, or 2) species of chironomid analysed. Contrary to what is observed for the formation of many

1 carbonates and silicates, a direct temperature dependence of the O-isotope fractionation
2 during chironomid head capsule biosynthesis is not expected (Wolfe et al., 2001; Heiri
3 et al., 2012; Verbruggen et al., 2010a; 2011) but this remains to be experimentally
4 verified. Temperature dependent fractionation would be problematic in circumstances of
5 marked water temperature differences between the calibration conditions and those at
6 the study lake. Unfortunately Verbruggen et al. (2011) do not report the temperatures of
7 their lake profundal waters where chironomids live, but they sampled very deep lakes
8 whose bottom water temperatures are likely to remain stable and relatively low.

9 We followed the technique of previous down-core chironomid $\delta^{18}\text{O}$ investigations in
10 relying on a mixed-taxon approach (Verbruggen et al., 2010a; Wooller et al., 2004;
11 2008; 2012), which was also applied in the $\delta^{18}\text{O}_{\text{chir}} - \delta^{18}\text{O}_{\text{lw}}$ calibration of Verbruggen et
12 al. (2011). The notable similarity of $\delta^{18}\text{O}_{\text{lw}}$ reconstructions for Lake Rotsee in
13 Switzerland based on lake carbonates and mixed-taxon $\delta^{18}\text{O}_{\text{chir}}$ values (Verbruggen et
14 al., 2010a) indicates that different chironomid taxa exhibit very similar relationships to
15 ambient $\delta^{18}\text{O}_{\text{lw}}$ values and mixing species for the purpose of estimating past $\delta^{18}\text{O}_{\text{lw}}$
16 values does not induce significant errors in the reconstruction. Further, the observation
17 of Wooller et al. (2008) that marked changes in $\delta^{18}\text{O}_{\text{chir}}$ values along a Holocene-
18 covering sediment sequence from an Icelandic lake were not coeval with shifts in
19 chironomid taxonomic assemblages supports this conclusion.

1 As an additional sensitivity test, we applied another $\delta^{18}\text{O}_{\text{chir}} - \delta^{18}\text{O}_{\text{lw}}$ calibration from a
2 rearing experiment relating $\delta^{18}\text{O}$ values of whole bodies of *Chironomus dilutus* larvae to
3 that of their growth water (Wang et al., 2009) to estimate past $\delta^{18}\text{O}_{\text{lw}}$ values for lake
4 Svartvatnet. The Wang et al. (2009) equation ($\delta^{18}\text{O}_{\text{chir}} = 0.69 * \delta^{18}\text{O}_{\text{w}} + 20.1$) is very
5 similar to that of Verbruggen et al. (2011) despite obvious differences in study set-ups,
6 and the reconstructed $\delta^{18}\text{O}_{\text{lw}}$ records are likewise highly comparable (Figure 3a). This
7 points to relative insensitivity of the stable oxygen isotope fractionation to any potential
8 species specific vital effects and possible differences in dietary source and water
9 temperature, and further suggests a negligible offset between the isotope composition of
10 chironomid larval chitinous head capsules and that of the whole body, as already
11 observed for carbon and nitrogen isotopes (Heiri et al., 2012). Consequently, based on
12 these observations and the fact that the measured present-day lake Svartvatnet $\delta^{18}\text{O}_{\text{lw}}$
13 value, $9.6\text{‰} \pm 0.1$, is well within the $\delta^{18}\text{O}_{\text{lw}}$ estimate for the top 2 cm of surface
14 sediment, $-9.2\text{‰} (\pm 1.9)$, we consider our $\delta^{18}\text{O}_{\text{lw}}$ reconstruction a realistic, robust
15 representation of past changes in the oxygen isotope composition of lake Svartvatnet
16 water.

Figure 3: Proxy records of Arctic climate. a) Lake Svartvatnet $\delta^{18}\text{O}$ values calculated according to Verbruggen et al. (2011; solid line with markers) and Wang et al. (2009; dashed line). Shading represents the composite error of the reconstruction calculated based on Verbruggen et al. (2011). b) Air temperature reconstructions. Solid thin line and shading (composite error) shows calculated ΔMAT , assuming all variability in $\delta^{18}\text{O}_{\text{lw}}$ stems from changes in temperature. Solid bold line with markers depicts the $\Delta\text{July-T}$ reconstruction based on chironomid assemblage analysis from the same core (Luoto et al., in review.) Both reconstructions are expressed as deviations from the reconstruction mean. Additionally shown is the 100 yr-filtered reconstruction of summer temperature anomalies from Lake Torneträsk, northern Scandinavia, for the past 1500 years (Grudd, 2008). c) Sedimentary records of glacier activity from lake Hajeren on Mitrahallvøya, western Spitsbergen (Van der Bilt et al., 2015). d) Indicators of sea ice conditions in the eastern Fram Strait (Müller et al., 2012) and southeastern Barents Sea (De Vernal et al., 2013). e) Reconstructed summer sea surface (upper 10 m) temperature and $\delta^{18}\text{O}$ values of *N. pachyderma* (sin) from the western Barents Sea (Sarnthein et al., 2003), and a stacked record of Ice

1 *Rafted Debris indicators from four cores in the North Atlantic, with numbers referring to Bond Cycles 0*
2 *through 2 (Bond et al., 2001).*

4 $\delta^{18}\text{O}_{lw}$ as a proxy for $\delta^{18}\text{O}_{pr}$

5 The $\delta^{18}\text{O}$ value of lake water can be expected to represent the mean $\delta^{18}\text{O}$ value of
6 precipitation in the catchment area if it is not altered by evaporation, or does not receive
7 significant input from non-local or non-contemporaneous waters, like melt waters from
8 high altitudes or glaciers. Presently, the nearest glaciers Gåsbreen and Bungebreen lie 5-
9 7 km to the east and southeast of the lake (Figure 1), and the chain of highest peaks in
10 Sørkappland reaching 925-142 m a.s.l. is ca. 11 km to the east. Our study lake is also
11 shielded from the drainage of both glaciers and high altitude peaks by a N-S trending
12 ridge of higher (ca. 400-500 m a.s.l.) ground. The $\delta^{18}\text{O}$ values of the southern inlet
13 streams (-9.3 and -8.8‰, Table 1) draining these higher terrains are close to mean
14 annual values of $\delta^{18}\text{O}_{pr}$ and probably represent a mixture of June-July precipitation and
15 the continued seasonal melt of snow from the slopes in the lake catchment area.

