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Predicting the effect of prandial stage and particle size on absorption of ODM-204

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Keywords

15 Absorption, dissolution, PBPK modeling, prediction of fraction absorbed, transit intestinal model

Abstract

The prediction of absorption properties plays a key role in formulation development when the compound under development shows poor solubility and its absorption is therefore presumed to be solubility limited. In our work, we combined and compared data obtained from in vitro dissolution tests, transit intestinal model studies (TIM-1) and physiologically based pharmacokinetic modelling. Our aim was to determine the ability of these methods to predict performance of poorly soluble lipophilic weak base in vivo. The validity of the predictive methods was evaluated against the in vivo clinical pharmacokinetic (PK) data obtained after administration of the first test formulation, T1. The aim of our study was to utilize the models in evaluating absorption properties of the second test formulation, T2, which has not yet been clinically administered.

The compound in the studies was ODM-204, which is a novel, orally administered, investigational, nonsteroidal dual inhibitor of CYP17A1 and androgen receptor. Owing to its physicochemical properties ODM-204 is prone to low or variable bioavailability.

The models examined provided congruent data on dose dependent absorption, food effect at a dose of 200 mg and on the effect of API (active pharmaceutical ingredient) particle size on absorption. Our study shows that the predictive tools of in vitro dissolution, TIM-1 system and the PBPK (physiologically based pharmacokinetic modelling) simulation, showed predictive power of different mechanisms of bioavailability and together provided valuable information for decision making.

Abbreviations

40	ACAT	Advanced compartmental absorption transit
	API	Active pharmaceutical ingredient
	AR	Androgen receptor
	CL	Clearance
	CRPC	Castration-resistant prostate cancer
45	ECB	European continental breakfast
	FA%	Fraction absorbed in percentages
	FaSSIF	Fasted state simulated intestinal fluid
	FeSSIF	Fed state simulated intestinal fluid
	Fup	Fraction unbound in plasma
50	GI	Gastrointestinal
	GFR	Glomerular filtration rate
	G+	GastroPlus software
	HPLC	High pressure chromatography
	i.v.	Intra venous
55	IVIVE	In vitro in vivo extrapolation
	K _p	Partition coefficient
	PBPK	Physiologically based pharmacokinetic
	PSD	Particle size distribution
	P _{eff}	Intestinal permeability
60	SGF	Simulated gastric fluid
	SIF	Simulated intestinal fluid
	TIM-1	Transit intestinal model

UPLC Ultra pressure chromatography

V_{ss} Volume of distribution

1. Introduction

Methods to estimate oral bioavailability are of interest to the pharmaceutical industry as many new chemical entities are poorly water soluble leading to low oral bioavailability and variable absorption (Benet et al., 2006). Reliable prediction of absorption, bioavailability and ultimately exposure facilitates decision-making, aids in formulation work, and supports the appropriate design of clinical studies. The enhanced use of predictive tools is also motivated by the 3R initiative to reduce and refine of animal experimentation (<http://www.efpia.eu/articles/animal-welfare-3rs-replace-refine-reduce>) as outlined in recent studies by Matsumura et al. (2018).

Traditionally one-compartment in vitro dissolution methods have been used to characterize pharmaceutical products intended for clinical use. Over the years, efforts have been made to develop in vivo relevant dissolution methods to support and enhance pharmaceutical development. Since the 1990s research has developed more advanced dissolution models including the use of biorelevant media (Dressman et al., 1998, Galia, et al., 1998). A thorough review by Kostewicz et al. (2014) showed that a wide range of applications has been established in dissolution testing. However, as the authors conclude, there are major issues limiting the predictive power of traditional tools. Factors such as simulation of dynamic changes in gastrointestinal conditions; adequate reproduction of gastrointestinal motility; simulation of supersaturation and precipitation; and the implementation of the solubility-permeability interplay are still required.

Advanced methods have been developed to overcome the limitations recognized in the compendial dissolution apparatuses. The aim of these methods is to mimic gastrointestinal motility or the transfer of the drug product in the gastrointestinal (GI) tract more realistically. The in vitro dynamic gastrointestinal model TIM-1 (Minekus et al., 1995) is one of the applications used to study the dissolution and bioaccessibility properties of drugs in a way that

90 reflects the in vivo environment more closely. This system has been applied to pharmaceutical research and its quality to predict the release and bioaccessibility of drugs has been shown. Barker et al. (2014) concluded that TIM-1 shows potential as a risk assessment tool in product development and it may be used as a substitute for canine studies in assessing clinically relevant differences between formulations. More recently, tiny-TIM, a simplified version of TIM-1, has
95 been developed to enhance practicability of the transit intestinal model. The performance of both transit intestinal systems in studying oral formulations has been described in a comparative study described by Verwei et al. (2016).

Advanced in vitro dissolution methods (Butler, et al., 2019) provide valuable background information for formulation scientists. However, these models are not capable of capturing the
100 complex biological processes of the GI tract in vivo. Therefore, relying on a single method is not advisable. Instead, it is recommended that information gained from the in vitro release tests are incorporated into in silico tools to obtain a deeper understanding of the relative importance of the various factors affecting drug absorption in vivo (Andreas, et al., 2018).

