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Abstracts from the Food Allergy and Anaphylaxis Meeting 2016

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OP01
Fatal anaphylaxis is decreasing in France: analysis of national data, 1979–2011
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Clinical and Translational Allergy 2017, 7(Suppl 1):OP01

Introduction: Incidence of anaphylaxis is increasing. Data regarding anaphylaxis mortality are limited, but conflicting. Our objective was to document anaphylaxis mortality rate (deaths per million population), time trends and specificities according to triggers (iatrogenic, venom, food, unknown), age groups, sex and geographical regions (North and South) in France, between 1979 and 2011.

Methods: Data were obtained (1) from database of the National Mortality Center (CEPIDC) to collect cases in which anaphylaxis was included as a cause of death, sex, age, and geographic region of death, (2) from the database of the National Institute for Economical and Statistical studies (INSEE) to define the referent populations. We used a multivariable log-linear Poisson regression model to assess the impact of time period, age, sex and geographic region on anaphylaxis deaths.

Results: During the period study, 1603 deaths were collected: 1564 in adults and 39 in children (age <18 year). The overall prevalence of anaphylaxis fatalities was 0.84 per million population (95% IC 0.80–0.88), ranging from 0.08 per million (95% IC 0.05–0.10) in pediatric population to 1.12 per million (95% CI 1.06 to 1.17) in adult population. Annual percentage change for case fatality rate was −2.0% (95% CI −2.5 to −1.5; p < 10−4) indicating a decrease in case fatality rate during the study period. Anaphylaxis fatality rate was higher in men (1.08 per million [95% IC 1.00 1.16]) than women (0.86 per million [95% IC 0.80–0.92]) (p < 10−4). Triggers of anaphylaxis fatalities were iatrogenic (63%), mostly drugs, venom (14%) and food (0.6%). Unspecified anaphylaxis was frequent (23%). The highest rate was in persons aged >70 years (3.50 per million population per year [95% IC 3.25–3.76]) and the lowest in the pediatric population (p < 10−4). Only venom-induced mortality rate was higher in South of France (0.16 per million [95% IC 0.13–0.19]) compared with the North (0.11 per million [95% IC 0.09–0.13]) (p = 0.004). Only 8 food-induced fatalities were recorded (age <35 years in 7 cases).

Conclusion: Overall anaphylaxis mortality rate is decreasing over the three last decades in France. We confirm that iatrogenic causes are the most frequent causes. Older age and male sex are risk factors of fatal anaphylaxis of any cause except for food-induced anaphylaxis.
**OP03**

**Primary sensitisation versus co-sensitisation to hydrolysed wheat protein**

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*Clinical and Translational Allergy* 2017, 7(Suppl 1):OP03

**Introduction:** Wheat protein is responsible for various phenotypes of allergic diseases. More recently an increased number of immediate type 1 allergic reactions to hydrolyzed wheat proteins (HWP) have been reported. The aim of this study was to characterize the clinical profile and evaluate patients with a case-history of anaphylaxis related to ingestion of a product containing HWP. Furthermore, to describe patients with other types of wheat allergy co-sensitized for HWP.

**Methods:** From May 2010 to August 2015 we investigated 56 patients (31 female, 25 male, mean age 39.0 years [1.5–77.2]) sensitized to commercialized HWP, either by specific immunoglobulin E (sIgE) (ThermoFischer, Uppsala, Sweden) and/or skin prick test (SPT). Based upon case-history patients were divided into 3 groups: (1) allergic reaction to ingestion of a HWP containing product (n = 9) (2) ingestion of a wheat product; WIA (n = 19), (3) ingestion of a wheat product in combination with exercise; WDEIA (n = 28). All patients were orally challenged with the incriminated food.

**Results:** The total positive rate of sIgE to HWP was 47/56 (83.9%), SPT 35/42 (83.3%) and BHR 22/42 (52.3%). Fourteen patients were triple positive to commercialized HWP of whom 7/9 patients in the HWP group. In total 9 (16%) patients were identified with a case-history of anaphylaxis related to a HWP containing product. Seven of 9 had a case-history to the same hydrolyzed wheat product (AMO Lembart®). The average serum level of HWP-sIgE and the SPT were higher in patients with a case-history of HWP, respectively (median 5.3 KU/L ±6.8) (p < 0.05) and (median 6.0 mm ±4.1) (p < 0.05) compared to the WIA and WDEIA groups. A complete negative pattern was determined with specific wheat proteins normally associated with other phenotypes of wheat allergy, omega-5 gliadin (f416), gliadin (f98), High Molecular Weight (Tri a 26) and α-amylase trypsin inhibitor (Tri a 30). Basophil histamine release (BHR) for HWP was extremely positive in 8/9 HWP patients with activity retained to dilutions up to 10−3. The most striking finding was the ultrahigh sensitivity of BHR in diagnosing allergy to HWP. It is, however, interesting, that the HWP patient tolerates ingestion of unmodified wheat. Furthermore, to describe patients with other types of wheat allergy co-sensitized for HWP.

**Conclusion:** Reactivity to HWP seems to be confined to patients specifically sensitized to this heterogeneous group of products without concomitant allergy to normal wheat. Irrelevent co-sensitization is also seen in classical wheat allergy.

**OP04**

**Actual adrenaline treatment in a specialised clinical setting, compared to administration as recommended by a built-in algorithm in a severity scoring instrument in food allergy**

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*Clinical and Translational Allergy* 2017, 7(Suppl 1):OP04

**Introduction:** One of the most used severity scoring instruments, the Sampson 1–5, includes a built-in algorithm indicating symptoms which necessitate adrenaline administration. These include grade 5 anaphylactic symptoms, but also grade 3 and 4 such as laryngeal “puri-tus, tightness, or dysphagia” and lower respiratory symptoms such as wheezing, dyspnea or cyanosis”. Our aim was to compare the recommended adrenaline administration with the actual administration in our clinic in relation to the underlying eliciting symptom.

**Methods:** Data from 2382 positive food challenges (mean age 11.6 years [range 5–20]) performed between Aug. 2000 and Dec. 2015 at the Allergy Centre, Odense, Denmark were included, and severity of reactions was assessed using the Sampson 1–5 severity instrument. All patients were evaluated by experienced specialists during challenge. Actual medications administered during the challenges, i.e. adrenaline, β2-agonist, corticosteroid, or antihistamine were compared with recommended adrenaline treatment according to the algorithm in Sampson 1–5.

**Results:** Out of 346 challenges scored as grade 4 anaphylaxis, 296 were terminated due to respiratory symptoms requiring adrenaline according to Sampson 1–5, i.e. “barky cough, hoarseness, difficulty swallowing” (laryngeal, n = 79), “wheezing, dyspnea, cyanosis” (lower resp. n = 181) or both (n = 36). Nine of the 115 patients with laryngeal symptoms were treated with adrenaline, all due to inspiratory stridor. No patients with lower respiratory symptoms received adrenaline, but the majority were treated with β2 agonists (188/217), whereas in 30 challenges, symptoms disappeared without treatment or only antihistamine for concomitant urticaria were used. Patients solely with laryngeal symptoms received β2-agonists in 16 challenges, but the majority of them (54/79) received no treatment or only antihistamine. The 36 patients with both laryngeal and lower respiratory symptoms were treated in same manner as patients with only lower respiratory symptoms, i.e. β2 agonist for their bronchial wheeze or asthma. Grade 5 anaphylaxis was seen in 11 challenges, 1 caused by non-adrenaline recommended “loss of bowel control”. In the remaining 10 cases, 7 patients were treated with adrenaline, either due to “hypotension < 90 mm Hg” (n = 3) or “unconsciousness” (n = 4). Three children fainted, but regained consciousness without administration of adrenaline. Grade 5 anaphylaxis should almost always be treated with adrenaline, whereas adrenaline only was administrated to inspiratory stridor and not to bronchial inspiratory wheeze or asthma in grade 4 anaphylaxis. Respiratory signs were instead medicated according to symptoms, i.e. with β2-agonist to relieve bronchoconstriction. All patients were evaluated by experienced specialists, and therefore this practice should be addressed with care in less experienced settings.

**Conclusion:** Inspiratory stridor was the main cause of adrenaline treatment in grade 4 anaphylaxis, whereas the majority of lower respiratory symptoms were treated with inhalant β2 agonists, thereby overcom- ing the need for adrenaline. This needs to be considered in future treat- ment recommendations.
Introduction: Tree nut allergies are common in children, whereas most reported allergic reactions are caused by hazelnut and cashew nut [1,2]. Reactions to these nuts may vary from mild oral allergy symptoms to anaphylaxis. Not much is known about the frequency and severity of almond allergy in children. We therefore evaluated the results of oral food challenges with almond in a large group of Dutch atopic children.

Methods: All open and double-blind placebo-controlled food challenges (DBPCFC) with almond, performed between 2009 and 2015 in two Dutch outpatient clinics were evaluated retrospectively. Skin prick tests (SPT) with almond were performed in most children. Information about previous reactions, reasons for avoidance of almond and presence of atopic diseases (eczema, asthma, allergic rhinitis) were taken from the medical records.

Results: A total of 189 almond challenges were analyzed. Median age of the children was 7.5 years (range 2.0–17.8 years). Almond was removed from the diet for the following reasons: a previous reaction to almond (3.7%), previous reaction to another nut (30.7%), previous reaction to peanut (22.2%), other food allergies (23.8%), a positive test (sensitization) to almond (12.2%), eczema (3.7%), allergic parents (1.1%) and unknown (2.6%). A positive SPT almond was found in 148 children (78.3%). SPT was negative in 28 children (14.8%) and not performed in 13 children (6.9%). 97/101 DBPCFC’s were negative, 2/101 children had a mild reaction and 2/101 children had a doubtful reaction. 88 open challenges were negative, 1 child had a mild reaction and 1 child had a doubtful reaction. Reactions were treated with antihistamine. No correlation was found between the outcome of the challenge and SPT results. Sensitization to birch pollen was found in 109 children (57.7%). Sensitization to almond is frequently found in Dutch atopic children. This study shows that most of these sensitizations appear to be clinically irrelevant. Only 6/189 children (3.2%) had a mild reaction and no anaphylaxis was seen. Sensitization might be explained partly by cross-sensitization with birch pollen.

Conclusion: In a large cohort of Dutch atopic children, almond allergy is extremely rare and allergic reactions are only mild.

References

OP08 Oral tolerance induction using IFN-gamma in patients with anaphylactic food allergy (AFA), non-IgE-mediated food allergy (NFA) in atopic dermatitis (AD) and both AFA and NFA in AD

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Clinical and Translational Allergy 2017, 7(Suppl 1):OP08

Introduction: Food allergy is assessed generally by IgE-mediated laboratory tests. For NFA, gastrointestinal allergy is mainly considered. However, NFA which appears as eczema in atopic dermatitis is also frequent. In this report, typical three groups for food allergy was presented, patients with anaphylactic food allergy (AFA) as a representative IgE-mediated food allergy, patients with NFA which are presented as eczema in AD and patients who had both AFA and NFA in AD. Oral immunotherapy (OIT) using IFN-gamma was conducted success- fully in these three groups. The different diagnostic and therapeutic approaches according to the type of food allergy and the clinical and immunological significance are presented.

Case report: Two patients had AFA. Specific IgE for causative foods like milk or eggs are very high and skin prick test for causative foods is also strongly positive. AFA was confirmed by oral food challenges. Patients received OIT using IFN-gamma according to the protocol and finally
they got the tolerance for causative foods completely. Five patients had food allergy which symptoms is appearing as eczema as AD. Specific IgE and skin prick test for causative foods were negative. Oral food challenges were performed and the appearance of the symptoms and signs of AD is confirmed and the diagnosis was made as NFA as causes of AD. Patients received OIT using IFN-gamma according to the relevant protocol, successfully. Two patients had NFA in AD and AFA. The some foods caused AD by showing eczematous reaction and the other different food provoked anaphylactic reactions, together. The specific IgE and skin prick test for the causative foods is very high for the food allergens of AFA and those for the foods were negative for NFA in AD. OFC was done for the causative foods of AFA and NFA. Patients received OIT using IFN-gamma by the compatible protocol according to the types of food allergy successfully.

**Conclusion:** Food allergy may be assessed by differentiation as food allergies of IgE- and non-IgE-mediated type. The diagnostic and therapeutic approaches are different according to the types of food allergy. This immunopathogenesis and clinical approach should be done according to the differential diagnosis.

**Consent to publish:** Written consent provided for publication of this abstract.

### OP09

**Predicting fish allergy outcome and assessing tolerance at home in a children’s population**

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**Introduction:** Fish allergy is relevant in our pediatric population on a Mediterranean diet. Specific IgE (sIgE) tests aid in diagnosis, but oral food challenge is the gold standard. We sought to: (1) analyze the efficiency of sIgE to Gad c 1 and fish whole extracts to avoid challenge and (2) to evaluate maintenance of tolerance of challenged patients at home.

**Methods:** Children sensitized to fish and/or Gad c 1 reporting or not at home was investigated. ThermoFisher) and challenge test outcomes were analyzed. Tolerance of sIgE to Gad c 1 and fish whole extracts to avoid challenge was significantly higher in OFC (+) 72 fresh tuna (FT), 48 hake and 30 sole. Challenge was positive reporting symptoms, 26% were anaphylaxis, 43.4% urticaria, 4.8% atopic years-old) were analyzed. 9.6% were only sensitized. Among those at home was investigated.

**Conclusion:** Food allergy may be assessed by differentiation as food allergies of IgE- and non-IgE-mediated type. The diagnostic and therapeutic approaches are different according to the types of food allergy. This immunopathogenesis and clinical approach should be done according to the differential diagnosis.

**Consent to publish:** Written consent provided for publication of this abstract.

### OP10

**Development and validation of an app to monitor reactions during Oral ImmunoTherapy (OIT)**

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**Clinical and Translational Allergy 2017, 7(Suppl 1):OP10**

**Introduction:** Until recently, food allergy management involved complete allergen avoidance, however, data now implies that this may not be required - for example, with regard to extensively heated egg or cow’s milk e.g. in cakes/biscuits. In many countries, oral immunotherapy (OIT) is used as a treatment modality for food allergy, particularly to cow’s milk and increasingly, peanut. However, adverse events are common (occurring in up to 80% of patients). There is a need to develop systems to facilitate safe OIT and allow real-time communication between patients and their treating allergist. Almost 90% of patients/parents now own a smartphone, which can be used to facilitate communication between patients and the clinical team.

**Methods:** We adapted a digital App called “Tell the Doctor” to allow real-time reporting of symptoms (adverse events, AEs) occurring outside the hospital environment. The App is being tested in an OIT trial in 46 peanut-allergic children. Focus groups were held to collect feedback from study participants, their parents, and members of the study team.

**Results:** The app was welcomed by both study participants and their families. Feedback was obtained relating to the following areas:

- AE reporting was modified to allow rapid and instant alerts to the study team of any significant reactions occurring at home.
- Neurological/behavioural changes were separated from cardiovascular symptoms, as there was no evidence that the former are related to the latter.
- Study participants were asked to confirm OIT doses taken on a daily basis, thus confirming adherence to study protocol. Patients could also opt-in to a reminder service to prompt them to take both their OIT dose and any asthma preventer medicines by a time of their choosing.

**Conclusion:** The app facilitates real-time reporting of AEs during OIT studies and was preferred by participants and study team compared to delayed manual paper reporting. We expect electronic reporting to improve the data integrity of OIT-related AEs, and simplify AE reporting, thus improving safety. The advantages of using contemporary/popular communication modalities such as smartphone apps should be considered in the performance of OIT, whether in research or in clinical practice.

**Acknowledgements:** “Tell the Doctor” App funded by the Nominet Trust.

**Trial registration:** ClinicalTrials.gov Identifier: NCT02149719

**Consent to publish:** Informed consent was obtained, NHS HRA approval 15/LO/0287.

### OP11

**Introducing FABER test for allergy diagnosis: food molecule- and extract-based allergenic preparations in the newest and broadest nanotechnology IgE test**

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**Clinical and Translational Allergy 2017, 7(Suppl 1):OP11**

**Introduction:** Food allergy may be assessed by differentiation as food allergies of IgE- and non-IgE-mediated type. The diagnostic and therapeutic approaches are different according to the types of food allergy successfully.

**Conclusion:** The app facilitates real-time reporting of AEs during OIT studies and was preferred by participants and study team compared to delayed manual paper reporting. We expect electronic reporting to improve the data integrity of OIT-related AEs, and simplify AE reporting, thus improving safety. The advantages of using contemporary/popular communication modalities such as smartphone apps should be considered in the performance of OIT, whether in research or in clinical practice.

**Acknowledgements:** “Tell the Doctor” App funded by the Nominet Trust.

**Trial registration:** ClinicalTrials.gov Identifier: NCT02149719

**Consent to publish:** Informed consent was obtained, NHS HRA approval 15/LO/0287.
**Introduction:** Multiplex tests allow to detect specific IgE to several different preparations at once. They allow patient’s profiling tailoring decisions for interventions. The last ten years have seen the availability of new technologies and when combined can lead to increase diagnostic information from allergy tests. Our aim was to report about the FABER nanotechnology-based test in food allergy diagnosis.

**Methods:** FABER 244 IgE test is a new multiplexed in vitro test for specific IgE measurement having 122 molecular allergens and 122 allergenic extracts. Allergenic molecules and extracts, produced in house or obtained from top quality providers in the field, are coupled to chemically activated nanoparticles. Coupling is individually optimized to achieve maximum test performance providing high diagnostic accuracy for each spotted allergenic item. Once coupled they are arrayed to a solid phase matrix to form a one-step comprehensive array based testing solution, using 100 ul of patient serum or plasma.

**Results:** Extracts from 91 food-borne allergenic sources (fruits, vegetables, eggs, milks, meats, fishes, crustacean, mollusks, snails, mushrooms, anisakis) are arrayed together with 66 allergenic proteins obtained from the same sources. CCD-bearing proteins are included as markers to support test result interpretation, as well as allergenic molecular groups which cross-sectionally belong to food and inhalant sources. Extracts on FABER244 expand the panel overcoming missing of any not yet identified or available allergenic molecule, increasing diagnostic accuracy and comprehensiveness. Test interpretation is supported by CAAM Digital Reporting System (CARS), a unique online tool available worldwide, allowing visualization on mobile devices of FABER test results. CARS has been developed for patients to familiarize with the new extended molecule-based results. To be patient-friendly it uses local languages taking advantage of the Allergome platform as the multi-language source. Data on CARS are shown with tables, graphs, images; comments are generated real time by experts using the Allergome and its external modules, InterAll and ReTIME.

**Conclusion:** FABER 244 is the most advanced in vitro test for specific IgE detection, including molecules and extracts. It makes available to the molecular allergist an unprecedented quantity of data. The inclusion of allergenic extracts is strategic to confirm or complement results obtained with the single allergenic molecules.

**ORAL ABSTRACT SESSION 3: Experimental aspects • Food allergens**

**OP13 New developments in the allergenicity assessment of food derived from biotechnology**

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*Clinical and Translational Allergy* 2017, 7(Suppl 1):OP13

**Introduction:** The European Food Safety Authority (EFSA) and other international bodies (Codex) define approaches for allergenicity assessment of food and feed derived from biotechnology. As an outcome of the allergenicity codex, risk assessors estimate whether the novel protein is likely to be allergenic and whether the food derived from biotechnology is likely to be more allergenic that than derived from its appropriate comparator(s). Because it is challenging to predict the allergenicity of novel proteins, a weight-of-evidence approach is used to provide the assessor with a cumulative body of evidence to (a) reduce the uncertainty linked to the allergenicity assessment and, (b) enhance the reliability of predictions regarding the allergenic potential of novel protein(s).

**Methods:** Currently, EFSA is developing supplementary guidance to better define and clarify specific aspects of the allergenicity assessment requirements. In particular, (i) non-IgE-mediated immune adverse reactions to foods; (ii) in vitro protein digestibility; and (iii) endogenous allergenicity, are addressed.

**Results:** Firstly, celiac disease is a well characterised non-IgE-mediated adverse immune reaction to food, and the food proteins involved, as well as the underlying molecular mechanisms, have been described in detail. Secondly, the outcome of in vitro protein digestibility studies is considered relevant information in the weight-of-evidence approach. To date, the “pepsin resistance test” is commonly accepted for the safety assessment considerations by risk assessors. However, EFSA has previously highlighted its limitations for the allergenicity assessment as well as for its capacity to reflect in vivo digestion conditions. Thirdly, high performance methodologies for protein identification and quantification are available for endogenous allergenicity.

**Conclusion:** Firstly, based on the current knowledge EFSA is working on defining a strategy to be followed for the assessment of novel proteins’ potential cause celiac disease. Secondly, EFSA is proactively developing a complementary strategy in order to reduce the resulting uncertainty in the allergenicity assessment. This strategy will be based on state-of-the-art in science, aiming at proposing an enhanced and refined gastrointestinal digestion test where different physiological conditions will be taken into consideration and more informative read-out procedures will be recommended. Thirdly, high performance methodologies for protein identification and quantification will be proposed as complementary/alternative methods to those based on human sera for the assessment of endogenous allergenicity within the comparative assessment analysis.

**OP14 Why mice orally sensitised to OVA using antiadducts react anaphylactically or not: possible explanation by colonisation with distinct bacterial strains**

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*Clinical and Translational Allergy* 2017, 7(Suppl 1):OP14

**Introduction:** In an oral mouse food allergy model, concomitant gastric acid suppression is associated with formation of antigen-specific IgE antibodies and anaphylaxis. Notably, we repeatedly observed non-responder animals protected from food allergy. Therefore, in this study we aimed to analyse the reasons for this protection.

**Methods and Results:** Out of 64 BALB/c animals being subjected to the oral ovalbumin (OVA) immunization protocol under gastric acid suppression, 10 animals (16%) did not show any elevation of OVA-specific IgE or IgG1 titers indicating protection from allergic sensitization.
In these animals, allergen challenges confirmed reduced antigen uptake and lack of anaphylactic symptoms, while in the non-protected allergic mouse group high levels of mouse mast cell protease-1 (mMCP-1) and a drop of core body temperature were elicited, indicative of anaphylaxis. Further, significantly lower numbers of CD4+ T cells and regulatory T cells were detected in the non-responders, as well as significantly lower levels of IL-4, IL-5, IL-10 and IL-13 in supernatants from stimulated splenocytes, but comparable levels of IL-22. This was accompanied by significantly increased numbers of total lymphocytes and reduced numbers of monocytes, erythrocytes and hematocrit in the peripheral blood of the non-responders. Comparison of microbiota finally revealed differences regarding the composition of bacterial communities on single bacterial Operational Taxonomic Unit (OTU) level between protected and allergic mice.

**Conclusion:** These data clearly indicate that protection from food allergy development was associated with significantly reduced Th2 cytokine levels and IL-10, and increased numbers of blood cells in the periphery after anaphylaxis. Most importantly, analysis of single bacterial OTUs indicated that a distinct microbiota composition was associated with a non-responding phenotype in this mouse model. The data propose that also microbiota might decide on the extent of a food-anaphylactic response.

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**OP17**

**Allergy to fenugreek – A new food allergy in peanut allergic children in Sweden**

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**Clinical and Translational Allergy** 2017, 7(Suppl 1):OP17

**Introduction:** To study an increasing number of peanut allergic children with allergic reactions after having eaten food with curry or other mixed spices. All were sensitized to fenugreek (Trigonella foenum graecum).

**Methods:** We have collected and reviewed data from 13 patients during the last 5 years from our outpatient allergy departments. Eleven had reacted to food with curry and 2 to food with fajitas spice mixture. All were sensitized to and regarded as allergic to fenugreek, an ingredient in both curry and the spice mixtures. Five reacted with an anaphylactic reaction. Six reported allergy symptoms such as urticaria, itching in the mouth, abdominal pain, vomiting and asthma.

**Results:** Mean age for the first reaction, when known, was 9 years. Seven boys and four girls. All 13 children were sIgE-positive to both fenugreek and to peanut as well as one or more of the recombinant peanut allergens Ara h 1, 2 or 3. Seven tested for Ara h 1 were all positive, in six of seven the dominant allergen was Ara h 1. The sIgE-results will be presented in detail. Our patients have not yet had a food provocation test. Fenugreek belongs to the Fabaceae plant family (legumes). The dried seeds are used whole or ground to a yellow powder after roasting, most commonly as a spice in curry and other mixed spices but also as an ingredient in a variety of food. In the literature fenugreek allergy was first described 1993, a case with occupational asthma. We have found only two reports about fenugreek food allergy. In Norway it is recommended to warn peanut allergic patients against food containing fenugreek and lupin. In Sweden there is no such warning even from our pediatric allergy society nor from The Swedish National Food Agency, but fenugreek as well as other peanut cross-reactive allergens are mentioned as a potential risk for allergic reactions. We plan to review the history of reactions to curry or spices and add sIgE tests in follow up of our peanut allergic patients. The results may change our opinion about which advice to give to peanut allergic patients about fenugreek and mixed spices, eg curry.

**Conclusion:** For patients with fenugreek allergy and for cautious peanut allergic patients it is a problem that fenugreek is not on the list of ingredients that should be declared according to the food labelling directive from the European Union and The Swedish National Food Agency.

**OP18**

**Pru p 7 is a major peach allergen in patients from Southern France**

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**Clinical and Translational Allergy** 2017, 7(Suppl 1):OP18

**Introduction:** To assess frequency and magnitude of IgE sensitization to Pru p 7 in patients complaining of peach allergy.

**Methods:** Sera from 117 outliers (median age 20 years, range 4–74; 44% males) having undergone sIgE work-up for peach extract and commercial component-resolved diagnostics (ImmunoCAP 250, Thermo Fisher Scientific, Uppsala, Sweden) between February 2012 and June 2016 were assayed for sIgE to recombinant Pru p 7. The positivity threshold was set at 0.10 kUA/L.

**Results:** Of the 117 patient sera analysed, 111 (95%) tested positive to peach extract, 73 of which (66%) displayed sIgE reactivity to rPru p 7. In 45/68 (66%) cases, sIgE reactivity to Pru p 7 was isolated (no detection of sIgE to rPru p 1, rPru p 3, or rPru p 4). Among the 6 peach negative sera, one was found positive to rPru p 7 (0.81 kUA/L).

**Conclusion:** Pru p 7 is a major allergen in peach-sensitized patients from Southern France, including those with low sIgE to peach extract and seemingly independent of sIgE reactivity to peach components currently available for diagnostic testing. Significant association with Cypress pollinosis and severe peach-induced allergy have been observed in rPru p 7 sensitized patients.

**POSTER DISCUSSION SESSION 1: Food allergens • Anaphylaxis**

**PD01**

**Comparison of the lipid-binding capacity and immunoreactivity of Pru p 3 and Mal d 3**

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**Clinical and Translational Allergy** 2017, 7(Suppl 1):PD01

**Introduction:** nsLTPs are pathogenesis-related proteins (PR-14) with antimicrobial activity, and represent important plant food allergens, especially in fruits. Even if nsLTPs from different Rosaceae fruits are highly homologous and cross-reactive, they possess different
allergic potentials, the strongest for Pru p 3 (peach), probably a primary sensitizer. This study aims at investigating the differences between Pru p 3 and Mal d 3 (apple), in relation to lipid-binding capacity and immunoreactivity, and to evaluate how LTP-ligand interaction may affect IgE reactivity.

Methods: Proteins were produced in Pichia pastoris, their expression was monitored in the culture supernatants by SDS-PAGE and immunoblotting with anti-nLTP antiserum. rLTs were purified by IEC chromatography and analysed by MALDI-TOF MS. To assess the LTP-ligand binding, ANS displacement assay was performed with 7 different fatty acids (from C12 to C18), either saturated or unsaturated, at different concentrations (10–100 μM). The IgE reactivity of recombinant allergens, alone or in complex with selected ligands, was analysed by ELISA assay using allergic patients’ sera.

Results: Both rLTs migrate in SDS-PAGE between 10 and 15 kDa. MS analysis confirmed the identity of the purified proteins, providing 9.138 kDa (rPru p 3) and 9.553 kDa (rMal d 3) and were recognized by anti-nLTP antiserum. ANS assay showed a higher fluorescence in Pru p 3 (+15%) compared to Mal d 3 and some differences in protein/ligands binding. However, both proteins had higher affinity for unsaturated fatty acids (e.g. ~50% fluorescence reduction with 10 μM oleic acid). ELISA test also evidenced higher IgE reactivity for rPru p 3 with respect to rMal d 3, as well as differences between the rLTs alone and in complex with ligands. Our results suggest that Pru p 3 and Mal d 3 have different IgE reactivity and affinity for the fatty acids tested, but both preferentially bind unsaturated fatty acids. This interaction has an effect on IgE binding, but at different extent for Pru p 3 and Mal d 3. This may be due to specific differences in their lipid-binding region.

Conclusion: Our preliminary data support the hypothesis of a role of specific food matrix components (e.g. fatty acids), in modulating specific IgE responses to different food allergens with antimicrobial activity.

Acknowledgements: Supported by Marie-Curie project CARAMEL 626572, and FWF grants SFB-F4603 and W1248 to KHS, SP and PD, respectively.

PD02

Apple, strawberry, hazelnut and tomato tolerance after one year of sublingual immunotherapy with LTP (Pru p 3) in patients with LTP-Syndrome

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Clinical and Translational Allergy 2017, 7(Suppl 1):PD02

Introduction: One of the most frequent fruit and vegetable allergies in the Mediterranean area is non-specific-lipid transfer protein (nSLTP) syndrome where patients suffer allergies not only to peach but other plants-food related to nSLTPs. Specific immunotherapy (sIT) brings a new perspective to treat these patients however little is known whether sIT to one allergen can affect allergy to other plant-derived food. The aim was to evaluate the effect of sublingual immunotherapy (SLIT) with Pru p 3 (Pru p 3-SLIT) to other plants-derived food in allergic patients to vegetable.

Methods: In a group of 36 patients with allergy to peach, 30 (83.3%) had allergies to other plants-food related. Plant-food allergies were evaluated by compatible clinical history, prick-prick to fresh fruit and ImmunoCAP®. After one year of treatment with (enriched-Pru p 3-SLIT) we evaluated reactivity to apple, hazelnut, strawberry and tomato by double blind placebo control food challenge (DBPFC). The total group of patients, 12 (33.3%) were allergic to apple, 4 (33.4%) had anaphylaxis, 5 (41.6%) urticaria and/or angioedema and three (25%) OAS. Four (11.1%) were allergic to hazelnut, from these 3 (75%) presented anaphylaxis and 1 (25%) urticaria and/or angioedema. Four (11.1%) to strawberry, all the patients presented OAS. Three (8.3%) were allergic to tomato, presenting anaphylaxis one patient (33.3%) and urticaria and/or angioedema 2 (66.7%). Prick-prick with the culprit food was positive in all of the patients (100%), sIgE with apple, strawberry and tomato was positive in all the cases (100%), hazelnut was positive in three (75%). After one year of SLIT all the patients tolerated tomato with peel and 100 gr of strawberries. Regarding reactivity to apple, 7 (58.3%) tolerated the whole apple with peel. Finally 2 patients (50%) tolerated 15 units of hazelnut. These results showed that a percentage of patients with clinical symptoms to other plants-food related to nSLTP that can tolerate this food after receiving enriched-Pru p 3-SLIT during one year. Enriched-Pru P 3-SLIT could be a good tool to improve the clinical symptoms in patients with LTP-Syndrome.

Conclusion: These data show clinical changes after the first year of treatment with enriched-Pru p 3-SLIT, not only to peach but also to other food allergens as apple, hazelnut, strawberry and tomato.
**PD04**

**Peptidomics of α-Gal carrying protein – Stability and allergenic properties**

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**Clinical and Translational Allergy 2017, 7(Suppl 1):PD04**

**Introduction:** The mammalian carbohydrate galactose-α1,3-galactose (α-Gal) has shown to cause novel form of food allergy, red meat allergy, where patients have severe allergic reactions several hours after red meat consumption. The number of diagnosed cases has increased significantly over the past few years and the α-Gal epitope is now an established clinically relevant glycan that should be taken into account in the diagnosis of food allergy. We previously showed that red meat allergic patients have a selective IgE response to the pure α-gal epitope that is unrelated to the carrier protein. The aim of this study was to explore the impact of digestion of α-Gal containing glycoproteins using a model system exposing the α-Gal containing protein bovine thyroglobulin to in vitro gastric digestion.

**Methods:** Bovine thyroglobulin was digested with pepsin. Digestion products were analyzed for stability and allergenic properties by SDS PAGE, immunoblot and ImmunoCAP using sera from ten red meat allergic patients, as well as with a peptidomics approach.