16 Lake Svartvatnet has a relatively small volume compared to the size of its catchment
17 (~15 km²), suggesting a relatively short residence time with the majority of the water
18 mass replaced each year during snow melt. The short, ca. 2.5 month, period of time the
19 lake remains free of ice cover annually, the generally low temperatures and high relative
20 humidity (July 2013-2014 mean RH 87%) of the local air during the open-water period

1 minimize evaporative influences to the water body. At the time of sampling in mid-July
2 the water column shows uniform $\delta^{18}\text{O}$ values, with no indication of surface water ^{18}O
3 enrichment, which would otherwise indicate significant evaporation from the lake
4 surface (Table 1). Furthermore, the $\delta^{18}\text{O}$ and $\delta^2\text{H}$ values of the samples collected from
5 Svartvatnet lake water and the inlet streams plot along the local meteoric water line
6 (Figure 4) describing the isotopic composition of precipitation on the western coast of
7 Spitsbergen.

8

9 **Figure 4:** The $\delta^{18}\text{O}$ and $\delta^2\text{H}$ values of the water samples taken from lake Svartvatnet, inlet streams and
10 monthly precipitation relative to the Local Meteoric Water Line for western Spitsbergen. Inset:
11 comparison between amount weighted mean annual $\delta^{18}\text{O}$ values of precipitation in Ny Ålesund, Isfjord
12 Radio and Hornsund and those predicted by the Online Isotopes in Precipitation Calculator (OIPC;
13 Bowen, 2016; Bowen and Revenaugh, 2003).

14

1 These data strongly suggest that the waters of lake Svartvatnet are sourced from local
2 precipitation and evaporative isotopic enrichment is likely to be negligible. However,
3 the isotopic composition of lake Svartvatnet water in mid-July 2013 was ~2‰ lower
4 than the amount-weighted mean annual $\delta^{18}\text{O}_{\text{pr}}$ values for 2013-2014 recorded at the
5 Polish Polar Station. There are several possible explanations for this observation. The
6 difference may be a reflection of the considerable uncertainties in precipitation amount
7 measurements at high latitudes (Aguado and Burt, 1999; Łupikasza, 2013) affecting the
8 amount weighted $\delta^{18}\text{O}_{\text{pr}}$ values. According to Aguado and Burt (1999) Spitsbergen is
9 located in a zone where the error may reach 20-39% of measured annual totals, with
10 totals of snowfall having the highest potential errors (Łupikasza, 2013). Furthermore,
11 the discrepancy may be related to the fact that autumn 2012 was not covered in the
12 precipitation monitoring, although it can be expected to exert a major control over
13 $\delta^{18}\text{O}_{\text{lw}}$ values of the lake sampled in July 2013, considering that the autumn months
14 usually contribute almost 40% of annual precipitation (Łupikasza, 2013). Another factor
15 that could explain the offset is the general seasonal variation of $\delta^{18}\text{O}_{\text{pr}}$ values. The
16 degree to which lake water $\delta^{18}\text{O}$ values are affected by seasonal variability in $\delta^{18}\text{O}_{\text{pr}}$ is
17 determined by the residence time (e.g., Sauer et al., 2001). The relatively short
18 residence time of lake Svartvatnet gives cause to expect that $\delta^{18}\text{O}_{\text{lw}}$ values are at their
19 lowest during the summer snowmelt period, usually beginning in late May to early June
20 in this region (Rotschky et al., 2011), and rise gradually towards the end of the open

water season (September; Ojala et al., 2016) with the accumulation of warm-season precipitation with higher $\delta^{18}\text{O}$ values.

We note that the $\delta^{18}\text{O}_{\text{lw}}$ values are ca. 2.5‰, and the amount weighted annual $\delta^{18}\text{O}_{\text{pr}}$ values ca. 4.5‰ less negative than what the Online Isotopes in Precipitation Calculator (OIPC; Bowen, 2016; Bowen and Revenaugh, 2003) predicts for the site based on its location and elevation (see inset in Figure 4). Positive offsets of 1‰ and 2.5‰ are observed also for amount weighted annual $\delta^{18}\text{O}_{\text{pr}}$ values on IAEA's Global Network of Isotopes in Precipitation monitoring stations at Ny Ålesund and Isfjord Radio (IAEA/WMO, 2016), respectively, suggesting that the OIPC tends to underestimate $\delta^{18}\text{O}_{\text{pr}}$ values for this region, and might not be a suitable point of reference for local $\delta^{18}\text{O}_{\text{pr}}$ values.

Viewed against this background, it is reasonable to assume that lake Svartvatnet $\delta^{18}\text{O}_{\text{lw}}$ values track changes in mean annual $\delta^{18}\text{O}$ values of regional precipitation. It is also likely, that they represent the absolute level of $\delta^{18}\text{O}_{\text{pr}}$ values with reasonable accuracy, with a possible bias towards somewhat lower $\delta^{18}\text{O}$ values due to lingering effects of summer snow melt during the period of chironomid larval growth. However, to reconstruct past environmental conditions, we must be able to assume that the status quo regarding evaporation and glacier water influence to $\delta^{18}\text{O}_{\text{lw}}$ has remained unchanged for the past 5500 years. Based on the modest increases in temperatures inferred for the warmer early Holocene period in Svalbard (Birks, 1991) any significant

increase in evaporative demand is not expected. Also, there is no geomorphological evidence for presence of a glacier in the Lisbetdalen valley during the late Holocene (Lindner and Marks, 1993; Ojala et al., 2016), and records of glacier thickness since 1899 (Ziaja, 2004), immediately after the LIA when Svalbard glaciers in general are thought to have had their largest Holocene extent (Snyder et al., 2000; Svendsen and Mangerud 1997; Werner 1993), suggest that the nearest glacier Gåsbreen did not advance over the ca. ≥ 400 m a.s.l. ridge separating it from lake Svartvatnet catchment. Thus it seems plausible that lake Svartvatnet has remained shielded from glacier melt water pulses even during (after) intervals of expanded glacier extent.