Among in vitro data, pharmaceutical scientists have used simple mathematical equations to
105 predict the maximum absorbable dose (MAD), for example (Oh et al., 1993; Curatolo, 1998). During recent years, significant efforts have been put into the development of more sophisticated and powerful in silico tools to evaluate the behaviour of a drug substance in vivo. Physiologically based pharmacokinetic (PBPK) models like GastroPlus™ (Simulations Plus Inc., Lancaster, CA, USA) and Simcyp® (Certara, UK) are examples of the approaches used in
110 the pharmaceutical industry. The advantages and limitations of these models have been actively discussed in the literature recently (Bueters et al. 2013; Kostewicz, et al., 2014; Kesisoglou et al. 2016; Darwich et al., 2017; Margolskee, et al.; 2017; and Miller et al., 2019).

In our study, we applied single- and two-stage dissolution studies, TIM-1 system and PBPK modeling to predict dose linearity (50 - 500 mg) and food effect (at 200 mg) in humans and to
115 evaluate the effect of particle size on exposure. The outcome of the predictive methods was evaluated against the in vivo clinical pharmacokinetic (PK) data obtained after administration of immediate release (IR) test formulation T1. In summary, the aim of our study was to understand and predict the performance of the poorly lipid soluble weak base ODM-204 in patients by combining several alternative methodologies. Further, we studied whether
120 information could be utilized to predict the absorption behavior of test formulation T2 with reduced particle size of ODM-204.

2. Materials

ODM-204 is an investigational, nonsteroidal dual inhibitor of CYP17A1 and the androgen receptor (AR), which has entered the Phase I dose escalation trails in men with castration-resistant prostate cancer (CRPC) (Peltola, et al., 2020). ODM-204 is a salt of a low water soluble weak base strongly showing pH dependent solubility (Table 1). The aqueous solubility values were measured as single determinations at room temperature (25°C). The 3 hours shake-flask method was used, and the final pH values of the solutions were measured. The experimental LogD determination was done by a pH-metric high LogP method and the pKa determination by use of the UV-metric method using Yasuda-Sverdlovsk extrapolation (Table 1).

To explore the intestinal solubility of the compound, solubility in the simulated intestinal media was measured at physiological temperature, +37°C (Table 1). According to the biopharmaceutical classification system (BCS) criteria, ODM-204 is classified as a low water soluble compound. The dose number for ODM-204 calculated by the solubility in fasted state simulated intestinal fluid (FaSSIF) ranges from 10 to 100. These numbers suggest solubility limited absorption for all doses administered.

In this study, two ODM-204 IR capsule test formulations, T1 and T2, differing in particle size were used (Table 2, Table 3). The manufacturing process is a dry direct blend process that consists of API milling, sieving of the excipients, blending steps and encapsulation. Both test formulations were capsulated in HPMC capsule size 0 shells (Capsugel VCaps, Capsugel, France). In the test formulation T1 (batch 151278460) unmilled ODM-204 (batch 1661532) was used. Milled API (batch 1665260) was used in the test formulation T2 (batch 1691237). The amount of API in the capsules was 100 mg (calculated as free base of ODM-204). In test formulations T1 and T2, the median particle size for the API batches were 258 µm and 84 µm, respectively (Table 3).

Table 1 Physicochemical properties of ODM-204.

Rt = room temperature. FaSSIF = fasted state simulated fluid, FeSSIF = fed state simulated fluid.

Property	Experimental results	Method, n=1
Solubility @ pH 2.4 (rt)	7700 µg/mL	Shake flask
Solubility @ pH 3.2 (rt)	4130 µg/mL	Shake flask
Solubility @ pH 3.8 (rt)	1030 µg/mL	Shake flask
Solubility @ pH 4.7 (rt)	150 µg/mL	Shake flask
Solubility @ pH 6.9 (rt)	0.4 µg/mL	Shake flask
Solubility @ pH 8.0 (rt)	0.7 µg/mL	Shake flask
Solubility @ pH 9.2 (rt)	1.0 µg/mL	Shake flask
Solubility in FeSSIF pH 5.0 (37°C)	1580 µg/mL	Shake flask
Solubility in FaSSIF pH 6.5 (37°C)	20 µg/mL	Shake flask
pKa	pKa: 6.0	UV-metric, Yasuda-Shedlovsky extrapolation
LogD _{pH 2}	2,2	pH-metric high LogP
LogD _{pH 5.5}	4,4	pH-metric high LogP
LogD _{pH 7.4}	5,0	pH-metric high LogP
Molar mass (MW)	490.48 g/mol as fumarate salt 370.40 g/mol as free base.	

Table 2 Components of the ODM-204 test formulations, T1 and T2.

Component
ODM 204 fumarate salt, active ingredient, Fermion Oyj
Microcrystalline Cellulose, Advice PH102, FMC Biopolymer
Dicalcium Phosphate, Anhydrous, A Tab, Innophos
Croscarmellose Sodium, Ac-Di-Sol, FMC Biopolymer
Glycerol Distearate, Precirol ATO5, Gattefosse
Size 0, HPMC white shell V Caps, Gapsugel

155

160

Table 3 Particle size distribution of ODM-204 API batches used in test formulations, T1 and T2.

Test formulation	T1	T2
Batch	151278460	1691237
	(unmilled API)	(milled API)
API batch	1661532	1665260
Volume particle size distribution		
- d10 (µm)	47	27
- d50 (µm)	274	84
- d90 (µm)	311	197

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Commercially available simulated gastric fluid (SGF) (FF Chemicals, Finland), phosphate
170 buffer solution pH 6.5 (FF Chemicals, Finland) and acetate buffer solution pH 5 (Reagent,
Finland) were used in the dissolution studies at different pH values. Fasted and fed state
simulated fluids, FaSSIF and FeSSIF (version 1) were prepared using the commercially
available SIF[®] powder acquired from Biorelevant.com (Biorelevant.com Ltd, UK). In the two-
stage dissolution tests, double concentration media were prepared so that the final composition
175 of the media i.e. the second stage in the tests, corresponded to composition of FaSSIF or
FeSSIF.