**Results:** During pepsinolysis of bovine thyroglobulin, a wide range of peptide bands could be observed during the first 10 min. Thereafter 14–17 kDa peptides remained stable during the whole gastric phase. The presence of the α-Gal epitope on the obtained peptides was demonstrated using an anti-α-Gal antibody as well as by IgE reactivity in sera from red meat allergic patients. The α-Gal peptides were able to inhibit at least 40% of the IgE-binding to bovine thyroglobulin (ImmunoCAP). The peptidomics approach showed that these peptides represent mostly internal and C-terminal parts of the protein, where a specific region from Arg961 until Lys993 contains complex type of glycans with the most potent IgE-binding α-Galactosyl residues. α-Gal containing food can elicit delayed severe allergic symptoms in red meat allergic patients. Here we show that peptides obtained after pepsinolysis of the model allergen, bovine thyroglobulin, contain α-Gal and remain stable during the whole gastric phase. Furthermore, these peptides contain specific α-Galactosyl recognition patterns and bind IgE from red meat-allergic patients.

**Conclusion:** The absence of α-Gal could depend on the type of α-Galactosyl residues on peptides obtained after gastric digestion, where complex type of glycans seems to have the most intense IgE-binding.

**PD05**

**Allergen-specific IgE and basophil responses to Ara h 2 and Ara h 6 are good predictors of peanut allergy in children**

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**Clinical and Translational Allergy 2017, 7(Suppl 1):PD05**

**Introduction:** Double blind placebo-controlled food challenge (DBP-CFC) is the gold standard to diagnose peanut allergy. In children sensitized to peanut, the detection of allergen-specific IgE (sIgE) and/or basophil sensitivity to Ara h 2 and Ara h 6 could be an alternative way to predict clinical peanut allergy and thereby avoid burdensome and expensive challenges in part of the patients. We aimed to prospectively evaluate the most accurate diagnostic approach in children with suspected peanut allergy undergoing sensitization tests and the Basophil Activation Test (BAT) to peanut components, with focus on Ara h 2 and Ara h 6.

**Methods:** In this cross sectional prospective diagnostic study (January 2012–May 2015), a total of 83 children (mean age 8.4 years) with suspected peanut allergy underwent diagnostic evaluation for peanut allergy including DBPCFC. The diagnostic value of sensitization tests and the BAT in predicting (severe) peanut allergy was evaluated.

**Results:** Peanut allergy was confirmed in 48 (58%) children, including 15 (18%) with severe allergy. Ara h 2 and h 6 showed high discriminatory capacity in sIgE and BAT. Ara h 6 had significant higher diagnostic value than Ara h 2 in the BAT. With sIgE to Ara h 2 we could classify 62% of children correctly as tolerant or allergic, when subsequently adding the BAT using Ara h 2 and Ara h 6 we could increase this to 80%.

**Conclusion:** This study shows that Ara h 2 and h 6 are both strong predictors of peanut allergy. A stepwise approach including sIgE to Ara h 2 and subsequently the BAT to Ara h 2 and Ara h 6 is able to predict peanut allergic status in the majority of children.

**PD06**

**How does thermal processing modulate the allergen profile and IgE reactivity of peanut?**

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**Clinical and Translational Allergy 2017, 7(Suppl 1):PD06**

**Introduction:** Peanuts are rarely consumed in their native form and are most commonly, fried or roasted, conditions which favour the formation of Maillard reaction products (MRPs). Quantitative proteomic profiling of these modified proteins will enable MRP formation to be monitored during processing and markers identified. Thermal processing is also thought to modulate the allergenic activity of peanuts by causing protein aggregation and decreasing solubility. The IgE reactivity of thermally processed peanut proteins will be assessed using a panel of peanut-allergic patient serum.

**Methods:** Raw and processed peanuts were extracted under harsh denaturing conditions and subjected to proteomic profiling using data-dependent acquisition (DDA) on an Orbitrap Elite mass spectrometer. Data was processed using Progenesis-QI and peptides identified using a curated peanut database and a predetermined set of variable Maillard modifications in Peaks. Serum samples from peanut allergic patients were obtained from the Manchester Respiratory, Allergy and Thoracic Surgery (ManARTS) Biobank and IgE reactivity assessed by immunoblotting, inhibition ELISA and histamine release.

**Results:** Mass spectrometric analysis revealed processing-induced modification of peanut allergens through the formation of Maillard reaction products and reduced solubility through aggregation. Extensive boiling (>2 h) had complex effects on allergen structure, and caused hydrolysis of allergens, and loss of Ara h 2 into the cooking water. Patients could be classified into those who were sensitised to several allergens and reacted towards aggregates, and those sensitised only to Ara h 2. Many of the latter patients were not reactive to boiled peanuts.

**Conclusion:** This work has identified a number of peptide markers in peanut which are characteristic of different types of thermal processing. It also highlighted the ability of extensively processed protein to retain IgE reactivity in certain sensitised individuals whilst boiled peanuts maybe less reactive in certain patients. Boiled peanuts may provide an alternative for oral immunotherapy with reduced side-effects, especially in patients only reactive to Ara h 2.
Introduction: Food is one of the most common elicitors of anaphylaxis. Even small amounts of a food allergen can cause severe allergic reactions. Based on data from the NORA network, we aimed to analyze the source and amount of food ingested causing the anaphylactic episode.

Methods: The European data from the Network for Online Registration of Anaphylaxis (NORA) was analyzed, restricted to cases of food-induced anaphylaxis.

Results: 2204 cases of food-induced anaphylaxis were registered between June 2011 and April 2016. The detailed questions for food induced anaphylaxis were answered in 1460 cases. Of these, 843 cases occurred to non-packed foods, and 617 cases to pre-packed foods. For 744 the source of food elicitor was unknown. The origin of non-packed products was known in 72%, mostly from supermarkets (n = 116), buffets (n = 108) and catered foods (n = 105). The origin was known in 78% for pre-packed foods namely cereal bar, peanut puffs or hazelnut spread. The responsible food allergen was listed in the list of ingredients in 89%. The amount of food causing the reaction was documented in 60% of all cases, more often when children were affected. In children, one tea spoon was the most frequently estimated amount, and a plate in adults.

Conclusion: Both, non- and pre-packed foods were frequent sources of allergens causing anaphylaxis. Despite, the allergen was explicitly stated in the list of ingredients in the majority of pre-packed foods, anaphylaxis occurred. Therefore, labelling alone is not sufficient to protect from severe reactions. Patients with food-induced anaphylaxis need detailed counselling about food allergen sources. Additionally, the differences in the amount of food allergen might not be age but rather depending on the major food allergen in this age group (children - peanut and adults - wheat).

Acknowledgements: Network for Online Registration of Anaphylaxis (NORA) participating centers can be found under www.anaphylaxie.net.

PD08
New digestibility model(s) for investigating allergenicity of proteins
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Clinical and Translational Allergy 2017, 7(Suppl 1):PD08

Introduction: Gastric digestion assays have been part of the weight-of-evidence approach for evaluating the allergenic potential of proteins expressed in GM crops since protein stability in such assays was suggested to correlate with the allergenic status of proteins. EFSA has provided guidance that more physiologically relevant digestion assays should be evaluated for their potential to support the allergenicity risk assessment.

Methods: Nine proteins (shrimp and porcine tropomyosin, peanut and green pea albumin, peach and strawberry LTP, fish and bovine collagen, and carp parvalbumin) were subjected to 9 different gastric digestion models expressed in GM crops since protein stability in such assays was suggested to correlate with the allergenic status of proteins. EFSA has provided guidance that more physiologically relevant digestion assays should be evaluated for their potential to support the allergenicity risk assessment.

Results: The idea behind the four protein pairs was to pairwise compare an established strong allergen and a related non-allergen or weak allergen. Originally, we set out to do the same for fish parvalbumins, but purification of the hypothesized weak allergenic version from swordfish/tuna turned out to be extremely difficult due to the low content in the fish muscle (which is probably the more likely explanation of the low allergenicity of these fish). For three of the four pairs (tropomyosins, albumins and LTPs), the allergenic protein presented as the more stable during gastric digestion. The optimal conditions for this were pH1.2 and/or pH2.5 in combination with higher physiological PPRs (10 and/or 1). Gastric digestion at pH 4.0 was clearly a less discriminatory condition. Surprisingly, in case of the collagens, the allergenic one from fish was more labile than its bovine counterpart.

Conclusions: Gastric digestion at low (i.e. optimal) pH still remains the more appropriate but not perfect tool to use in building weight of evidence for the risk assessment of novel transgenes for GM crops. More physiological conditions, like higher gastric pH and/or inclusion of duodenal digestion may in fact be misleading with established strong allergens such as Ara h 2, Pru p 3 and Cyp c 1 being readily and completely digested.

PD09
Increased parental anxiety and voluntary allergic food avoidance (VFAA) in the siblings of the index case (IC) with single or multiple food allergies: exploring the parental response to the interventions for addressing their anxiety and successful introduction of new food
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Clinical and Translational Allergy 2017, 7(Suppl 1):PD09

Introduction: It is known that parental anxiety & VFAA in siblings of an IC may affect the nutrition and quality of life (QOL). There is no evidence to support investigation and challenge for food allergy in the unaffected siblings. This study explores VFAA, parental anxiety and parental response to possible measures for facilitating new food introduction to the unaffected siblings of an IC.

Methods: The data was obtained from 40 families with proven food allergy in the IC attending a hospital in the UK. The parents were practicing VFAA in the unaffected siblings. The families with siblings suffering from eczema and asthma were excluded from the study. The families were offered 3 options:

1. Continue VFAA
2. Introduce suspected food in the hospital restaurant conveniently located near A&E and wait for 2 h
3. Give the suspected food at home during the day time

Results: The parental anxiety score (AS) was measured in Likert Scale (0 to 10). Parents of IC with multiple food allergies and strong family history have higher AS to introduce suspected foods in the siblings. Peanut, tree nut, milk and fish allergy caused maximum AS. 16 parents with AS >5 requested for allergy test before making the decision. All 16 parents choose to continue VFAA. Additionally, 5 parents in this group preferred VFAA to ensure allergen free household for safety of the IC & 4 witnessed anaphylaxis in the past (Table 1).

Conclusion: This study highlights the effect of parental anxiety on VFAA. The novel innovative approach of introducing food within the hospital premises restaurant was perceived by parents as less risky and more reassuring. This option positively influenced parental decision to introduce new food to the siblings in future.

Table 1 See text for description

<table>
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<th>Options</th>
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<th>Anxiety score 5 to 10</th>
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<tr>
<td>1. Continue VFAA</td>
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<td>16</td>
<td>0</td>
</tr>
<tr>
<td>2. Introduce food in Hospital Restaurant</td>
<td>20</td>
<td>11</td>
<td>9</td>
</tr>
<tr>
<td>3. Introduce food at home</td>
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</tbody>
</table>
challenge and avoided unnecessary medicalisation of the problem in the unaffected siblings.

**PD10**

Aggregation of ovalbumin and allergenicity

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Clinical and Translational Allergy 2017, 7(Suppl 1):PD10

Introduction: Allergen structure is often modified when heating foods. Aggregation is an irreversible modification of proteins with the formation of intermolecular bonds between unfolded proteins. Depending on the balance of attractive and repulsive interactions during heating, aggregates of various morphologies may be generated. This study investigates how different way of aggregating ovalbumin modulates its allergenicity by comparing two morphologies of aggregates obtained under opposite electrostatic conditions.

Methods: An ovalbumin solution was extensively heated (80°C for 6 h) under opposite electrostatic conditions to form small linear and large spherical-agglomerated aggregates. In a murine model of allergy, we compared the IgE production when sensitizing mice with the aggregates and the subsequent elicitation phase upon an oral challenge with native ovalbumin. The reactivity of specific IgE in mice sera was characterized by ELISA, Rat Basophil Leukemia assay and pepscan analysis.

Results: IgE production was significantly lower for the large aggregates, whereas IgG1 and IgG2a productions didn’t change. In agreement with the IgE production, both symptoms upon oral challenge and basophil degranulation with native ovalbumin were reduced for mice sensitized with small compared to large aggregates. Pepscan analysis revealed two common linear IgE-epitopes but the aggregates were similarly or differently bound and cross-linked depending on the aggregate that had been used during sensitization. These results showed that small aggregates of ovalbumin formed under repulsive electrostatic conditions displayed a lower allergenic potential than the large aggregates. The way ovalbumin aggregated also modified the IgE repertoire.

Conclusion: This work illustrates links between food structure and allergenic potential on parameters from the sensitization phase with some consequences on the elicitation phase of the allergic reaction. For the first time, we show that the physicochemical conditions when heating ovalbumin and consequently the aggregated structure are important parameters to consider in the context of allergy.

**PD11**

Residual determination of milk and egg allergens in bakery products by LC-MS/MS

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Clinical and Translational Allergy 2017, 7(Suppl 1):PD11

Introduction: Food allergy is causing adverse health effects arising from specific immune-mediated responses, occurring reproducibly upon oral exposure to a given food. In the absence of a cure, sufferers have to rely on the accurate labeling of food to avoid allergens. Egg and cow’s milk proteins are common triggers of allergic reactions, especially in children. Following a multimethod comparative study about the latest approaches in food analysis using state-of-the-art technology (see our previous work), one specific goal of this study is to develop and validate a LC-MS/MS method for residual determination of cow’s milk and egg allergens in bakery products.

Methods: After sample homogenization, proteins are extracted, denatured and reduced by TCEP. Free thiol moieties are then alkylated and proteins digested by trypsin. The peptide mixtures obtained are then purified by Solid Phase Extraction and analyzed by LC-MS/MS using Sciex Q-Trap 6500 mass spectrometer. For our purpose, a Multiple Reaction Monitoring (MRM) method specific for milk β-lactoglobulin (β-lg) and egg ovalbumin was set up.

Results: After spiking a mix of β-lg and ovalbumin into different bakery products, specific MRM signals were detected for both proteins. As an example, two XIC graphs for one of the MRM transitions investigated in β-lg are reported below (Fig. 1). The signal is clearly visible in the product spiked with as little as 0.05 mg/kg of β-lg (B), but is absent in the blank (A). The efficacy of the MRM method was assessed by testing a certified material (cake mix, FAPAS) for milk’s presence. The material was previously used for a ring test involving different ELISA kits. As ELISA kits differ in their recognition of antigen-antibody interactions and retaining a low limit of quantification, quan-

Conclusion: The LC-MS/MS approach, combined with an efficient extraction method, shows high sensitivity and selectivity under all evaluated conditions, without producing false negatives for neither egg nor milk. The developed method provides a valid alternative to the ELISA kits on the market, bypassing issues associated with antigen-antibody interactions and retaining a low limit of quantification. The method will be validated and considered for accreditation.

![Fig. 1 See text for description](image-url)
**PD12**

**Predictive value of ovomucoid-specific IgE in the diagnosis of egg allergy in Finnish children**

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**Clinical and Translational Allergy 2017, 7(Suppl 1):PD12**

**Introduction:** To calculate optimal cut-off values for egg white and Gal d 1,2,3, and 4-specific IgE (sIgE) predicting positive oral challenges in 100 Finnish children with suspected egg allergy.

**Methods:** 100 patients (age 1–19 years, mean 9.2, median 9.6 years) with suspected egg allergy underwent double-blind, placebo-controlled (n = 60) or open (n = 40) food challenges with heated egg white. Serum IgE levels to egg white as well as the components Gal d 1 (ovomucoid), Gal d 2 (ovalbumin), Gal d 3 (conalbumin) and Gal d 4 (lysozyme) were measured by ImmunoCAP.

**Results:** Of the 100 challenges 75 were positive. Sensitization to Gal d 1 (ovomucoid) with a cut-off of value > 4.3 kU/L predicted a positive challenge with a specificity of 92% and sensitivity of 83%. The likelihood ratio was 10.3 In ROC analysis the area under curve was 0.92 (95% CI 0.86–0.98). Gal d 1 sIgE levels were significantly higher in the challenge positive (mean 38 kU/L, median 15.8 kU/L) than in the challenge negative group (mean 2.4 kU/L, median 0.5 kU/L), p < 0.0001. The diagnostic capacity of sIgE to egg white and Gal d 2, 3 and 4 was clearly weaker. In ROC analysis the AUC for egg white was 0.88, Gal d 2 0.87, Gal d 3 0.78 and Gal d 4 0.76 (Fig. 2).

Component-specific IgE levels can be useful in predicting outcomes of oral food challenges, but optimal cut-off levels vary in different populations. Sensitization is influenced by many factors including age and geography, whereas challenge outcome is influenced by referral base and challenge procedures. Thus, optimal cut-off levels need to be determined for each population separately. Sensitization to Gal d 1, which is relatively stable against heat and enzymatic digestion, predicts clinical reactivity to both raw and heated egg and is considered a risk factor for persistent egg allergy.

**Conclusion:** Ovomucoid-specific IgE is useful in distinguishing egg-sensitized patients with clinically reactive egg allergy from those tolerant to heated egg. The optimal cut-off point in a Finnish population of 100 children and adolescents was 4.3 kU/L.

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**PD13**

**7S and 11S globulins are likely to be allergens in macadamia nuts**

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**Clinical and Translational Allergy 2017, 7(Suppl 1):PD13**

**Introduction:** Macadamia nut is reported to cause allergic reactions in sensitized individuals, and the prevalence is expected to increase along with the increase in world production and popularity of macadamia nuts as an ingredient in pre-packaged foods. Despite several reports documenting macadamia nut allergies, the eliciting allergens have never been identified due to a lack of genomic and proteomic data on macadamia nut. Identification and characterization of allergenic proteins are crucial for developing effective component-resolved diagnosis and management/treatment strategies. We aimed to identify putative allergenic proteins in macadamia nut by combining patient IgE recognition with an allergenomics approach.

**Methods:** Five serum samples were collected from patients with clinical allergy. Immuno-reactive proteins were identified by immunoblotting with the patient sera. A label-free shotgun proteomics approach was used to investigate the proteomic profile of macadamia nut. Briefly, the molecular weight distribution of proteins was determined by 1-dimensional and 2-dimensional gel electrophoresis. Following in-gel digestion with trypsin, proteins were subjected to liquid chromatography coupled tandem mass spectrometry.

**Results:** The label-free shotgun proteomics was used to predict putative macadamia nut allergens for the first time. The amino acid sequence homologies to 21 known allergens across different plant species were identified, which include lupin, latex, peanut, soy and rice allergens. The immunoblotting of the soluble proteins with the serum IgE revealed five reactive protein bands. The mass spectrometry analysis of the IgE-reactive proteins showed matches to Miampl1 protein, Miampl2, vicilin-like protein, 11S-legumin like protein and lactoylglutathione lyase amongst other proteins.

**Conclusion:** The seed storage proteins belonging to 11S and 7S proteins are likely to be biologically active allergens in macadamia nuts.

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**PD14**

**Pollen-food syndrome among Italian children: molecular endotypes**

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Clinical and Translational Allergy 2017, 7(Suppl 1):PD14

Introduction: Pollen food syndrome (PFS) is heterogeneous with regard to trigger, severity, natural history, comorbidities and response to treatment. Our study aims to classify different endotypes of PFS based on IgE sensitization to panallergens.

Methods: We examined 1271 Italian children (age 4–18 years) with seasonal allergic rhinoconjunctivitis (SAR). Foods triggering PFS were acquired by questionnaire. Skin prick tests were performed with commercial pollen extracts. IgE to panallergens: Phl p 12 (profilin), Bet v 1 (PR-10) and Pru p 3 (nsLTP), were tested by ImmunoCAP FEIA. An unsupervised hierarchical agglomerative clustering method was applied within PFS population.

Results: PFS was observed in 300/1271 children (24%). Cluster analysis identified five PFS categories linked to panallergen IgE sensitization: (1) Co-sensitization to >2 panallergens (multi-panallergen PFS); (2)–(4) sensitization to either profilin, or nsLTP, or PR-10 (mono-panallergen PFS); (5) no sensitization to panallergens (no-panallergen PFS). These endotypes showed peculiar characteristics: (1) “multi-panallergen PFS”: severe disease with frequent allergic comorbidities and multiple offending foods; (2) “profilin PFS”: OAAs triggered by Cucurbitaceae; (3) “nsLTP PFS”: living in Southern Italy. OAAs triggered by hazelnut and rice; (4) “PR-10 PFS”: OAAs triggered by Roacea; (5) “no-panallergen PFS”: mild disease and OAAs triggered by kiwifruit.

Conclusions: In a Mediterranean country characterized by multiple pollen exposures, PFS is a complex and frequent complication of childhood SAR, with five distinct endotypes marked by peculiar profiles of IgE sensitization to panallergens. Prospective studies in cohorts of PFS patients are now required to test whether this novel classification may be useful for diagnostic and therapeutic purposes in the clinical practice.

PD15

Thermal treatment of bovine caseins could increase their sensitising potential

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Clinical and Translational Allergy 2017, 7(Suppl 1):PD15

Introduction: To evaluate the digestibility as well as the immunogenic and sensitizing potential of thermally treated bovine caseins (TT caseins).

Methods: Caseins were dry heated for 30 or 60 min at 140°C. Native and TT caseins were digested in simulated gastric fluid pH 1.2 (10 U of pepsin activity/µg of test protein). Samples of 200 µl were removed after incubation at 37°C. The reaction was quenched by addition of 70 µl of 200 mM NaHCO₃, pH 11, and 70 µl 5 x Laemml buffer. The zero time points were prepared by quenching the pepsin in the solution before adding the test protein. The samples were subjected to SDS-PAGE electrophoresis using 10–20% polyacrylamide Tris-glycine gels. BALB/c mice (n = 6/group) were sensitized intraperitoneally without adjuvants through the peritoneal cavity on days 0, 3, 6, 9, 12, and blood was drawn on day 28. Casein-specific IgG and IgE titers were measured by ELISA.

Results: There was no effect of incubation of caseins in simulated gastric fluid on protein digestion. However, caseins, either native or TT caseins, were very unstable in the presence of pepsin, with a marked loss of full length protein after 0.5 min of incubation. Native and TT caseins were both immunogenic and allergenic at the dose tested (0.05 mg/mouse). Casein-specific IgG and IgE titers were higher in the group of mice sensitized with TT caseins for 30 min than the other groups (p < 0.05). There were no differences between the groups sensitized with native caseins and TT caseins for 60 min (p > 0.05). Specific IgE antibodies in sera from mice sensitized with native caseins strongly recognized TT caseins and vice versa (p > 0.05). Extensively heated cow’s milk is an alternative to accelerate tolerance acquisition in some milk allergic cases. This is in line with our digestibility results, an indirect parameter of allergenicity, as TT caseins remain as digestible as native caseins. However, there was no reduction of the sensitizing potential of TT caseins. Although this potential was similar between TT caseins for 60 min and native caseins, longer thermal treatments are not suitable for the study because of the loss of protein solubility.

Conclusion: Thermal treatment of caseins alone does not reduce their allergenic potential highlighting that heat-induced interactions between milk proteins and other milk components are required to reduce their allergenic potential.
anaphylaxis management. Medical specialty and continuing medical education improve anaphylaxis management.

**PD18**

**Relationship between deamidation intensity and allergenicity of acid hydrolysed wheat proteins preparations: from France to Japan**

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**Clinical and Translational Allergy** 2017, 7(Suppl 1):PD18

**Introduction**: Hydrolyzed wheat proteins (HWP) were used as ingredients in food and cosmetics. From the 2000’s severe food allergy to HWP has been reported in individuals elsewhere tolerant to native wheat proteins. Denery et al. demonstrated that deamidation of wheat proteins, a consequence of acid hydrolysis, generate essential neo-epitopes in these particular allergen to wheat [1]. More recently in Japan, an acid-HWP preparation (a-HWP), named GluPearl 195, elicited severe skin reactions and food allergy in more than 1800 individuals and was likely to contain deamidated gluten proteins [2]. Level of deamidation depends on treatment intensity; a-HWP preparations with either low or high level of deamidation can be found as ingredients [3]. This study aimed at exploring the impact of deamidation level of wheat proteins on the degranulation of basophils sensitized with IgE from patient allergic to a-HWP.

**Methods**: Impact of the deamidation level of gliadins and a-HWPs upon IgE reactivity of 8 a-HWP allergic patients was determined by ELISA. Impact of deamidation on basophil degranulation was also explored with humanized Rat Basophil Leukemia cells passively sensitized with IgE from patients and subjected to crosslinking with a set of deamidated samples. Finally IgE Repertoire specific to deamidated wheat protein was then explored by inhibition with INRA-DG1, a mouse monoclonal antibody specific for deamidated gliadins.

**Results**: Intensity of binding of patient IgE onto a-HWP and the degranulation potency were correlated with level of deamidation. Pre-incubation of deamidated gluten with INRA-DG1 mAb inhibited half of its degranulation capacity with patient IgE. These results suggested that the patient IgE repertoire specific for deamidated gluten proteins is likely to be limited to a very few specificities. GluPearl 195, involved in the Japanese cases, was determined as highly deamidated. It was the most recognized sample among the 5 deamidated gliadins tested in this study.

**Conclusion**: Although differences exist between French and Japanese cases (such as the tolerance of native wheat proteins), this result suggested that Japanese and French cases suffered from the same unconventionally allergy to wheat.

**References**


**PD19**

**Hen`s egg allergen in house and bed dust is significantly increased after hen`s egg consumption**

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**Clinical and Translational Allergy** 2017, 7(Suppl 1):PD19

**Introduction**: Cutaneous exposure to food allergens seems to be an important way of sensitization. It has been shown that household consumption of peanut is a risk factor for the development of peanut allergy. Furthermore, peanut protein was found in house dust. Yet there is only little data on other food allergens; therefore, we wanted to investigate whether hen's egg (HE) protein could be found in domestic areas.

**Methods**: 8 households were included in the study. All households were asked to consume a meal of scrambled eggs in their habitual eating areas. Before and 48 h after hen's egg consumption dust samples were collected in the habitual eating areas and from bed sheets, using a special vacuum cleaner device. HE protein was extracted and HE allergen levels were measured with a commercially available ELISA (limit of detection: 0.05 µg/g). Wilcoxon rank test was used to compare HE levels before and after HE consumption.

**Results**: HE protein was detectable in all 8 households in the habitual eating areas as well as on bed sheets. At baseline, there was a median of 13.05 µg/g HE protein (range 6.5–13.4 µg/g) in the habitual eating area and a median of 12.9 µg/g HE protein (range 2.0–18.4 µg/g) on the bed sheets. 48 h after consumption of scrambled egg significantly increased levels were measured with a median of 214.0 µg/g HE protein (range 17.0–2409.4 µg/g; p < 0.05) for the eating area and a median of 50.3 µg/g HE protein (range 5.9–247.0 µg/g; p < 0.05) in bed sheets. HE allergens were detectable in the house dust of all households not only in dining areas but also in the bed where HE is usually not consumed, indicating a spreading of food allergens. Furthermore, an increase in protein levels measured after consumption of a HE meal was shown. For infants, who spent most time in bed, house dust containing food allergens could be an important risk factor for food sensitization.

**Conclusion**: HE allergen was found in house and bed dust with high levels following HE consumption, indicating a potential risk factor for the development of HE sensitization. Nevertheless, further research is necessary to proof whether HE allergens in house and bed dust can cause sensitization and whether there is a correlation between allergen levels and the level of sensitization.

**PD20**

**Native gliadins stimulate the local anaphylactic response in Ussing chamber as studied in murine model of wheat allergy**

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**Clinical and Translational Allergy** 2017, 7(Suppl 1):PD20

**Introduction**: The objective of this study is to investigate the impact of the native gliadins on the intestinal electrophysiological parameters as studied in murine allergy model.

**Methods**: Two groups of mice (n = 10 per group) were established: the first group (control) was sensitized with aluminum hydroxide (Alum) diluted in PBS, the second was sensitized with 10 µg of native gliadins adsorbed on alum (NG). Intraperitoneal (IP) sensitizations were performed at days 0, 10, 20 and 30. One week after the last boost, the jejunum fragments were withdrawn and used for histological analysis and the evaluation of the local anaphylactic responses in Ussing chamber by an ex vivo challenge allowing the contact of jejunums with sensitizing antigen and the measurement of electro-physiological parameters (short-circuit current (Isc) (µA/cm²) and conductance (G) (mmho/cm²)).

**Results**: Intraperitoneal injection of native gliadins induced significant increase of the short circuit current (Isc) (µA/cm²) (P < 0.001) and conductance (G) values (P < 0.05). The histological observations of jejunum fragments of sensitized mice show an alteration in intestinal barrier (villus atrophy, Lymphocytes infiltration) compared to the control group. The Isc increase in sensitized mice is probably due to a secretory response and might well reflect local anaphylactic reactions. The increase of conductance indicate that intestinal irritation alters the tight junctions and increases the paracellular permeability of the intestinal epithelium [1]. Several published studies show that food allergy in mice is characterized by villous atrophy and goblet cell hyperplasia, as well as infiltration of IgE-positive mast cells [2].

**Conclusion**: Our results suggest that the native gliadins modify permeability of the intestinal tract in native gliadin mice which confirm the allergenic potential of native gliadins.
Introduction: The objective of this work is to check if royal jelly could prevent the allergic response and reduce the clinical manifestations of mice to bovine milk proteins.

Methods: Forty female Balb/c mice at 4 weeks and fed with a standard diet were divided into 5 groups. Four groups received orally royal jelly for 7 days at doses of 0 g/kg (positive control), 0.5, and 1.5 g/kg and are then sensitized intraperitoneally with (β-lactoglobulin) β-Lg adsorbed on Alum. Group 5 received no treatment (negative control). At the end of the experiment, in vivo provocation test (observation of clinical signs 30 min after intraperitoneal injection: 1 mg β-Lg/mouse) and ex vivo provocation test in Ussing chamber by contacting the jejenum with the sensitizing antigen and measurement of electrophysiological parameters: short-circuit current (Isc, μA/cm²) were carried out.

Results: Our results show that the majority of mice pretreated with royal jelly dose showed no clinical signs after challenge compared with positive control mice (CL-). A secretory response reflecting local intestinal anaphylaxis was evident in sensitized mice, as indicated by an increase in Isc (p < 0.001). However, no significant changes in the values of the short circuit current (Isc) were observed after β-Lg challenge in mice that received royal jelly at 0.5, 1 and 1.5 g/kg and immunized with β-Lg. Oral administration of royal jelly at different doses prevents the appearance of clinical signs and the development of anaphylactic local. This effect is probably due to the presence of compound having immunomodulatory activity which may reduce T-cell proliferation, Th2 cytokine production, histamine release from mast cells and antibody IgE and IgG production (Vucevic et al. 2007).

Conclusion: Oral administration of royal jelly decreases the allergic and inflammatory response in mice and can be considered as a preventive strategy against cow's milk allergy (CMA).

Reference

POSTER DISCUSSION SESSION 2: Management of food allergy • Diagnosis and treatment • Epidemiology • Therapeutic options

PD21
Oral administration of royal jelly at different dose protect against increase in anaphylactic response in β-lactoglobulin sensitized Balb/c mice
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Clinical and Translational Allergy 2017, 7(Suppl 1):PD21

PD22
Sting reactions in beekeepers: characteristics and management
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Clinical and Translational Allergy 2017, 7(Suppl 1):PD22

Introduction: Our objective was to describe what Portuguese beekeepers do after being stung. The secondary aim was to evaluate their knowledge on adrenaline auto-injectors (AAI), bee venom immunotherapy (VIT), and the medical specialty of Immunoonallergy.

Methods: Cross-sectional study using a structured questionnaire including beekeepers present in an apiculture meeting. Data on demographic characteristics, number of stings, reaction description and conduct when stung (treatment, admission to ER) were collected. Awareness of AAI, VIT and the medical specialty of Immunoonallergy was also questioned.

Results: A total of 114 beekeepers were included; 91 (80%) male with a median (interquartile range, IQR) age of 40 (17) years. The median (IQR) time of beekeeping was 3 (7.3) years. Nighty-nine (87%) were amateur beekeepers. All had been stung in the last 12 months; 45 (40%) had systemic reactions (11 anaphylaxis) and 41 had local reactions, including 22 large local reactions. Only 19 (42%) of those with systemic reactions went to the ER. Nine out of the 11 who had anaphylaxis went to the ER, but only one was treated with adrenaline. On discharge, an AAI was prescribed to one beekeeper, 4 reported to already have AAI and solely 2 were referred to an Allergist. Twenty-five (22%) used alternative treatments on the sting site, namely, metal, lemon or grape, ammonia, alcohol, vinegar and urine. Forty-one (36%) were aware of the existence of AAI, 35 (30%) of VIT and 32 (28%) of the medical specialty of Immunoonallergy. Beekeepers with systemic reactions have demonstrated a better knowledge of AAI and VIT, p < 0.01 and p = 0.03, respectively. Awareness of AAI, VIT and Immunoonallergy was not significantly different between gender, age and education groups.