Reconstructing paleoenvironmental conditions

Some noteworthy challenges arise when attempting to interpret $\delta^{18}\text{O}_{\text{pr}}$ proxy records in terms of past air temperatures. An exhaustive review of these is beyond this paper, but we briefly visit some of the most relevant issues. Ideally, investigations of variations in past temperatures based on $\delta^{18}\text{O}_{\text{pr}}$ proxies should rely on temporal δ/T slopes, based on prior knowledge of the regional past relationship between changes in past surface temperature and $\delta^{18}\text{O}_{\text{pr}}$, derived from, for example, paleogroundwaters (Darling et al., 1997; Huneau et al., 2002; Loosli et al., 2001) or ice cores (Buizert et al., 2014; Jouzel et al., 1997; Vinther et al., 2008). Situations with independent knowledge of both MAT and $\delta^{18}\text{O}_{\text{pr}}$ changes are, however, regrettably rare, and most paleotemperature studies apply spatial δ/T slopes determined over large-scale geographical climatic gradients

(Dansgaard, 1964; Rozanski et al., 1992; 1993). Despite several reports of temporal δ/T slopes close to modern spatial slopes from both North-America and Europe (Beyerle et al., 1998; Edwards et al., 1996; Hammarlund, 1999; Remenda et al., 1994; Rozanski et al., 1992; Zuber et al., 2004), contradicting observations of temporal δ/T slopes in Greenland different from modern spatial gradients (Buizert et al., 2014; Jouzel et al., 1997; Vinther et al., 2008) add considerable uncertainty to the general reliability of $\delta^{18}\text{O}_{\text{pr}}$ values as proxy for temperature.

The $\delta^{18}\text{O}$ value of precipitation, and thus, the observed δ/T slope, is a manifestation of the isotopic composition and conditions at the source of evaporation, and conditions along the moisture trajectories to the site of precipitation. Therefore a change in the dominant moisture source or its temperature, affecting the extent of fractionation of the water vapour (Dansgaard, 1964), can lead to a change in the $\delta^{18}\text{O}$ of precipitation at a site (Masson-Delmotte et al., 2005; Steffensen et al., 2008; Vachon et al., 2010). For example Masson-Delmotte et al. (2005) explained the lower $\delta^{18}\text{O}$ values of the NGRIP ice core compared to the GRIP record by a combination of lower condensation temperatures and a different moisture source with a higher temperature. In the Arctic, sea ice acts as insulation between the ocean and the atmosphere restricting the exchange of moisture and heat, and has been shown to exert a significant influence over the availability of and distance to moisture sources (Divine et al., 2008; Grinsted et al., 2006; Klein et al., 2015). According to a recent simulation examining the effects of

changes in sea ice cover and sea surface temperatures on $\delta^{18}\text{O}$ values of Arctic precipitation, especially the restriction imposed by increased sea ice to locally sourced water vapour causes significant decreases in the $\delta^{18}\text{O}_{\text{pr}}$ values (Faber et al., 2016). Interestingly though, the study reported fairly robust δ/T relationships, largely unaffected by sea ice variability, around the Arctic.

$\delta^{18}\text{O}_{\text{pr}}$ proxies relying on modern spatial δ/T relationships will also lead to misinterpretation of air temperatures in cases where the seasonal distribution of precipitation is different from that of the present day. For instance, Wooller et al. (2008) interpreted seasonality changes as a contributing factor explaining large $\delta^{18}\text{O}$ shifts leading to unrealistically large interpreted temperature changes in an Icelandic lacustrine sediment record covering the Holocene.

Comparisons to other high Arctic proxy records

5500-2500 cal. yr BP. As a whole, the earlier part of the $\delta^{18}\text{O}_{\text{lw}}$ record up to ca. 2500 cal. yr BP shows relatively little variation and the $\delta^{18}\text{O}_{\text{lw}}$ values remain close to present-day level, suggesting fairly stable hydroclimatic conditions similar to those prevailing today. At ca. 3400-3200 cal. yr BP, the $\delta^{18}\text{O}_{\text{lw}}$ of lake Svartvatnet decreases to -12.8‰, representing the lowest value in the earlier part of the record. The timing of this episode of ca. 3‰ lower $\delta^{18}\text{O}_{\text{lw}}$ values is concurrent with a prominent centennial-scale glacier advance at 3380-3230 cal. yr BP on Mitrahelvøya Peninsula in northwestern

1 Spitsbergen (Figure 3c; Van der Bilt et al., 2015), attributed to North Atlantic forcing
2 against a background of general Neoglacial cooling. In a wider context, the drop
3 overlaps with the timing widespread evidence of increased Northern Hemisphere glacier
4 activity (3.3-2.8 cal. kyr BP; Solomina et al., 2015) and low temperatures (3.3-2.5 cal.
5 kyr BP; Wanner et al., 2011), as well as increased ice rafted debris indicators (Figure
6 3e; Bond et al., 2001) and sediment markers of storminess and/or brine formation (ca.
7 3500-3200 cal. yr BP; Sarnthein et al., 2003) indicating cool conditions in the northern
8 North Atlantic.