3. Models and methods

3.1 Overview of models and methods

180 Table 4 shows the overview of models and studies carried out in this work. Each study is
described in more detail in the following subchapters.

Table 4 Models and studies carried out in the work.

TIM-1 = transit intestinal model, MAD = maximum absorbable dose.

Study	Test formulation T1	Test formulation T2
In vitro dissolution	100 mg capsule in 900 mL of 0.01 M HCl 100 mg capsule in 900 mL of phosphate buffer pH 5 100 mg capsule in 500 mL of FaSSIF	100 mg capsule in 500 mL of FaSSIF
In vitro dissolution, two-stage	100 mg capsule in 250 mL of SGF (pH 1.2) + 250 mL of FaSSIF 100 mg capsule in 250 mL of phosphate buffer pH 5 + 250 mL of FaSSIF	2 x 100 mg capsule in 250 mL of SGF (pH 1.2) + 250 mL of FaSSIF 2 x 100 capsule mg in 250 mL of SGF (pH 3) + 250 mL of FaSSIF
TIM-1 study	2 x 100 mg capsule in Fasted state 2 x 100 mg capsule in Fed state	2 x 100 mg capsule in Fasted state 2 x 100 mg capsule in Fed state
Dose number (calc.) *	$\frac{\frac{50 \text{ mg}}{250 \text{ ml}}}{0.02 \text{ mg/ml}} = 10$ $\frac{\frac{500 \text{ mg}}{250 \text{ ml}}}{0.02 \text{ mg/ml}} = 100$	
(MAD) (calc.)	$MAD = S * K_a * SIWV * SITT \approx 23 \text{ mg}$ <p>S=solubility in FaSSIF (mg/mL) = 0.02 K_a=absorption rate constant (min⁻¹) = 0.0167 SIWV = small intestinal water volume (~250 mL) SITT = small intestinal transit time (~270 min)</p>	
PBPK <i>in silico</i> model	Fasted state 200 mg Fed state 50-500 mg	Fasted state 200 mg Fed state 50-500 mg

Human PK	50#, 100, 200, 300 and 500 mg in fed state (non-standardized breakfast) 200 mg in fasted state*	-
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*) Oh, Curl, & Amidon, 1993

#) 50 mg dose was administered as 50 mg capsule, the other doses as (multiple) 100 mg capsules.

3.2 Particle size determination

The volume particle size distribution of ODM-204 was determined by Morphologi G3, an automated light microscope (Malvern Panalytical, UK). The sample size used was 3 mm³ and the pressure used in the dry dispersion system 5 bar. The sample was analyzed with a 10-x objective. The d10, d50 and d90 fractiles of the volume distribution are reported in Table 3.

3.3 In vitro dissolution tests

Conventional USP II apparatus with a paddle speed of 50 rpm was used in all tests (Distek Inc., NJ, USA). Sinkers (QLA spiral sinker, 8.5 coils) were used to prevent floating of the capsules. To study the release properties of ODM-204 100 mg capsules in aqueous solutions and to mimic approximately the shift in in vivo conditions, both single- and two-stage tests were conducted (Table 4). In the two-stage tests, dissolution was run for 30 minutes in 250 mL of the initial medium and after that 250 mL of concentrated FaSSIF or FeSSIF was gently added into the dissolution vessels (Table 4). Sink conditions were achieved in tests at pH 1.2, pH 3 and in FeSSIF while the test conditions at pH 5 and in FaSSIF were non-sink. All tests were performed at a temperature of 37°C.

Quantification of the dissolved amount of the drug substance was performed against a calibration curve and the concentration measurement was performed either by high pressure liquid chromatograph (HPLC) (Agilent 1100, Agilent Technologies Inc., CA, USA) or by using

an in situ fiber optic ultraviolet (UV) detection technique (Opt-diss UV spectrophotometer, Distek Inc. NJ, USA). An ACE Excel C18 column was used in the isocratic chromatographic system at 40°C. The flow rate of the mobile phase, 10 mM sodium acetate buffer: acetonitrile (30:70), was 1 mL/min and detection of ODM-204 was done at 310 nm. In the in situ fiber optic system detection was done at 300 nm with baseline correction between 370 – 390 nm. The UV path length was 1 mm and arch probes were utilized to avoid particle and air bubble interference.

3.4 TIM studies

The bioaccessibility of the test formulations T1 and T2 were studied in a gastrointestinal simulating system, TIM-1. The formulations were tested under simulated human fasted and fed gastrointestinal states at a dose of 200 mg per run. Selection of the dose was based on the human PK study in which the food effect had been studied at that dose level. The TIM systems, previously described by Minekus et al, 1995; Blanquet, et al., 2004; Brouwers et al., 2011; Barker et al., 2014 and Verwei et al., 2016, are multi-compartmental dynamic systems, which simulate in high degree the sequentially dynamic processes in the stomach, the small intestine, and the large intestine (colon). As a result, in the TIM-1 system the administered formulation is exposed to the physiologically relevant conditions of the stomach and subsequent transit through the three sections of the small intestine. Key variables used for simulation of the fasted and fed state conditions in humans are listed in Table 5. Prior to the performance of each experiment the secretion fluids (e.g. gastric juice with enzymes, electrolytes, bile, and pancreatic juice) were freshly prepared, the pH electrodes calibrated, and semipermeable membrane (hollow fiber) units (pore size of 2000 kDa) installed. A detailed description of all prepared solutions and suppliers is described by Van den Abeele et al. (2020).