Conclusions: This group of Portuguese beekeepers showed insufficient knowledge on proper management of sting reactions. Approximately one fifth used alternative treatments. Adrenaline underuse, underprescription, as well as an inefficient referral to a specialist, was evident in the ER. There is a rise in beekeeping in Portugal and so it is imperative to promote education on the risks, sting prevention measures and correct treatment of stings. The increasing awareness of the medical specialty of Immunoonallergy and the existence of bee venom immunotherapy should assure a prompt referral in case of systemic reactions which is crucial in this population.

PD23
Are atopy patch tests useful to identify food sensitisation in eosinophilic esophagitis?
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Clinical and Translational Allergy 2017, 7(Suppl 1):PD23

Introduction: Eosinophilic esophagitis (EoE) is an inflammatory disease of the esophagus characterized by symptoms related to eosinophilic dysfunction, eosinophilic recruitment and infiltration of the esophageal epithelium. A combined mechanism of IgE dependent/ cellular mediated hypersensitivity reactions to foods is thought to contribute to disease pathogenesis.

Our aim was to assess food sensitization in EoE patients with atopy patch tests (APT); A secondary aim was to find any relation between the results of APT, skin prick tests (SPT) and/or specific IgE (sIgE) with the response to the six-food elimination diet (SFD).

Methods: A longitudinal study of adult patients diagnosed with EoE was carried out. Patch tests were performed with 9 foods: cow’s milk, hen’s egg, wheat, soy, peanut, walnut and hazelnut were applied undiluted, 1/10 dilution and 1 drop of allergen extract; shrimp and cod were applied raw, cooked and 1 drop of allergen extract. The APT were performed using 8 mm Finn Chambers®. Occlusion time was 48 h and the results were read 20 min and 24 h after removal. Endoscopy results, SPT, sIgE, medical management and patients’ responses were collected.

Results: Twelve patients agreed to participate, 3 were female with a median (interquartile range, IQR) age of 23 (9) years age, 8 with allergic rhinitis and 2 asthma; 8 were sensitized to aeroallergens, 6 to house dust mites and 4 to pollens. Seven patients had positive food SPT and/or sIgE (3 cow’s milk, 2 wheat and 2 LTPs). Ten patients presented...
clinical and histological improvement with the SFED and in 8 symptomes and eosinophils recurred on food reintroduction (6 with cow’s milk and 3 with wheat). Only 2 patients presented positive APT: 1 to undiluted hazelnut, who was previously sensitized to LTP, and the other to undiluted soy, which was not clinically relevant since the patient frequently eats soy without any immediate symptoms or worsening of EoE.

Conclusions: Standardization on food APT is lacking. In this series, we did not observe any clinical utility for identifying food sensitivity with atopy patch tests in adult patients with Eosinophilic esophagitis.

PD24
How well can hazelnut allergens distinguish between mild and severe hazelnut allergy?
Mareen Datema1, Laurian Jongejan1, Ronald van Ree1, Michael Clausen2, Mareen Datema1, Laurian Jongejan1, Ronald van Ree1, Michael Clausen2, and severe hazelnut allergy?

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Mareen Datema1, Laurian Jongejan1, Ronald van Ree1, Michael Clausen2, and severe hazelnut allergy?

Introduction: Component-resolved diagnosis (CRD) has been shown to improve hazelnut allergy diagnosis. Some allergens have been reported the classification accuracy of the markers in discriminating between mild and severe subjects, especially in adults.

Our aims were:
1. to analyze the association between sensitization to single hazelnut allergens and clinical symptom severity;
2. to evaluate their ability to discriminate between mild and severe hazelnut allergy.

Methods: Subjects (n = 731) from 12 European cities reporting reactions to hazelnut (83.6% adults) were included. In all subjects, sensitization was investigated by skin tests and in 423/731, IgE against seven single components (Cor a 1, rCor a 2, rCor a 8, nCor a 9, nCor a 11, nCor a 12, rCor a 14) and CCD was measured. Additionally 124/731 underwent a DBPCFC of which 86 were reactive. Symptoms to hazelnut were categorized into mild, moderate and severe symptoms. Associations between sensitization to hazelnut and severity were analyzed using unimodal regression analyses. The discriminative ability of hazelnut allergens was evaluated by Receiving operating curve (ROC) analysis.

Results: Cor a 9 and Cor a 14 were both positively related with severe symptoms (OR 2.89[1.31–6.34] and OR 4.67[1.76–12.37] respectively) and Cor a 11 and Cor a 12 showed a positive trend in severity. Cor a 1 and 2 were negatively associated with severity (OR 0.36[0.20–0.64]) and 0.50[0.24–1.04], respectively). ROC analysis showed a poor to moderate ability to discriminate between reported mild and severe hazelnut with AUCs ranging from 0.50–0.62. However, AUCs for Cor a 9, Cor a 11 and Cor a 14 was significantly better in children, the DBPCFC group and using the combination of these allergens (AUC 0.70–0.86).

Sensitivities for Cor a 9 and Cor a 14 were low (24%). Around 75% of the severe subjects with confirmed hazelnut allergy was not sensitized to these allergens.

Conclusion: Sensitization to Cor a 9 and Cor a 14 is associated with severity of hazelnut allergy however, the classification power was moderate in our adult dominated population. Unidentified allergens might elicit the severe symptoms but further research is needed to identify these allergens and to confirm their clinical relevance.

PD25
The clinical utility of basophil activation testing in diagnosis of mugwort pollen-associated peach allergy
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Clinical and Translational Allergy 2017, 7(Suppl 1):PD25

Introduction: Our aim was to assess the performance of basophil activation testing (BAT) as a diagnostic marker for mugwort pollen-associated peach allergy.

Methods: Peach allergic (n = 89), peach-sensitized but tolerant (n = 52) and non-peach-sensitized nonallergic (n = 10) patients underwent sIgE to peach and its components. BAT was performed using flow cytometry.

Results: The patients with peach allergy had higher IgE levels for peach and Pru p 3 than peach sensitized population (P < 0.01). By stimulation with peach extract, BAT in peach-allergic patients showed a significant dose-dependent upregulation of CD63 compared with peach sensitized but tolerant and non-peach-sensitized nonallergic patients. While stimulated with Pru p 3, BAT could also discriminate between peach allergy and tolerance. Receiver operating characteristic curves showed basophil reactivity had larger area under the curve than IgE to peach (AUC 0.744, 95% CI 0.550–0.937, P = 0.039) and Pru p 3 (AUC 0.865, 95% CI 0.705–1.000, P = 0.002); while BAT stimulated with Pru p 3 had the largest area at 0.981 and stimulation with peach extract (100 ng/ml) at 0.942. Previous studies concerning pollen-associated food allergy have compared between healthy controls and food allergic patients, without addressing the possible effect of immunologic cross-reactivity on the performances of BAT. In this study, we performed a comparative analysis with peach-sensitized but tolerant patients. BAT stimulated with the major allergen is better than that with the crude allergen extract in discriminating between peach allergy and tolerance.

Conclusion: BAT stimulated with Pru p 3 is superior to other diagnostic tests in diagnosis of mugwort pollen-associated peach allergy.

PD26
Usefulness of serum-levels of histamine, tryptase, Cys-LTs and 9α11β-PGF2 during oral food challenge
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Clinical and Translational Allergy 2017, 7(Suppl 1):PD26

Introduction: Food Allergy (FA) is a common disease and it is estimated prevalence world-wide ranges between 2–10% with an increasing trend. Peanuts and tree nuts are frequent causes of FA and may albeit rare result in fatal reactions. The diagnosis of FA is based on the personal history, in vivo skin-testing (e.g. SPT), in vitro IgE-testing and oral challenges. The double-blind placebo controlled food challenge (DBPCFC) is the gold standard for diagnosing and categorizing FA. DBPCFC’s are time consuming and bear a risk for the patient. Moreover, sometimes the interpretation of test reactions is difficult. The aim of this study was to analyze mast cell mediators like histamine, tryptase, cys-LTs and 9α11β-PGF2 in serum samples from patients who underwent oral food challenges (OFC) and correlate these parameters with the reaction-severity.

Methods: 1. Introduction: Food Allergy (FA) is a common disease and it is estimated prevalence world-wide ranges between 2–10% with an increasing trend. Peanuts and tree nuts are frequent causes of FA and may albeit rare result in fatal reactions. The diagnosis of FA is based on the personal history, in vivo skin-testing (e.g. SPT), in vitro IgE-testing and oral challenges. The double-blind placebo controlled food challenge (DBPCFC) is the gold standard for diagnosing and categorizing FA. DBPCFC’s are time consuming and bear a risk for the patient. Moreover, sometimes the interpretation of test reactions is difficult. The aim of this study was to analyze mast cell mediators like histamine, tryptase, cys-LTs and 9α11β-PGF2 in serum samples from patients who underwent oral food challenges (OFC) and correlate these parameters with the reaction-severity.

Methods: 32 patients from the Allergy-Center with a history of FA to peanuts or tree nuts were recruited. 40 OFCs were performed. Reaction severity was determined by using the grading according to Ring&Messmer. Severe reactions were observed in 23 cases (grade = 2 in 10 patients, grade = 3 in 13 patients). Blood samples were collected before OFC (T1), 5–10 min after the reaction (T2) and 2 h post-onset
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children sensitised to cashew nuts
sIgE Ana o 1, 2 and 3 accurately distinguish tolerant from allergic
PD27
Future studies. Whether the total increase of the markers helps to predict severity in a given patient will need to be assessed in
markers for diagnosing FA. Whether the total increase of the markers
does not support evidence for a positive OFC. By contrast, tryptase
levels. The studied markers differ in their reliability. Histamine
was also observed for histamine- and 9α11β-PGF2-levels, but not cys-
and 9α11β-PGF2 (both Cayman Chemical, Ann Arbor, USA) were deter-
ened by ELISA. Tryptase was kindly measured by Thermo Fisher Scien-
tific, Freiburg, Germany.
Results: We observed a significant increase of tryptase, cyc-LTs and
9α11β-PGF2 after food provocation but not histamine in sera from
patients with positive OFC. Tryptase levels correlated significantly with
the severity of the reaction and a positive tendency of this correlation
was also observed for histamine- and 9α11β-PGF2-levels, but not cy-
levels.
Conclusion: The studied markers differ in their reliability. Histamine
does not support evidence for a positive OFC. By contrast, tryptase
but also 9α11β-PGF2 (alone or combined) may be used as supportive
markers for diagnosing FA. Whether the total increase of the markers
helps to predict severity in a given patient will need to be assessed in
future studies.

PD27
sIgE Ana o 1, 2 and 3 accurately distinguish tolerant from allergic
children sensitised to cashew nuts
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Clinical and Translational Allergy 2017, 7(Suppl 1):PD27
Introduction: The double-blind, placebo-controlled food challenge test
(DBPCFC) is the gold standard in cashew nut allergy. This test is
costly, time-consuming and not without side effects. Analysis of IgE-
reactivity to cashew nut components may reduce the need for food
challenge tests.
Methods: In a prospective and multicentre study, children with sus-
pected cashew nut allergy underwent a DBPCFC with cashew nut.
Specific IgE to total cashew nut and to the components Ana o 1, 2 and
3 were determined. A skin prick test (SPT) with cashew nut extract was
performed. The association between the outcome of the food challenge
test and specific IgE to Ana o 1, 2 and 3 was assessed with logistic
regression analyses, unadjusted and adjusted for other diagnostic
variables. Discriminative ability was quantified with a concordance
index (c).
Results: 173 children (103 boys, 60%) with a median age of 9 years
were included. 79% had a positive challenge test outcome. A steep
rise in the risk of a positive challenge was observed for specific IgE to
each individual component Ana o 1, 2 and 3 with estimated risks up
respectively). In the multivariable models inclusion of sIgE to
Ano 1, 2 or 3 increased the c-index of history and gender from 0.67 to
0.89 respectively when also specific IgE to cashew nut or both IgE and
SPT were added.
Conclusion: The major cashew nut allergens Ana o 1, 2 and 3 are each
individually predictive for the outcome of food challenge tests in
cashew-allergic children.

PD28
Non-ionic iodinated contrast media-induced anaphylaxis – Case series
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Clinical and Translational Allergy 2017, 7(Suppl 1):PD28
Introduction: To assess the prevalence and describe the cases of
anaphylaxis to iodinated contrast media (ICM), evaluated in our Drug
Allergy Unit (DAU) in the last 6 years.
Methods: Retrospective analysis of medical records of patients
assessed in our DAU for suspected hypersensitivity reactions (HSR) to
ICM between Jan/10 and Dec/15 (n = 54). Skin prick tests (SPT) were
performed with potassium iodate (PI), iodopovidone, and a panel of
available non-ionic ICM (iohexol, ioversol, iobitridol, iopromide, iome-
pron, ioxilan, amidotrizoate, meglumine); intradermal tests (IDT)
were also performed with ICM diluted 1/100–1/10, and undiluted (not
in all cases).
Results: Eighteen (33.3%) patients presented with anaphylaxis (10
females, median age 65.5 years, interquartile range 43.0–72.0 years).
The clinical manifestations were respiratory (n = 15, 83.3%), mucocu-
taneous (n = 12, 66.7%), cardiovascular (n = 11, 61.1%) and gastroin-
testinal (n = 5, 27.8%). No fatal outcomes occurred. Suspect ICM were
iobitridol (n = 4, 22.2%), iopromide (n = 3, 16.7%), ioversol (n = 2,
11.1%), iomepron (n = 1, 5.6%), iohexol (n = 1, 5.6%), and unknown in
7 (38.9%) cases. SPT with iodopovidone and PI were all negative. One
patient (anaphylactic shock to iopromide) had a positive SPT (iopro-
mide). In IDT, 4 patients had positive test results to ICM at 1/10 (includ-
ing the suspect); (1) iopromide and iomepron; (2) ioversol, iobitridol,
iodixanol and amidotrizoate; (3) iobitridol and iopromide; (4) iohexol.
The patient tested to anaphylactich shock to iopromide reacted at 1/100.
Other 8 patients had positive IDT only to undiluted solution, with at
least 1 of the ICM tested (including the suspect); 6 of these patients
were tested to anaphylactich shock with ICM with negative results. Skin test-
ing with a panel of ICM is recommended by the ENDA group in these
patients, not only to confirm the culprit drug but to assess cross-reac-
tivity and find safe alternatives. The ENDA position paper (2013) makes
a weak recommendation to avoid undiluted ICM for skin tests as it may
be irritable. Six of eight patients with a positive IDT to the undiluted
suspected ICM had a negative test to at least two other undiluted ICM.
Conclusion: In this study we report 30% of ICM HSR fulfilling anaphy-
laxis criteria, and 70% of these patients had a positive diagnostic work-
up. The authors raise the question of whether the IDT should routinely
be performed including an undiluted solution, since some potentially
allergic patients may be missed otherwise.

PD29
Allergy to lipid transfer protein in pediatric population at the
third level hospital in Madrid
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Clinical and Translational Allergy 2017, 7(Suppl 1):PD29
Introduction: Lipid transfer protein (LTP) Syndrome is a primary food
allergy with high prevalence in South Europe population. Its clinical
characteristics and prevalence are not well established in the paediat-
ric population.
Methods: A retrospective-descriptive study from Jan 2013 to Dec
2015 of children with sensitization to Specific IgE to Pru p 3 and clinical
manifestation in a third-level paediatric hospital was conducted. It was
aimed to study and compare the clinical patterns of sensitization.
Results: Eighty-three allergic children with sensitization to Pru p 3
were found. Forty-nine male (59%) and thirty-four females (41%) were
assisted. The average age of first reaction: media: 5.3 years +/- 3.6
STD. The history of atopic diseases were: rhinitis 39%, asthma 14%
with a broad spectrum of pollen sensitization (Grass pollen: 55.4%,
Olea 49.3%, tree plane 25%, Cypress 24%, mugwort 21%) and atopic
dermatitis: 32%. The first food trigger involved were peach 36.2% (35),
peanut 15.4% (14) walnut 12.2% (11), others fruits 11.2% (10), other
legumes 9.2% (8) and other nuts 6.2% (5). The most common first
clinical manifestation found was: urticari 44.2% (43), following of oral
allergy syndrome: 15.2% (14), anaphylaxis: 14.2% (13) and cutaneous
rash: 12.3% (11), The exercise was a cofactor in a 3% of the population
and NSAIDs were not involved. All patients were positive skin prick test
and high levels of IgE specific levels to pru p3 median: 8.5 (14.58) IQR.
Conclusion: Severe plant food unrelated independent of peach are
involving in LTP Syndrome. Grass and olive pollen are the main aeroal-
logen in our population. Peach and peanut are the main food elicitors.
Urticarial symptoms are the most common clinical manifestation.

PD30
Long term impact of cow’s milk allergy on children and their families – A 7-year follow-up
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Clinical and Translational Allergy 2017, 7(Suppl 1):PD30
Introduction: Despite outgrown CMA, we have previously found that
many families continue to experience nutritional related problems at
a six-month follow-up [1]. Some may develop other food allergies or
atopic diseases following the atopic march, and some may fail to pro-
gress to unrestricted diet.
Our aims were to assess impact on nutrition related issues at a 7 year
follow-up in relation to the development of CMA over time.
Methods: Families of children with CMA, who participated in the vali-
dation of the Food hypersensitivity family Impact questionnaire (FLIP),
were re-approached 7 years later for follow-up and administered the
FLIP.
Results: Of the original families (n = 94), at 7-year follow-up 84%
(n = 79) agreed to participate. The children had a mean age 8.5 years
(r = −11 years) and n = 30 (38%) were girls. The majority (n = 49.62%)
not no longer needed to follow a cow’s milk free diet. The remaining chil-
dren (n = 0) were still following a special diet due to CMA exclusively
(n = 7.9%) or in combination with other food allergy (n = 9.11%) and
other food allergy excluding CMA (n = 14.18%). Most children were
healthy (n = 67) but n = 8 (10%) had developed other atopic dis-
cases or other non-atopic diseases (n = 3). These findings are in line
with those from others [2]. A mixed linear model for the FLIP Nutri-
tion subscale across three time points (baseline, 6-month and 7-year
follow-up respectively) in relation to allergy status at 7-year follow-
up (i.e. outgrown vs. persistent) showed only a marginally significant
improvement in nutrition related issues for the group outgrown CMA
(p = 0.07) at 7-year follow-up. For the group with persistent CMA there
was no difference in the experienced impact. Despite outgrown CMA,
only 13 children in the group outgrown CMA had a restricted con-
sumption of dairy due to fear of reactions (n = 4) or dislike of milk as
a drink (n = 6), or both as a drink and when contained in food (n = 3).
The latter group were still consuming non-dairy special products.
Conclusions: There is only a small improvement in nutrition related
issues despite outgrown CMA at 7-year follow-up. Many families con-
tinue to serve a restricted diet despite outgrown CMA. Nutritional
counselling should be considered to all families with children with
persistent as well as outgrown CMA in order to ensure optimal nutri-
tional intake, development of eating behaviour and progression to
unrestricted diet preventing unnecessary limitations in daily life.
Acknowledgements: Financial support: FoU VG-region post-doctoral
scholarship.

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children and their families with the FLIP questionnaire—a six-month

PD31
Perception of allergen exposure risks in US adults
with self-reported food allergies
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Clinical and Translational Allergy 2017, 7(Suppl 1):PD31
Introduction: Self-reported food allergies (srFA) have increased in
US adults over the past decade. Information on how this population
perceives allergen exposure risks is lacking. We sought to identify
adults with srFA and assess responses to questions about allergen
advisory statements and thresholds.
Methods: We analyzed FDA 2016 Food Safety Survey data in 4619
adults to identify survey respondents with srFA, including reported
doctor-diagnosed cases (ddFA). Respondents were asked about
knowledge of thresholds or reaction risks and about consumption of
products with certain advisory statements or trace allergen amounts.
Results: Weighted prevalence of srFA among survey respondents was
13.5% with ddFA representing 8.0%. The most common foods associ-
ated with srFA and ddFA were shellfish, milk, fruits, tree nuts, peanuts,
wheat, fish and egg. Prior anaphylaxis history was reported in 24.8%
of respondents. With regards to allergen exposure risk, only 33.2% of
srFA respondents were aware of the concept of threshold levels, yet
59.0% reported belief that a level existed below which allergic reac-
tion would not occur. 43.7%, 39.0 and 48.8% of respondents reported
having consumed or likely to consume products with advisory state-
ments of “may contain”, “made with same equipment” or “produced
in same facility” respectively, and 38.2% of respondents reported that
they would consume products with trace amounts of the food aller-
gen if there were assurances that allergen amount would not trigger
reaction. No significant differences in responses were noted between
srFA respondents with or without ddFA except ddFA respondents were
more likely to view trace allergen amounts as posing higher risk for
severe reactions. Respondents with prior anaphylaxis, shellfish or fish
allergy were more likely to avoid products with one or more advisory
statements while those with peanut, tree nut, milk or wheat allergy
were more likely to have consumed these products. Survey data of
adults with self-reported food allergies reveal different perceptions of
thresholds and individual exposure risks. More education on under-
standing allergen exposure risks is needed for this population.
Conclusion: Survey data suggest that only one third of srFA respond-
ents understand what allergen thresholds represent, yet over 40%
report consuming foods with certain advisory statements. Differences
in risk perception may depend on having a ddFA, a prior history of
anaphylaxis or on type of food allergen.

PD32
Tolerable dose during oral immunotherapy using IFN-gamma
for anaphylactic food allergy: desensitisation and tolerance
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Clin Transl Allergy 2017, 7(Suppl 1):PD32
Introduction: Oral immunotherapy using IFN-gamma (OIT) for an-
aphylactic IgE-mediated food allergy (AFA) has been done more than
10 years successfully. In this study, a tolerable dose was introduced
during tolerance induction with interferon gamma, and its effective-
ness and theoretical meaning was evaluated.
Methods: The study population comprised 30 AFA patients. Blood samples were taken for analysis, including complete blood count with differential counts of eosinophils, serum total IgE levels, and specific IgE for allergenic foods. Skin prick tests were conducted with the allergens. Oral food challenges were performed to diagnose AFA. Fifteen patients received OIT; 5 received classic OIT without tolerable dose, 5 received OIT without interferon gamma, and 5 were not treated (controls).

Results: Patients treated with OIT using IFN-gamma became tolerant to the allergenic food with and without introducing tolerable dose. The tolerable dose was introduced successfully in OIT using IFN-gamma. It was meaningless to introduce tolerable dose in OIT without IFN-gamma. Following the introduction of tolerable dose, the systemic reaction to oral intake subsided, but the local skin reaction to contact with the allergenic food persisted. Tolerable dose was successfully introduced during the oral immunotherapy using IFN-gamma. Conventional oral immunotherapy without using IFN-gamma, the concept of tolerable dose is meaningless because the therapeutic dose is the same or less than the tolerable dose. However, using IFN-gamma, therapeutic dose is escalated much more than that without using IFN-gamma. From the successful introduction of tolerable dose, the nature of tolerance induction was unveiled. Also, the exact meaning of desensitization and tolerance is clarified. By introducing tolerable dose, doctor and patient can confirm the progress of getting tolerance.

Conclusion: Introduction of tolerable dose improved the protocol for OIT. Risk-benefit approach [1] was adapted to develop a pragmatic, flexible and helpful tool to address this issue by developing a pragmatic, flexible and helpful tool. This approach was used to derive the optimal dose levels of intake.

Reference

PD34 FABER 244 IgE test in food allergy. Diagnostic accuracy for LTP proteins
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Clinical and Translational Allergy 2017, 7(Suppl 1):PD34

Introduction: FABER 244 is a new in vitro multiplex test for specific IgE detection using 122 molecular allergens and 122 allergenic extracts, coupled to chemically activated nanoparticles. Allergic preparations, either produced in house or obtained from commercial providers, are individually coupled to nanobeads by means of optimized protocols to achieve maximum test performance. Aim was to measure the diagnostic accuracy of FABER 244-122-122 01 by comparing with the ImmunoCAP ISAC 112 (TFS, Sweden) in patients allergic to LTP proteins shared by both tests.

Methods: A real life study as been set by analyzing the clinical records, and the FABER and ISAC test results from 94 consecutive patients referred to CAAM from March 2015 to August 2016. Data were extracted from the electronic medical record InterAll. The diagnostic accuracy measurement and test comparison were performed on 3 LTP proteins (Cor a 8, Jug r 3, Pru p 3) adopting the patients’ symptoms as gold standard and MedCalc as software for statistical analysis. ISAC test Limit of Detection (LoD) was set to 0.3 ISU whereas FABER LoD was set to 0.01 FIU. In the overall analysis attention has been put on additional information coming from non-shared LTPs, Tri a 14 and Ara h 9 for ISAC, and Act d 10, Pud g 1, Sola l 6, Tri a 7 k-LTP, Zea m 14 plus peanut and wheat extracts available on FABER.

Results: Both tests appear to be accurate and well aligned to each other for all three analyzed LTP proteins. In terms of sensitivity FABER performs better than ISAC on Cor a 8 (96 vs 94%), same as ISAC on Jug r 3 (100% both) and FABER better than ISAC on Pru p 3 (96 vs 91%). In terms of specificity FABER performs better than ISAC on Pru r 3 (97 vs 92%). IgE detection by ISAC Ara h 9 and Tri a 14 was compensated by the peanut and wheat extracts, whereas info on additional food LTPs could be obtained from the FABER extended panel including 25 extracts from plant-derived foods bearing LTPs.

Conclusions: FABER test is a new in vitro test for specific IgE detection, including molecules and extracts. Considering the food allergen group belonging to the LTP, FABER appears to be accurate and in good agreement with ISAC results. The specific advantage of FABER relies on the chance of testing patients to a broader panel of LTP as well as to a large number of extracts, complementing the results on single allergenic molecules.
PD35
Greater severity of reaction in high versus low fat matrix peanut challenges
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Clinical and Translational Allergy 2017, 7(Suppl 1):PD35

Introduction: Previous studies have shown that the qualities of the matrix containing an allergenic food may impact the severity of reactions during DBPCFCs. The aim of this study was to examine the impact of the matrix fat content during DBPCFCs to peanut and its effect on the severity of the reaction and eliciting dose.

Methods: Data was collected from the food challenge unit database at the University Medical Center Groningen (November 2002–May 2014), where DBPCFCs were performed as part of routine clinical care. All children during this period with a positive DBPCFC to peanut were included in the analysis. The food challenges were included if they were performed with the two most frequently used recipes (n = 11 excluded). The recipes used were peanut in cookies and peanut in gingerbread, with a fat content of 23.9% and 5.9%, respectively. In children with multiple DBPCFCs, only the first test was included (n = 37 tests excluded). 14 cases were excluded due to missing data. For the severity of reaction during the DBPCFC a previously published scoring system was used, with a severity index ranging from 0 to 12. The influence of the matrix on the severity of reaction and eliciting dose was analyzed by linear regression analysis, with correction for possible confounders. A variable was considered a confounder if it changed the beta coefficient by more than 10%. The alpha significance level was set at 0.05.

Results: 210 children were included in the analysis, 141 children were challenged with peanut in cookies (high fat) and 69 children with peanut in gingerbread (low fat). Children challenged with peanut in cookies had more severe reactions during the DBPCFC (β = 0.15, 95% CI 1.49–0.06, p = 0.03), compared to children challenged with peanut in gingerbread. However, there was no significant difference in eliciting dose (β = 0.03, 95% CI 31.91–51.11, p = 0.65). These results were not confounded by age, gender, sIgE, severity of the most severe previous accidental reaction, history of atopic dermatitis, asthma or allergic rhinoconjunctivitis.

Conclusion: Children receiving a high fat matrix peanut challenge have more severe reactions than children receiving this test in a low fat matrix. This supports the role of the food matrix as an augmentation factor which may enhance the severity of both diagnostic as well as accidental reactions. It also raises the possibility that matrix effects during oral immunotherapy with peanut could be a cause of adverse events during such treatment.

PD36
The probability of distribution Alfa-gal associated allergy in Ukraine
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Clinical and Translational Allergy 2017, 7(Suppl 1):PD36

Introduction: Annually number of reports about anaphylaxis caused by food products increases. The development of IgE-mediated reactions to food that is well tolerated in the past, now, sometimes is a true diagnostic and therapeutic challenge for the patient and the doctors. Such allergies is delayed allergy to red meat that is associated with the formation of IgE antibody to the oligosaccharide galactose-alfa-1,3-galactose (Alfa-gal). During evolution human body formulated the immunological tolerance to Alfa-gal production through IgG. Factor launch IgE-mediated process are tick bites, which linked the spread of geographical features of this type of food allergy (FA). Proved that serious manifestations of anaphylaxis occur in conditions of consumption of fatty meat or large quantities of meat. Determined that Alfa-gal epitope transmitted through the milk that gives grounds to say about later reaction to this product. It is believed that the alternative cause of sensitization to Alfa-gal infection are different types of parasites.

The aim of our study was to determine the probability of distribution associated Alfa-gal allergy among Ukrainian patients.

Results: We conducted a comparative assessment of different components of the ticks saliva, on which was identified allergic reactions to Alfa-gal in the USA (Amblyomma americanum), Australia (Ixodes holocyclus) and Europe (Ixodes ricinus). The same ingredients not found in these types of ticks, but each of them has a specific immunotropic action. In particular, I. ricinus, prevalence of which in Ukraine in recent years increased by 14–18% containing biological substances that intensified alternative pathway of complement activation, Th2-response, inhibited proliferation of B lymphocytes.

Conclusion: Ukraine has a high probability of spreading Alfa-gal associated FA. The arguments are the same: rising prevalence of I. ricinus, Ukrainian traditional consumption of fatty foods and dairy products, high prevalence of parasitic invasions. There is a necessity of components diagnostics Alfa-gal, which today is not performed. In this case the only way to diagnose is carefully collected history.

PD37
Natural history of hen’s egg allergy in early childhood
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Clinical and Translational Allergy 2017, 7(Suppl 1):PD37

Introduction: Hen’s egg (HE) allergy is the most common food allergy in early childhood. Although there is a good prognosis, reported data on the development of clinical tolerance vary between studies. The aim of our study was to analyze the natural history of HE allergy among children with challenge proven HE allergy.

Methods: Data of children undergoing double-blind, placebo-controlled food challenge (DBPCFC) in our center were prospectively recorded. Children who had a DBPCFC with raw HE between 01/2010 and 06/2014 were further evaluated. When data on repeated DBPCFC with either raw or baked egg of the children were not available in our data bank, parents were questioned by telephone with a standardized questionnaire whether their child tolerates raw and/or baked HE in their diet.

Results: 110 children with a positive DBPCFC to HE could be included (41 girls and 69 boys with a median age of 1.4 years (0.4 to 9.8 years) at the first DBPCFC with raw HE). After a median period of 34 months (9 to 96 months), 54/110 children (49%) tolerated raw HE (45 had a second DBPCFC to raw HE without reaction, 9 reported complete tolerance in the interview). Of the remaining 56 children without known tolerance to raw HE (still allergic n = 40, unknown n = 12), more than half (54%, n = 30) could tolerate heated HE after a median period of 26 months (20 had a negative DBPCFC to heated HE, 10 reported tolerance to heated HE in the telephone interview). Altogether 29/69 of the boys (42%) developed clinical tolerance to raw HE within a median period of 36 months (9 to 96 months), while 25/41 of the girls (61%) tolerated raw HE already after a median period of 26 months (11 to 66 months). Tolerance development to raw HE in this study was slightly longer than reported from the EuroPrevall birth cohort. This might be explained that re-challenges were not scheduled on yearly basis as in EuroPrevall but on request of the child’s physician.