9 *2500 cal. yr BP to the LIA.* After ca. 2500 cal. yr BP the $\delta^{18}\text{O}_{\text{lw}}$ record shows more
10 variability, in agreement with observations of more unstable conditions in the Nordic
11 Seas (Berben et al., 2014; Rasmussen et al., 2012; Risebrobakken et al., 2010) and
12 higher glacier activity around Svalbard (Lubinski et al., 1999; Røthe et al., 2015)
13 towards the end of the Holocene. The highest $\delta^{18}\text{O}_{\text{lw}}$ value of the record occurs at ca.
14 1900-1800 cal. yr BP (~50-150 CE), coinciding with a period of general warmth
15 referred to as the Roman Warm Period (RWP). In the North Atlantic Ocean the RWP
16 interval (ca. 2500-1500 cal. yr BP) is associated with, e.g., increased temperatures and
17 productivity, decreased evidence of ice, and strengthened flow along the major flow
18 path and the side branches of the North Atlantic Current (Bianchi and McCave, 1999;
19 Dylmer et al., 2013; Moros et al., 2012; Perner et al., 2015; 2016; Risebrobakken et al.,
20 2003, Sarnthein et al., 2003). Similarly, Northern Hemisphere terrestrial environments

1 widely display evidence of elevated temperatures between 1-300 CE (Ljungqvist,
2 2010).

3 The prominent double decrease in the Svartvatnet $\delta^{18}\text{O}_{\text{lw}}$ record at ca. 1250-1100 cal. yr
4 BP suggests that southern Spitsbergen experienced a significant late Holocene cold spell
5 prior to the onset of the LIA. These negative shifts overlap with the latter part of a
6 cooling known as the Dark Ages Cold Period (DACP, ca. 1500-1000 cal. yr BP;
7 Bianchi and McCave, 1999; McDermott et al., 2001). The event is directly preceded by
8 a minimum in total solar irradiation (Renssen et al., 2006; Steinhilber et al., 2009), and
9 contemporaneous with records of expanded glaciers on the Northern Hemisphere at 1.2-
10 1.1 cal. kyr BP (Solomina et al., 2015). On Spitsbergen, glacier advances or increased
11 glacier activity have been reported from different parts of the island (Guilizzoni et al.,
12 2006; Humlum et al., 2005; Røthe et al., 2015; Van der Bilt et al., 2015) and
13 sedimentary records from lakes Kongressvatnet and Skardtjørna indicate cooled
14 summers during the time period (D'Andrea et al., 2012; Velle et al., 2011). Further
15 afield, low summer temperatures during this time interval were also reconstructed for
16 northern Scandinavia (Figure 3b; Grudd, 2008). In the marine realm, elevated IRD
17 markers (Figure 3e; Bond et al., 2001), cooler summer sea surface and subsurface
18 temperatures (Risebrobakken et al., 2010; Sarnthein et al., 2003), and increased sea ice
19 (Rasmussen and Thomsen, 2014) in the surrounding areas indicate a cooling of the
20 North Atlantic overlapping with the time interval. Additionally, an intriguing peak

(Figure 3e) of the planktic foraminifer *Neogloboquadrina pachyderma* (sin.) $\delta^{18}\text{O}$ values is observed in a number of long sediment cores retrieved from different locations in the Barents Sea (core 23258-2: Sarnthein et al., 2003; core JM02-460: Rasmussen et al., 2007; core PSh-5159N: Risebrobakken et al., 2010; core JM09-KA11-GC: Berben et al., 2014), perhaps associated with a cooling of the sea (sub)surface temperatures (Risebrobakken et al., 2010) or increased advection from the cold Barents shelf (Sarnthein et al., 2003) during a time of periodic freshening of the surface and stratification of the upper water column.

LIA - the Little Ice Age. A wealth of proxy evidence testifies to the LIA cooling, thought to have been triggered by reduced solar irradiance, extended volcanism and internal characteristics of the ocean-atmosphere system (Miller et al., 2010; 2012; Wanner et al., 2011). The isotopic composition of lake Svartvatnet shows a remarkable depression, with $\delta^{18}\text{O}_{\text{lw}}$ values ca. 8-9‰ below present-day values during the LIA period. There is an initial drop of 2.5‰ from present-day levels to -12‰ at ca. 800-700 cal. yr BP, and a further, more prominent decrease to -19‰ at ca. 350-50 cal. yr BP (ca. 1600-1900 CE). The timing of the event in our record agrees with that in large scale Arctic and Northern Hemisphere temperature compilations by Kaufman et al. (2009) and Marcott et al. (2013), respectively. Abundant proxy evidence on and around Svalbard, consistent with the timing and pattern of the LIA in the Svartvatnet $\delta^{18}\text{O}$ record, testify to the climatic deterioration during the period. The flow of warm Atlantic water was significantly

reduced, Arctic/Polar waters dominated the surface ocean off western Spitsbergen and western Barents Sea (Dylmer et al., 2013) and the western Nordic seas experience their most extensive April sea ice cover since 1200 CE between the 17th and the 19th centuries (Macias Fauria et al., 2009). Terrestrial records from Spitsbergen indicate general glacier expansion and decreased air temperatures (Grinsted et al., 2006; Guilizzoni et al., 2006; Isaksson et al., 2003; Kekonen et al., 2005; Lubinski et al., 1999; Røthe et al., 2015; Snyder et al., 2000; Svendsen and Mangerud, 1997; Van Der Bilt et al. 2015; Velle et al., 2011; Werner, 1993), with multiple reports of a two-step progression for the LIA.