Table 5 Variables of the TIM systems under simulation of average gastro-intestinal fasted and fed state conditions of healthy adults.

	Fed state	Fasted state
Gastric compartment		
Intake (total)	300 g	250 g
Meal (European continental breakfast, ECB)	150 g	
Water and artificial saliva	140 g	240 g
Gastric start fluid	10 g	10 g
Gastric emptying half time ($T_{1/2}$)	70 min	20 min
Housekeeper wave	180 min	60 min
Gastric pH	5.2 to 1.7 in 180 min	3.0 to 1.8 in 30 min
Small intestinal compartments		
Concentration bile + pancreatin	100%	20%*
pH duodenum	6.2	6.3
pH jejunum	6.5	6.5
pH ileum	7.4	7.4
Experimental duration	6 h	5 h

* 100% bile is referring to undiluted porcine bile. The 20% means 5x diluted porcine bile.

In the system, the sample transit mimics the in vivo situation as far as possible. The removal of released and dissolved/solubilized drug molecules from the intestinal lumen by a semipermeable membrane unit allows the determination of the so-called bio-accessible fraction, i.e. the fraction of the drug potentially available for small intestinal absorption. For fasted state, filtration rates were 9 mL/min for jejunum and 4.5 mL/min for ileum. For fed state conditions this was 4.5 mL/min for the jejunum and ileum. The filtration rates are not designed to reflect the in vivo absorption rates but are optimized to quantify the bioaccessible fraction correctly. The duration of the experiments in the TIM-1 system under the fasting state were 5 hours and 6 hours under the fed state. The bio-accessible fractions from the jejunum and the ileum were

collected every 30 minutes until completion of the experiment. Ileal effluent, i.e. the non-bio-accessible fraction that emptied from the small intestine into the large intestine, was collected
245 each hour during the experiment. Upon completion of the TIM-1 experiment, the residues of the gastric, duodenum, jejunum and ileum compartments were collected separately. Any remains of the formulation were collected separately. Each compartment was rinsed twice with organic solvent. Filters were emptied and rinsed subsequently, and these rinses were pooled with the residue.

250 The samples were analyzed by using a selective liquid chromatography-tandem mass spectrometry (LC/MS/MS) analytical method based on the compound specific information. For the mobile phase - 10 mM ammonium formate + 0.2% formic acid (v/v) and acetonitrile + 0.2% formic acid (v/v) at flow rate of 0.6 mL/min was used in the gradient ultra pressure liquid chromatography (UPLC) system (Acquity, Waters, MA, USA) with BEH C18 column (2.1 x
255 50 mm; 1.7 μ m). Mass spectrometer API4000 (Sciex/Applied Biosystems, MA, USA) with electro spray ionization (positive) and 3500 V was used for multiple reaction monitoring (MRM) analyses of the samples. The samples were collected, diluted, and analyzed within 48 hours from collection and stored at 2 - 10°C.

260 **3.5 PBPK simulation**

GastroPlus software (version 9.7) with standard fasted and fed intestinal physiology and a human PBPK model was used. The systemic PK model was built based on non-clinical intra venous (i.v.) and hepatocyte data. Absorption related parameters were based on experimental
265 in vitro values. Parameters used in simulations are presented in Table 6. More detailed descriptions of the systemic PK and solubility related parameter selections are given in the supplemental material.

Table 6 Key parameters of the ODM-204 PBPK model.

ACAT = advanced compartmental absorption model, CL = clearance, Fup = fraction unbound in plasma, GFR = Glomerular filtration rate, i.v. = intra venous, IVIVE = in vivo in vitro extrapolation, Kp = partition coefficient, PBPK = physiologically based pharmacokinetic, Peff = intestinal permeability, PSD = particle size distribution, Vss = volume of distribution.

Parameter	Value	Rationale
Dosage form	IR: capsule	
Reference LogD	5.0 @ pH 7.4	
LogP(N)-LogP(Cation)	2.9	Fit to LogD versus pH data
Reference solubility (mg/mL)	1.03 @ pH 3.8	At room temperature
Melting point	150°C	Used to correct aqueous solubility to physiological temperature
Temperature corrected reference solubility (mg/mL)	3.77	Gastroplus internal conversion tool
pKa	6.9	From solubility versus pH curve fit
SolFactor (ionised/unionised)	9430	From solubility versus pH curve fit
Bile salt solubilisation ratio	1.32E+04	FeSSIF data used
Precipitation time (s)	900	Default
Human Peff (cm/s *10E-4)	5.15	Conversion from Caco-2 data
Diffusion coefficient (cm ² /s)	0.67	Structure based
Experimental Fup (%)	0.7	Use adjusted Fup (0.456%)
Blood/Plasma ratio	0.64	
PBPK model	Human M 70 kg/30 Y	
Kp calculation method	Lukacova (perfusion)	LogD was set to 4.1 for Kp calculation based on non-clinical i.v. data
Liver total CL (L/h)	22.3	Estimate based on allometric scaling and hepatocyte IVIVE
Kidney CL (L/h)	0.051	fu,p*GFR
Predicted Vss (L)	230	

Predicted half-life (h)	7	
ACAT model	Standard fasted or fed	
PSD	3 bins	According to Table 3

Simulations included the fraction absorbed (FA%) and plasma exposure with dose escalation (50 - 500 mg test formulation T1) in the fed state and with a food effect (200 mg T1). The effect of particle size (T1 versus T2) was studied with virtual population simulations. The sensitivity of the model predictions was tested by simulating FA% using a range of permeability or reference solubility values around experimental values. As ODM-204 is a weak base, its absorption may be sensitive to stomach pH and precipitation time. GastroPlus parameter sensitivity analysis was conducted at both fed and fasted state for these parameters.