Conclusion: Around half of the children with challenge proven HE allergy develop tolerance to raw HE within a median period of 3 years and even more to heated HE. Girls seem to have better chances to develop tolerance to HE in a shorter period of time than boys, but larger trials are necessary to confirm these observation.
PD39
Comparing safety profile of boiled egg oral immunotherapy as an alternative to raw egg
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Clinical and Translational Allergy 2017, 7(Suppl 1):PD39
Introduction: Improving safety of egg oral immunotherapy (OIT) is a source of concern. Our group has previously published data regarding safety in a protocol to raw egg (RE)-OIT, reporting adverse reactions in 7.6% of doses and adrenaline use in 26%. To evaluate the safety of boiled egg (BE)-OIT in egg allergic children and compare it with previous data on RE-OIT.
Methods: Medical records of children following the protocol from January 2015 to July 2016 were reviewed. Retrospective data were collected for demographics, adverse events at oral food challenge (OFC) and during induction phase. Specific-IgE (s-IgE) and skin prick test (SPT) were expressed with median and range (min-max). Written informed consent was signed. Open OFC with BE was performed, confirming allergy. Anaphylaxis was defined following EAAICI position paper criteria.
Results: 21 patients were enrolled, 76.2% boys, median age 9 years (5–15). At OFC: All had adverse reactions and 9/21 presented anaphylaxis. Total IgE 1141 kU/L (97–3814), ovalbumin-sIgE 3.19 kU/L (0–667), ovomucoid-sIgE 4.47 kU/L (0.89–1480), egg white-sIgE 6.6 kU/L (0–1350); ovalbumin SPT 7.9 mm (2.8–14.7), ovomucoid 9.7 mm (4.2–16.9), egg white 10.4 mm (4–15.6). OIT induction phase: 57.1% (12/21) had adverse events: 42.8% gastrointestinal, 28.5% respiratory and 19% cutaneous. 61.9% (13/21) completed induction reaching at least 5.6 gr of BE (700 mg of protein). 3 patients were excluded for not reaching this dose. 1309 doses were administered and 28 reactions occurred (2.14% of OIT doses). 7/18 had anaphylaxis, 2 patients required adrenaline use (10.5%), 5 withdrew during induction phase (4 due to anaphylaxis and 1 for poor adherence). Egg OIT is still an experimental treatment and aims to modify clinical reactivity in persistently egg-allergic children. BE-OIT enhances children’s diet by including baked and various quantities of fully cooked egg thus improving families quality of life. However, complete tolerance to raw-egg is not attained. Initial parameters at OFC were comparable to previous RE-OIT group. Adverse events are still a source of concern even with the modified BE-protocol.
Conclusions: Gastrointestinal symptoms were the most frequent adverse reactions and anaphylaxis the most common cause of withdrawal. Within similar populations, BE-OIT showed an improvement in safety profile with fewer adverse reactions and less use of adrenaline; proving to be a better OIT alternative for egg allergic children.
Consent to publish: Written informed consent was obtained.

PD40
Food allergy has no impact on asthma morbidity except if associated to atopic dermatitis
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Clinical and Translational Allergy 2017, 7(Suppl 1):PD40
Introduction: Food allergy (FA) is often associated to asthma. We aimed to investigate the impact of FA on asthma control. Exacerbations, maintenance treatment, and lung function were also evaluated.
Methods: Longitudinal prospective study conducted between August 2015 and March 2016. Allergic asthmatic Children, ≥7 years old, with or without confirmed FA, were included during a scheduled visit. Asthma and FA characteristics were recorded. Asthma control was defined according to GINA criteria. Asthma Control Test (ACT) or pediatric-ACT, asthma exacerbation rate, oral corticosteroids courses (OCC), hospitalisations in the previous year, GINA maintenance treatment level and ICS dose, lung function (FEV1, FEV1/FVC, FeNO) were compared between children with FA and those without.
Results: 212 asthmatic children (mean age: 11.5 years), were included; 57 of them had FA (27%) (nuts = 26, peanut = 23, egg = 11, milk = 3, other = 20, multiple FA = 41). History of life threatening asthma was not different between the 2 groups (p = 0.4). History of food anaphylaxis was documented in 39 patients. 31 children (15%) were treated with Omalizumab, 10 of them with FA. Good control was observed in 38 children with FA (67%), and 94 children without FA (61%) (p = 0.42); there was no difference for ACT or pACT score (p = 0.26), exacerbation rate [mean: 1.2 (+/−2.04) if FA vs 2.22 (+/−3.65) if asthma only (p = 0.1)], OCC (p = 0.08), hospitalisations (p = 0.41), GINA treatment level (p = 0.17), ICs dose (p = 0.16). FEV1/FVC (mean: 84% if FA vs 83%; p = 0.12) and FeNO (median: 42 ppb if FA vs 24 ppb (p = 0.55)) were not different. The type of food allergen, the number of FA, the severity of food reaction had no effect on asthma control. The subgroup of patients with ‘atopic dermatitis-FAs’ (A-DA-FA) had a higher number of exacerbations (p = 0.009) and daily ICs (p = 0.017) compared to patients with asthma, FA and no AD. We did not observe that FA was associated to worse asthma control or morbidity as previously reported [1,2]. Regular follow-up in a tertiary care centre may explain the results. However, we observed that children with FA and AD had a more severe asthma than those with FA but no AD.
Conclusion: Our study does not provide evidence for increase asthma morbidity in children with any FA. The association of A-DA-FA characterizes a specific phenotype.

References

PD41
Skin prick test and development of tolerance in children with egg allergy
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Clinical and Translational Allergy 2017, 7(Suppl 1):PD41
Introduction: The aim of our study was to examine whether the loss of positive skin prick test (SPT) reactions to egg white or egg yolk predicted the development of spontaneous clinical tolerance in children with egg allergy.
Methods: We recruited children with egg allergy, as positive oral food challenge with egg (OFC) or suggestive history and positive SPT reactions to yolk egg and/or egg white. All children underwent SPTs with egg white and yolk extracts. Children whose SPT results to both egg white and egg yolk became negative during follow-up were included in group 1, those with persistent positive SPT results in group 2. The acquisition of tolerance to hen’s egg was ascertained by open OFC in both groups with escalating doses every 20 min of hard-boiled egg. The adverse reactions were considered immediate when they appeared within 2 h and delayed after 2 h. In case of negative TPO, the egg was administered at home for 4 days, with control of any adverse reactions. In case of unclear symptoms to TPO, it was performed a double-blind test, placebo-controlled trial.
Results: Seventy-five egg-allergic children (44 males), aged 3–78 months, were enrolled. Among them 23 were assigned to group 1 (negative SPT to yolk and egg white) and 52 in group 2 (positive SPT to yolk and/or egg white). In group 1, a child (4.3%) experienced positive OFC, in group 2, 13 children (25%) did not pass OFC (p < 0.03). In all cases manifestations were immediate, most frequently cutaneous.
Cow’s milk (CM) allergy is a rising problem worldwide. Poor prognostic risk factors such as casein sensitization are well described. Nowadays we have not yet clear clinical markers to differentiate in early stages patients with good prognosis. We analyze the clinical characteristics of patients who present only mild gastrointestinal symptoms. These data suggest that the EMA requirement for labelling of medicines containing low levels of soya as contraindicated in peanut-allergic individuals is unwarranted.

**PD43**

How common is soya allergy in peanut-allergic children?

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Clinical and Translational Allergy 2017, 7(Suppl 1):PD43

Introduction: The prevalence of peanut allergy is around 2% in children. Current guidance from the European Medicines Agency (EMA) requires any medication containing soya-based products (including soya oil) to state that the product is contra-indicated in peanut-allergic individuals, since both are legumes. While clinical allergy to soya in peanut-allergic individuals is considered to be uncommon, only limited published data are available to substantiate this. We therefore sought to determine the rate of soya allergy in children with challenge-proven peanut allergy.

**Methods:** We performed open food challenges to soya (total 4.0 g protein) in children with peanut allergy proven through double-blind placebo-controlled food challenge (DBPCFC). All challenges were conducted according to PRACTALL consensus criteria. Where a participant experienced any symptoms during the soya challenge, DBPCFC to soya was undertaken to exclude placebo reactors. Local ethical and regulatory approval was granted, and informed consent was obtained.

**Results:** From a total of 645 pediatric patients referring food adverse reaction, in 96 patients (4.3 ± 3 y.o.) have been asked about their tolerance with both whole CM and dairy products. All patients performed an open challenge with CM to confirm clinical. Celiac disease and lactose intolerance was ruled out.

**Conclusion:** Co-allergy to soya is uncommon in peanut-allergic chil-

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**ClinicalTrials.gov Identifier:** NCT02149719.

**Results:** 38 children (median age 13.5 years, range 8–17 years, M:F 1:3.1) with peanut allergy (confirmed by DBPCFC) participated in this study. Over half had a history of previous anaphylaxis to peanut, and 24% developed anaphylaxis during DBPCFC to peanut. Skin prick test to peanut extract ranged from 5 to 22 mm (median 10 mm), with a median peanut-specific IgE of 46 kU/L. SPT to soya extract was negative in 31/38 children; in the remaining 7 children, SPT varied from 2 to 4 mm. 37/38 (97%) tolerated the open challenge to soya: 1 child experienced oral pruritus which was reproduced during DBPCFC; 1 child tolerated an open challenge to unroasted soya protein. One child developed oral symptoms to roasted but not unroasted soya; this child was also sensitised to birch pollen. There was no evidence of systemic soya allergy in this cohort of peanut-allergic children at challenge.

**Conclusion:** Co-allergy to soya is uncommon in peanut-allergic chil-

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Clinical and Translational Allergy 2017, 7(Suppl 1):PD44

Introduction: Cow’s milk (CM) allergy is a rising problem worldwide. Poor prognostic risk factors such as casein sensitization are well described. Nowadays we have not yet clear clinical markers to differentiate in early stages patients with good prognosis. We analyze the clinical characteristics of patients who present only mild gastrointestinal symptoms.

**Methods:** We selected pediatric patients who referred only mild gastrointestinal symptoms after CM intake in the last 2 years. Skin prick test (SPT) with commercial extracts were performed with whole CM, casein (CAS), alphalactoalbumin (ALA) and betalactoglobulin (BLG). Measurement of total IgE and specific IgE against milk proteins in patients sera were performed (ImmunoCAP, Sweden). Families have been asked about their tolerance with both whole CM and dairy products. All patients performed an open challenge with CM to confirm clinical. Celiac disease and lactose intolerance was ruled out.

**Results:** From a total of 645 pediatric patients referring food adverse reaction, in 96 patients (4.3 ± 3 y.o.) have been confirmed mild gastrointestinal symptoms after CM intake. The most prevalent symptom was abdominal cramps (n = 72), followed by abdominal bloating (47), mild chronic diarrhea (n = 38) or feed refusal (n = 21). A positive SPT to CM was achieved only in 35 patients (36.4%), with positive BLG in only 21 cases. Milk sIgE showed low rates generally, but BLG sIgE seems like the most prominent. It was noted that in a third of cases sIgE to CM was negative and in almost 25% only BLG showed positive sIgE. All patients identify CM such as the triggering food, although almost all have been still tolerating yogurt. Thus in the remaining patients we performed a subsequent open challenge test with yogurt, showing good tolerance nearly 80% of them. Interestingly only after 1 year,
more than a half of patients reached whole CM tolerance. The broad dietary restriction in patients with CM allergy involves important limitations in everyday life. The identification of different clinical phenotypes may have relevant implications for the clinical management, and a potential better short-term prognosis.

**Conclusion:** We describe a new CM allergy phenotype characterized by mild abdominal symptoms and lower CM sIgE, showing BLG sIgE as a key biologic marker in our population. The identification of this syndrome may be clinically relevant in the management and prognosis of CM allergic patients.

**PD45**

Mechanistic characteristics of peanut allergic children undergoing oral food challenge and oral immunotherapy

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Clinical and Translational Allergy 2017, 7(Suppl 1):PD45

**Introduction:** Peanut OIT can dramatically improve the quality of life for allergic children but the molecular and immunological changes that occur during treatment are poorly understood.

**Methods:** Whole blood samples were collected pre- and post-oral food challenge to peanut at baseline and at 6 months from 15 peanut allergic patients participating in a double-blind, placebo-controlled, randomized trial of peanut Oral Immunotherapy (POIT). Basophil activation test (BAT) using CD203c expression was performed after stimulation with different concentration of peanut extract. Peanut-reactive CD4+ T cell response were monitored using the CD154-based assay following stimulation with pool of Ara h 1, 2, 3, 6, 8 and 9 peanut component. Sorted peanut-reactive CD4+ T cells were then run on the Fluidigm 96.96 dynamic array chip to assess changes in gene expression.

**Results:** Positive reactions to the BAT and presence of peanut-reactive effector TH2A cells lacking CD27 expression reflect the status of sensitization to peanut, proved by Oral food challenge. Oral food challenge to peanut drastically increase the frequencies of peanut-reactive CD4+ T cells before POIT but at a lower extent in the active group post treatment. Changes in the frequency, phenotype and molecular signature of peanut reactive T cells are predictive of early clinical responses induced by POIT. Our results also confirmed that allergen-specific TH2 cells exhibit an "exhausted" phenotype and are preferentially targeted by allergen immunotherapy.

**Conclusion:** These results reveal novel immunological and transcriptional signatures as surrogate markers of successful immunotherapy.

**PD46**

Development of a food allergy skin sensitisation model in naïve Brown Norway rats

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Clinical and Translational Allergy 2017, 7(Suppl 1):PD46

**Introduction:** Allergic sensitisation to foods may occur in infancy without prior oral exposure to the offending food. This has led to the assumption that food allergy sensitisation may occur through alternative routes, such as via the skin. Recently, concerns have been raised regarding the safety of use of cosmetic and personal care products containing hydrolysed wheat proteins. The aim of this study was to develop a skin sensitisation model in naive Brown Norway (BN) rats.

**Methods:** A high IgE-responder BN rat strain bred on a gluten-free diet for several generations were used as an animal model and two different products, unmodified gluten and acid hydrolysed gluten were used as model proteins. Rat abdominal skin was shaved, lightly scratched with sandpaper and exposed to one of the products. The animal model was optimised for duration of skin exposure, the amount of product applied as well as for the post-immunisation regime. Skin conditions were evaluated by histology and water evaporation. At different time points sera were collected and analysed for the level, avidity and cross-reactivity of specific antibodies by different ELISA. The antibody specificity was evaluated by immunoblotting and the functionality was examined by an ear swelling test.

**Results:** Both products were able to induce a specific immune response and sensitise through the slightly damaged skin without any use of adjuvant. This was evident before any post-immunisations. The sensitisation response depended on the duration of the skin application as well as on the amount of products applied to the skin. Differences in dose-response relationship were seen between products. The results confirm previous studies showing that acid hydrolysis induced new epitopes while maintaining original epitopes. Antibody avidity differed greatly between the products and showed that the shared epitopes induced antibodies with highest avidity. Oral and i.p. post-immunisation induced different outcomes, with a surprisingly higher response after oral compared to i.p. post-immunisations. The aim of the study, developing an animal model for studying food allergy skin sensitisation, was fulfilled. The model was able to detect differences in the induced response between the two products and further indicated homing of skin immune cells to the gut.

**Conclusion:** In BN rats non-tolerant to gluten, unmodified and acid hydrolysed gluten has sensitising capacity through the skin.

**PD47**

The nature of wheat gliadins modifies the immune response in a mice model of food allergy

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Clinical and Translational Allergy 2017, 7(Suppl 1):PD47

**Introduction:** Food allergies result from a complex immune response involving both innate and adaptive immune cells. Major proteins of wheat flour, gliadins, appear as important allergens and have a special role in wheat-dependent exercise-induced anaphylaxis. Allergen characteristics can influence the allergic response. In this context, chemically modified gliadins by industrial processes impact immune mechanisms orchestrating allergic reaction in an undefined manner. Our study investigates immune reaction development during food allergy with gliadins under native, deamidated or hydrolyzed forms.

**Methods:** Mice were sensitized with native (NG), deamidated (DG) or hydrolyzed gliadin (HG). Subsequently, mice were challenged by oral gavage with the corresponding allergens. Then, organs were collected at different time points and analyzed for immune and physiological parameters such as gastro-intestinal functions, cytokine secretion or allergenspecific IgE.

**Results:** Preliminary data clearly show an increase of specific IgE and IgG1 level in serum after challenge when mice were sensitized with DG compared with NG and a level comparable to un-sensitized mice with HG. This was accompanied with an increase of intestinal permeability and histological score reflecting intestinal integrity. Moreover, a more pronounced Th2-polarization together with a decrease in regulatory immunosuppressive response was observed in lymph nodes from mice sensitized with DG compared with NG sensitized mice.

**Conclusion:** Altogether, our data tend to demonstrate that industrial processes such as deamidation or hydrolysis impact food allergenicity through immune modulation and help us to develop tools to define how they can influence this reaction and encourage or decrease allergic reactions.
PD48
Orally administered hydrolysed ovalbumin as an immunotherapeutic agent in a mouse model of egg allergy
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Clinical and Translational Allergy 2017, 7(Suppl 1):PD48

Introduction: At present, the main treatment for egg allergic patients is based on food avoidance, which poses a risk, since egg is used as an ingredient in a wide range of food products. Oral immunotherapy (OIT) is a promising treatment option, although the use of intact allergens produces frequent side effects. In this respect, egg white protein hydrolyzates are thought to be safer to induce protective mechanisms leading to oral tolerance. The aim of this study was to determine the immunomodulatory effects of pepsin-hydrolyzed ovalbumin (OVA) administered as OIT in a BALB/c model of egg allergy.

Methods: BALB/c mice were orally sensitized during 6 weeks with 5 mg of raw egg white (EW) using cholera toxin as adjuvant. On week 7, mice underwent an immunotherapy protocol with either intact or pepsin-hydrolyzed OVA during 3 weeks and were subsequently challenged with EW. The severity of the anaphylactic reaction was evaluated (clinical signs and body temperature drop) and serum levels of mMCP-1 were determined by ELISA. Allergen-specific antibodies, IgE and IgG1, were monitored throughout the OIT. The expression of the genes TSLP, IL-33, IL-25, TGF-β and IL-10 was analyzed by RT-qPCR in the small intestine. Furthermore, cytokine responses were measured in allergen-stimulated splenocytes and changes in cellular populations (Th1, Th2 and T reg) were assessed in the mesenteric lymph nodes (MLNs) using flow cytometry.

Results: Mice orally treated with pepsin-hydrolyzed OVA were significantly protected from anaphylactic reactions compared with the groups of untreated mice and mice treated with intact OVA, which showed anaphylactic signs and a marked decrease of body temperature. Similarly, serum levels of mMCP-1 were lower in mice treated with the hydrolyzate. Desensitization of the allergic mice induced by the hydrolyzate was accompanied by a significant reduction in the levels of EW-specific IgE and IgG1. Administration of hydrolyzed OVA also downregulated the intestinal expression of TSLP, IL-33 and IL-25, and significantly increased levels of IL-10 expression. However, the group that received intact OVA showed similar expression levels than untreated control mice. Desensitization by pepsin-hydrolyzed OVA was associated with a shift in the Th2 profile, as shown in ex vivo stimulated splenocytes and flow cytometry analysis of T cell subsets in the MLNs.

Conclusion: OIT with pepsin-hydrolyzed OVA desensitizes and prevents antigen-induced anaphylaxis in mice allergic to EW more effectively than the intact protein.

PD49
Long term reduction in food allergy susceptibility in mice by combining breastfeeding-induced tolerance and TGF-β enriched formula after weaning
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Clinical and Translational Allergy 2017, 7(Suppl 1):PD51

Introduction: Understanding the mechanisms how the host recognizes countless foreign antigens and remains unresponsive to self, have opened many questions in the field of immunological tolerance. The most specific marker that distinguishes regulatory from conventional T cells is forkhead box transcription factor (Foxp3). The most specific marker that distinguishes regulatory from conventional T cells is forkhead box transcription factor (Foxp3). Predominant subpopulations which are Foxp3 negative are their regulatory function. The most specific marker that distinguishes regulatory from conventional T cells is forkhead box transcription factor (Foxp3). The most specific marker that distinguishes regulatory from conventional T cells is forkhead box transcription factor (Foxp3). It seems that the efficacy of Treg-based therapy depends on the antigen specificity of these regulatory T cells. The most common use of Tregs is described in the prevention of allergic diseases, autoimmunity and in possibility to moderate transplantation tolerance. NKT cells represent a unique sublineage of innate lymphocytes, which share the properties of natural killer cells and conventional T cells. Hypothesis about regulatory network of Tregs and NKT cells was studied by flow cytometry, analyzing the characteristics of human Tregs and NKT cells of patients with food allergy, compared to healthy volunteers.

Methods: A total of 30 children with food allergy were investigated. None of them was taking any systemically administered medications for at least 3 months before testing. Venous blood samples were taken and peripheral blood leukocytes (PBL) were isolated. Phenotype of lymphocytes was analyzed using intracellular and surface immunofluorescence and flow cytometric analysis (FACSCalibur).

Results: Our preliminary study was shown a significant increase in a percentage of regulatory T lymphocytes and NKT cells in peripheral blood of people with described food allergy. Tregs have the ability to suppress allergic immune response. NKT cells perform an important subpopulation of cells which can play both roles: as effectors and as regulatory cells in a wide range of disease settings.

PD51
Cross-talk between Tregs and NKT cells in children with food allergy
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Clinical and Translational Allergy 2017, 7(Suppl 1):PD51

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Results: Our preliminary study was shown a significant increase in a percentage of regulatory T lymphocytes and NKT cells in peripheral blood of people with described food allergy. Tregs have the ability to suppress allergic immune response. NKT cells perform an important subpopulation of cells which can play both roles: as effectors and as regulatory cells in a wide range of disease settings.
Conclusion: We can talk about the new kind of cells NKT-reg cells, whose monitoring may lead to important early diagnosis and/or prognosis of food allergies.

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PDS2
PGE2 diminishes basophil activation in patients with food anaphylaxis dependent of nonsteroidal anti-inflammatory drugs
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Clinical and Translational Allergy 2017, 7(Suppl 1):PDS2

Introduction: A direct effect of nonsteroidal anti-inflammatory drugs (NSAIDs), but not selective cyclooxygenase (COX)-2 inhibitors, on basophils using a human model of peach lipid transfer protein (Pru p 3) allergy enhanced by NSAIDs has been recently reported. In patients with food dependent exercise induced anaphylaxis, the administration of misoprostol, a prostaglandin (PG) E1 analog, was reported to inhibit the allergic response. We sought to evaluate the effect of PGE2 in an in vitro model of basophils of patients with Pru p 3 allergy enhanced by NSAIDs.

Methods: A basophil activation test, measured as expression of CD63 (FlowCAST®), Bühlmann Laboratories AG® , Switzerland) is performed strictly following the manufacturer’s procedure. Stimuli used are: Pru p 3 (1.120 ng/mL), anti-IgE, lysine acetylshalicylate (L-ASA; 3.38 mM) and PGE2 (10–4 M) at several concentrations and in combinations.

Results: A BAT to 6 consecutive patients with Pru p 3 allergy enhanced by NSAIDs has been performed. In all of them, we observe the enhancement of basophil activation caused by the L-ASA in combination with the allergen compared to the activation caused by the allergen alone, as previously described by our group. PGE2 not only diminishes the effect of L-ASA on basophil activation (median CD63+ basophils (%)) after stimuli Pru p 3 + L-ASA vs Pru p 3 + L-ASA + PGE2: 60.25 vs 44.60, p = 0.031) but also the activation caused by the antigen alone although not statistically significant (median CD63+ basophils (%)) after stimuli Pru p 3 vs Pru p 3 + PGE2: 58.2 vs 37.3, p = 0.063). In 4 of these patients the same experiment was done but using anti-IgE instead of Pru p 3 and the same effect of PGE2 was observed (median CD63+ basophils (%)) after stimuli anti-IgE + L-ASA vs anti-IgE + L-ASA + PGE2: 83.7 vs 62.3, p = 0.016; anti-IgE vs anti-IgE + PGE2: 76.3 vs 58.2, p > 0.05).

Conclusion: Preliminary results show that PGE2 diminishes basophil activation in vitro in our patients with food anaphylaxis dependent of NSAIDs. Confirmation of this observation is required with a larger cohort of patients.

PDS3
Heterogeneity of specific CD4+ T cell responses to peanut allergic components
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Clinical and Translational Allergy 2017, 7(Suppl 1):PDS3

Introduction: We recently described a unique Th2 cell subset specifically involved in all allergy disease (TH2A cell subset). We investigate the cellular and molecular mechanisms behind clinical heterogeneity of peanut allergic responses.

Methods: We combined a CD154-based assay and a single-cell transcriptions analysis to assess ex vivo and at a single cell level the specific CD4+ T cell responses to each peanut allergic component ( Ara h) in adults with or without peanut allergy.

Results: Pathogenic responses (Th2 response) were specifically associated with short life terminally differentiated allergen-specific CD4+ T cells, which dominate in allergic subjects but are absent in non-allergic subjects. Protective responses in non-atopic individuals were associated with peanut-specific TH1/TH17 cell responses. Within the peanut allergic group, we observed inter-individual variations of the specific immune response to each peanut allergic component. No direct linkage between CD4+ T cell response and IgE responses against each individual peanut allergic component.

Conclusions: Ability to identify immunogenicity and type of response elicited by each peanut allergen component appears to be critical to future success in vaccine development against peanut allergy. Understanding the type of cellular response and the role of genetic restriction may allow to target immune response to critical peanut allergen and to uncover the optimal type of cellular immune response necessary for protection.

PDS4
The role of enzymes matrix metalloproteinases 2 and 9 in the pathogenesis of food allergies
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Introduction: Interactions between immune and inflammatory responses may play a crucial role in the development and progression of allergic diseases, autoimmune and chronic progressive inflammatory disease. The matrix metalloproteinases (MMPs) play a key role in angiogenesis together with migration and/or invasion of endothelial cells in surrounding stroma and tissues. MMPs are involved in degrading of extracellular matrix (ECM), which consequently lead to facilitate invading of endothelial cells and in the same time stimulate the releasing of extracellular matrix-sequestered proangiogenic factors (ECM-sequestered proangiogenic factors), integrins, adhesion receptors and different growth factors and receptors. The members of the matrix metalloproteinase (MMP) family are involved in angiogenesis and vascular remodeling, consequently leading to the progression of numerous vascular diseases such as atherosclerosis, varicose veins, hypertension, abdominal aortic aneurysm, preclampsia, etc. The aim of this study was to examine the values of enzyme matrix metalloproteinase-2 and -9 and in urine from children with described food allergies.

Methods: We analyzed 30 patients with children with described food allergies. The method of enzyme immunosassay (ELISA) was used to determine enzymes expression of matrix metalloproteinase-2 and 9 (MMP-2 and 9).

Results: The children with described food allergies had a statistically significantly increased level of MMP-2 and 9 in the urine in comparison with healthy volunteers.

Matrix metalloproteinases (MMPs) play a key role in the physiology of connective tissue development, in morphogenesis and in wound healing and their unregulated activity has been implicated in numerous disease processes including arthritis, tumor cell metastasis and atherosclerosis.

Conclusion: Our data has showed a large increase in the enzyme MMP-2 and 9 in the urine of children with described food allergies, which may be an easy marker for the monitoring of the development of food allergies in children.

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PDS5
Lactobacillus casei and Lactobacillus delbrueckii ssp. Bulgaricus as sources of IgG and IgE-reactive proteins
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Clinical and Translational Allergy 2017, 7(Suppl 1):PDS5
Introduction: Secretion of antibodies belonging to IgE, IgA and IgM class is a natural response of host organism to any protein antigens including those introduced with food. Production of IgE may, however, indicate on sensitivity of the immune system to a particular protein. Bacteria present in food continuously influence the host body interacting with the immune system. Last reports indicate on possible adverse, IgE-dependent reaction of human immune system with proteins from lactic acid bacteria (LAB), namely Lactobacillus casei. The aim of the study was to investigate whether proteins from LAB species commonly used in food industry react with both IgG and IgE antibodies.

Methods: Whole cell extracts of two LAB strains Lactobacillus delbrueckii subsp. bulgaricus 151 (L151) and Lactobacillus casei LcY (LcY) were a source of proteins. Two pooled human sera were used as a source of human primary antibodies: serum A obtained by pooling seven sera from allergic patients and serum B obtained by pooling sera from ten allergic patients. As a control, a pool of sera from six healthy participants with negative serum parameters for allergy diagnostic tests, with no allergic manifestations and with defined negative family histories of atopy was used. Bacterial proteins were separated (Tricine SDS-PAGE), then transferred onto nitrocellulose membranes. The membranes were probed with human sera (primary antibodies) and then with fluorescently labelled secondary antibodies: goat anti-human IgG antibodies already conjugated with IRDye® 800CW (LI-COR) and mouse monoclonal anti-human IgE antibodies (Sigma) labelled using the IRDye®680RD Protein Labelling Kit (LI-COR). Signal detection was carried out with the Odyssey Infrared Imaging System.

Results: Analyses carried out with pooled serum A showed only one protein fraction (ca. 36 kDa) in LcY strain reacting with both IgG and IgE. With the use of pooled serum B, however, IgG and IgE reactive proteins were detected in both LcY and L151 strain. Differences in profiles of immunoreactive proteins obtained with the examined sera indicated that bacterial proteins are characterized by different immunological determinants with different affinity to human antibodies.

Conclusions: Immunoreactivity of bacterial proteins, which may be in contact with the human immune system, and studies on immunoreactivity of proteins from bacteria used in food production technology and those comprising the human microbiome should be continued.

PD57
Mineral status of infants requiring dietary management of cow’s milk allergy by using an amino acid-based formula
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Introduction: Cow’s milk allergy (CMA) is the most common food allergy in infancy. Fundamental to the management of food allergy is complete elimination of the offending proteins. However, due to dietary elimination CMA patients are at risk for inadequate nutritional intake. Management approaches in infants and young children include the use of hypoallergenic formulas that need to be fully tolerated, support normal growth and also assure adequate nutritional status in these patients. Dietary management of CMA with a hypoallergenic amino acid-based formula (AAF) has been proven to be effective and safe. Data on mineral status after dietary management by AAF are however scarce.

Methods: In a prospective, randomized, double-blind controlled study, full term infants with diagnosed CMA received either AAF (n=13) or a standard milk formula without symbiotics (neutral and acidic oligosaccharides, Bifidobacterium breve M-16 V) for 16 weeks. Primary outcomes were growth and formula tolerance and have been reported previously [1,2]. Minimal status was assessed by analyses of blood samples obtained at baseline and 16 weeks, which included calcium, phosphorus, chloride, sodium, potassium, magnesium and total iron. Total protein, albumin, prealbumin, hemoglobin and ferritin were also determined. Formula intake was recorded through diaries at weeks 0, 4, 8 and 16 during the study.

Results: Average age of infants at inclusion was 4.5 ± 2.4 months (mean ± SD). Median study product intake ranged from 704 ml/day in the first week to 789 ml/day at week 16. At baseline, averages (mean, median) of blood levels of calcium, phosphorus, chloride, sodium, potassium, magnesium and iron were within reference ranges. After 16 weeks on AAF, the averages of all mineral blood levels were again within the specified reference ranges set for the corresponding infant ages. Also the averages of total protein, albumin, prealbumin, hemoglobin and ferritin were within reference ranges. For some minerals, a number of individual values at baseline were below references, i.e. calcium (n = 1), phosphorus (n = 1), chloride (n = 1), and sodium (n = 1). Whereas at week 16 none of these minerals had individual values below reference ranges.

Conclusions: This study shows that an AAF with or without symbiotics, which have been reported previously to be equally tolerated and to support normal growth [1,2], are effective in maintaining an adequate mineral status in CMA infants.

References

POSTER DISCUSSION SESSION 4: Case reports

PD58
Desensitisation of serious milk allergy in adult patient and monitoring with basophil activation test and IgG4
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Introduction: Serious life-threatening food allergy is still difficult to treat and usually results in a social life with restrictions. Pre-treatment with Anti-IgE has lately been suggested in order to start desensitization for food allergy in some patient cases. The conventional allergy tests though, are not always enough for monitoring the treatment with Anti-IgE and desensitization process. Here, we present a case report of desensitization against serious allergy to milk and monitoring with basophil activation test (BAT) and IgG4.

Case report: A 70-years old female patient with serious allergy to milk, allergic asthma who was previously treated with immunotherapy for allergy to pollen and animal dander, was referred for allergological assessment and for possible treatment with desensitization to milk allergy. The patient reacted previously with anaphylaxis due to ingestion of traces of milk protein, even due to airborne milk protein and with contact urticaria due to milk. In 2015 the patient started pre-treatment with Anti-IgE, in a dose of 450 mg every 2 weeks, and was monitored with BAT before eventually desensitization. Before the treatment with Anti-IgE, BAT with prick-test extract for milk (PT) (Soluprick, ALK) was 1,148 units (U) and with fresh milk 467.29 U. After six months of treatment with Anti-IgE, BAT analysis was found very low, compared to the values before starting pre-treatment with Anti-IgE and before starting the desensitization. The patient showed for milk 580 kU/L, IgG4 for casein 1.55 kU/L after six-months of treatment with Anti-IgE and before starting the desensitization. The patient started desensitization with slow build-up by ingesting fresh milk once a week with target of reaching the cumulative dose of 200 ml after 16 weeks. After 12 weeks of desensitization the patient reacted with mild skin redness in the face and neck when she ingested the dose of 50 ml of fresh milk, and therefore the patient started continuous treatment with H1-antagonist and anti-leucotrienes daily.
along with Anti-IgE treatment. New BAT analyses with PT-extract and fresh milk was turned out negative after 12 weeks of ongoing desensitization while IgE for milk showed 390 kU/L and IgG4 for casein 2.51 kU/L. The patient reached the dose of 200 ml fresh milk after 16 weeks and continued consuming daily dairy products without any further reactions by now.