Factoring in respective age-model uncertainties, it appears that all major negative shifts, i.e. “cold” periods, in the $\delta^{18}\text{O}_{\text{lw}}$ record are roughly synchronous with periods of major negative anomalies in total solar irradiation and high modeled probabilities for extremely cold years in the Nordic Seas (Renssen et al., 2006), and widespread evidence of North Atlantic “cold spells” (Bond et al. 2001; Sarnthein et al. 2003; Solomina et al., 2015; Wanner et al., 2008) linked to solar forcing. However, we emphasize that significant differences exist between the Svartvatnet $\delta^{18}\text{O}_{\text{lw}}$ record and the aforementioned records of solar forcing induced cold events (see e.g. Figure 3e). For example, one of the most prominent of these cold anomalies at ca. 2800 cal yr BP does not appear on the Svartvatnet $\delta^{18}\text{O}_{\text{lw}}$ record. Renssen et al. (2006) simulate 10-15°C lower spring (March) air temperatures and 40-60% enhanced sea ice cover for our study

area during this cold climatic anomaly, absent from our record. This highlights an intriguing non-linearity of the high arctic ocean-atmosphere hydroclimatic system. Additionally we would like to note, that both the 1900-1800 and 3400-3200 cal. yr BP fluctuations are only one-sample events in the record, and thus their apparent match with concurrent climatic trends may be fortuitous. In any case, as single-sample events they should not be considered representative of the actual regional strength, length or structure of the climatic episodes they are tentatively linked to.

The cold spells: changed temperatures, moisture sources or seasonality?

The northern North Atlantic has a central role in shaping the climate of the study area. There is a strong correlation between mean annual air temperatures measured at the Hornsund Polish Polar Station and temperatures of Atlantic waters from 2000 to 2007 (Walczowski, 2013). While their influence on summer air temperatures in the study area is negligible, Atlantic water masses mitigate winter temperature minima through the flux of sensible and latent heat (Walczowski, 2013), and thus winter temperatures play an essential part in variations of mean annual temperatures. Due to the significant effects of sea ice cover on heat exchange with the atmosphere, winter climate of southern Spitsbergen exhibits a substantial sensitivity to seasonal sea ice extent, as demonstrated by high coefficients of determination ($r^2 > 0.75$) of winter and spring sea

ice extents in the Greenland and Kara-Barents Seas on Hornsund MATs during 1979-2009 (Marsz, 2013). Hence, the $\delta^{18}\text{O}_{\text{lw}}$ record can be expected to be strongly influenced by regional winter conditions, particularly by variability in the northward advection of warm Atlantic water masses, extent of sea ice and moisture availability from the adjacent Nordic Seas in addition to general insolation variability. These factors bear great significance to the interpretation of the Svartvatnet $\delta^{18}\text{O}_{\text{lw}}$ record.

Yet a significant influence of air temperature on Svartvatnet $\delta^{18}\text{O}_{\text{lw}}$ values is suggested by the similarity of the $\delta^{18}\text{O}$ record to a July air temperature (July-T) reconstruction based on chironomid assemblage analysis from the same sediment core (Figure 3b; Luoto et al., in review). The July-T reconstruction shows a similar general trend, and cold periods are indicated by both records at ca. 3400-3200, 1300-1200 and 350-50 cal. yr BP. Dissimilarities between the records are expected, because the July-T record is based on 1-cm-thick samples taken every four centimeters throughout the sequence, while the $\delta^{18}\text{O}$ analyses predominantly reflect an average of 2-4 cm of sediment. Furthermore, based on observations of relative thermal stability of summers compared to the rest of the annual cycle in Spitsbergen for the past decades (Divine et al., 2011; Marsz, 2013) any reconstruction of MAT can be expected to show more variability compared to reconstructed summer temperatures.

If assumed to represent solely changes in MAT using δ/T gradients of 0.65 (Wooller et al., 2004) and 0.71 (Greenland Sea spatial slope; see Materials and Methods, and

Appendix 1), the local minima in $\delta^{18}\text{O}_{\text{lw}}$ values at 3400-3200 and 1250-1100 cal. yr BP translate to MATs 3°C (± 3) and $6-8^{\circ}\text{C}$ (± 3) below the reconstruction mean. For the LIA minimum between 1600 and 1900 CE the $\delta^{18}\text{O}_{\text{lw}}$ record suggests ca. $10-12^{\circ}\text{C}$ (± 6) lower MATs (Figure 3b). However, it is highly probable that the observed shifts in $\delta^{18}\text{O}_{\text{lw}}$ reflect additional environmental factors and cannot be interpreted as temperature changes alone. This is particularly evident for the drop in $\delta^{18}\text{O}_{\text{lw}}$ values associated with the LIA.

The climate of the LIA. In notable contrast to the $10-12^{\circ}\text{C}$ (± 6) lower MATs inferred from the $\delta^{18}\text{O}_{\text{lw}}$ record, the summer air temperature reconstruction for lake Svartvatnet (Figure 3b; Luoto et al., in review) indicates only 2°C cooler LIA summers than the reconstruction mean, and 3.5°C lower than the calculated temperature for the surface sample. However, a more subdued drop in summer air temperature is consistent with the general thermal stability of summer climate in Spitsbergen over the long term (Divine et al., 2011; Marsz, 2013), and considering the strong influence of winter temperatures on the mean annual temperatures discussed above, a transient decoupling of summer and winter temperatures seems to have taken place during the 1600-1900 CE time interval. Indeed, increased seasonality or continentality, i.e. a greater amplitude between winter temperature minima and summer maxima, for the LIA time interval has been inferred based on increases in the amplitude of seasonal $\delta^{18}\text{O}$ variations in ice core records from the Lomonosovfonna glacier in central Spitsbergen (Divine et al., 2011; Grinsted et al.,

2006). The $\delta^{18}\text{O}$ based Lomonosovfonna continentality index, mostly driven by winter temperature change, peaks at 1860 CE and declines rapidly thereafter (Grinsted et al., 2006). Increased seasonal temperature variations for the 19th century are known also from Greenland (Box et al., 2009), Iceland, and northern Scandinavia (Hanna et al., 2004; Klingbjer and Moberg, 2003). Considering larger scale trends, a more prominent lowering of winter temperatures agrees also with evidence characterizing the well-known European cold of the LIA during the Maunder Minimum (1650-1700 CE; Eddy, 1976) as mainly a spring and winter phenomenon, whereas summers and autumns do not show strong departures from the European 20th century average (Luterbacher et al., 2004; Xoplaki et al., 2005). Thus, an enhanced drop in winter temperatures, leading to a more pronounced lowering of mean annual temperatures compared to summer, is plausible, and we argue that significantly lowered winter temperatures likely account for a part of the outstandingly low LIA $\delta^{18}\text{O}_{\text{lw}}$ values. However, considering that LIA winter temperatures on Svalbard are estimated to have been ca. 4°C colder based on ice core records (Divine et al., 2011), a 10-12°C drop in MAT appears disproportionately large, and requires further examination.