3.6 Human clinical study

In this open, uncontrolled, nonrandomized, multi-centre, tolerability and pharmacokinetic first-in-man phase I dose escalation study, patients with CRPC (study NCT02344017) were randomized to receive ODM-204 in sequential cohorts of five dose levels (i.e. 50, 100, 200, 300, and 500 mg twice daily, test formulation T1) concomitantly with prednisone. (Peltola, et al., 2020). A single 50 mg capsule was dosed in the 50 mg cohort while multiple 100 mg capsules were dosed for the other studies. On day 1, a predose sample and samples up to 24 h after dosing were taken.

The (LC/MS/MS) method was used to determine concentrations of ODM-204 in plasma. Blood samples were taken at predefined time points into blood collection tubes containing K2EDTA (ethylenediaminetetraacetate) as anticoagulant. Plasma was harvested via centrifugation, transferred to uniquely labelled polypropylene tubes and frozen at -80°C. At the time of

analysis, the study samples were collected from the freezer and allowed to thaw to room temperature. Following protein precipitation with acetonitrile using OSTRO™ well plates
295 (Waters, MA, USA) the samples were analysed with an AB Sciex API 6500 triple quadrupole mass spectrometer. Quantification was achieved by weighted linear regression using stable isotope labelled internal standard and the lower limit of quantitation was 1 ng/mL. The area under the curve (AUC) 0 - 24h, maximum concentration (C_{max}), time to reach maximum concentration (t_{max}), and elimination half-life ($t_{1/2}$) were calculated using Phoenix WinNonlin
300 software (Certara, Princeton, NJ, USA).

Test formulation T1 was used in the study and in addition to the dose escalation, food effect was studied at dose level of 200 mg. In the clinical study pharmacokinetic parameters were measured on day 1 and on day 8. To evaluate the prediction power of the in vitro and in silico methods under investigation, the interest is on day 1 PK results.

305

4. Results

4.1. In vitro dissolution

The USP dissolution results confirmed that dissolution rate of ODM-204 is strongly dependent on the medium used. Rapid and complete release of the API was observed in acidic conditions for the test formulation T1 within 30 minutes while slow and limited dissolution occurred in buffer solution at pH 5 aqueous (Figure 1a). No precipitation was observed in the test formulation T1 two-stage test after FaSSIF addition to the vessel, but the concentration of the medium stayed at supersaturated level (Figure 1b). In the two-stage test from pH 5 to FeSSIF, slow dissolution occurred throughout the test for test formulation T1 even though solubility of the compound was quite high in FeSSIF (Figure 1b).

When the two-stage fasted state, test was performed using a double dose (2 x 100 mg) the propensity for precipitation increased slightly (Figure 1c). Further, precipitation was more apparent when the first stage at pH 3 led to incomplete dissolution and there were undissolved particles present in the medium. In tests of the 200 mg dose, test formulation T2 was used to determine if the pH effect is seen even with the finer particle size.

To further study the effect of API particle size on the dissolution rate, 500 mL FaSSIF was selected as the medium. The results obtained from these non-sink conditions showed a difference between the test formulations T1 and T2 (Figure 1d). As expected, the batch representing the finer API grade resulted in faster dissolution. For both formulations, dissolution was, however, very slow in the selected condition.

Figure 1a Dissolution of ODM-204 100 mg capsule (test formulation T1) 0.01 M HCl (dotted line) and in phosphate buffer pH 5 (solid line), mean $\pm$ standard deviation (n = 6).

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Figure 1b Dissolution of ODM-204 100 mg capsule (test formulation T1) in the two-stage dissolution set-up. pH 1.2 (30 min) --> FaSSIF (dotted line), pH 5 (30 min) --> FeSSIF (solid line), mean $\pm$ standard deviation, (n = 3).

335

Figure 1c

Dissolution of ODM-204 2x100 mg capsule (test formulation T2) in two-stage dissolution set-up. pH 1.2 (30 min) --> FaSSIF (dotted line), pH 3 (30 min) --> FaSSIF (solid line), mean $\pm$ standard deviation (n = 3).

Figure 1d

Dissolution of ODM-204 100 mg capsule. Test formulation T1 (dotted line) versus. test formulation T2 (solid line) API in FaSSIF, mean $\pm$ standard deviation (n=3).

4.2 TIM-1

An adequate total recovery of ODM-204 was observed after completion of the fasted and fed state TIM-1 experiments. The average recovery of the five runs was $87.6 \pm 2.9\%$ and a low variation was observed in the duplicate fed state TIM-1 runs with test product 2 ($87.9 \pm 0.4\%$ of intake, average $\pm$ standard deviation, $n = 2$).