**Conclusion:** Some patients with serious life-threatening food allergy, pre-treatment with Anti-IgE is required and BAT is suggested as monitoring tool for indicating the starting-point for the desensitization process. BAT along with IgG4 may be used in order to monitor successfully the patient's acquired tolerance for the food allergen during the desensitization and during the follow-up later on, even when Anti-IgE medication would have been suspended.

**Consent to publish:** The patient has given consent for presentation and publication of the case.

**PD60**

A novel combination of an IgE mediated adult onset food allergy and a suspected mast cell activation syndrome presenting as anaphylaxis

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**Introduction:** Food allergy is reported to affect approximately 2% of the adult population, with the majority having had onset during childhood. There is an increasing recognition of adult onset food allergy, however these typically are associated with pollen-plant association, and are more often food-dependent, exercise-induced, anaphylaxis (FDEIA). According to recent consensus statements, mast cell activation syndromes are divided into 3 subtypes: Primary Mast Cell Activation (MCAS), Secondary MCAS, and idiopathic MCAS. A mast cell activation disorder requires clinical symptomatology that is in keeping with the disorder, a transient, measurable increase in either serum tryptase or other markers of mast cell mediators and a response to agents that interfere with mast cell mediators. Recent attempts have been made to standardize an approach to suspected mast cell disorders, in order to appropriately classify individuals with evidence of mast cell activation that did not meet diagnostic criteria for systemic mastocytosis. The combination of adult onset food allergy with an underlying mast cell disorder has not been described previously in the literature, and this case report demonstrates the investigation of an elderly gentleman who presented with first onset anaphylaxis due to food ingestion with evidence of a suspected underlying mast cell activation syndrome.

**Case report:** A 75-year-old male presented to the local emergency department exhibiting symptoms consistent with anaphylaxis. When found by his son in law he was reported to be flushed and unresponsive. On arrival of emergency medical personnel he was found to be hypotensive with blood pressure values of 80/60, hypothermic at 34.7°C orally, and hypoxemic with a SaO2 of 88% by pulse oximetry. He received a 500 cc IV normal saline bolus with EMS. In the emergency department a blood pressure of 71/44 was recorded. He was treated with 3L of IV crystalloid, epinephrine 1:1000 0.3 mg IM once, diphenhydramine 25 mg IV with a second 50 mg IV dose, ranitidine 150 mg IV once, and methylprednisolone 250 mg IV once with improvement. He suffered a type 2 MI related to anaphylaxis associated hypotension. The patient in this case had an underlying mast cell disorder that was manifested by tropinemia.

**Conclusion:** The combination of food allergy with a mast cell activation syndrome with onset in the elderly population represents a novel combination that is not well described. It is unclear whether the patient in this case had an underlying mast cell disorder that was previously quiescent and was detected only due to his presentation, or whether this was related to a newly acquired functional mast cell hyperplasia secondary to an as yet undiscovered or subclinical triggering source such as malignancy, infection, subclinical thrombosis, an underlying autoimmune condition, increased stimulatory cytokines, or increased vasoactive peptides; as all are postulated triggers of mast cell activation.

The increasing prevalence of food allergy worldwide, and the heightened propensity for life threatening anaphylactic reactions in those with underlying mast cell reactivity highlights the importance of an educated,
stepwise, evidence-based diagnostic approach to older adults presenting with anaphylaxis. This further supports the importance of a high level of suspicion for clonal mast cell disorders in patient’s presenting with anaphylaxis with profound cardiovascular manifestations and limited cutaneous manifestations. A case such as this emphasizes the importance of thorough investigation of all potential allergen exposures, including those to which a patient has been exposed on multiple occasions without systemic or local reaction.

It could be theorized that new sensitization to previously tolerated food antigens with resultant anaphylaxis could be associated with underlying mast cell activation disorders in adults without a history of atopy, particularly when presenting with profound hypotension. Further research is needed into the incidence of adult onset IgE-mediated food allergies, anaphylaxis, and the rate at which it is associated with underlying mast cell activation, particularly given the association with MCAS and a heightened risk for a more severe anaphylactic reaction.

Consent to publish: The individual described in the above case report has completed and signed a consent form for publication and presentation, currently stored at the Allergy and Immunology clinical offices in the Health Sciences Centre, Winnipeg, Manitoba, Canada. A copy can be made available if required.

PD61
A natural red pigment as a hidden allergen in delayed idiopathic anaphylaxis: carmine-induced food allergy

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Introduction: Carmine (E120) is a red dye extracted from dried female cochineal arthropods (Dactylopius coccus cacti) commonly used in foods, drugs and cosmetics. Reports of IgE-mediated carmine allergy are limited.

Case report: A 56-year-old female experienced 2 anaphylactic reactions after eating chicken tikka masala and after a croissant with wild berries topping. She showed immediate nausea, vomiting and diarrhea followed by urticarial rash and facial edema several hours later. Afterwards, patient had, with exception of the wild berries topping, the same food again but without complaints. Skin and immunoCAP (Thermofisher-Phadia) testing were negative with all food allergens relevant to the history, including Tri a19 and galactose-alpha-1,3-galactose. Idiopathic anaphylaxis was diagnosed and an adrenalin auto-injector was prescribed. Several months later, after performing an urea breath test for Helicobacter pylori with a Fortimel™ energy strawberry (Nutricia) drink, which contains as potential allergens milk, rape seed oil, sunflower seed oil, soy lecithin and carmine acid, patient experienced immediate epigastric pain followed by dyspnea, facial edema and generalized urticaria. Skin testing with Fortimel™ energy strawberry was clearly positive (negative in 5 controls) and negative for milk and soy milk. Specific IgE showed positivity for cochineal extract (2.77 kU/L) (retrospective serum analysis one month before: IgE 1.92 kU/L). Flow cytometric analysis of activated peripheral blood basophils (CD63+CD123+HLA-DR−), including a positive control (anti-IgE), a negative control (without allergen), carmine (Sigma-Aldrich) and fast green (E143), showed clear CD63 positivity after stimulation with carmine and not with fast green (Fig. 3). This response was absent in the control patient.

Conclusions: A rare case of carmine-induced food allergy is described and confirmed by sIgE, skin prick test and basophil activation test. Carmine, used as a natural red dye, can cause severe allergic reactions at very low concentrations, with an uncharacteristic time delay between exposure and clinical manifestations, potentially hours later. Unclear episodes of anaphylaxis may be due to sensitization to carmine. Carmine should be included in the allergy work-up of idiopathic (food-induced) anaphylaxis as it can act as a hidden allergen.

Consent to publish: Informed consent of the patient is obtained.

![Fig. 3 Basophil activation test](image-url)
Specific IgE antibodies for shrimp, fish, grape, latex, honey bee venom controls. Total IgE was slightly elevated and baseline tryptase was normal. crab and shellfish. Additionally prick to prick tests performed with raw shrimp, to grasses, Bermuda grass, also reported. Skin prick tests to food and aeroallergens were positive banned them. “Slight discomfort” with crustaceans’ consumption was honeycomb and propolis with no reaction, but subsequently she has patient had a history of two anaphylactic reactions after honeycomb ingestion 30 min later. It was the first time she consumed termites. The emergency department with cough, wheezing and urticaria immediately: A 30-year-old Caucasian woman presented at the emergency department, for 8 weeks, by double the quantity up to 120 g. The dose was maintained daily for 6 months. During maintained period, the patients did not have urticaria and asthma exacerbation. She reduced the dose of glucocorticosteroids (nasal and inhaled). At the end of the maintained period, the patient underwent DBPCFC with no symptoms. Specific IgE to wheat decreased to 3.2 kU/L. She was allowed to eat bread and other foods containing wheat proteins, with no urticaria and no asthma exacerbation, during the 6 months followed up. A wheat OIT was safe and produced an improvement in allergic rhinitis, asthma and urticaria female patient allergic to wheat. Wheat OIT may induce tolerance to wheat proteins.

Consent to publish: Our patient gave consent for presentation and publication.

Anaphylaxis to termites’ ingestion in a 30 year-old-woman Maria Konstantakopoulou, Anna Iliopoulou, Nikolaos Mikos, Evangelia Kompoti Allergology Department, Laiko General Hospital, Athens, Greece

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Clinical and Translational Allergy 2017, 7(Suppl 1):PD63

Introduction: Termites are insects in theIsoptera suborder, Blattodea family, with 3106 described species. They live in worm regions, including Africa, South America, South Europe and Australia. Besides their use as a dietary supplement in non developed regions, they have become popular in western countries as delicacy.

Case report: A 30-year-old Caucasian woman presented at the emergency department with cough, wheezing and urticaria immediately after termites’ ingestion, accompanied by epigastric pain and dizziness 30 min later. It was the first time she consumed termites. The patient had a history of two anaphylactic reactions after honeycomb ingestion. Between the first two episodes she was consuming honey, honeycomb and propolis with no reaction, but subsequently she has banned them. “Slight discomfort” with crustaceans’ consumption was also reported. Skin prick tests to food and aeroallergens were positive to grasses, Bermuda grass, Blatella germ, Derm. Pter. Derm. far., shrimp, crab and shellfish. Additionally prick to prick tests performed with raw and boiled termites turned out positive contrary to 5 negative controls. Total IgE was slightly elevated and baseline tryptase was normal. Specific IgE antibodies for shrimp, fish, grape, latex, honey bee venom and tropomyosin were negative, unlike Bermuda grass, Blat. germ, Derm. Pter. and Derm. far. which were positive. However our patient has neither personal or family history of atopic diseases. According to history and laboratory evaluation, we speculated that the common allergen is a minor panallergen, like a calcium-binding protein, common in pollens (Bermuda) Cyn 7 but also in crustaceans Cra c 4, cockroach Bla g 6, mite Der f 17 and honey bee (calcium binding protein 39), although, to our knowledge, no cross reactivity between animals and plants has been described. Unfortunately, for lack of means, we couldn’t identify the common allergen. Accidental exposure in related species could also be a reason for sensitization.

Conclusion: This is the first case report of an anaphylactic reaction to termites’ ingestion. It is challenging how the food consumption from different cultures and ambient could increase the appearance of new food allergic reactions.

Consent to publish: Consent was obtained from the patient for publication of this case report.

Anaphylaxis to banana: a pediatric case report Ana Rodolfo1, Eunice Dias de Castro1, Borja Bartalomé2, Alice Coimbra1 1Serviço de Imunoclinico, Centro Hospitalar de São João, E.P.E., Porto, Portugal; 2R&D Department, Bial Astegei, Bilbao, Spain

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Introduction: Food allergy is the most common cause of anaphylaxis in children. Banana is not considered a highly allergenic food and it is usually one of the first fruits introduced in the diet of infants.

Case report: A 2-year-old boy had an anaphylaxis episode immediately after eating a banana. He presented with oral discomfort, facial and tongue angioedema, emesis and rash on his legs. On route to the emergency department, his aunt, an Allergist, gave instructions to administer dimethindene and betamethasone with symptom improvement. He remained in observation at the hospital and an adrenaline auto-injector, antihistamine and oral steroid were prescribed on discharge. He had eaten bananas before, but always in small quantities because he did not like bananas and he would refuse to eat them. He tolerates apple, pear, mango, pineapple, melon, clementine and vegetables. His medical history includes atopic dermatitis and the use of a helmet during six months for the correction of plagiocephaly under the supervision of neurosurgery. Skin prick tests (SPT) with commercial extracts were positive for kiwi and banana; and negative for D. pteronyssinus, grass pollens, Pru p 3 and latex. The skin prick-test results with banana were also positive. Total IgE and basal tryptase were normal; specific IgE to banana 2.85 kU/L and negative to latex. Sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE) immunoblotting with banana extract and the patient’s serum was performed and an IgE-binding band with a molecular mass of 20 KDa was detected which suggests sensitization to banana.

Conclusion: Although banana allergy is well established in adults, often associated with latex allergy in the latex-fruit syndrome, there are few case reports of anaphylaxis to banana in children. Banana pulp is rich in thumatin-like protein (TLP), an allergen with 20 KDa of molecular mass; it is probably the sensitizer in this case. Curiously, SPT with kiwi extract was positive although he never ate kiwi. This may be explained by the cross-reactivity described among the TLPs.

Consent to publish: We hereby declare that the boy’s parents authorized the authors to publish these findings.

Omalizumab used as treatment in lipid transfer proteins allergy Kok Loong Ue1, Elizabeth Griffiths1, Stephen Till1,2 1Department of Allergy, Guy’s and St Thomas’ NHS Foundation Trust, London, United Kingdom; 2Department of Allergy, King’s College London, London, United Kingdom

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Clinical and Translational Allergy 2017, 7(Suppl 1):PD67
Introduction: Omalizumab (anti-IgE antibody) is an effective treatment for asthma and chronic spontaneous urticaria, but relatively few reports exist of use for prevention of uncontrolled systemic allergic reactions in adults. We report the case of an adult patient with allergy to lipid transfer proteins (LTP) who was successfully treated with omalizumab.

Case report: A 34-year-old Caucasian female started to experience anaphylactic reactions to red wine in 2009, with abdominal cramps, vomiting, urticaria, lips and tongue angioedema. She subsequently experienced pharyngeal discomfort with difficulty in breathing after eating grapes. Over the next 3 years she progressed to similar reactions after eating numerous fruits and vegetables. We first became involved in her case in 2012. She underwent investigation with skin tests to a wide range of fruits/vegetables, component and ISAC testing. A diagnosis of LTP allergy was made. She was provided with an anaphylaxis management plan. She continued to have recurrent and frequent reactions despite extensive dietary input and then anti-histamine prophylaxis, with repeated use of adrenaline injector and emergency department attendances. Her dietary intake became heavily restricted and quality of life was significantly affected, both as a result of allergic reactions but further compounded by new depressive and anxiety symptoms. A decision was made to undertake a trial of subcutaneous omalizumab therapy. She underwent a positive baseline double blinded placebo controlled food challenge (DBPCFC) with red wine developing nasal congestion and abdominal pain, which was reproduced when re-challenged with the same dose (20 mg) but not placebo. Treatment was then initiated with omalizumab (300 mg once monthly), in accordance with the asthma dosage recommendation for weight and total IgE. The DBPCFC was repeated after 6 months of omalizumab and a final dose of 600 mg of raisins was fully tolerated. She has subsequently undergone multiple open oral food challenges to previous trigger foods, which have now been reintroduced into her diet. She continues to receive regular omalizumab and has not experienced a recurrence of systemic allergic reactions.

Conclusions: There is currently little data to confirm omalizumab use in patients with anaphylaxis to foods outside of the oral immunotherapy setting. To our knowledge this is the first reported case of omalizumab being used to successfully manage systemic allergic reactions to LTP.

Consent to publish: Written informed consent was obtained from the patient for publication of this abstract and any accompanying images.

POSTER SESSION 1: Clinical and therapeutic aspects • Diagnosis and treatment • Epidemiology

PP001 Registration of allergies in primary health care history
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Introduction: The prevalence of the allergologic diseases (AD) is increasing, being an important health problem. WHO classifies the AD between the first 6 pathologies in the world. These, restrict the daily activities of the patient, their life quality and it have a high social and economic impact. Also of the correct diagnose and treatment of the AD, it’s important to do an adequate record in the patient’s history being the mistakes at this level can cause mistakes relates with drug prescription and increase the costs.

Methods: The aim is to evaluate the quality of the computerized record of the allergies in the medical clinic history by the physicians in the health centers of Pamplona, reviewing the clinic history of the patients and by random selection, choose 1 patient of 4, between 15/02/2016 and 14/04/2016.

Results: Have been analyzed 1408 medical histories. Of these, 291 patients had the recorded allergy. In 1733 (80.4%) it had a specific record of allergies, 824 (72.7%) without known allergies. In 309 patients have had recorded allergies and/or secondary effects (Fig. 4).
Introduction: Sensitization to food allergens in patients with persistent allergic asthma followed in a tertiary clinic center.

Methods: A cross-sectional study was conducted with asthma patients in a regular follow-up in a tertiary clinic in São Paulo, Brazil. The study included patients older than 18 years with allergic asthma, with or without suggestive history of food allergy. Sensitization to aeroallergens, and food allergens was assessed by the skin prick test and/or specific IgE. Food allergens included: milk, egg, wheat, soy, shrimp, fish and peanuts. Data was also researched through clinic’s registration system, total IgE levels and severity of asthma, according to GINA 2015.

Results: We studied 41 patients with a mean age of 39.5 years and 73% were women. When assessing the severity of asthma, 39% had severe asthma, 39% moderate, and 20% mild asthma. Fourteen percent of the patients had suggestive history of food allergy. The mean total serum IgE was 1171.8 IU/mL. Thirty-nine percent of the patients had sensitization to some of the tested food allergens. Of these, milk and eggs accounted for 25% each, followed by shrimp—20%, wheat and peanuts accounted for 10% each of them, and soy and fish, 5% each of them. The group sensitized to food allergens had a higher total IgE level (1597 IU/mL), when compared to the group that was not sensitized to food allergens (912 IU/mL). It is well established in the literature that asthma is associated to different phenotypes, and therefore may be associated with varying degrees of treatment difficulties. It has been reported in the literature that food allergy might be a risk factor for complicated or poorly controlled asthma, not only in children but in adults as well, and was associated with asthma morbidity, including risk of hospitalizations and oral steroid use. Nevertheless, the prevalence of food allergy in adults with asthma is still not known. This study showed that nearly 40% of the allergic asthmatic patients with or without history of food allergy, had sensitization to major food allergens. These patients sensitized to food allergens also had higher levels of total serum IgE when compared with non-sensitized patients.

Conclusions: Due to the difficulty of control in some cases of asthma, different risk factors should be investigated, including food allergy. More studies should be performed to research these findings in large population. And it would have implications for the management of asthmatics, particularly those with severe disease.
3.33% patients showed possible symptoms of AD, followed by positive SPT for red gram allergen. In the Balb/c mice, elevated levels of specific IgE and IgG1 in the serum along with symptoms of anaphylaxis were found in the treated mice when compared to their respective controls. Further, histopathological analysis of skin revealed characteristics of AD in the treated groups. Significantly enhanced numbers of mast cells were observed in the skin of treated mice as compared to control. Mixed profiles of GATA-3, T-bet, IL-4 and IL-13 at the mRNA were found in the skin of treatment groups when compared to their respective controls. Similarly, enhanced expressions of GATA-3, T-bet as well as filaggrin were observed at the protein levels in the skin of treated mice. We have endeavored to understand the allergenic potential of red gram in the context of AD because in our previous study, we have observed the health concern related to skin in the pigeon pea’s allergic patients. Increased levels of specific IgE and IgG1 antibodies were evident in treated group as compared to control group; illustrate the allergenic potential of red gram CPE. In our study, treated group mice have shown significantly fall in body temperature (4–5 °C) as well as symptoms of systemic anaphylaxis upon challenge with red gram CPE. Histopathological results showed the AD like pathological changes, including epidermal thickening, mixed inflammatory cellular infiltration along with hyperplasia indicating that these changes may be evidences for AD. In this study, elevated levels of mast cells were found in the skin, suggesting the manifestation bearing of red gram specific IgE’s bound to mast cell receptors. Further, treated skin also over expressed with IL-4 and IL-13 and associated transcription factors like GATA-3 and reduced expression of T-bet at mRNA level, suggesting that local skin expression of Th2 cytokines have crucial role in the development of AD. Present study showed decreased level of filaggrin in the skin, supporting our finding related to the prevalence of AD induced by red gram.

Conclusion: Little is known regarding the association between food allergy and atopic dermatitis. In this report, intraperitoneal exposure of red gram proteins may lead to symptoms of atopic dermatitis in BALB/c mice.

PP004
Food allergy in young children age and the evaluation of clinical effectiveness of hypo-allergic formula
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP004

Introduction: The Atopic Dermatitis caused by nutrition allergy is one of the cornerstones of this IgG pathway of immune reaction. The higher degradation of PAF compared to BAFF could be attributed to the different chemical nature of these two inflammatory molecules, lipid and protein respectively. BAFF and PAF have both already been linked in non-atopic subjects to food reactions, supporting the possibility that these inflammatory molecules could be involved in non-IgE-mediated allergic reactions. The aim of this study is to evaluate the degradation over time of B Cell Activating Factor (BAFF) and Platelet-Activating Factor (PAF) in collected dried blood, evaluating the differences between two kinds of sample collectors: Whatman 903 Neonatal card (CARD) and Copan Nylon Swab (SWAB).

Methods: A dried blood spot is a common, moderately-invasive method for collecting patient blood from finger pricks. The blood samples are collected from 18 individuals. The collection of the samples is carried out in triplicate for both devices. Samples were stored at room temperature in the dark until serum extraction and analysis. Samples are assayed by Enzyme-Linked Immuno-Sorbent-Assay (ELISA) for BAFF (R&D Systems) and PAF (Elabscience). Serum extraction and ELISA assay were carried out 2 days (T2), 7 days (T7), 14 days (T14), 21 days (T21) and 28 days (T28) after collection. Results were presented as mean ± SEM.

Results: PAF values were stable over the time up to 21 days both for CARD and SWAB. At 28 days there was a reduction of up to 54.3 ± 6.76% for SWAB and up to 36.6 ± 5.5% for CARD (p < 0.001). As regards BAFF, values were stable until T21 while at T28 there was a decrease of up to 77.1 ± 6.3% for SWAB and up to 63.7 ± 4.5% for CARD (p < 0.001). According to Finkelman, there is a pathway of activation of immune system mediated by IgG, FcγRs, macrophages, and PAF. BAFF is a member of the tumor necrosis factor superfamily and an important regulator of peripheral B cell survival, maturation and immunoglobulin class-switch recombination. Many studies suggest that BAFF might modulate immune inflammation and could probably be one of the cornerstones of this IgG pathway of immune reaction. BAFF and PAF have both already been linked in non-atopic subjects to food reactions, supporting the possibility that these inflammatory molecules could be involved in non-IgE-mediated allergic reactions.

Conclusion: The data presented in this study should be considered for both clinical and research applications. The higher degradation of PAF compared to BAFF could be attributed to the different chemical nature of these two inflammatory molecules, lipid and protein respectively. The degradation over time of BAFF and PAF also depends on the type of technological support used for the collection of the specimen. Samples should be analysed as soon as possible and no later than 21 days from the time of collection to ensure greater stability of the values.

Reference

PP007
BAFF and PAF: assessing long term stability in dried blood samples
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP007

Introduction: The data presented in this study should be considered for both clinical and research applications. The higher degradation of PAF compared to BAFF could be attributed to the different chemical nature of these two inflammatory molecules, lipid and protein respectively.

Methods: A dried blood spot is a common, moderately-invasive method for collecting patient blood from finger pricks. The blood samples are collected from 18 individuals. The collection of the samples is carried out in triplicate for both devices. Samples were stored at room temperature in the dark until serum extraction and analysis. Samples are assayed by Enzyme-Linked Immuno-Sorbent-Assay (ELISA) for BAFF (R&D Systems) and PAF (Elabscience). Serum extraction and ELISA assay were carried out 2 days (T2), 7 days (T7), 14 days (T14), 21 days (T21) and 28 days (T28) after collection. Results were presented as mean ± SEM.

Results: PAF values were stable over the time up to 21 days both for CARD and SWAB. At 28 days there was a reduction of up to 54.3 ± 6.76% for SWAB and up to 36.6 ± 5.5% for CARD (p < 0.001). As regards BAFF, values were stable until T21 while at T28 there was a decrease of up to 77.1 ± 6.3% for SWAB and up to 63.7 ± 4.5% for CARD (p < 0.001). According to Finkelman, there is a pathway of activation of immune system mediated by IgG, FcγRs, macrophages, and PAF. BAFF is a member of the tumor necrosis factor superfamily and an important regulator of peripheral B cell survival, maturation and immunoglobulin class-switch recombination. Many studies suggest that BAFF might modulate immune inflammation and could probably be one of the cornerstones of this IgG pathway of immune reaction. BAFF and PAF have both already been linked in non-atopic subjects to food reactions, supporting the possibility that these inflammatory molecules could be involved in non-IgE-mediated allergic reactions.

Conclusion: The data presented in this study should be considered for both clinical and research applications. The higher degradation of PAF compared to BAFF could be attributed to the different chemical nature of these two inflammatory molecules, lipid and protein respectively. The degradation over time of BAFF and PAF also depends on the type of technological support used for the collection of the specimen. Samples should be analysed as soon as possible and no later than 21 days from the time of collection to ensure greater stability of the values.

Reference
PP010
Diagnostic approaches to the differentiating food allergies from food intolerances
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP010

Introduction: Literature reviews showed that FA clinical manifestations on the skin of various degrees of severity related to foods ingestion can arise as a result of a number of disorders and only some of which can be defined as allergic.

The aim of the research was to identify diagnostic approaches to the differentiating food allergies from food intolerances in children.

Methods: Skin elements were identified in complex with anamnensis data and results of the laboratory data. Hypersensitivity to food was detected by the skin tests (patch and prick), levels of the specific IgE and/or oral challenge test. Gut permeability was identified with 6-h lactulose urinary excretion.

Results: 56 patients (age 1–36 months old) with food allergy with typical allergic symptoms related to food intake were included into the study in the outpatient department. Major part of the parents (67%) couldn’t clearly identify the causative product. Only 15 children (26%) had positive specific IgE to milk and/or egg. Skin tests were positive in 10 of the patients (17.8%). Oral challenge test with milk and/or egg was positive only in 7 children (12.5%). Skin lesions vary from urtica to papulation. Commonly non-immune reactions were nonspecific, not itching and not intense. Nevertheless of the type of the food intolerance mechanism skin dryness was presented in the major part of the patients. Moreover lactulose was detected in urine in 76.7% of cases both in group with immune and nonimmune reactions. There was no association of the lactulose level with type of the skin lesions. But intestinal permeability correlated with skin dryness (p < 0.05).

Conclusion: The study revealed that gut permeability in children with skin manifestations of food allergy often overlapping with symptoms found in nonimmune disorders such as disorders of absorption. Skin dryness can be its’ phenotypical marker. Gut permeability is the purpose for additional dietary corrections in children with FA.

PP012
Using Component Resolved Diagnosis (CRD) in food allergy improves diagnostic-therapeutic appropriateness and therefore optimises financial resources
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP012

Introduction: The aim of this study is to evaluate the percentage change of the diagnostic-therapeutic choice in complex polysensitized patients affected by food allergy, after using CRD compared to a first level survey (medical history and skin tests), along with an economic analysis of the patient’s overall management according to the two different approaches (assessment of higher costs and savings).

Methods: In this multicenter study in real life, 187 patients polysensitized to skin tests and with clinical symptoms related to an IgE mediated food allergy were recruited. Each patient was submitted to skin prick tests (SPT) with a standard panel of food allergens and to a blood sample in order to detect specific IgE against food recombinant molecules (CRD), which were chosen according to medical history and positivity to SPT, by ImmunoCAP method (Thermo Fisher Scientific®, Uppsala, Sweden) or, when not available, by Microarray ISAC 112 allergens system (Thermo Fisher Scientific®, Uppsala, Sweden). Then the first diagnostic-therapeutic hypothesis, based on only medical history and skin tests, was recorded for each patient and, after that, the second diagnostic-therapeutic choice (final) was made, the one which would be implemented considering the CRD outcome. Therefore, an evaluation of the change of the diagnostic-therapeutic choice was carried out, in percentage, between the first hypothesis and the final choice, analyzing statistically the results by the agreement coefficient (k index) and the Chi square test. Finally, a detailed analysis was conducted on the economic impact of a molecular approach to the overall management of the allergic patient in order to evaluate whether the increase in the diagnostic costs would be compensated and eventually exceeded by savings coming from the increasing diagnostic-therapeutic appropriateness.

Results: A change in the prescription of self-injected adrenaline has been observed in about 50% of patients (k index 0.56) and an overall saving of financial resources along with a higher diagnostic-therapeutic appropriateness has been pointed out too.

Conclusion: In this study there is only moderate agreement concerning prescription of self-injected adrenaline before and after performing CRD: as a result, it is highlighted the usefulness of CRD, at least in complex polysensitized patients, in indicating risk assessment and therefore the correct therapy of food allergy, thus resulting in a cost-saving approach.

PP013
Food IgG antibodies: study of long-term stability of dried blood samples
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP013

Introduction: A dried blood spot is a common, moderately-invasive method for collecting patient blood from finger pricks. The aim of this...
study is to evaluate the long-term stability in the collection and detection of food-specific IgG antibodies comparing two different kinds of sample collectors: Whatman Neonatal card 903 (CARD) and Copan Nylon Swab (SWAB). The blood samples are tested by IgG Enzyme-Linked Immuno-Sorbent-Asay (ELISA) for precision and accuracy.

Methods: The blood samples are collected from 18 individuals (10 females and 8 males). The collection of samples is carried out in triplicate for both devices. Serum samples are assayed for food-specific IgG. The specific IgG antibody responses are analyzed on a customized ELISA plate (Immunolab GmbH) which detects total IgG for 33 food antigens in serum. Samples were stored at room temperature in the dark. Serum extractions and ELISA assays were carried out after 2 days (T2), 7 days (T7), 14 days (T14), 21 days (T21) and 28 days (T28). Since the Kolmogorov–Smirnov normality test revealed non-normal distribution of the parameters, results were presented as median and interquartile range (IQR).

Results: Over time, analyses show progressively smaller results both as regards the CARD and the SWAB (p < 0.001). While between T2 and T7 there were no statistically significant changes, in T14 there was a significant reduction of −17% (−0.45 to +0.03) to the initial value that is maintained up to T21. Between T21 and T28, there were no statistically significant differences regarding CARD, while for SWAB there was another reduction of values of up to −29% (−0.46 to −0.08). As discussed by Lgaarden, the concentration of specific IgG for food reflects the use of that food in the diet. In addition, Finkel et al. showed a IgG-dependent mechanism in which IgG FcRs on macrophages, basophils and neutrophils, complement-derived peptides C3a e C5a, B cell Activating Factor (BAFF) and Platelet Activating Factor (PAF). For a more accurate study of the possible interaction between these mechanisms associated with IgG, it is important to know precisely the advantages and disadvantages of the most used methods in this area of investigation.

Conclusion: Considering the deterioration of biological samples over time it is important that the dosage of food IgG antibodies in dried blood is carried out as quickly as possible and in any event within 21 days of collection.

PP014 Diagnostic algorithm for gluten intolerance in children

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Clinical and Translational Allergy 2017, 7(Suppl 1):PP014

Introduction: The gluten intolerance is associated with celiac disease and Allergy to gluten, the criteria for the differential diagnosis of which is still insufficiently developed. The aim of this study is the development of a diagnostic algorithm for gluten intolerance in children for the purpose of adequate diet therapy application to prevent development of complications and severe forms of the disease.

Methods: Under supervision there were 42 children with chronic diarrhea and symptoms of impaired intestinal absorption. The diagnostic algorithm consisted of the following stages. The first stage—the detection of the risk groups for gluten enteropathy. These include: (1) immediate relatives of patients with celiac disease; (2) close relatives with allergic diseases; (3) children with gastrointestinal symptoms resistant to standard therapy; (4) children, lagging in physical development and with symptoms of impaired intestinal absorption; (5) patients with dermatitis herpetiformis and diseases that can be associated with celiac disease. At the second stage children included in the risk group were subjected to screening diagnostics. We used the BIOCARD TM Celiac Test (Finland), which allows to determine the antibodies to tissue transglutaminase (IgA). Patients with a confirmed diagnosis of celiac disease and positive (BIOCARD TM Celiac Test) test was not included in further examination. The third stage of gluten intolerance diagnostics was in-depth examination of children with gastrointestinal and skin manifestations of Allergy, including anamnesis and clinical symptoms, determination of total IgE, IgG, IgA, IgM and specific IgG and IgE antibodies in the blood serum.

Results: Three groups of patients were identified. The first group consisted of 23 children with positive allergen-specific IgE antibodies to gluten and wheat and to cow’s milk protein in serum. In 10 children from the second group IgE and IgG antibodies to gluten and wheat serum were identified at the same time. They had gastrointestinal symptoms within a few hours after eating a certain amount of foods containing gluten (individual for each child). The third group of patients included 9 children with IgG antibodies to gluten and wheat serum. Clinically they mainly had skin rashes.

Conclusion: The staged diagnostic algorithm for gluten intolerance in children allows to determine the mechanism of gluten intolerance and to prescribe required elimination diet and treatment aimed at prevention of serious complications.