In Greenland, a major drop in the GRIP ice core d-excess record at 0.35 ka (ca. 1600 CE) indicates changes in moisture source conditions (Hoffmann et al., 2001; Masson-Delmotte et al., 2005), with a reconstructed 1°C temperature drop on site in Greenland accompanied by a 2°C decrease in moisture source temperature. Similar to Greenland

1 (Johnsen et al., 1989), Spitsbergen receives much of its precipitation from evaporation
2 taking place in the subtropics (Dickson et al., 2000; Divine et al., 2008; Humlum et al.,
3 2005). However, more proximal sources, most likely the Greenland and Norwegian
4 Seas, seem to have played a significant role in supplying moisture to Spitsbergen
5 (Beaudon et al., 2013; Divine et al., 2008; Hebbeln et al., 1994; Svendsen and
6 Mangerud, 1991). With reference to evidence of much extended sea ice cover around
7 Spitsbergen during the LIA (Grinsted et al., 2006; Macias Fauria et al., 2009; Müller et
8 al., 2012) it is very likely that ice cover -induced changes in the moisture supply from
9 the adjacent seas play a significant part in the prominent drop of $\delta^{18}\text{O}_{\text{lw}}$ values observed
10 at 350-50 cal. yr BP in lake Svartvatnet. A decrease in the proportion of proximally
11 derived, “cold source” moisture, i.e. a shift to greater dominance of more distant,
12 southerly and hence, warmer, moisture sources would result in enhanced Rayleigh
13 distillation of the water vapour leading to more ^{18}O depleted precipitation on site. As
14 inferred for the termination of the LIA in ice core proxies, the rapid recovery from the
15 LIA $\delta^{18}\text{O}_{\text{lw}}$ minimum at ca. 50 cal. yr BP is likely related to fast decline of sea ice in the
16 adjacent Nordic Seas (Divine et al., 2008; Grinsted et al., 2006). For example, the
17 significant shift in the sea-ice cover of the Greenland Sea occurred right after 1880 CE,
18 creating year-round open water conditions southwest of Spitsbergen (Divine et al.,
19 2008). The apparent sensitivity of lake Svartvatnet $\delta^{18}\text{O}_{\text{lw}}$ values to variations in sea ice
20 extent in the surrounding seas, consistent with results of modeling and empirical data on

the dependence of $\delta^{18}\text{O}_{\text{pr}}$ values on sea ice on Spitsbergen (Faber et al., 2016; Macias Fauria et al., 2009), implies that comparable high quality (i.e. lake shielded from glacier/high-altitude melt waters, minimal evaporation, short residence time, stable deposition, sufficient resolution) lacustrine $\delta^{18}\text{O}_{\text{pr}}$ proxy records on Svalbard may be used as indicators of past major fluctuations in sea ice extent.

It is additionally possible, that part of the lowering in the $\delta^{18}\text{O}_{\text{lw}}$ value is accounted for by a shift in the seasonal distribution of precipitation towards the cold season, i.e.

increased snowfall during the winter months. This would be consistent with scenarios attributing the maximum extent of Svalbard glaciers during the LIA (D'Andrea et al.,

2012), and late-Holocene ice advances in general (Müller et al., 2012; Van der Bilt et al., 2015) to cold season precipitation rather than decreased summer temperatures.

However, based on the two-year monitoring of precipitation $\delta^{18}\text{O}$ values at the Polish Polar Station indicating winter minimum $\delta^{18}\text{O}_{\text{pr}}$ values of ca. -13 to -12‰, the

exceptionally low $\delta^{18}\text{O}_{\text{lw}}$ values observed for the LIA are not attainable even with 100% of precipitation received during the deepest winter. Thus, any seasonality change-

induced effects on lake Svartvatnet $\delta^{18}\text{O}_{\text{lw}}$ must be accompanied with an air temperature and/or moisture source related lowering of $\delta^{18}\text{O}_{\text{pr}}$ values.

The rest of the record. The issues raised above are naturally pertinent to the

interpretation of the negative $\delta^{18}\text{O}_{\text{lw}}$ shifts observed at 3400-3200 and 1250-1100 cal. yr

BP. It is particularly clear, that any significant changes in sea ice cover over the

Greenland and Barents Seas will inevitably influence the Svartvatnet $\delta^{18}\text{O}_{\text{lw}}$ record. Unfortunately, much less precise information is available on sea ice conditions in the Nordic Seas over the 5500 year time span represented by our proxy record. The reconstructions available for the eastern Fram Strait region on the northern West Spitsbergen Shelf are not necessarily easily comparable nor mutually consistent. Although some similar trends can be discerned (Cabedo-Sanz and Belt, 2016), sea ice reconstructions based on the biomarker IP25 (Figure 3d; Cabedo-Sanz and Belt, 2016; Müller et al., 2012) and those derived from dinocyst assemblage variations (Bonnet et al., 2010; De Vernal et al., 2013) display clear differences. The biomarker based reconstructions show relatively low general variability, and display minor highs a little before 800 CE (1150 cal. yr BP; Cabedo-Sanz and Belt, 2016) and 1.1 cal. kyr BP (Müller et al., 2012). The dinocyst based reconstructions (Bonnet et al., 2010; De Vernal et al., 2013) show much larger variability, sometimes opposing trends, and do not support a scenario of particularly extended sea ice cover at 3400-3200 and 1250-1100 cal. yr BP. To the south and south east of Spitsbergen, intermittent seasonal sea ice was inferred from biomarker IP25 indices for the mid to late Holocene in the Kveithola Trough, western Barents Sea, by Berben et al. (2014) and Belt et al. (2015), with somewhat elevated index values roughly between 3.5 and 3 ka cal. yr BP and 1 ka cal. yr BP onwards. For southeastern Barents Sea, peaks at 3.5 ka cal. yr BP and 1.1 ka cal. yr BP in the dinoflagellate cyst based reconstruction (Figure 3d; De Vernal et al.,