The total (jejunal + ileal) small-intestinal bioaccessibility of ODM-204 was found to be relatively low ($\leq 30\%$) under both fasted and fed state human GI conditions, as simulated in the TIM-1 system. The results point towards a two-fold higher bioaccessibility of ODM-204 dosed as test formulation T2 (29 - 30% of recovery) as compared to test formulation T1 (15 - 16% of recovery). This twofold difference in bioaccessibility of ODM-204 between T1 and T2 was observed both in the fasted and in the fed state (Table 7, Figure 2). Figure 2 shows that the maximum observed bioaccessibility values ($BA_{\max}$) were 2.6 and 3.3% of recovery for fasted and fed state conditions for T1 and 4.5 and $7.0 \pm 1.4\%$ of recovery for fasted and fed states for the test formulation T2. The maximum observed bioaccessibility values were measured at the 120 - 150 minutes interval in fasted state and at the 240 - 270 minutes interval in the fed state.

Table 7 Jejunal, ileal and total (jejunal+ileal) bioaccessibility and ileal effluent (% of recovery, n = 1, n = 2 for the fed state T2) of ODM-204 dosed as a capsule formulation (test formulations T1 or T2) with 200 mg ODM-204 under fasted and fed state conditions in TIM-1 versus predicted fraction absorbed (%) from the PBPK model (GastroPlus).

	T1		T2	
	Fasted (n=1)	Fed (n=1)	Fasted (n=1)	Fed (n = 2)
Recovery (% of intake)	91.9	84.2	86.1	87.9 ± 0.4
Ileal effluent (% of recovery)	8.5	6.9	6.5	12.6 ± 0.3
Residues (% of recovery)	75.0	78.1	63.2	58.1 ± 4.1
Total (jejunal + ileal) bioaccessibility (% of recovery)	16.6	15.0	30.3	29.2 ± 3.9
GastroPlus FA%	66	72	78	88

Figure 2 Results obtained from the TIM-1 system.

4.3 PBPK simulation

The model parameters critical for absorption predictions (solubility, permeability, particle size distribution) were taken directly from the in vitro values. Sensitivity analyses showed that predictions are not sensitive to permeability unless the value approaches low permeability (Supplementary Figure 1). In contrast, fraction absorbed predictions are in the critical range with ODM-204 reference solubility values (Supplementary Figure 2). Therefore, the quality of in vitro solubility data was carefully reviewed, and different fittings and corrections are discussed in the supplemental material.

Average clinical PK parameters were predicted for the cohorts in the clinical study. Clinical results show that on day 1 the AUC₀₋₁₂ of ODM-204 increased up to the 300 mg dose (Peltola, et al., 2020) although strict dose-proportionality was not obtained. Average observed and predicted PK parameters of ODM-204 test formulation T1 are compared in Table 8. Plasma time-concentration profiles of ODM-204 test formulation T1 are shown in Figure 3. For most dose levels, the average obtained AUC's were within two-fold of those predicted. The standard deviations in observed profiles suggest that there is some variation in both the rate and the extent of ODM-204 absorption. Higher doses are associated with more pronounced under prediction of AUC and C_{max} (tendency for increased AUC/dose ratio). Since it is unlikely that the fraction absorbed is higher when dose increases there are probably some other saturable processes in ODM-204 disposition. Possible non-linearities in first-pass metabolism or systemic clearance are not captured in the current systemic PK model.

Table 8 Clinical PK in CRPC patients after dosing of ODM-204, 50,100, 200 (fasted + fed), 300 or 500 mg bid, day 1 single dose. GastroPlus point estimates are given for each dose level and prandial state.

Treat	Subject	C _{max}	T _{max}	AUC ₀₋₂₄	AUC _{INF}	HL
		ng/mL	h	h*ng/mL	h*ng/mL	h
50 mg	Mean (<i>n</i> = 3)	120	2.2	700	860	9.8
	SD	50	0.7	150	230	2.1
	G+ prediction	100	1.7	760	950	
100 mg	Mean (<i>n</i> =3)	750	2.7	2940	3730	13
	SD	360	1.4	1340	1680	3.2
	G+ prediction	200	1.7	1520	1890	
200 mg	Mean (<i>n</i> =3)	650	3	3710	5190	12.8
	SD	230	1	1950	3720	8.5
	G+ prediction	400	1.7	2990	3720	
200 mg FASTED	Mean (<i>n</i> =3)	760	2.2	4020	4790	12.2
	SD	580	0.3	2530	2740	3.8
	G+ prediction	860	0.4	3090	3800	
300 mg	Mean (<i>n</i> =7)	1880	2.9	11970	16580	11.5
	SD	1010	1.1	8560	14510	3.5
	G+ prediction	590	1.7	4430		
500 mg	Mean (<i>n</i> =3)	1830	3.4	10430	11860	8.1
	SD	590	0.7	2840	2770	2.1
	G+ prediction	940	1.8	7170	8990

Figure 3 Concentration-time profiles of ODM-204 in human plasma after administration of ODM-204 50, 100, 200, 300 or 500 mg bid, mean $\pm$ SD (solid lines=observed profiles, dashed lines= PBPK average predictions). Single dose (day 1) Administration: fed, 200 mg also fasted.

The effect of particle size reduction on ODM-204 absorption was simulated using particle size distribution data of test formulation T2 with finer API (Table 3). Population simulations suggest that the average fraction absorbed is at an adequate level with both formulations (Figure 4).

However, reduced particle size is expected to give a modest increase in the lower limit of absorption. In addition, the variability in exposure seen in clinical data would likely be reduced by smaller particle size.