PP015 Accuracy of skin prick test to access plant food allergy

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Clinical and Translational Allergy 2017, 7(Suppl 1):PP015

Introduction: Plant food allergy diagnosis is challenging due to the different implicated foods, clinical manifestations and geographic diversity. We aimed to assess the diagnostic accuracy of single food allergenic proteins combined with plant and food skin prick test extracts (SPT) to evaluate plant food allergy.

Methods: This is a cross-sectional retrospective study. All SPT performed in an allergy department of Porto, Portugal from 09/2014 to 12/2015 (n = 3141 patients) were included and those evaluating sensitization with extracts to fresh fruits (soy, watermelon, banana, apple, peach, kiwi, avocado, fig), nuts (walnut, hazelnut, almond, pinenut, peanut and chestnut), lipid transfer proteins (LTP), profilin and latex were selected (n = 189 patients). Clinical and demographic data, sIgE, SPT with fresh foods, and open food challenges (OFC) results were reviewed from patients records. Plant food allergy syndromes were identified and the accuracy of the skin tests were calculated using medical diagnosis as the gold standard. Continuous data are presented as median and interquartile range and categorical as n(%). Mann-whitey and Chi square were used to compare differences between groups.

Results: Of all the tests, 89(48%) were performed due to plant food allergy suspicion and in 58(65%) diagnosis was confirmed: profilin mediated allergy (n = 17); LTP allergy syndrome (n = 20); both profilin and LTP (n = 2); birch-plant food syndrome (n = 4), latex-fruit (n = 4); and to specific foods (peanut n = 3; walnut n = 1; banana n = 1; kiwi n = 4; wheat n = 1; blackberry n = 1). Most were women 41(71%), with a median age of 22 (18;32) years, 43(74%) had rhinitis and 15(26%) asthma. Oral allergy symptoms (OAS) were the most common complaint 27(47%), followed by anaphylaxis 15(26%) and urticaria/angioedema 14(24%). LTP mediated syndrome had more anaphylaxis and a lower number of OAS compared with profilin mediated syndrome (10 vs 1, p = 0.003; 3 vs 14, p < 0.001). The sensitivity and specificity of using combined SPT extracts was 83.0 CI 95% [69.7;91.5] and 95.7[76.0;99.8], respectively. Using only LTP and profilin improved specificity 100(82;2,100.0) but not sensitivity 71(57.4;82.8).

Conclusion: LTP and profilin plant food mediated allergy syndrome were the most frequently encountered in our population, LTP sensitization was associated with more severe reactions. SPT with extracts including LTP and profilin were useful as a first line diagnostic tool to identify plant food allergy syndromes.

PP016 Double blind placebo controlled food challenge (DBPCFC)

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Clinical and Translational Allergy 2017, 7(Suppl 1):PP016

Introduction: In Phase III clinical development, the Double Blind Placebo Controlled Food Challenge (DBPCFC) is the generally accepted primary measure to evaluate the effectivity of immunotherapy with
relevant food allergens. The DBPCFC is a challenge procedure with increasing doses of food allergen to determine the reactivity and threshold dose to food a specific food allergen and serves as the gold standard to confirm diagnosis of food allergy. HAL Allergy is developing a chemically modified peanut allergen preparation for immunotherapy and requires a standardised, pharmaceutical-grade oral challenge test to determine efficacy during clinical development.

Methods: A systematic literature search was performed to grade (scale 0–11) the relevance and quality of food challenge tests being published to define a standardised food challenge protocol, an adequate methodology for standardised DBPCFC. Grading was performed independently by two viewers.

Results: Peanut material should be roasted and ground into a powder. The allergens will be administered to the patient in a matrix. Matrices (such as vanilla, cinnamon and cocoa) need to be capable of blinding the sensory properties of the food in a small volume compatible with use in the target patient group. Hypoallergenic pudding, applesauce or oatmeal are very suitable vehicles. The amount of incremental steps in a DBPCFC, with a dosing interval of preferably 20 min, should not exceed 10 dosages. For our peanut immunotherapy clinical studies, a dosing schedule ranging from 0.1–300 mg is proposed for the DBPCFC before treatment and from 1 to 3000 mg (or possibly 6000 mg) of peanut protein post-treatment. Placebo and active should be administered on separate days in random order, with at least 48 h between challenges. DBPCFCs need standardisation regarding the interpretation of objective and subjective symptoms. Standard criteria to define a positive challenge outcome do not exist and the variability in symptom assessment is relatively high.

Conclusions: The literature search has resulted in recommendations not exist and the variability in symptom assessment is relatively high. Symptoms. Standard criteria to define a positive challenge outcome do not exist and the variability in symptom assessment is relatively high.

PP017 New validated recipe for wheat for double blind placebo controlled food challenge in adults

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Clinical and Translational Allergy 2017, 7(Suppl 1):PP017

Introduction: DBPCFC (Double Blind Placebo Controlled Food Challenge) is considered the golden standard for investigation of food hypersensitivity especially if allergy tests are negative and the patient history is vague. Many recipes used for this purpose includes elimination diet products and/or are not validated in adult subjects with regard to taste, volume and blinding procedure.

Our aim was to develop an allergen adapted and blinded recipe for wheat protein for DBPCFC use in adult patients, using ordinary staple foods. Another aim was to evaluate the recipes with regard to taste and acceptance.

Methods: The study consisted of three parts:

1. Development of recipe
For the development of recipes, several food items were tested in different amounts to mimic a smoothie drink. Standard heat treated wheat flour was used as a base for the food challenge. Rice-, coconut-, oat- or soydrinks were tested as base flavoured with either fruit purées, cacao or vanilla, both for active and placebo drink development.

An acceptance test was performed in a small group of eight students and employees at Gothenburg University, during a strict setting. All subjects filled in taste and acceptance evaluation using a 9-grade hedonic scale.

2. Triangle test
Triangle test took place in a separate setting. Thirty-eight adults (non-smokers and non-allergic) took part in the test. The test was performed following standard proceedings. The critical value for a statistical difference (n = 38): 19 correct answers; p = 0.05.

3. Acceptance
Acceptance test: Both taste and volume got acceptable results in the test. The mean value for taste was 5.6 out of 9 and for acceptable volume 7.9 out of 9. Triangle test: Out of 38 subjects, 16 pointed out the odd sample in the test i.e. p < 0.05 and the challenge drink and the control drink were thus not possible to identify in a blinded test.

Conclusions: This study has shown that it is possible to develop a blinded recipe for use of DBPCFC using an "adult portion" of wheat protein. The recipe has acceptable portion size, few ingredients, contains ordinary staple foods and has low cost. Further recipes for other allergenic foods will be developed using the same model.

PP019 Pollen-food syndrome in a pediatric population attending an Allergy Clinic in Mexico City

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Clinical and Translational Allergy 2017, 7(Suppl 1):PP019

Preface: Pollen-food syndrome (PFS) is an IgE mediated food allergy that affects more women than men and children. Diagnosis of PFS is made according to the American Academy of Pediatrics (AAP) guidelines. In our clinic, we performed a prospective study on the prevalence of PFS in the pediatric age group.

Methods: We enrolled in this study every patient aged between 6 and 18 years referred to the Pediatric National Institute Allergy clinic between March 2015 and March 2016. Diagnosis of PFS was made according to PFS diagnostic questionaire and algorithm by Skypala et al. Skin prick testing (SPT) to pollens and prick by prick testing (PPT) to fresh foods were performed in a subset of patients with PFS. Those negative to PPT, underwent open oral food challenge (OFC).

Results: Within the studied population prevalence of PFS was 5.4%. Their average age was 10±3, 60% between 6 and 10 years, 35% from 11 to 14 years and only 5% between 15 and 18 years; 45% were women and 55% men. Apple (55%), peach (50%) and banana (50%), were the foods most commonly implicated. Rosacea family was responsible in 75% of the cases, followed by Musaceae with 50%, Lauraceae with 45% and Cucurbitaceae and Fabaceae with 40%. All but one patient had allergic rhinitis, 50% had asthma, 35% atopic dermatitis, 25% had all three and 10% had other type of food allergy. In the subset of patients with PPT to fresh foods, 90% had a positive result and 10% had a negative one, these patients underwent open OFC which turned out positive. Sensitization to Quercus rubra and Alnus glutinosa were the most frequent (40%), followed by Fraxinus excelsior (35%) and Betula verrucosa (30%). There is little knowledge about FPS in Mexico and there are no previous studies in pediatric population.

We found that FPS affects males and females equally, being more frequent between 6–10 years. When compared with international literature, the prevalence is similar and we also found apple and peach as the most frequent foods implicated. Although, we also found banana as a frequent food responsible for FPS, similar to what is reported in the Mexican study performed in adults. Contrary to studies performed worldwide, we found birch sensitization in only 30% in FPS, being more frequent other Alnus glutinosa and Quercus rubra.

Conclusions: It appears to be a significant difference in sensitization patterns to aeroallergens in Mexican pediatric population with FPS. Foods implicated seem to be similar to national and international reports. More studies are required to known the real characteristics of FPS in Mexico.
PP020
Prevalence of allergy to wheat in patients who report a history of reactions after ingesting food which contains gluten
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP020
Introduction: The association between food allergy and celiac disease (CD) and Non celiac Gluten sensitivity (NGCS) is still to be clarified. Gluten-related disorders have gradually emerged as an epidemiologically relevant phenomenon with a global prevalence that is estimated around 5%, drawing the attention of the scientific community. Epidemiological studies estimate a worldwide prevalence of CD of approximately 1:100 individuals, with a considerable proportion of patients remaining undiagnosed and untreated. According to a study performed by the National Health and Nutrition Examination Survey in the United States, the prevalence of self-prescribed GFD in an unselected population of subjects aged 6 years or older was 0.5%. Epidemiological studies report a prevalence of WA in American population of around 0.4% until 0.6%. The diagnosis of WA is classically based on skin prick tests (SPT), in vitro specific Immunoglobulin E (sIgE) assays and functional assays. SPTs and sIgE in vitro assays are the first-level diagnostics for WA. However, they are affected by a low predictive value. In particular, their low sensitivity can be explained by the fact that the commercial test reagents are mixtures of water/salt-soluble wheat proteins that lack allergens from the insoluble gluten fraction.
Case report: In our unit of celiac disease and related conditions to wheat proteins that lack allergens from the insoluble gluten fraction.

PP024
Foods reported as responsible for OAS in Greece
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP024
Introduction: Oral allergy syndrome (OAS) is a clinical expression of food allergy mainly caused by foods of plant origin. The culprit allergens are cross-reacting proteins, like profilin, that are also present in pollen, triggering allergic respiratory symptoms. The aim of our study was to detect the foods of plant origin that are referred as responsible for OAS in Greek adults.
Methods: 264 atopic adult patients, with allergic respiratory symptoms and/or food allergy were interviewed in our study. A complete record of their atopic medical history was obtained; symptoms of allergic rhinitis, asthma and signs of atopic dermatitis, as well as their family history of atopy. Information regarding any symptoms of food allergy and the type of reaction (OAS or systemic reaction) were collected. The foods that patients considered responsible were registered.
Results: 79/264 of our atopic patients (30%) referred symptoms of OAS, while 50/264 patients (18.9%) had experienced systemic reactions. Foods of plant origin implicated in OAS symptoms were: peach: 23/79 (29%); walnut: 21/79 (26.5%); kiwi: 17/79 (21.2%); banana: 14/79 (17.7%); hazelnut: 9/79 (11.4%); peanut: 8/79 (10%); eggplant/apricot: 7/79 (8.8%); melon: 6/79 (7.5%); strawberry/almond/cherry: 5/79 (6%); cabbage/tomato/watermelon/apple/pear/grape/orange/pistachio/chipotle: <5/79 (3–5%). Finally, less common foods, each reported only once by our patients, were: sesame/sunflower seed/peanut/cashew nut/lemon/cucumber/bell pepper/mustard/chestnut/fig/mango/papaya/plum/onion/lemon/peas. Our results in Greek adults show some similarities but also some diversities in comparison with other populations.
Conclusions: The prevalence of food allergy (FA) is increasing and many factors may contribute to these results. The aim of this study was to perform a clinical examination of patients with FA in Brazil.
Methods: Cross-sectional study applying a written questionnaire (WQ) to parents of children presenting with food allergy in ten Pediatric Allergy Centers in Brazil.
Results: We evaluated 120 WQ from children aged 1–18 years-old. Median age for onset of symptoms was 7.8 months and 56.5 months by the time of WQ performance. The most frequently referred foods were: cow’s milk (86%), egg (32%), wheat (41%), soybean (33%), peanuts (25%) and seafood (25%). Allergies to a single food were observed in 71.6% and 28.3% described multiple food allergies. The most prevalent symptoms were urticaria (44%), atopic dermatitis (AD) (29%), anaphylaxis (22.5%), eosinophilic esophagitis (2.5%) and wheezing (1.7%). The severity of food allergy was mild in 33.3%, moderate in 29.1% and severe in 37.5%; 17.5% were hospitalized due to food allergy. Food restriction was applied in 100% of patients. Regarding to other allergies, 47.5% of patients referred asthma/rhinitis associated. Skin prick test was performed in 37.5% of children, with positive results in 88.8%. Oral food challenge was performed on 36% and 70% failed the test. Patients with AD performed the Scoring Atopic Dermatitis (SCORAD), averaging 40. Risk factors significantly associated with severe food allergy were family history of rhinitis (OR=1.4; 95% CI = 1.1–1.8) and asthma (OR = 2.5; 95% CI = 1.5–3.7) and smoking (OR = 1.4; 95% CI = 1.1–2.0). In this disease, the symptoms began in the first year of life in congruence with most studies. The most reported food was cow’s milk and egg, as well as reported in the literature, especially in children. Despite the WQ had been applied to patients up to 18 years, the mean age of them was 4 years old. The major limitation of this study was that the WQ was completed in specialized services with more severe patients.
Conclusions: Due to the increasing prevalence of FA, knowledge about food-related allergies, diagnostic tests and possible risk factors in specific population are important keys to create strategies for prevention and possible treatment options beyond food exclusion.

Clinical and Translational Allergy 2017, 7(Suppl 1): PP020
Clinical profile of food allergic patients in Brazil – Evaluation of a questionnaire
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Introduction: The prevalence of food allergy (FA) is increasing and many factors may contribute to these results. The aim of this study was to perform a clinical examination of patients with FA in Brazil.
Methods: Cross-sectional study applying a written questionnaire (WQ) to parents of children presenting with food allergy in ten Pediatric Allergy Centers in Brazil.
Results: We evaluated 120 WQ from children aged 1–18 years-old. Median age for onset of symptoms was 7.8 months and 56.5 months by the time of WQ performance. The most frequently referred foods were: cow’s milk (86%), egg (32%), wheat (41%), soybean (33%), peanuts (25%) and seafood (25%). Allergies to a single food were observed in 71.6% and 28.3% described multiple food allergies. The most prevalent symptoms were urticaria (44%), atopic dermatitis (AD) (29%), anaphylaxis (22.5%), eosinophilic esophagitis (2.5%) and wheezing (1.7%). The severity of food allergy was mild in 33.3%, moderate in 29.1% and severe in 37.5%; 17.5% were hospitalized due to food allergy. Food restriction was applied in 100% of patients. Regarding to other allergies, 47.5% of patients referred asthma/rhinitis associated. Skin prick test was performed in 37.5% of children, with positive results in 88.8%. Oral food challenge was performed on 36% and 70% failed the test. Patients with AD performed the Scoring Atopic Dermatitis (SCORAD), averaging 40. Risk factors significantly associated with severe food allergy were family history of rhinitis (OR=1.4; 95% CI = 1.1–1.8) and asthma (OR = 2.5; 95% CI = 1.5–3.7) and smoking (OR = 1.4; 95% CI = 1.1–2.0). In this disease, the symptoms began in the first year of life in congruence with most studies. The most reported food was cow’s milk and egg, as well as reported in the literature, especially in children. Despite the WQ had been applied to patients up to 18 years, the mean age of them was 4 years old. The major limitation of this study was that the WQ was completed in specialized services with more severe patients.
Conclusions: Due to the increasing prevalence of FA, knowledge about food-related allergies, diagnostic tests and possible risk factors in specific population are important keys to create strategies for prevention and possible treatment options beyond food exclusion.
the relative ones from other Mediterranean countries. Similarities are found between Greek and Spanish populations, which refer fruits of the Rosaceae family as the most common cause of OAS, followed by kiwi, peach alone, melon and banana. On the contrary, Italian studies mention melon as the most common culprit food, followed by watermelon, tomato, banana and pineapple.

**Conclusions:** Peach, walnut, kiwi, banana and hazelnut are the top 5 foods referred as responsible for OAS in Greece.

**PP025**

**Prevalence of childhood food allergy in Batumi**

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**Clinical and Translational Allergy 2017, 7(Suppl 1):PP025**

**Introduction:** To investigate the prevalence of food allergies and to identify the most common causes of the allergies in the population of preschool children from the city of Batumi.

**Methods:** The study was conducted with children population, in Batumi. The random sampling was applied in the study to ensure representative sample and the cross section method of epidemiological survey was used. At the first stage of the survey 840 children aged from 6 months to 7 years, were questioned. Data were collected through the face-to-face and phone interviews. At the second stage of the survey, the subjects of study were the part of the population, who revealed the clinical signs of food allergy for the last 12 months. The causal factors were revealed on the basis of answers to the questionnaire, anamnesis data, specific IgE measurements and skin prick tests. The risk factors were studied on the basis of case control studies.

**Results:** Skin manifestation (76%) of food allergy was significantly (p < 0.05) higher than the rate of gastrointestinal symptoms (24%) in the studied population. The most common causes of food allergies in the study population were different food additives (29.2%), fish (22.6%), eggs (22.3%), milk (18.6%), honey (13.7%) and nut (4.3%). Such factors as inheritance from mother (OR 13.6; 95% CI 7.08–27.04), excess weight of newborn (OR 1.08; 95% CI 0.30–3.82) and bottle feeding (OR 5.29; 95% CI 3.30–8.51) are associated with higher risks of food allergies. IgE mediated reactions to the food allergens were identified in 98% of the patients. The prevalence of parental reported allergy was 15.8%, while proven allergy cases were 6.1% positive on the basis of IgE/STP. Thus, the allergy presence is significantly overestimated by parent (p < 0.01). This problem can be explained by lack of information and education about food allergy in parents. Allergy to nut is significantly higher in children between 3 and 5 years than in children of younger age, while allergy to milk and eggs was same in all ages.

**Conclusions:** In the childhood, allergic skin manifestation of food allergy is high. According to the data on obtained in the study, major provocative agent was pistachio (24.9%) and cashew (24.5%), followed by peanut (13.6%, n = 7), followed by almond in children with a reported immediate reaction after consumption of tree nuts or peanut, confirmed by positive IgEs and/or SPTs, visiting our Unit between 2012 and 2015.

**PP027**

**Almond and peanut allergy: how commonly sensitised and how commonly reactive?**

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**Clinical and Translational Allergy 2017, 7(Suppl 1):PP027**

**Introduction:** Tree nut and peanut allergy are responsible for a large number of severe IgE-mediated reactions. Almond is widely used in manufactured and homemade sweets or as a snack, while peanuts, alone or in other products are increasingly consumed in the Greek diet. We aimed to assess sensitization and reactivity patterns to peanut and almond in children with a reported immediate reaction after consuming nuts or peanuts (cashew, pistachio, walnut, hazelnut, peanut and almond).

**Methods:** We retrospectively studied data on sensitization patterns by means of skin prick tests (SPTs) and specific (s) IgE in children with symptoms suggestive of IgE mediated allergic reaction following consumption of tree nuts or peanut, confirmed by positive IgEs and/or SPTs, visiting our Unit between 2012 and 2015.

**Results:** 204 children were included, 136 males, mean aged 8.2 ± 3.2 years, in whom 264 reactions were recorded. The most common provocative agent was pistachio (24.9%) and cashew (24.5%), while hazelnut and walnut were associated with 16.1% and 15.4% of the reactions respectively. Almond was the least reported (2.7%, n = 7), followed by peanut (13.6%, n = 36). Among the 7 patients with a reported reaction to almond sIgE was 27.4 kU/L (SE = 12.31), while SPT max diameter was 5 mm [3.22, 6.77]. 93 of the sensitized children to almond (with no reported reaction), had sIgE of 2.6 kU/L [1.75, 3.45], while SPT max diameter was 5.16 mm [4.68, 5.64]. Open food
challenges (OFCs) in this population were negative. 36 children with a reported peanut reaction, had sIgE to peanut 45.93 kU/L, 95% CI [31.75, 65.11] and SPT and max diameter was 10.8 mm [9.12, 12.49]. 53 of the sensitized children to peanut (with no reported reaction), had sIgE of 2.32 kU/L [1.57, 3.07] while SPT max diameter was 4.6 mm [3.96, 5.25]. Open food challenges (OFCs) in this population were negative. To notice, a large proportion (50%, n = 102) of our study population was sensitized to almond; although small number reported reaction. Regarding peanut, 48.5% (n = 99) of the total population were sensitized with slightly more than one third of that group (36.7% of the peanut sensitized children) reporting immediate type of reaction.

Conclusions: Almond and peanut have a considerably high sensitization rate among children visiting our Unit with reaction to nuts, however true reactors were only few. Peanut reactions are less frequent than these to tree nuts, however cannot be overlooked.

PP028
The popularity of the use of probiotics in patients with allergic diseases
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Introduction: The aim of the study was an attempt to assess the frequency of the use of probiotics in the group of subjects in the light of the Epidemiology of Allergic Diseases in Poland project.

Methods: The study group consisted of 4,783 subjects aged 6–7 years, 13–14 years and adults (20–44 years) from the eight largest Polish urban centres. The method that was used was the ECRHS II and ISSAC survey questionnaire as well as additional studies including those concerned with the problems related to the range of probiotics’ uses.

Results: The probiotics used were very popular in the group of subjects with diagnosed allergic diseases and were not only combined with antibiotic therapy but also supplemented with kefir and yogurt. The protective action could be observed especially at the age above 14 years. The preventive effect was not observed at the age of early childhood.

Conclusions: Probiotics have relatively often used in the population under study and a health-improving effects was mainly observed at the age over 14 years old.

PP029
Prevalence of food sensitisation, IgE-mediated and Non-IgE-mediated food allergy among pediatric patients diagnosed with autism spectrum disorders
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Introduction: Autism spectrum disorders and food allergies are conditions with increasing prevalence. Studies have investigated the link between intake of certain food among ASD patients and onset of adverse reactions. Results of these studies are varied and conflicting. This is the first local study on the prevalence of food allergies among these patients. This study aims to determine the prevalence of food sensitization, IgE-mediated and non-IgE-mediated food allergies among pediatric ASD patients. It also aims to determine the prevalence of perceived food allergies, and its triggers and the types of reactions of perceived food allergies and on open food challenge.

Methods: This is a cross-sectional, prospective study. Pediatric patients diagnosed with Autism Spectrum Disorders were enrolled in the study. Excluded were: children with uncontrolled asthma, with a recent anaphylactic reaction, and those on chronic high dose steroid therapy. Required sample size is 92. Complete history and PE were obtained and previous reactions to food and suspected allergens were duly noted. All patients underwent skin prick testing (SPT) to cow milk, wheat, soy and other perceived food allergens. Those with perceived food allergies underwent open food challenge to specific food allergens. Frequencies and proportions were determined to analyze the different variables.

Results: Data were gathered from 84 patients diagnosed with ASD. 32/84 (38%) have perceived food allergies, mostly to milk (31.3%), chocolate (25%), and egg (18.8%). Most commonly perceived allergic reactions to food allergens were: hyperactivity (53.1%), loose stools (25%), pruritus (15.6%), and wheals (12.5%). A total of 17 (20.2%) patients had (+) skin prick test result, hence food sensitization, to at least 1 food allergen, mostly to soy (41.2%) and milk (35.3%). Of these patients, 8 had perceived food allergies. 6 of these patients underwent open food challenge and all of them had (−) results.

Conclusions: Prevalences of perceived food allergies and food sensitization are higher among ASD patients in this study compared to the general population. The most common perceived food allergens are similar with that of other children. Notably, the common perceived allergic reactions to food were behavioral or gastrointestinal symptoms, which may be non-IgE mediated or not food allergies at all. Hence, ASD patients with adverse food reactions are recommended to undergo complete, systematic evaluation and possible restrictive diets should be based on well-documented food allergies.

PP031
Food allergy in children of immigrants from Latin America born in Spain in an area of Madrid
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Introduction: In 2015, the 11% of the total population in Madrid was foreign, being the Latin American origin the most frequent followed by Asia, East Europe and in fourth place by other EU countries. In our working area, the foreign population average was even higher: 19%. Racial disparities in food sensitization have been described. The aim of this work was to study the clinical characteristics of food allergy in children of immigrants from Latin American countries born in Spain.

Methods: In our study population 474 children reported allergy to food (cow’s milk and hen’s egg allergy not included) between 2012 and 2016. We analyze all the children from Latin American origin who were born in Spain evaluated in our center. Clinical history, skin tests and quantitation of specific IgE antibodies were performed as well as oral food challenges.

Results: A group of 29 children were included with an age range of 1–14 y.o., (Mean 7). Most of them were male (69%). Familial atopy history: Rhinoconjunctivitis/Asthma was the most frequent entity (66%) followed by Atopic Dermatitis (16%). Most of the patients reported a personal history of Rhinoconjunctivitis/Asthma (51%) caused by pollen in 59% of cases; and AD (48%). Concerning food allergy, Latex-fruit group was the most frequent (25%), being Melon the most common, followed by Banana and Kiwi. Tree nuts were the second family involved (21%), being Walnut the most common, followed by Peanut. Fruits belonging to the Rosaceae family were also involved (19%), being Peach the most frequent followed by Cherry. Shellfish (17%) was the forth family. Prawn was the most common, and Fish (11%) the fifth family, Hake was the most common. Finally, Legumes (7%) were the fifth group involved in allergy episodes, being Bean the most frequent. Describing Clinical Manifestations, Urticaria/Angioedema was the most frequent entity (59%), OAS the second (35%) followed by Anaphylaxis (4%).

Conclusions: In this study, Rhinoconjunctivitis/Asthma was the most frequently reported entity of personal history of atopy, whereas in Spanish children Atopic Dermatitis is the most common. Latex-fruit group was the most frequently involved food allergy episodes in
PP032
Eosinophilic esophagitis – The importance of food restriction
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Introduction: The eosinophilic esophagitis (EE) is a chronic inflammatory disease, with an immunological component. The relation with food allergy has been reported in a crescent number of studies, demonstrating the key role that food restriction has on symptomatic improvement in these patients.

Methods: Retrospective analysis of clinical records of pediatric patients diagnosed with EE, confirmed histologically in our hospital from 2009 to 2015.

Results: 7 cases of EE were diagnosed with an average age of 14.5 years, the number of male patients was superior (n = 6). The clinical presentation was complaints of dysphagia and food impaction in all patients, with mean age of presentation at 12.5 years. Patients underwent upper gastrointestinal endoscopy, and the biopsies demonstrated in all patients, the presence of numerous eosinophils (>15 per high power field) in the lamina propria and in transepithelial migration. There was an increase of total IgE (172–877 kU/L) in 4 patients, 3 of whom had positive phadiatop to inhalant allergens. The inhalant allergens were negative in the remaining patients. Food allergens and specific IgE for food were negative. Skin tests (milk, egg, soy, wheat, peanuts, hake, shellfish) were positive for wheat in just one patient, all the others were negative. It was empirically established a restrictive diet in 2 patients, since there was no clinical improvement with drug therapy alone (fluticasone 500 µg bid). The exclusion of cow's milk, beef, egg and soy in a patient's diet and cow's milk, soy and egg on another patient's diet resulted in a significant clinical and histological improvement.

Conclusions: EE pathogenesis seems to be related to atopy and its control should include a dietary component as an adjunct to the pharmacological therapy instituted. Although skin tests may be negative, dietary restriction of certain foods can improve symptoms and histology on these patients.

PP033
Goat milk formula effectiveness in healthy infants with asymptomatic sensitization
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Introduction: Numerous discussions related to the justification for the use of certain formulas in infants with asymptomatic sensitization. The problem is that a balanced and rational nutrition in realization of metabolic programming is necessary for proper growth and development of the child, on the other hand - there is a risk of transition latent sensitization in clinical manifestations of food allergy. Our aim was to study goat milk formula effectiveness in healthy infants with asymptomatic sensitization.

Methods: The study included 110 healthy children aged between 2 and 8 months of age who were bottle-fed. The duration of observation was 6–8 months. Prior to transfer to artificial feeding all children were breast-fed. Children received casein dominant formula based on whole cow's milk. ELISA used to identified allergen-specific IgE antibodies to the protein of cow milk, casein, β-lactoglobulin, α-lactalbumin and goat milk protein in caproproteinates.

Results: Frequency of latent sensitization to cow milk protein and its fractions, as well as to a protein of goat milk in healthy children was maximal at 2–3 months of age. Observation of the children who received casein based formula showed positive dynamics, which is expressed in reducing allergen-specific IgE antibodies to cow's milk and its fractions, as well as the goat's milk to 7–8 months of life.

Conclusion: Using goat milk casein based formula was effective in artificial feeding in children with asymptomatic sensitization.

PP034
CCL17 and CCL20 levels in serum of children with sensitization to hen's egg in regard to the outcome of the oral food challenge
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Introduction: Food-specific IgE (sIgE) determines the sensitization to food but oral food challenges are necessary to determine the clinical relevance of a food allergy in most cases. Therefore the identification of other biomarkers could be of great interest. Previously, chemokine levels have been correlated with the severity of eczema and the sensitization status to food allergens. The aim of this study was to analyze if chemokine levels could predict a positive or negative outcome of a food challenge with hen's egg.

Methods: 37 children sensitized to hen's egg were included in the study. They underwent an oral food challenge with hen's egg to proof its clinical relevance. Serum chemokines (CCL17 and CCL20) as well as total and sIgE were measured using an ELISA kit (R&D Systems) and the ImmunoCAP® System (Phadia) respectively. For statistical analysis the Mann-Whitney-U-test and the Spearman rank correlation were computed.

Results: The median age of the children (59.5% male and 40.5% female) was 2.6 years (range 0.8–14.9 years). 89.2% (33/37) of the children had eczema. 19 children (51.4%) had a positive hen's egg challenge and therefore a clinically relevant hen's egg allergy whereas 18 children (48.6%) were clinically tolerant. Median sIgE in the allergic patients was 1.9 kU/L (range 0.43–33.9 kU/L) and in the tolerant ones 0.6 kU/L (range 0.03–4.76 kU/L). Hen's egg allergic children showed significantly higher serum levels of CCL17 (median 655.4 pg/ml; range 183.6–1394.4 pg/ml) compared to tolerant ones (median 501.6 pg/ml; range 172.8–1027.8 pg/ml) (p = 0.030). Furthermore there was a significant correlation of CCL17 with sIgE (r = 0.377, p = 0.014) and with the ratio of sIgE/total IgE (r = 0.455, p = 0.004). Regarding the chemokine levels of CCL20 there was no significant difference seen. Our previous studies have shown a strong correlation between serum levels of CCL17 and the severity of eczema in food-sensitized infants. In this study the serum levels of CCL17 could be significantly correlated to the level of hen's egg-specific IgE and were significantly elevated in children with clinically relevant hen's egg sensitization in comparison to clinically tolerant ones.

Conclusions: CCL17 might not only be a biomarker for severe eczema but also for clinically relevant hen's egg allergy. However larger studies are necessary to prove these findings. Furthermore, determination of CCL17 will not be able to replace oral food challenge tests.

PP035
The influence of the order of food challenge days on DBPCFC outcomes in children
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Introduction: The double-blind placebo-controlled food challenge (DBPCFC) is the most reliable diagnostic test in food allergy for several reasons including reduction of patient and operator or observer bias, thus decreasing the chance of false-positive outcomes. In DBPCFC, the...
order of the challenges with verum or placebo food are randomized. It is currently unknown whether there is a significant difference when initiating the DBPCFC with a placebo challenge or with an active food challenge. The study aims to explore whether there is a significant difference when initiating the DBPCFC with a placebo challenge or with an active challenge DBPCFC in children

Methods: In this study, a total of 1680 patients who underwent DBPCFC were analyzed. Differences between test day reaction frequencies were assessed with the Mcnemar test. Subjective and objective reactions were considered together and separately. Events occurring on placebo days were also assessed separately.

Results: There was no significant difference between the frequency of reactions on test day 1 and day 2 (p-value = 0.160). This was also the case for subjective and objective reactions considered separately (p = 0.640 and 0.193, respectively). When considering only placebo challenges, 58 patients experienced events on the first day and 47 patients on the second day. This difference was significant (p = 0.000).