2013) suggest increased sea ice cover during these periods. In summary, although conclusive evidence of significantly extended sea ice cover for the time periods of interest cannot be drawn from the dinocyst and biomarker based reconstructions, it is very likely that increased sea ice was associated with these periods of general cooling (Bond et al., 2001; Rasmussen and Thomsen 2014; Sarnthein et al., 2003). Thus, the negative shifts in Svartvatnet $\delta^{18}\text{O}_{\text{lw}}$ values probably include a component related to changes in moisture sources, and possibly, in seasonality of precipitation, and do not represent decreased MATs only. Nonetheless, the $\delta^{18}\text{O}_{\text{lw}}$ record from lake Svartvatnet provides solid evidence of the mid to late Holocene development of meteoric hydroclimate in the European sector of the high Arctic registering perturbations consistent with the timing of well-known historical climate episodes (the RWP, the DACP and the LIA), and clearly demonstrates the inseparable connection between the evolution of North Atlantic conditions and terrestrial climate in the region. Our $\delta^{18}\text{O}_{\text{lw}}$ record from Svartvatnet certainly sets the stage for future comparative studies from other lakes in the region.

Conclusion

The $\delta^{18}\text{O}_{\text{chir}}$ values of chironomid head capsules from lake Svartvatnet in southern Spitsbergen yield a realistic, robust reconstruction of past changes in $\delta^{18}\text{O}_{\text{lw}}$ values over the past 5500 years. Owing to the relatively short residence time and minimal

1 evaporative influences, and absence of extraneous water inputs from e.g., glacier melt
2 waters, the $\delta^{18}\text{O}_{\text{lw}}$ values are likely to represent the variations and the absolute level of
3 $\delta^{18}\text{O}$ values of regional precipitation with reasonable precision. The similarity of the
4 trends between the $\delta^{18}\text{O}_{\text{lw}}$ record and a July-T reconstruction based on chironomid
5 assemblages from the same core suggests that temperature plays a significant role in the
6 variations of the $\delta^{18}\text{O}_{\text{lw}}$ record, but the record appears to also be influenced by changes
7 in sea ice extent and possibly, the seasonal distribution of precipitation, limiting our
8 possibilities to present precise estimates of past temperature changes. The strong
9 influence of winter conditions on mean annual temperatures in the study area suggests
10 that the $\delta^{18}\text{O}_{\text{lw}}$ record has particular value in offering insight into the climatic variations
11 of the cool/cold season, in contrast to the majority of terrestrial climate proxies
12 reflecting conditions during the growing season.

13 The Svartvatnet $\delta^{18}\text{O}_{\text{lw}}$ record shows a peak at ca. 1900-1800 cal. yr BP, consistent with
14 the timing of the Roman Warm Period, and negative excursions at 3400-3200, 1250-
15 1100 and 350-50 cal. yr BP, increasing in intensity towards the present-day. The time
16 period of the Little Ice Age is manifested in the $\delta^{18}\text{O}_{\text{lw}}$ record as a two-step decrease in
17 $\delta^{18}\text{O}_{\text{lw}}$ values, with a remarkable, 8-9‰ depression in $\delta^{18}\text{O}_{\text{lw}}$ values at 350-50 cal. yr BP.
18 The $\delta^{18}\text{O}_{\text{lw}}$ record suggests that the LIA in southern Spitsbergen was associated with
19 significantly lowered cold season temperatures, i.e. increased seasonal contrasts.
20 Extended sea ice cover, and possibly increased proportion of cold season precipitation,

1 contributed to the prominent depression in $\delta^{18}\text{O}_{\text{lw}}$ values during the LIA. All the time
2 periods of the negative shifts in the $\delta^{18}\text{O}_{\text{lw}}$ record are linked to widespread evidence of
3 glacier expansion and “cold spells” in the northern North Atlantic testifying to the
4 sensitivity and general potential of high Arctic lacustrine $\delta^{18}\text{O}_{\text{chir}}$ records in tracking
5 terrestrial climate evolution.

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Appendix: $\delta^{18}\text{O}$ data and reconstructed MAT changes

The oxygen isotope composition of chironomid chitin ($\delta^{18}\text{O}_{\text{chir}}$) and lake Svartvatnet water ($\delta^{18}\text{O}_{\text{lw}}$), and the interpreted changes in mean annual temperature (MAT-index) along the sediment sequence. $\delta^{18}\text{O}_{\text{lw}}$ was reconstructed using the calibration of Verbruggen et al. (2011). MAT-index 1 shows temperature changes relative to the reconstruction mean applying Wooller et al. (2004). Correspondingly, MAT-index 2 was calculated from reconstructed $\delta^{18}\text{O}_{\text{lw}}$ values based on the spatial correlation between $\delta^{18}\text{O}_{\text{ppt}}$ and

MAT at IAEA monitoring stations adjacent to the Greenland Sea (see sheet "Slope data" below). *Precision* refers to IRMS measurement precision estimate determined by replicate analyses of similar biogenic materials of different sample mass, with larger measurement precision estimates for samples with smaller masses. The *composite error* represents the total error associated with the reconstructed $\delta^{18}\text{O}_{\text{lw}}$ value or index to the left including measurement and calibration errors (c.f. Pryor et al. 2014). See main text for explanations on calculations of MAT-indexes.