Figure 4 Predicted fraction absorbed range (min - max) at different dose levels. Population simulations (25 subjects per dose level) were conducted using test formulation T1 (solid line) or test formulation T2 (dashed line). Fed intestinal physiology was used in simulations.

Parameter sensitivity analysis on stomach pH and precipitation time suggest that the fasted state is more sensitive to these conditions than the fed state (Supplementary Figure 3) The fasted state can be more vulnerable since neutral stomach pH may be seen in the target population (e.g. proton pump inhibitor usage) while highly acidic stomach contents in the fed state is not expected to be uncommon. Precipitation may affect the absorption in the fasted state, but very rapid precipitation is not expected based on the two-stage dissolution studies (Figures 1b and 1c).

420 4.4 Human clinical study

The results show that on day 1 the AUC_{0-12} of ODM-204 increased in a dose-dependent manner up to the 300 mg dose (Table 8) (Peltola, et al., 2020). At the 500 mg dose level, a slight decrease in AUC_{0-12} was observed. The effect of fed state versus fasted state was compared at a dose level of 200 mg. No differences were seen in the C_{max} nor the AUC_{0-12} values between
425 the fasted and fed state dosing. In fasted state the T_{max} was, however, a little lower. It is of note that the subject number was low in most of the cohorts, thus the data are exploratory only.

5. Discussion

This study combined and compared the data obtained from in vitro dissolution, TIM-1 and in
430 silico models, i.e. dose number, MAD and PBPK-model. The aim was to determine if these models could guide the decision making process for milling the API in the upcoming human studies. The ability of the methods was evaluated against the in vivo human PK data obtained after administration of test formulation T1, i.e. the capsule formulation manufactured from unmilled API. The dose range studied was 50 – 500 mg.

435 Clinical data of ODM-204 showed an increase in exposure up to 300 mg suggesting that the fraction absorbed is not severely limited. Moreover, based on the PK study no differences were seen in the C_{max} or the AUC_{0-12} data between fasted and fed state dosing at the 200 mg dose level. However, the small cohort size used in the clinical study precludes definitive conclusions.

The fraction absorbed at the anticipated dose levels is the key parameter for the first-in-man
440 predictions and to support formulation development. The simple models like dose-solubility ratio and the MAD, predicted solubility limited absorption for ODM-204 even at the lowest dose administered (Table 4). However, solubility of ODM-204 as a weak lipophilic base is

strongly affected by both pH and bile salt concentrations of the dissolving medium. ODM-204 has also high permeability (Table 6). Thus, it is improbable that a single point estimate such as solubility in one medium can capture the spectrum of intestinal conditions that would be encountered in patient populations in different fasting states.

5.1 Dissolution tests

The solubility profile of ODM-204 indicates that a food effect may occur in vivo. Differences between fasted and fed states at least in terms of the $t_{\max}$ was suggested by the dissolution results (Figure 1b). According to the clinical PK results that difference, however, seems exaggerated.

Based on the fasted state dissolution results, high solubility in the stomach is crucial, since dissolution in the simulated intestinal fluid alone is slow (Figure 1d). Further, precipitation is not likely to affect absorption as the high concentration achieved in stomach is maintained in the intestinal condition in vitro (FaSSIF) (Figure 1b). In the fed state, release in FeSSIF was incomplete within the test time of 90 minutes (Figure 1a). Yet, high solubility and high permeability in the intestine in vivo probably compensate for the slow dissolution in the fed stomach.

In our study, the results obtained from the two-stage dissolution tests (Figure 1b) and the test in FaSSIF suggest that food and particle size effects (Figure 1d) warrant further consideration, if a closed one-compartment in vitro dissolution system can capture multifactorial gastrointestinal phenomena in vivo. That is since the system is lacking functions such as permeation and gastric motility, for example. The dissolution results, however, suggest that we should use more advanced methods to estimate the particle size and food effects more carefully.

465 5.2 TIM-1 studies

The TIM-1 system provides more realistic intestinal conditions and for the removal of bioaccessible API by filtration over the static dissolution test. Similar cumulative values of bioaccessibility (as percentages of recovery) were obtained for ODM-204 in the fasted and fed states at a dose level of 200 mg but the release rates differed between feeding states (Table 7, 470 Figure 2). The difference appears logical based on the drug properties and the observations from the dissolution studies. It is also in line with the clinical results, which compared fasted and fed states. In the TIM-1 system, bioaccessible API reaches the filters in the fasting state conditions more rapidly than the fed paradigm. At the 30 - 60 minute time point API was already measurable in the filtrated samples, indicating that the formulation had disintegrated, and API 475 had been dissolved before that time period. Soon after the bioaccessibility reaches its maximum. From 90 - 210 minutes onwards, all concentrations were comparable, indicating that a constant amount of API was dissolving over time. For the fed state conditions, almost all the bioaccessible API was collected in the filtrate from 180 minutes onwards.