Conclusions: Patients tend to experience spurious events more often during the first challenge day than the second challenge day, perhaps because of pre-conceived notions about the test and greater anxiety. However, this has no significant impact on the overall diagnostic accuracy of the test, even in patients where the diagnosis is made on the basis of subjective reactions.

PP037 Basophil activation test and cow’s milk or egg clinical tolerance Mira Šilar1, Anja Jeverica2, Tina Vesel1, Tadej Avčin3, Petar Korošec1 1University Clinic of Respiratory and Allergic Diseases, Golnik, Slovenia; 2Department of Allergology, Rheumatology and Clinical Immunology, University Children’s Hospital, University Medical Center Ljubljana, Ljubljana, Slovenia.

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Introduction: Outgrowing of cow’s milk or egg allergy might be related to differences in IgE-dependent basophil function. We sought to investigate if the level of allergen specific basophil response is associated with the clinical tolerance among a cohort of children with cow’s milk or egg allergy.

Methods: Sixty children were classified as milk or egg-reactive and milk or egg- outgrowing (tolerant) based on the results of oral food challenges (38 milk and 22 in egg group). Serum was analysed for allergen-specific IgE and IgG levels, basophil response was assessed in whole blood stimulated with serial dilutions of milk or egg white and yolk protein (all 0.33–33.3 ng/ml) and with anti-FcεRI stimuli. Skin prick tests (SPTs) to commercial extracts were also performed.

Results: Milk-reactive subjects’ basophils showed significantly higher response (median fourfold, at 33.3 ng/ml) to milk allergen stimulation than basophils from milk- tolerant individuals. There was also a significantly higher response to anti-FcεRI stimuli (twofold). On the other hand, in egg group no significant differences in egg white, yolk or anti-FcεRI basophil response, in sIgE to egg white or yolk, and in SPT were assessed with the Mcnemar test. Subjective and objective reactions were considered together and separately. Events occurring on placebo days were also assessed separately.

Conclusions: Patients tend to experience spurious events more often during the first challenge day than the second challenge day, perhaps because of pre-conceived notions about the test and greater anxiety. However, this has no significant impact on the overall diagnostic accuracy of the test, even in patients where the diagnosis is made on the basis of subjective reactions.

PP038 Epinephrine treatment of anaphylactic reactions during food challenges in children Johanna van der Valk1, Irene Berends1, Roy Gerth van Wijk1, Nicolette Arends2, Maurits van Maaren1, Hans de Groot1, Harry Wichers3, Joyce Emons1, Anthony Dubois1, Nicolette de Jong1 1Department of Internal Medicine, Allergology, Erasmus Medical Center, Rotterdam, the Netherlands; 2Department of Paediatric Allergology, Erasmus Medical Center Sophia Children’s Hospital, Rotterdam, the Netherlands

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Introduction: The primary aim of this study is to evaluate the percentage of anaphylactic reactions treated with epinephrine during a food challenge test and to identify associated factors for the administration of epinephrine.

Methods: Children who underwent a food challenge test with peanut, hazelnut, cow’s milk, hen’s egg or cashew nut in the period 2005 to 2015 at the department of Allergology Erasmus Medical Center Rotterdam in the clinical setting or in a research setting (IDEAL-study, collaboration of three tertiary care centers for food allergy, trial number NTR3572) were evaluated. The children with reactions meeting the criteria for anaphylaxis according to the EAACI Guidelines for Food Allergy and Anaphylaxis and/or who were treated with epinephrine were included. Possible factors associated with the administration of epinephrine such as age, gender, symptoms consistent with asthma, history of an allergic reaction to the tested allergen and the type of symptoms during the anaphylactic reaction were investigated with logistic regression analysis.

Results: A total of 92 children (40 boys, 44%) with a median age of 7 years (range 1–17 years) who met the criteria for anaphylaxis (n = 85) or who were treated with epinephrine (n = 7) were included in this study. Thirty-three children (39%) with anaphylaxis were treated with epinephrine. Factors significantly associated with epinephrine treatment were younger age (p = 0.001) and lower airway symptoms (p = 0.001). Gastro-intestinal symptoms and a history of an allergic reaction to the tested allergen were significantly associated with the lack of epinephrine treatment (p < 0.001 and p = 0.043, respectively). The most severe allergic type of reaction during a food challenge test is anaphylaxis, for which the recommended treatment is epinephrine. However, only about half of the children with anaphylaxis received epinephrine during the food challenge tests in our study. Treatment of anaphylaxis during food challenge test does not correspond to the indication for such treatment as delineated in the EAACI Guidelines. Further analysis is warranted to ascertain the cause of this discrepancy.

Conclusions: Anaphylaxis occurring during challenge tests seems to be undertreated with epinephrine.

PP039 Analysis of dietary programmes for infants with allergy signs Oksana Matsyura, Lesya Besh Danilo Halytsky National Medical University, Lviv, Ukraine

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Introduction: Nowadays allergies are among the most common of medical disorders. It is estimated that at least one in every five people suffer from some form of allergy in the world. Allergic pathology in children is usually manifested by food allergy (FA). This problem starts in infancy and is most likely to arise when atopic diseases run in the family. Food allergens are major components of sensitization structure in children under one year. Our purpose was to select high-adapted nutrition mixtures for infants with allergic manifestations.

Methods: 116 artificially fed infants with the signs of allergic constipation and children’s eczema. Programme contemplated estimating efficiency of the nutrition mixture. “NAN Lactose free” was administered as main nutrition for 78 and “NAN Soy”—for 38 infants. It is currently unknown whether there is a significant difference when initiating the DBPCFC with a placebo challenge or with an active food challenge. The study aims to explore whether there is a significant difference when initiating the DBPCFC with a placebo challenge or with an active challenge DBPCFC in children.
PP040
Oral administration with *Lactobacillus reuteri* attenuated food allergic responses and enhanced the reactivity of regulatory T cells in BALB/c mice
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**Introduction:** Our aim was to investigate the anti-allergic and immunomodulatory effects of *Lactobacillus reuteri* in a murine model of food allergy.

**Methods:** BALB/c mice were sensitized with ovalbumin (OVA) plus alum and subsequently challenged with OVA by gavage to induce food allergy. The mice were daily administered with *L. reuteri* (1 x 10^9 CFU/mouse) and/or MRS broth (as vehicle) throughout the entire period of experiment. Allergic diarrhea was monitored after each OVA challenge, and the mice were sacrificed post the last OVA challenge to collect serum samples, spleen and duodenal tissues for immunological and histopathological analysis.

**Results:** *L. reuteri* administration attenuated the occurrence of diarrhoea, intestinal mast cell activation, and serum IgE production. Furthermore, both the production of IFN-γ and IL-4 by splenocytes was suppressed by *L. reuteri*. Concordantly, a decreased expression of IL-4, IFN-γ, GATA3 and T-bet were observed in the duodenum. However, the expression of IL-10, TGF-β and Foxp3 was augmented. These findings demonstrate that oral administration with *L. reuteri* attenuated allergic responses and down-regulated both T helper (Th1) and Th2 immune responses, which was closely associated with the enhanced reactivity of regulatory T cells.

**Conclusions:** *L. reuteri* may be used as a functional probiotic for managing intestinal disorders associated with exaggerated immune responses, especially food allergy.

PP041
Questionnaire Survey of the infrastructure for managing allergy in schools around Leicester, UK
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*Clinical and Translational Allergy* 2017, 7(Suppl 1):PP041

**Introduction:** The children’s allergy service in Leicester continues to work with local authorities (LAs) to ensure there are guidelines in managing allergy, including emergency action plans. The aim of this survey was to ascertain whether school staff had the appropriate infrastructure in place to manage children with allergies.

**Methods:** Two LAs were sent a link to an online questionnaire to all schools under their jurisdiction (377 schools). The schools were requested to circulate the questionnaire to all members of staff to complete.

**Results:**
- 234 staff members completed the survey. Off those 166 taught children <11 yrs old.
- 86.2% of staff state there is a school policy relating to managing allergy.
- The responsibility for checking the expiry dates of Adrenaline autoinjectors (AAIs) lies with parents (37.9%), administration staff (23.7%), teacher (12.9%), other (23.8%), Unsure/no procedure (1.7%). 85.1% of respondents maintain a clear log with 65.8% checking expiry dates at least once a term.
- AAIs are kept with the child (19.2%), unlocked central location (36.2%), locked central location (25.8%), Classroom (37.1%)
- AAIs are taken on the school playing fields 52% of the time, but 96.5% of the time for visits off the school premises.
- Schools request the following number of AAIs per child; one AAI (55.8%), two AAI (24.3%) and leave it for the doctor to decide (19.9%).

**Conclusions:**
- Most schools have policies in place relating to managing allergy in schools.
- More guidance surrounding storage of AAI and checking expiry date may prevent out of date AAIs as well as AAIs being locked away, which in an emergency could prove problematic.
- Schools appear to be influencing AAI prescription practices by specifying numbers of AAIs they require.
- Ongoing partnership between the allergy clinic, LAs and school nurses are required to further improve the infrastructure for managing allergy in schools.

PP042
Do school staff receive training and feel confident in the recognition and management of allergic reactions?
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*Clinical and Translational Allergy* 2017, 7(Suppl 1):PP042

**Introduction:** The children’s allergy service in Leicester has worked with local school nurses to produce educational material on the recognition and treatment of allergic reactions. School nurses deliver this package to school staff. The aim of this survey was to ascertain whether staff felt they were able to manage children presenting with an allergic reaction.

**Methods:** 377 schools under the jurisdiction of two local education authorities were sent a link to an online questionnaire. The schools were requested to circulate the questionnaire to all members of staff to complete.

**Results:**
- Training for the management of allergic reactions was provided by a LEA school nurse (75.1%), first aid training provider (16.7%) and other including no training (8.2%)
- 75.4% of school staff had received training in recognition and management of allergic reactions within the last 12 months, 14.2% within 12–24 months and 10.4% >24 months.
- 91.1% felt confident in the recognition of an allergic reaction, while 89.3% felt confident in being able to manage an allergic reaction, including the use of an AAI.
- 30.4% and 22.9% respectively felt they needed more training on recognition of an allergic reaction and administration of an AAI.

Nearly all members of staff completing the survey had received training within the last 2 years and feel confident in the recognition and management of allergic reactions. Significant numbers of staff feel further training would be beneficial.
Conclusions: Continued resources are required to maintain staff training in managing allergy. Additional training resources such as DVD, trainer pens & useful websites should be provided with the current training package to provide ongoing training.

POSTER SESSION 2: Management of food allergy

PP043
Food avoidance after negative challenge in children
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP043

Introduction: A negative oral food challenge (OFC) should normally be followed by its reintroduction in the diet. However, this fails in a subset of children.

Aims: (1) To analyse the rate of occurrence and the reasons for failure of reintroduction of the implicated food after negative OFC in children; (2) To determine the proportion of food avoidance in children who did not undergo OFC.

Methods: A retrospective study of children with an OFC scheduled between January 2012 and December 2015 was performed. Clinical records were reviewed and the food consumption status (FCS) was obtained using a short structured phone or paper enquiry answered by the caregivers.

Results: Data of 127 children (59% male; median age [interquartile range, IQR] 5 [7] years); 64% atopic (48% allergic rhinitis; 38% asthma) were obtained using a short structured phone or paper enquiry answered by the caregivers.

of data are lacking to underpin these assumptions and research initiatives are needed to fill in the current data gaps.

Methods: Based on the US National Health and Nutrition Examination Survey, a statistical comparison was made between the food consumption distribution at a single eating occasion of allergic and non-allergic individuals. Two allergic identifiers were studied, serum IgE to the specific food (NHANES 2005–2006) and self-indicated food avoidance was maintained in 26.3% of the 137 negative OFC. Food rejection was maintained in 26.3% of the 137 negative OFC. Food rejection was maintained in 26.3% of the 137 negative OFC. Food rejection was maintained in 26.3% of the 137 negative OFC. Food rejection was maintained in 26.3% of the 137 negative OFC. Food rejection was maintained in 26.3% of the 137 negative OFC. Food rejection was maintained in 26.3% of the 137 negative OFC. Food rejection was maintained in 26.3% of the 137 negative OFC. Food rejection was maintained in 26.3% of the 137 negative OFC. Food rejection was maintained in 26.3% of the 137 negative OFC. Food rejection was maintained in 26.3% of the 137 negative OFC. Food rejection was maintained in 26.3% of the 137 negative OFC. Food rejection was maintained in 26.3% of the 137 negative OFC.
Results: Overall, the results indicated that the criteria for allergy were not strong enough in the NHANES survey and that non-allergic individuals were mixed with the allergic population.

Conclusion: It was not possible to make a conclusion about the validity of the assumptions applied in risk assessment when using food consumption data from the general population. More comprehensive and structured studies are needed to ascertain the differences in consumption patterns of allergic and non-allergic individuals. Ideally, any future study should identify clinically-diagnosed food-allergic individuals and measure their food consumption patterns using the same method as the general population.

PP047 Food allergy population thresholds: 2011–2016 update of international DBPCCF database for food allergen risk assessment
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Introduction: In early 2011, the VITAL® (Voluntary Incidental Trace Allergen Labeling) Scientific Expert Panel of The Allergen Bureau of Australia & New Zealand (ABA) reviewed individual NOAELs and LOAELs obtained from over 1800 clinical food challenges in an effort to guide advisory labeling decisions for use on food labels. Reference Doses were established for 11 allergenic foods including peanut, cow’s milk, egg, hazelnut, soybean, wheat, cashew, shrimp, sesame seed, mustard and lupine (in terms of mg of total protein). Reference Doses were not established for fish, celery or other tree nuts due to a lack of sufficient quality data at the time. As part of the VITAL® update process, the threshold database was supplemented with additional data collected from 2011 to 2016. The results of that update are presented here.

Methods: Individual NOAELs and LOAELs from published clinical literature were reviewed and verified by scientists at the Food Allergy Research & Resource Program (FARRP) at the University of Nebraska and at TNO in the Netherlands. Publications from 2011 to 2016 were selected based upon previously outlined criteria and focused on low-dose oral food challenges. Additional unpublished clinical records from TNO and FARRP collaborators were also used to supplement the published data. Where possible, population based threshold distributions were updated.

Results: Over 1300 data points were added from data made available during 2011–2016. The TNO-FARRP allergen threshold database now contains over 3100 individual NOAELs and LOAELs from clinical food challenges for 32 allergens, including 15 priority allergens from different international labelling regulations. However, limited data restricted distribution calculations for a number of non-priority foods. In general, the newly calculated population threshold distributions did not significantly vary for a majority of allergens between the 2011 and 2016 datasets.

Conclusions: The results from this study indicate that the population thresholds generated for most VITAL® allergens are stable and were not significantly altered with the addition of new data. These results should enable government and food industry risk managers to proceed with allergen risk management systems based on the VITAL® reference doses.

PP049 Threshold dose distribution in walnut allergy
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Introduction: Our aim was to determine eliciting doses (EDs) in walnut allergic adults and to compare with previously established threshold data in peanut and tree nuts.

Methods: Prospectively, adult subjects with a suspected walnut allergy were included and underwent a low-dose double-blind, placebo-controlled general challenge (DBPCCF). Individual no observed and lowest observed adverse effect levels (NOAELs/LOAELs) were determined and Log-Normal, Log-Logistic and Weibull models were fit to the data. Estimated eliciting dose (ED) values were calculated for the ED5, ED10 and ED50, the dose respectively predicted to provoke an allergic reaction in 5, 10 and 50% of the walnut allergic population.

Results: Fifty-seven subjects were challenged and 33 subjects were confirmed to be walnut allergic. Objective symptoms occurred in 20 of the positive challenges (61%), varying from angioedema of the lip to severe dyspnea. The lowest cumulative LOAEL for objective symptoms was 0.31 mg of walnut protein, leading to repeated coughing in one subject. Data from 13 subjects with only subjective symptoms were right censored. The cumulative eliciting doses in the three distribution models ranged from 3.1 to 4.1 mg for the ED5, from 10.6 to 14.6 mg walnut protein for the ED10 and from 590 to 625 mg of walnut protein for the ED50.

Conclusions: Population EDs for walnut are slightly higher compared to those previously found in peanut and hazelnut allergy. Additionally, previous ED estimates for cashew from a limited number subjects (31) was also higher when compared to hazelnut (202 subjects), indicating that threshold levels for hazelnut could be used as a conservative estimate for risk assessment of other tree nuts where little or no food challenge data is available.

PP050 Unexpected allergens and food products causing allergic reactions in daily life
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Introduction: Unexpected allergic reactions to food are frequently occurring, with even severe and fatal reactions. Our aim was to analyze the type of food products and possible presence and levels of allergens involved in unexpected reactions in daily life of patients.

Methods: A prospective cohort study in adults with a doctor diagnosed food allergy. Patients reporting an unexpected allergic reaction were asked to provide information on the food product, the label and estimated consumed amount, and a sample to determine the possible culprit allergenic substances and their concentrations. This was combined with individual patient food allergies and products were analysed using ELISA or qPCR for different allergens. Results were analyzed and compared with the Reference Doses as established by Taylor et al (Food and Chemical Toxicology 63, 2014, 9–17).

Results: Patients experiencing an unexpected allergic reaction reported a very diverse range of food products. A significant part of the unexpected reactions, 78% (118 out of 151), was attributed to a specific product by the patients. In 22% the reaction was caused by a composite meal. A total of 53 food samples were received and analyzed for 28 different allergens, ranging from 15 allergens per product, and on average 5–6 measurements per product. In 40% of the products 1 to 4 allergens were detected per product, other allergens analyzed were not present or under the limit of detection. In 60% of the received samples no unexpected allergenic substance was detected. Levels ranged from 0.2 ppm to 5000 ppm allergen protein/kg food product. The levels of peanut, hazelnut, sesame, cow’s milk and hen’s egg were all above action levels determined using the Reference Doses. Walnut, pecan nut, cashew nut and celeriac were
also detected. The severity of the reactions for the 21 products ranged from mild to moderate (Muller score 0–3). In part of the unexpected reactions it was difficult to attribute to a specific food product or allergen. Reasons could be that meals consisted of multiple products, allergens might not be present or are not equally distributed in the food, or the wrong product was provided by patients.

**Conclusions:** Levels of unexpected allergen and estimated doses taken by patients did not exceed the Reference Doses for precautionary labeling as described in Taylor et al 2014.

**PP051**

**Home based oral immunotherapy with baked egg protocol**

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**Clinical and Translational Allergy 2017, 7(Suppl 1):PP051**

**Introduction:** Hen’s egg (HE) allergy is one of the commonest food allergies in young children with a natural history to resolve, although recent evidence suggests a greater prevalence and more persistent nature. Treatment strategies of allergen avoidance anticipating that the child will grow out of the allergy are being replaced by interventions like oral immunotherapy (OI). The recipes used in HE OI are however in forms of egg not commonly ingested and are therefore considered experimental and not suitable for widespread clinical application.

**Methods:** We developed a recipe of baked egg biscuits for use in HE OI and implemented a home-based slow up-dosing programme. Five recipe stages were provided to create enough doses to allow gradual increases in allergen exposure. Eligible subjects were recruited at routine allergy clinic visits. Persisting HE allergy was confirmed mostly by recent contact symptoms or, if not, by a positive baked egg challenge. As allergic symptoms are frequent in OI, families had ready access to dietary advice on dosing and symptom treatment.

**Results:** Fifteen subjects (9 boys) age from 6 to 17 years (median 11 years 2 months) were treated. Eight achieved full tolerance (equivalent to one egg), 5 became partially tolerant allowing them to include dietary traces and 2 failed. Allergic symptoms during OI were mild with oral pruritus, abdominal pain, nausea and vomiting or eczema flares, successfully treated with antihistamines.

**Conclusions:** We have demonstrated the efficacy and safety of a HE OI programme using an easy-to-make baked egg recipe. As the biscuit form of egg presentation is widely ingested, we propose the recipe to enable HE OI to be more widely clinically available.

**PP052**

**Development of a controlled vocabulary for oral food challenges in the EuroPrevall and iFAAM data dictionary to allow semantic interoperability in Allerg-e-lab**

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**Clinical and Translational Allergy 2017, 7(Suppl 1):PP052**

**Introduction:** Allerg-e-Lab is a semantic web service initiative for the documentation and exchange of information related to food allergies. The data dictionary—controlled medical vocabulary is essential to identify and characterise the semantic relationship of variables and is key to interpreting data. This study will analyse and compare existing standard terminologies used to describe oral food challenges, and develop a structured approach to collating meta data required for modelling dose distributions from clinical data from double blind placebo controlled food challenges.

**Methods:** Data harmonization - integrating data into the Allerg-e-Lab is a five step process which is being based on the DataSHaPER approach (quality, quantity, and harmony) used for bio clinical studies. The data annotation tools (software and user interface) are being used to annotate data, attaching metadata, and referring to terms from a controlled vocabulary for importing EuroPrevall and iFAAM study data sets into the Allerg-e-Lab platform.

**Results:** The initial focus for developing the EuroPrevall-iFAAM data dictionary has been to develop a controlled medical vocabulary which describes the protocols and clinical symptoms recorded during food challenges undertaken in the EuroPrevall-iFAAM studies. Differences in protocols and definitions between the two projects will be described, and their application to developing data sets to allow comparison in the development of dose distributions based on pooled data described.

**Conclusions:** The EuroPrevall-iFAAM data dictionary will be implemented within the Allerg-e-lab environment and used to investigate the effect of age on threshold dose distributions for peanut, egg and milk from the EuroPrevall and iFAAM projects.

**PP053**

**Introducing egg containing foods step by step**

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**Clinical and Translational Allergy 2017, 7(Suppl 1):PP053**

**Introduction:** The Irish Food Allergy Network (IFAN) created the IFAN egg ladder, along which increasingly lightly cooked egg can be introduced into the diet of egg allergic children. Our hospital allergy clinic has been providing, step by step instructions and recipes to parents of egg allergic children, considered appropriate for home introduction. The purpose of this study was to retrospectively examine the success and safety of this practice.

**Methods:** 139 children, who commenced home introduction of baked egg were identified as suitable candidates. A retrospective chart review was performed and a questionnaire was completed by parents via telephone interview.

**Results:** 75 cases were included in the study. Only 5 had not introduced any form of egg; 4 of these due to refusal by the child. Almost 50% deviated from provided instructions. 41 (54.7%) reported a reaction during home challenge. 35 (46.7%) had immediate reactions with n = 17 given an anti-histamine, and 1 patient seen by a GP. 6 reported worsening eczema. Only 1 subject had a severe reaction. 60% of patients introduced egg in forms less baked than cake or muffin, such as pancake, egg pasta, egg noodle and hardboiled egg. 54.7% stated that finding time to bake goods was a barrier to introduction. More regular ingestion of egg was associated with greater success. The number of egg products in the diet was directly associated with increased peace of mind socialising, reduced worry and increased meal options. Home introduction of egg containing products at an earlier age may be important. The process is associated with allergic reactions, primarily mild. Increased egg introduction appears to improve aspects of QoL. Simplifying challenges to include bought produce needs to be considered.

**Conclusions:** Home introduction of egg containing food in a step by step manner is achievable and allows for provision of options for children, more appealing to parents than cake.

**PP054**

**Primary prevention of nut allergy in children – Is there a “LEAP” between research and reality?**

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**Clinical and Translational Allergy 2017, 7(Suppl 1):PP054**

**Introduction:** The recently published Consensus Communication on Early Peanut Introduction recommends at-home introduction of peanut into diets of skin prick test negative, high risk (egg allergy and/
or severe eczema) infants. The communication states that, if deemed appropriate, in-office observed peanut ingestion can be performed before initiating at-home ingestion. We sought to examine the success of home introduction of peanut in our clinical cohort.

Methods: Our study was a two cycle audit; the first cycle consisted of verbal instruction to all parents of non-sensitised high risk children to introduce at least 6 g of peanut protein per week with a follow up phone-call; the second cycle (for parents of children who had not started peanut) included a repeat skin prick test and a meeting with a member of the clinical team to address parental concerns. Written instructions were also provided. Parents were subsequently contacted by phone one month later.

Results: 25 of 38 families (66%) introduced peanut and 13(34%) did not; Infants successfully commenced on peanut consumed a median 2.5 g of peanut protein per week. 2 parents who had their own diagnosis of peanut allergy requested hospital observed introduction. The remaining 11 non-ingestors returned to clinic. Repeat skin test was negative in each case. Each agreed to home introduction. 10 were contactable. 5(50%) had introduced peanut. Post-intervention a median 4 g of peanut protein was consumed per week. Nearly 80% (79%) of parents introduced peanut at home without an initial hospital challenge. Medians of 2.5 g & 4 g of peanut protein were consumed per week in our study; the LEAP study reported a median 7.7 g consumption. Reasons (Table 2) for non-introduction show peanut refusal as a major issue. The LEAP study addressed this with regular telephone calls, food frequency questionnaires and extra clinics. Our limited resources hinder such high level of supervision.

Conclusions: Initiation of peanut ingestion by home introduction is successful in most cases. Clear written instructions, including tips on how to conceal are likely to improve compliance. Early follow up to identify those unable to introduce is necessary. Those with family members with peanut allergy are less likely to introduce without prior hospital observed introduction. Ongoing adherence is unlikely to be achieved in the clinical setting at levels equivocal to the research setting.

References

Table 2 Reasons given for not introducing peanut at home (13 patients)

<table>
<thead>
<tr>
<th>Patient</th>
<th>Initial reason</th>
<th>Post intervention reason</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Child refused peanut butter</td>
<td>Refusing peanut butter (even hidden)</td>
</tr>
<tr>
<td>2</td>
<td>Child refused peanut butter</td>
<td>Acid reflux and so excluded all dairy/egg/nut from diet</td>
</tr>
<tr>
<td>3</td>
<td>Child refused peanut butter</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Refused peanut butter and sibling has nut allergy</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Parents prioritised home based graded baked milk exposure</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>Parents prioritised home based graded baked egg exposure</td>
<td>Refusing peanut butter (even hidden)</td>
</tr>
<tr>
<td>7</td>
<td>Parents prioritised home based graded baked egg exposure and suspected eczema worsening</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>Did not understand advice given at initial clinic visit</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>Did not understand advice given at initial clinic visit</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>Sibling has peanut allergy</td>
<td>Parental decision to maintain nut free house</td>
</tr>
<tr>
<td>11</td>
<td>Parent has peanut allergy (subsequently requested clinic based introduction)</td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>Parent has suspected peanut allergy (subsequently requested clinic based introduction)</td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>Maternal anxiety</td>
<td>Parental decision</td>
</tr>
</tbody>
</table>

PP055
Patient-perceived impact of food allergy in daily life
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP055

Introduction: Our aim was to assess the perceived impact in daily life of food allergy (FA) in our population.

Methods: A medical records review of all patients assessed in our Food Allergy Unit from 2013 to 2015 (n = 187) was performed and those with confirmed FA after diagnostic work-up (n = 51, 27.3%) were selected. These food-allergic patients or their caregivers were then interviewed by telephone; only 21 (41.2%) patients responded and these were included in the final analysis.

Results: A total of 21 food-allergic patients (66.7% females, mean ± SD age 28.1 ± 15.7 years; 7 aged under 18 years) were included. The main culprit food groups were crustacean (25.8%), fish (19.4%), fruits (19.4%), and tree nuts (16.1%); 9 patients were allergic to foods from more than one group. Reactions were immediate in 20 (95.2%) cases and 12 (57.1%) presented as anaphylaxis. Two (9.5%) patients confessed to be not fully avoiding foods from the sensitizing group and one had recurrent allergic reactions (oral allergy syndrome); 7 (33.3%) patients admitted not always carrying their emergency medication and 1 had already needed it. Eleven (52.4%) patients stated that they had changed their vacation plans due to FA. Five (23.8%) referred to never or rarely reading food labels and 4 (19.0%) patients had a food allergic reaction following accidental exposure. Five (23.8%) referred to have increased monthly expenses due to FA and another 10 (47.6%) felt somehow impaired by their FA. Interestingly, all patients mentioned to be more confident with the diagnosis and management after an Allergist’s evaluation. Food allergy continues on the rise. The negative practical and psychological impairment associated with FA in both adults and allergic children caregivers has been recently assessed. A negative impact on daily life was also evident in our patients and this needs to be addressed in order to improve disease management in all aspects. In this group, half of them admitted to changing vacation plans; almost one quarter had increased expenses because of their FA; almost one–fifth had a reaction following accidental exposure and almost half admitted feeling somehow impaired by their FA. All of the patients stated feeling more confident after consultation with a specialist.

Conclusions: The scope of an Allergist should also include helping patients cope with FA and reduce its interference in daily life.

PP060
A pan-allergen patient with eosinophilic esophagitis
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP060
Introduction: The treatment of food allergy is the exclusion diet. Oral immunotherapy (OIT) can be a therapeutic alternative, however described immediate adverse reactions during its implementation. The eosinophilic esophagitis (EoE) is a chronic disease: Esophageal dysfunction and infiltration Eosinophilic ≥ 15 eosinophils (eos/hpf) field in 4 fields. Some recent studies describe it as secondary adverse long reaction to the OIT.

Case report: 7 year old male patient with an atopic dermatitis history, debuts with urticaria and angioedema after egg tortilla and fish ingestion at 12 months of life. 3 years old: IgE 3600U/ml, Ovalumocoid 1.61 kU/L, Egg white 14.5 kU/L, Egg yolk 1.59 kU/L, Ovalumocoid 15.61 kU/L, Cod 10.4 kU/L, Tuna 21.4 kU/L, Hake 7.24 kU/L, Sole 6.47 kU/L, Four-spot megrim 7.06 kU/L. Prick: Egg white 6/5, Egg yolk 3/5, Egg 3/5, Ovalumocoid 2/5, Ovalumocoid 3/5, Cod 7/5, Sole 6/5, Hake 5/5. Oral challenge (PPO) to boiled egg was negative, so diet is indicator with egg cooked 3 times a week and without fish. Later the patient concerns hives after eating Peach, practiced prick: LTP 5/6, Prup3 LTP Peach 6.49 kU/L, Ovalumocoid 0.83 kU/L, Egg White 8.95 kU/L, Ovalumocoid 8.62 kU/L, Egg Yolk 1.59 kU/L, Four-spot megrim 3.82 kU/L, Cod 5.1 kU/L, Hake 4.4 kU/L, Tuna 5.35 kU/L, Sole 5.52 kU/L. Practiced PPO Omelette was positive, so begins desensitization with egg white, diet without peach and fish. At 7 years old, patient describes food impactation, so endoscopy was performed > 40 (eos/hpf). Treatment: Fluticasone 250mcg BID, Omeprazol, diet without egg, fish and peach.

Conclusion: The present case can suggest the implication between EoE and the reintroduction of allergic food so recommendation of stretch following of this patients should be performed after an OIT.

Consent to publish: Patient consented to the publication of this abstract.

PP061 A reporting system for adverse reactions to food in Europe: a community-based Allergic REACTions (AlleREACT) intervention Katarzyna Pyrz1, Moira Austin1, Yanne Botol3, Philip Couch1, Deirdre Galloway1, Pilar Hernandez2, Jonathan O’B. Hourihane1, Fiona Kenna1, Marek Kowalski8, Barbara Majkowska-Wojciechowska8, Clare Mills1, Christopher Munro1, Lynne Regent1, Marina Themisb4, Sabine Schnadt9, Aida Semic-Jusufagic1, Angela Simpson1, Audrey Dunn Galvin1,1School of Applied Psychology, University College Cork, Cork, Ireland; 2Anaphylaxis Campaign (ACUK), Farnborough, United Kingdom; 3Associa tion Française pour la Prévention des Allergies (AFPRAL), Paris, France; 4University of Manchester, University Hospital of South Manchester, Manchester, United Kingdom; 5Anaphylaxis Ireland (AI), Ireland; 6Asociación Española de Personas con Alergia a Alimentos y Látex (AEPAAN), Madrid, Spain; 7Department of Pediatrics and Child’s Health, University College Cork, Cork, Ireland; 8Medical University of Lodz (MUL), Lodz, Poland; 9Deutscher Allergie- und Asthmabund e.V. (DAAB), Mönchengladbach, Germany.

Correspondence Katarzyna Pyrz - kpyrz@ucc.ie Clinical and Translational Allergy 2017, 7(Suppl 1):PP061

Introduction: Mild to severe adverse reactions to food in the community are under-researched, and bio-psychosocial risk factors are poorly understood. An online system has been developed to allow for real-time reporting of incidents for food allergic patients in seven European countries under auspices of the iFAAM (Integrated Approaches to Food Allergen and Allergy Risk Management) project. Our aim was to develop and validate a real-time, multilingual, online-based reporting system to capture real-world circumstances and determinants of food-allergic incidents across Europe.