depth (cm)	$\delta^{18}\text{O}_{\text{chir}}$ (‰)	precision (‰)	$\delta^{18}\text{O}_{\text{lw}}$ (‰)	composite error (‰)	MAT-index 1 (°C)	composite error (°C)	MAT-index 2 (°C)	composite error (°C)
0-2	14.1	1.5	-9.2	2.4	1.5	3.0	1.8	3.6
2-3	13.3	0.4	-10.3	1.4	0.3	1.9	0.3	2.5
4-5	13.0	0.4	-10.6	1.5	-0.1	2.0	-0.2	2.5
6-7	7.7	0.4	-17.6	1.6	-8.2	2.3	-9.9	2.9
8-12	6.9	2.5	-18.7	3.6	-9.5	4.5	-11.5	5.5
12-16	11.5	1.5	-12.6	2.4	-2.4	3.0	-2.9	3.7
16-20	11.9	0.4	-12.1	1.5	-1.8	2.0	-2.2	2.5
20-24	11.9	0.4	-12.1	1.5	-1.8	2.0	-2.2	2.5
24-28	13.8	0.4	-9.6	1.4	1.1	1.9	1.4	2.5
28-30	13.2	0.4	-10.4	1.4	0.1	1.9	0.1	2.5
30-31	9.1	0.4	-15.7	1.5	-6.1	2.1	-7.3	2.7
32-35	13.9	0.4	-9.5	1.4	1.2	1.9	1.4	2.5
34-35	9.0	0.4	-16.0	1.5	-6.3	2.2	-7.6	2.7
36-40	14.0	1.5	-9.4	2.4	1.4	3.0	1.7	3.6
40-43	14.1	0.4	-9.2	1.4	1.6	1.9	1.9	2.5
44-47	14.5	0.4	-8.7	1.4	2.1	1.9	2.5	2.5
48-51	12.5	0.4	-11.2	1.5	-0.8	2.0	-1.0	2.5
52-53	16.3	0.4	-6.3	1.4	5.0	1.9	6.0	2.6
56-58	13.3	0.4	-10.2	1.4	0.4	1.9	0.5	2.5
60-62	13.4	0.4	-10.1	1.4	0.5	1.9	0.6	2.5
64-67	14.8	0.4	-8.3	1.4	2.6	1.9	3.1	2.5
68-72	14.3	0.4	-9.0	1.4	1.8	1.9	2.2	2.5
72-75	13.3	0.4	-10.2	1.4	0.4	1.9	0.5	2.5
76-80	13.3	0.4	-10.2	1.4	0.4	1.9	0.4	2.5
80-84	13.6	0.4	-9.9	1.4	0.7	1.9	0.9	2.5

84-87	13.6	0.4	-9.9	1.4	0.8	1.9	0.9	2.5
88-92	11.4	0.4	-12.8	1.5	-2.6	2.0	-3.2	2.6
92-96	13.8	0.4	-9.6	1.4	1.1	1.9	1.3	2.5
96-99	13.9	0.4	-9.5	1.4	1.2	1.9	1.5	2.5
100-103	12.8	0.4	-10.9	1.5	-0.4	2.0	-0.5	2.5
104-107	13.3	0.4	-10.2	1.4	0.4	1.9	0.4	2.5
108-111	12.5	0.4	-11.3	1.5	-1.0	2.0	-1.1	2.5
112-116	13.9	0.4	-9.4	1.4	1.3	1.9	1.6	2.5
116-119	13.7	0.4	-9.7	1.4	0.9	1.9	1.1	2.5
120-123	13.4	0.4	-10.2	1.4	0.4	1.9	0.5	2.5
124-127	14.1	0.4	-9.3	1.4	1.5	1.9	1.8	2.5
128-131	14.3	0.4	-9.0	1.4	1.8	1.9	2.2	2.5
132-136	13.8	0.4	-9.5	1.4	1.2	1.9	1.4	2.5
136-140	14.3	0.4	-9.0	1.4	1.8	1.9	2.2	2.5
140-143	14.6	0.4	-8.6	1.4	2.3	1.9	2.7	2.5
144-148	14.5	0.4	-8.7	1.4	2.1	1.9	2.5	2.5
148-150	13.2	0.4	-10.4	1.4	0.1	1.9	0.1	2.5
152-154	14.2	0.4	-9.0	1.4	1.7	1.9	2.1	2.5
156-159	14.0	0.4	-9.4	1.4	1.4	1.9	1.6	2.5
160-163	13.2	0.4	-10.3	1.4	0.2	1.9	0.3	2.5

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Appendix:

mean annual $\delta^{18}\text{O}_{\text{pr}}$ and MAT at stations adjacent to the "Greenland Sea sector"

Station	Long-term MAT	$\delta^{18}\text{O}_{\text{pr}}^*$	Number of years
Prins Christians Sund, Greenland	0.9	-11.7	1 excluded
Nord, Greenland	-17.6	-25.0	12
Danmarkshavn, Greenland	-10.5	-17.8	24
Scoresby Sund, Greenland	-7.8	-13.9	5
Groennedal, Greenland	1.2	-11.2	14
Reykjavik, Iceland	4.9	-8.3	41
Ny Ålesund, Spitsbergen	-4.6	-11.7	24
Isfjord, Spitsbergen	-5.0	-9.6	7
Hornsund, Spitsbergen	-2.1	-7.3	2 excluded

Except for the Hornsund Polish Polar Station, all data from IAEA/WMO (2016).

IAEA/WMO, 2016. Global Network of Isotopes in Precipitation. The GNIP Database.

Accessible at: <http://www.iaea.org/water>

<i>Regression statistics</i>	
Multiple R	0.908828
R square	0.825968
Adjusted R Square	0.791162
Standard Error	2.644804
Observations	7

	<i>Coefficients</i>	<i>Standard Error</i>	<i>t-stat</i>	<i>p-value</i>	<i>Lower 95%</i>	<i>Upper 95%</i>
Intercept	-9.94184	1.292088	-7.69439	0.000591	-13.2633	-6.62042
x-variable	0.707979	0.145334	4.871381	0.004587	0.334385	1.081573