Based on the TIM-1 data, the remaining question is the absolute level of absorption i.e. whether 480 exposure could be increased several folds (fraction absorbed prediction ~20%) by for example alterations in formulation. The TIM-1 data showed that the test formulation T2 manufactured using the finer API resulted in a two-fold bioaccessibility at the dose level of 200 mg compared to the coarser form suggesting dissolution limited bioaccessibility. These results correspond with the in vitro dissolution data and suggest accelerated dissolution and enhanced absorption 485 of ODM-204 when API particle size is reduced

5.3 PBPK simulations

The final step in absorption predictions was to combine non-clinical findings into a PBPK model for mechanistic virtual testing of ODM-204 pharmacokinetics. The main advantage of PBPK modeling is the capability to describe bioavailability more realistically. PBPK modeling allows its sensitivity to change in different parameters to be tested easily. These/our predictions followed the observed exposures reasonably well, but the model predicted increasing exposure above a 300 mg dose. The TIM-1 prediction of fractional bioaccessibility was clearly lower than PBPK predictions, possibly owing to the lower permeability component of that system (Verwei et al., 2016). Reducing permeability in PBPK simulations resulted in a lower absorption fraction approaching the TIM-1 values (Supplementary Figure 1).

In our opinion, PBPK model development was straightforward using data of in vitro and non-clinical in vivo information for the purpose of estimating first-in-man formulation performance and exposure levels. The systemic PK model was fully linear so physiological variations or interactions after drug absorption cannot be captured with the current model. Sensitivity analyses suggested that the most crucial in vitro input parameter was solubility (Supplementary Figures 1 - 3). Despite the relative simplicity this model adequately captured the increase in exposure with dose escalation and also the minimal food effect (Table 8, Figure 3). The model suggested that on average, the fasted and fed states would result in a similar total exposure. However, the fasted state may be more susceptible to inter-individual variation since FA% predictions showed more variation in the predicted physiological gastric pH range in the fasted than in fed state (Supplementary Figure 3). Therefore, simulations support selection of the fed state for early clinical trials. Simulations were also used to estimate whether formulation modifications might provide improvements in plasma exposure. The most straightforward option is to reduce the particle size in order to increase the dissolution rate. Average simulations

suggest that FA% would not increase considerably (Table 8). However, introducing physiological variation into the GI tract using virtual population simulations suggests that capsules containing finer API particles could reduce the inter-individual variation in exposure (Figure 4). Considering the exposure, based on the PBPK model, TIM-1 and the clinical study data, it appears that the high solubility within the intestine in the fed state compensates for the limited solubility in a pH neutral stomach. Conversely, our results do not indicate that re-precipitation of dissolved API would affect the absorption of ODM-204.

5.4 Summary

The methods used gave concordant results and suggest dissolution, particularly particle size limits absorption of ODM-204 within the dose range studied. All the methods provided information that can be used together to support decision making in the later phase studies, including possibly a clinical study for the test formulation T2. It is noticeable when comparing the levels of TIM-1 bioaccessibility to the PBPK model FA% prediction and finally to the dose dependent human PK data, our data suggest that it is not possible to directly predict the fraction absorbed based on the bioaccessibility data from the TIM-1 system. GI behavior of the formulation and bioaccessibility of the compound in the GI lumen is a critical step in overall oral bioavailability. But it is important to realize that the TIM predicts API bioaccessibility (fraction of the drug potentially available for small intestinal absorption) and not bioavailability. That is because processes such as mucosal transit, first pass effect, distribution and excretion are not simulated in the TIM-1 system.

Our study results support the use of predictive tools such as in vitro dissolution, TIM-1 system and the PBPK simulation together to aid decision making in the project. Although the in vitro dissolution results provided indispensable information about drug formulation, for drugs that are weak bases like ODM-204, the interpretation of the pH dependent solubility, dissolution

535 properties and their effect on absorption is challenging (Bevernage et al., 2012; Bevernage et al., 2013). Thus, advanced methods that estimate the in vivo sink conditions and the effect of permeability, for example are needed. It is also noteworthy that the value of each measured parameter, like solubility, must be clearly understood and known because they may have a major impact on predictions and thus conclusions. Overall for effective and successful
540 development, it is advisable review the data and discuss the data in a cross-functional way between the pharmacists, analytical scientists, pharmacokineticists and modellers, bringing knowledge. In addition, when considering the development of compounds that are weak bases, more in vitro data is needed to enable utilization of the refined developability classification system, (rDCS). (Rosenberger et al., 2018). Small-scale experiments are needed to determine
545 supersaturation/precipitation events and to support the evaluation of absorption in vivo. In the case of ODM-204, additional tests may provide greater understanding of its sensitivity release profile to factors like gastric pH and residence time, which could influence oral absorption (Kambayashi and Dressman, 2019). This would be important during later formulation development

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6. Conclusions

The data obtained from the models discussed in the paper suggests that reduction of API particle size of ODM-204 (test formulation T2) modestly improves the fraction absorbed and lowers variation in drug plasma levels in vivo. Test formulation T2 has not been tested clinically. Our
555 study, however, shows that the predictive tools used in this case, in vitro dissolution, TIM-1 system and PBPK simulation together provided valuable information when deciding whether the change in formulation would be justified during the development phase.

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Supplementary Figure 1

Sensitivity analysis on the effect of primary permeability on predicted fraction absorbed of 200 mg ODM-204 in fed state. Result using parameter values in

665 Table 6 is shown as open square.

Supplementary Figure 2

Sensitivity analysis on the effect of reference solubility on predicted fraction absorbed of 200 mg ODM-204 in fed state. Result using parameter values in

Table 6 is shown as open square.

Supplementary Figure 3

Sensitivity analysis on the effect of stomach pH (1-7) and precipitation time (9-9000 s) on predicted fraction absorbed of 200 mg ODM-204 in both fasted (gray surface) and fed (transparent surface) state. Results using parameter values in

Table 6 for fasted (black circle) and fed (black square) state are included.