Methods: The Allergic REACTions (AlleREACT) is an international community-based intervention using a prospective multi-site design. Adults, adolescents and parents of children with food allergies in the UK, Ireland, Spain, France, Belgium and Poland will report food allergic incidents using a validated online reporting tool between April–December 2016.

Results: Following experts’ consultations and Patient Organisations’ (POs) workshops, a short version of a previously validated reporting tool ‘Allergic Reactions in the Community’ (AlleRiC) was adapted for international use. The new measure has already been tested online and piloted in the English language by adults and parents of children with food allergies (N = 37). Translation and back-translation have been completed in German, Spanish, French and Polish and the system has now been launched. The resulting tool “AlleREACT” is a comprehensive (42 items), user-friendly and takes only 10 min to complete.

Conclusions: AlleREACT builds on e-Health and community-based research frameworks. It will provide novel findings in areas not previously researched in depth, and promote understanding of food allergic incidence with implications for risk assessment and risk management across Europe. It is intended that the tool will be used by patient groups and individuals within the community and managed by POs from participating countries.

PP062 Outcome of oral immunotherapy in cow’s milk allergy in Finland after a follow-up of 7–11 years Tiina Kauppila, Anna Kaarina Kuukkonen, Mikael Kuutunen, Anna Pelkonen, Mika Mäkelä University of Helsinki, Helsinki University Hospital, Skin and Allergy Hospital, Helsinki, Finland.

Correspondence Tiina Kauppila - tiina.k.cauppila@helsinki.fi Clinical and Translational Allergy 2017, 7(Suppl 1):PP062

Introduction: Our aim was to evaluate the outcome of oral immunotherapy (OIT) in cow’s milk allergy 7–11 years after starting the OIT.

Methods: A real-life follow-up study on OIT to milk was started in 2005 by a protocol presented in detail earlier [1]. By March 2009, 67 children had participated in OIT (Table 3). Information about current milk consumption and side effects to milk were collected from 63 patients between January to April 2016 with a questionnaire, phone calls, or from medical records (Table 4).

Results: At the 1-year follow up visit, 51 (76%) patients consumed milk between January to April 2016 with a questionnaire, phone calls, or from medical records (Table 4).

Table 3 See text for description

Baseline characteristic before milk OIT (n = 67)

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Value</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male/Female</td>
<td>37/30</td>
<td>55/45</td>
</tr>
<tr>
<td>Age (y), median (InterQuartile Range, IQR)</td>
<td>9.5 (7.9–17.4)</td>
<td></td>
</tr>
<tr>
<td>Median age when cow’s milk allergy was diagnosed (months)</td>
<td>7</td>
<td></td>
</tr>
<tr>
<td>Asthma, [n (%)]</td>
<td>51 (76)</td>
<td></td>
</tr>
<tr>
<td>Allergic rhinitis, [n (%)]</td>
<td>41 (61)</td>
<td></td>
</tr>
<tr>
<td>Atopic dermatitis, [n (%)]</td>
<td>30 (45)</td>
<td></td>
</tr>
<tr>
<td>Baseline milk IgE (kU/L), median (IQR)</td>
<td>17.2 (10.2–139.0)</td>
<td></td>
</tr>
<tr>
<td>Baseline milk skin prick test score (mm), median (IQR)</td>
<td>10.0 (4.0–20.0)</td>
<td></td>
</tr>
</tbody>
</table>

Table 4 See text for description

Long-term follow-up data collection (n = 67)

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Value</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Median follow-up time (years)</td>
<td>8.7 (7.0–11.1)</td>
<td></td>
</tr>
<tr>
<td>Questionnaire</td>
<td>35 (52.2%)</td>
<td></td>
</tr>
<tr>
<td>Phone</td>
<td>15 (22.4%)</td>
<td></td>
</tr>
<tr>
<td>Medical records (recent 6 months)</td>
<td>13 (19.4%)</td>
<td></td>
</tr>
<tr>
<td>Lost in the follow up</td>
<td>4 (6%)</td>
<td></td>
</tr>
</tbody>
</table>
or only antihistamine. One patient had an anaphylactic reaction during the OIT build-up phase. After the reaction, the patient continued OIT and is now consuming 5 dL milk a day without reporting any side effects. At the 7–11 years follow-up, 48 (72%) patients consumed milk daily (Fig. 6) and 18 (38%) of them reported side effects to milk during the last 12 months. Side effects were mostly mild requiring no medication, or only antihistamine, but two patients reported using adrenaline to allergic reaction after consuming milk. Information about side effects was not available for 6 (13%) patients. Five patients, who were previously consuming milk, had discontinued its consumption because of the symptoms. However, two of them recently had a negative oral food challenge (OFC) to milk. Five patients who previously failed in milk OIT, and were on a milk-avoidance diet, consumed milk at the long-term follow up. They had started using small amounts of cheese daily by escalating doses or had a negative OFC to milk or had started milk OIT again. Our results suggest that performing a long-term follow-up after milk OIT is important, irrespective of the outcome of the OIT.

Conclusions: After milk OIT, the milk consumption can change over time and allergic reactions may appear even after 7 years or more of daily milk consumption.

Reference

Fig. 6 See text for description

PP063
A comparative audit of milk and fish induced Food Protein Induced Enterocolitis Syndrome (FPIES) management

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Clinical and Translational Allergy 2017, 7(Suppl 1):PP063

Introduction: FPIES is a non-IgE-mediated food allergy, often unrecognized, attributed to a variety of foods, with cow’s milk (CM) and fish to be considered two of the most common culprit foods. Our aim was to evaluate diagnostic and management procedures in children with FPIES attributed to CM and fish, in a reference Allergy Unit of a tertiary Hospital in Greece.

Methods: This is a retrospective study on records between 10/2010 and 10/2015. Diagnosis was based on self-reported clinical history, however oral food challenges (OFCs) were performed in case of unclear history. Age at diagnosis and resolution of the syndrome were recorded. For the assessment of potential tolerance, OFCs were performed, in a wide range of time, in dependence of patients’ accidental exposures, and not according to conservative approach (every 18–24 months) as recommended.

Results: 47 patients (23 males) were diagnosed with FPIES, 27 to CM and 20 to fish (median age: 5 and 18 months, IQR 2–7 and 12–22.5 respectively). We performed 45 OFCs in total (18 to fish), 41 to evaluate potential tolerance (17 to fish). As regards OFCs performed to assess potential tolerance, 11 out of 17 (64.7%) OFCs to fish were positive, while corresponding ratio to CM was 4/24 (16.7%). Median time between diagnosis and OFC was 24 months in total (IQR 16.5–36.7), while regarding patients with negative OFC outcome (tolerance), the corresponding time was 22 months (IQR 15.9–30.4). In children still with active disease at re-evaluation, it was noted that in respect to fish even though they have been challenged in older age (fish 73.3 ± 25.9 months vs CM 22.6 ± 6.8 months, p = 0.002), they had in their majority positive OFCs. A significant association regarding the interval between diagnosis and OFC with OFC outcome (fish 51.1 ± 25.5 months vs CM 14.7 ± 2.2 months, p = 0.015) was also noted. Out of 41 children with FPIES diagnosis at presentation, 63.4% (n = 26) were tolerant by means of OFCs (6 to fish). In respect to the interval from diagnosis to tolerance, correlation with food type was noted (fish median 27.7 months, IQR 22–73.5 vs CM median 20 months, IQR 15.1–26.9, p = 0.044).

Conclusions: There is heterogeneity in the resolution of FPIES depending on the implicated food. FPIES caused by fish has a delayed remission. It is more cost-effective for both the patients and the medical staff to avoid early OFCs, compared to time of diagnosis, as regards fish or more delayed concerning CM.
PP064
Coping with food allergy by children and adolescents – A systematic review
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP064
Introduction: Children and adolescents with food allergy are the group most at risk of serious and fatal reactions from accidental ingestion of an allergen. Ways in which they cope with their food allergy could explain this increased risk. A systematic review was conducted of published papers looking at coping strategies used by children and adolescents with food allergy to explore current knowledge and identify gaps for future research.

Methods: Electronic searches were conducted using the following databases: MEDLINE, PsychNFO, SCOPUS, Science Direct, Web of Science. Papers including data from participants aged 8–16 years old with a food allergy or hypersensitivity were retrieved and analysed. Thematic analysis was used to synthesise the findings.

Results: Twelve studies were selected from 4672 papers after a review of abstracts and full texts. These papers underwent data extraction, quality appraisal and thematic analysis. Six key themes were identified: (1) Coping with risk (2) Using auto-injectors (3) Education, knowledge and understanding (4) Social support (5) Taking responsibility and (6) Coping with emotions. Adaptive coping strategies were identified such as problem-solving and planning; maladaptive coping strategies such as mental or behavioural disengagement were also apparent. Education regarding diagnosis and diagnosis and its treatment varied and influenced how well patients coped, as did attitudes towards the allergy. Social and peer support was important for coping but can be limited for children and adolescents with food allergy. Many felt that their needs were not fully understood, even at school, and some felt pressured by peers or social situations to ignore the risks. Coping with food allergy by children and adolescents is a complex multifaceted process and the type of strategy used is dependent on the individual's perception of risk, the situation or environment they are in, the influence and attitude of others, and the individual's age and gender. Participants in the review were mainly teenagers; therefore further research on how younger children cope with food allergy is needed.

Conclusions: Ways of teaching adaptive coping strategies from point of diagnosis need to be investigated. The impact of social influences on the individual's perception of risk, the situation or environment they are in, the influence and attitude of others, and the individual's age and gender should be considered when supporting this population particularly as they get older, with age-appropriate strategies that facilitate confidence in being able to cope with and manage their food allergy.

PP065
INTO-study – Randomized controlled study on the INduction of Tolerance in babies
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP065
Introduction: This general population based RCT aims at answering two major hypotheses: First, systematic early introduction of solid foods decreases the incidence of food allergy and dietary restrictions by the age of one year. Second, stimulation with the symptom-eliciting food rather than avoidance will induce tolerance in babies with non-severe allergic symptoms.

Methods: All new born babies living in the city of Oulu are recruited to the study (n = 1380) at their first health nurse visit (at or before 1 month of age) in the local primary care child health clinics. Families in the intervention group will get an instruction booklet including information on early systematic introduction of solid foods starting at the age of 4 months, with foodstuff from all major groups in diet by the age of 6 months (vegetables, fruits, wheat and other grains, meat, fish, egg, dairy products). Furthermore, the booklet includes information and instructions on food related symptoms and atopic eczema. Babies with mild symptoms are encouraged to continue the symptom-eliciting food. All families fill out monthly internet-based questionnaires on food diary, symptoms, diagnoses and health care visits until the age of 1 year. Dietary restrictions and food allergy diagnoses are verified at the age of one year. The primary outcome measures will be the incidence of diet restrictions, parent-reported and doctor-verified food allergies and atopic eczema by the age of 1 year. The secondary outcomes will be the need for health services and the family experienced distress during the first year of life.

Results: The study has started in March 2014. Currently, 1317 babies have been recruited and 645 children have completed the entire study by the end of April 2016. According to the preliminary data from questionnaires at the age of 6 months, 70.6% of 425 children in the intervention group and 74.1% of 444 children in the control group were still on breast-feeding (p = 0.256). Furthermore, 45.9% of children in the intervention group and 23.3% in the control group (p < 0.001) had 2 or more potentially allergenic food (wheat, egg, fish or fermented milk products) in their diet before the age of 6 months.

Conclusions: The study protocol seems to be feasible at a population level and does not affect the rate of breastfeeding during the first 6 months of babies. INTO-study will provide invaluable data on early-feeding strategy in primary and secondary prevention of food allergy.

PP066
Adherence and safety in home doses in oral specific tolerance induction
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP066
Introduction: Egg and milk allergy is the main food allergy in the paediatric population in our country. In recent years, as an alternative to egg and milk avoidance a novel and promising treatment has appeared consisting in induction of oral tolerance. Allergenic food doses are increased progressively from a minimum amount of egg/milk. Doses are increased in the hospital and the same dose is maintained at home. The procedure is not free of risk even when doses are taken at home.

We aim to evaluate the adherence to desensitized food doses and patient safety at home.

Methods: One-hundred and twenty patients treated by specific oral tolerance induction (SOTI) to milk or egg from two hospitals were invited to fill an anonymous survey via web. Similar recommendations were given to the patients under SOTI in these two hospitals and full-time access to an allergist was available by e-mail or telephone. Survey asked about adherence to treatment, cofactors avoidance and confidence about treating reactions at home.

Results: 109 patients answered the survey. 70% of the patients never forgot to take the dose. Whereas 82% never forgot to take premedication (antihistamines), 40% forgot to take asthma medication. Most of the patients always avoided cofactors (89% avoided fasting, 90% NSAIDs, 78% exercise) and 88% of the patients were correctly monitored after taking the doses always. However, regarding reactions at home, at least in one reaction, 53% of the patients did not know if the reaction suffered should be treated and 26% did not know the type of medication required for that reaction. Most of the patients showed good adherence to the treatment and correct cofactors avoidance however, patients do not feel confident when a reaction occurs.

Conclusions: Patients need to be taught in managing reactions before starting a food SOTI.
**PP067**

**Dietary management of non-IgE mediated cow’s milk allergic infants with a symbiotics-supplemented amino acid-based formula: effects on faecal calprotectin, eosinophilic cationic protein and α1-antitrypsin concentrations**

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**Clinical and Translational Allergy 2017, 7(Suppl 1): PP067**

**Introduction:** This study investigated the effects of a new amino acid-based formula (AAF) with pre-and probiotics (symbiotics) in infants with suspected non-IgE mediated CMA.

**Methods:** In a prospective, randomised, double-blind controlled study (registered as NTR3979), infants with suspected non-IgE mediated CMA were enrolled to receive either an AAF (control n = 36) or an AAF with symbiotics (oligofructose, long-chain inulin, Bifidobacterium breve M-16 V) (test n = 35) for 8 weeks. Faecal samples were collected at baseline and weeks 8, 12 and 26 after initiation of dietary management. Faecal samples from non-randomized healthy breastfed infants, which were age-matched with CMA infants at wk 8 of intervention, were collected as a reference group. Primary outcomes were bifidobacteria and the Eubacterium rectale/Clostridium coccoides group (ER/CC) as percentage of total faecal bacteria determined by fluorescent in situ hybridization. To monitor intestinal inflammation and immune status secondary and exploratory outcomes included faecal Calprotectin (FC) and Eosinophilic Cationic Protein (ECP) and faecal α1-antitrypsin (A1A).

**Results:** Average age (±SD) of CMA infants (n = 71) was 6.00 ± 2.98 months at inclusion of the study and 7.84 ± 3.25 months in the reference group (n = 51). Of the CMA subjects, 90% presented predominantly GI symptoms and 10% dermatological symptoms; stratification was based on these manifestations. Sixty CMA infants completed the 8 weeks intervention (control n = 32; test n = 28).

Using the intention-to-treat data set and ANCOVA technique, levels of bifidobacteria at 8 weeks were significantly higher in the test (12.1%) vs. control group (5.6%) (p < 0.001). Bifidobacteria proportions in the test group were close to levels observed in the reference group (n = 14.7%) (p < 0.001) and ER/CC was significantly lower determined vs. control group (14.7%) (p < 0.001) and ER/CC was significantly lower.

**Conclusions:** This study shows that a symbiotics supplemented formula is able to significantly affect the gut microbiota composition of non-IgE CMA infants. Determined bacterial proportions in the test group were close to levels observed in the healthy reference group. Median levels of FC and A1A decreased in both study groups at wk 8 of intervention.

**PP069**

**Travelling with food allergy: are the commercial airlines prepared?**

Ines Padua1, Andre Moreira2, Patricia Padrao3,4, Pedro Moreira3,4, Renata Barros1

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**Clinical and Translational Allergy 2017, 7(Suppl 1): PP069**

**Introduction:** Food allergy (FA) has a significant impact on the patient’s quality of life, namely on travelling. We aimed to assess the ability of the commercial airlines to support passengers with FA.

**Methods:** A worldwide commercial airlines on-line survey, including 941 companies, from 216 countries, addressing their preparation to support passengers with FA was performed. A total of 721 airlines were reached by 2 reminders (3 refuse to participate and contact failed with 117). Additionally, the Top 100 Airlines, according to the World Airlines Awards 2015, were contacted to reply to a simulated reservation for a passenger with FA addressing staff training, the availability of special meals for FA on board, and the possibility to travel with their own food and medication. The information available on the airline’s website was also analysed. Statistical analysis included descriptive statistics.

**Results:** 3 out of 721 companies completed the survey and reported to have trained staff to deal with emergencies and no restrictions for travelling cosumers with FA concerning to food or medication carrying. From the remaining, 713 failed to reply and 5 reported not being able to provide requested information. Considering the simulated reservation, 22 out 100 replied. Six reporting to have the information on their website, 8 having special food allergy menus, 2 staff training for emergencies, 9 allowed passengers to carry their epinephrine injector; 11 allowed to bring food and 8 highlighted that cannot guarantee allergen-free flights, regarding the risk of cross-contact. Concerning the Top 100 website information, only 4% mention that the flight crew are trained, 67% have special FA menus, 40% recommend the carriage of medication and 26% refer it is possible to carry food on board.

**Conclusions:** Most of the commercial airlines are not prepared or even warned about the impact of an in-flight allergic reaction. Our results aware for a priority on airline’s education and training in FA order to increase the family’s confidence to travel and afford the life safety on board.
Time required for treatment of the two cases treated with Epi pen was within 3 to 5 min, one given by the student and the other by the school doctor.

Conclusions: Our survey showed that Anaphylactic reaction in schools are not uncommon. Management of such cases need clear policies to cope with allergic reactions and anaphylaxis. Epi pen availability, food allergy action plans and school nurse training and education are vital to ensure the safety of such children.

References

PP075
Supporting anaphylaxis patients through a mobile application
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP075

Introduction: This study was performed to identify the critical success factors (CSFs) of an anaphylaxis app to support patients in an emergency situation.

Methods: CSFs were identified through a literature study, by analyzing existing anaphylaxis apps and by surveying a sample of patients who visited the website of the Dutch Anaphylaxis Network. An expert interview was used to further reflect upon the findings.

Results: Five existing anaphylaxis apps were found, with different features, most were for the UK or US market, available for free or at low costs. The literature presents the following CSFs that influence the adoption of mobile technology for allergic patients: 1. being context-aware through scanning of physical items; 2. automating the retrieval of product-related allergy information; 3. helping to improve the patient's understanding of their condition in general; 4. ensuring medical validation of given advice; 5. being tailored to patient's medications and 6. providing advice in a patient-sensitive manner, based on age and level of experience. The survey yielded 276 responses, 80% was female, mean age of 40.96 (sd = 11.2) years and an average of 9.81 (sd = 7.5) years of experience with anaphylaxis. The desirability of an app to support anaphylaxis patients was rated with an average of 8.34 on a scale of 1 to 10 (sd = 1.8), while the probability of the respondents using such an app was rated with an 8.75 (sd = 1.9). Most important features of an app according to the respondents was Clarity of information (6.68); Medical validation (6.62) and Emergency procedure information (6.48). Less important features were Interactivity of the app (4.50); Allergy knowledge quiz (3.33) and use of games (2.66). The expert mentioned that the app should be available at no cost to boost its use.

Conclusions: An app that includes medically validated and clear information on allergy symptoms and treatment procedures has great potential to fill a gap in the support of anaphylaxis patients. Relevance for daily practice. An app in Dutch language will be developed to support patients or caregivers in emergency situations. The app will be patient-tailored, so that a patient can import his own emergency medication and personal information. The main feature is a step-wise approach to cope with allergic reactions. Besides general information about the most important causes for anaphylaxis: food allergy or insect sting allergy will be given. The app will be built in cooperation with Allergy patient's organizations, the Dutch dermatologists' association and the University Medical Centre Utrecht, the Netherlands.

PP077
Negative impact of multiple elimination diets on nutritional status in food allergic children
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP077

Introduction: Nutritional deficiencies have been reported in food allergic children. The aim of our study was to assess the actual food intakes and nutritional status of children with suspected or proven multiple food allergies when elimination diet was not supervised by continuing dietitian follow-up.

Methods: 22 children (8 girls, 16 boys; mean age 5.0 ± 4.1 years) were proven (19 children) or suspected only (3 children) multiple food allergens. We studied retrospectively. Twenty children were presented with atopic dermatitis, eight with anaphylaxis, two with hives and four with gastrointestinal symptoms. Two children had additional conditions that influenced nutritional status (one cromosomopathy, one histamine intolerance). Nutritional intakes assessment was passed on exact questioning on actual food avoidance. Children's weight, height, laboratory data for nutritional parameters were assessed.

Results: In 18 (82%) children additional questioning revealed their diet was extended from advised by physician. Fourteen children (64%) did not eat milk, egg and wheat and in addition numerous variable foods were also avoided in their diets- in nine of animal origin and in twelve of plant origin (most often peanuts and tree nuts). Two children did not consume egg and milk and excluded also some plant and/or animal foods, two children avoided numerous plant foods, one child did not eat cow milk and some plant foods and one child had no special food restrictions. In described group of 22 children the means for anthropometric measures were below the average for age (41.P for height and 35.P for weight). Three children were <−3% for relative weight. Lower serum levels of levels of albumin/iron/zinc/selenium/vitamin B12 were found in 5/8/11/10/1 children, respectively. Three children had osteoporosis and one had osteopenia. Eleven children (50%) had multiple nutritional deficits. Combined diet without cow milk, egg and wheat (14 children) was always associated with nutritional deficits.

Conclusions: Multiple food elimination diet (e.g. without cow milk, egg and wheat) has negative impact on nutritional status of food allergic children if not supervised continually by experienced physician and dietitian.

PP078
Improved diagnostic procedure by ISAC multiplex assay in food and latex allergic children
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP078

Introduction: One of the most important implications of a multiplex assay such as ISAC assay should be its ability to distinguish between allergy and asymptomatic sensitisation due to cross reactivity which could ex. influence the decision for performing a food/latex challenge in children with multiple allergies. Twenty children presented with food or latex allergy were retrospectively analysed and compared in allergic versus tolerant
children. Allergy was confirmed by typical clinical history and determination of specific IgE/skin prick test, by provocation test or by very high values of specific IgE/skin prick tests. When analysing potential cow’s milk/egg/soy/wheat/hazelnut/fruit/latex allergy 1/2 /1/14 /15 /3 /3 children were excluded because of unknown clinical allergic status (e.g. waiting/refusing provocation test).

**Results:** 12 egg allergic children had significantly higher specific IgE to nGal d 1, nGal d 2 and nGal d 3 than 39 egg tolerant children (p < 0.0001). 12 cow’s milk allergic children had significantly higher specific IgE to nBo d 4, nBo d 5 and nBo s d 8 than 40 cow milk tolerant children (p < 0.0001). 16 peanut allergic children had higher specific IgE to rAra h 1, rAra h 2, n/r Arab 3, n/r Arab 6, rAra h 8 and rAra h 9 than 23 peanut tolerant children (p from <0.0001 to < 0.05). 14 hazelnut allergic children had higher specific IgE to rCsr a 8 and rCsr a 9 than 25 hazelnut tolerant children (p = 0.006 and p = 0.0009, respectively) and significantly lower specific IgE to rCsr a 1 than hazelnut tolerant children (p < 0.0001). Three soy allergic children had significantly higher specific IgE to nGly m 5 and nGly m 6 than 42 soy tolerant children (p < 0.001 and p = 0.003, respectively). Two wheat allergic children differed from 50 wheat tolerant in rTir a 19, rTir a 14, rTir a aAa TI (p from < 0.001 to< 0.05). 6 children with anaphylaxis to different fruit had significant higher n/r Pru p 3 than 25 fruit tolerant children (p = 0.03). 18 children with OAS associated with fruit had significantly higher specific IgE to rPru p 1, rMal d 1 and rApi g 1 than 25 fruit tolerant children (p < 0.0001). Four children allergic to latex had significant higher specific IgE antibodies to rHev b 6.01 than 46 latex tolerant children (p = 0.005).

**Conclusions:** ISAC differentiated allergic from tolerant children when analysing recombinants of cow’s milk egg, peanut, hazelnut, soy, wheat, fruit or latex.

**PP082**

**Episophageal eosinophilic infiltration during desensitisation treatment: a growing concern**

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**Clinical and Translational Allergy 2017, 7(Suppl 1):PP082**

**Introduction:** To describe the frequency and evolution of episophageal eosinophilic infiltration in patients with cow’s milk protein allergy (CMPA) submitted to oral desensitization.

**Methods:** A descriptive study involving pediatric patients with CMPA admitted to a Paediatric Emergency Department from 2012 to 2016. This protocol included daily intakes of increasing diluted amounts of cow milk until 120–200 ml of non-diluted milk. The mean initial dilution was 1:2 and the average time of progression from diluted milk to non-diluted milk was 3 months. Patients reported symptoms daily, and when persistent gastrointestinal symptoms occurred, endoscopy was performed. Abnormal findings (endoscopy and histology) suggestive of eosinophilic infiltration (eosinophils ≥ 15HPF) demanded appropriated treatment with proton-pump inhibitor (PPI) for 8 weeks. Swallowed topical corticosteroids (STC) was initiated if inadequate response.

**Results:** 19 patients were enrolled (11 F: 8 M), mean age of 10,25 years at baseline. All patients had previous history of anaphylaxis and positive specific IgE to cow milk and casein. Nine patients (9/15) presented specific IgE levels to cow milk and casein higher than 100 kU/L. Five patients developed gastrointestinal symptoms during treatment, all of them receiving non-diluted milk being abdominal pain the most frequent complaint, followed by vomiting and dysphagia. All patients had abnormal macroscopic findings, and increased eosinophils (mean = 20 HPF). All patients (P1, P2, P3, P4) received PPI as initial therapy, and one patient lost follow up (P5). Endoscopy was repeated and eosinophils were normal in two patients and clinical symptoms disappeared (P1, P2) but symptoms returned in one (P1). Another patient had milk excluded (P3) and P4 is waiting second endoscopy. STC was necessary in two patients with distinct evolution (P1, P3). One patient kept milk ingestion and STC (P1) and the other persisted with episodical abnormalities despite milk exclusion and STC treatment (P3).

**Conclusions:** Episophageal eosinophilic infiltration is a described complication in patients submitted to oral desensitization, but it seems more prevalent in patients with severe allergy and presents different outcomes. It is necessary continuous follow up of these patients for long periods to understand the disease and provide the best management.
**PP086**

**Pathways of anaphylaxis in an adjuvant-free mouse model**

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**Clinical and Translational Allergy 2017, 7(Suppl 1):PP086**

**Introduction:** Conflicting results have been obtained regarding roles mast cells and other effector cells models in active systemic anaphylaxis (ASA). In part, this might reflect the change of adjuvant used during sensitization, as various adjuvants might differentially influence the production of particular antibody isotypes. Moreover, in humans, sensitization generally occurs in the absence of an artificial adjuvant. We therefore developed an adjuvant-free mouse model of ASA, and compared pathways of anaphylaxis in this model vs. in an ASA model using adjuvants for sensitization.

**Methods:** Mice were sensitized intra-peritoneally (i.p.) with ovalbumin (OVA) at weekly intervals for 6 weeks (adjuvant-free ASA model), or once i.p. with OVA together with Alum and Bordetella pertussis toxin (ASA model using adjuvants). Mice were then challenged i.p. with OVA two or three weeks later, respectively.

**Results:** Wild-type (WT) mice developed immediate hypothermia in both models, but significant mortality was only observed in the ASA model using adjuvants for sensitization. Depletion of monocytes/macrophages with clodronate liposomes significantly reduced anaphylaxis in both models. Depletion of neutrophils using anti-Gr-1 antibodies in both models, but significant mortality was only observed in the ASA model using adjuvants for sensitization. We therefore developed an adjuvant-free mouse model of ASA, and compared pathways of anaphylaxis in this model vs. in an ASA model using adjuvants for sensitization.

**Conclusion:** Our data demonstrate that components of both the classical and “alternative” pathways contribute to anaphylaxis in the adjuvant-free ASA model. Monocytes/macrophages contribute to anaphylaxis regardless of the presence or absence of adjuvant during the sensitization, but the use of adjuvant in effect masks any non-redundant contribution of mast cells while revealing a contribution of neutrophils.

**Introduction:** To assess changes in WBC count (WBC-C) occurring during an episode of anaphylaxis in human subjects.

**Methods:** We conducted a search for hospitalizations in any unit of our institution (tertiary hospital) between Jan/10 and Jul/15 with an ICD9 code of anaphylaxis (995.0, 995.6, or 999.4). Medical records were reviewed and patients not fulfilling the currently accepted diagnostic criteria (Sampson HA et al. 2006) were excluded, as well as those without WBC-C performed during the episode.

**Results:** From Jan/10-Jul/15, 35 inpatients had one of the searched ICD9 codes. We excluded 9 (25.7%) patients not fulfilling anaphylaxis criteria, and 5 (14.3%) with no WBC-C, leaving 21 (60.0%) to be included in the analysis (61.9% females, 52.1 ± 25.6 years). Seventeen (81.0%) patients had anaphylactic shock. There were cardiovascular (CV) manifestations in 19 (90.5%) patients; 12 (57.1%) had mucocutaneous involvement and 12 (57.1%) respiratory signs/symptoms. Adrenaline was scarcely used. Drugs were the main suspect (n = 17, 81.0%); only 7 (33.3%) patients were referred to an Allergist. Tryptase levels were determined in 4 (19.0%) patients and were increased in 3. During the anaphylactic episode, 12 (57.1%) patients presented a de novo increase in peripheral relative and absolute neutrophil counts (mean ± SD: 85.8 ± 5.9% and 13.8 ± 7.1 × 10⁹/L, respectively), 8 (66.7%) also with leucocytosis; 5 (23.8%) patients had a fall in blood neutrophils. Two (9.5%) fatal outcomes occurred (1 with neutrophilia). The limited sample size may be explained by the decision of including only hospitalized patients, fact that may justify the greater percentage of anaphylactic shock. Our analysis revealed clear reduced tryptase-dosing rates and adrenaline underuse. Although it is the common understanding that anaphylaxis associates with blood neutropenia, an increase in systemic neutrophils has been previously described in non-human anaphylaxis models and changes in blood-leucocyte populations were pointed as possible markers for severe shock in mice.

**Conclusions:** To the authors’ knowledge this is the first study to describe the occurrence of systemic neutrophilia in humans in the context of anaphylaxis. Despite the limited sample size, our study is ongoing and the authors believe that this is a promising field of research in understanding the complexity of anaphylaxis.

**PP088**

**Evaluation of knowledge of anaphylaxis in adolescents and implementation of an educational programme in schools in our area**

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**Clinical and Translational Allergy 2017, 7(Suppl 1):PP088**

**Introduction:** To establish the knowledge that exists among adolescents in our region about anaphylaxis and its treatment. To determine the usefulness of a theoretical and practical workshop on the management of anaphylaxis and adrenaline auto-injectors among adolescents.

**Methods:** We conducted two methodological approaches: a descriptive study of knowledge about anaphylaxis in a cohort of secondary students through a questionnaire; an analytical quasi-experimental study comparing the previous results with those obtained after conducting a workshop on anaphylaxis. The workshop consisted of a theoretical and practical training of 45 min.

**Results:** We included 115 teenagers from 13.74 years on average, being the 13.9% of them allergic to some food. Before the workshop, the 82.6% of teenagers recognized anaphylaxis symptoms. Later, this percentage reached the 87.2%. The 41.7% of them considered the adrenaline as a treatment, a slightly higher (56%) percentage among adolescents. After the workshop, the 100% of respondents considered the adrenaline as a first choice, which means a statistically significant change. With regard to the correct use of auto-injectors, it was well identified by the 42.6% of students before the workshop and by the 97.2% of them thereafter. The most frequent cause of error was the location of the injection, followed by the device clamping. In the questions formulated as a clinical case before the workshop, the 41.7% of respondents would administer adrenaline to a patient with...
anaphylaxis. This figure increased among allergic up to 50%; they would then reach the 99.1%, which is a statistically significant change. It is common for adolescents to develop their activities accompanied by other teenagers, without the presence of their family and caregivers. Hence the importance of a universal education in anaphylaxis in school. We plan to carry out our study on a pilot basis, in order to assess its expansion to other schools in our region. We observed a statistically significant increase in adolescents that identify anaphylaxis and properly use adrenaline.

Conclusions: There is a significant lack of knowledge about anaphylaxis among teens in our sample. The development of a theoretical and practical workshop on Anaphylaxis and the management of self-injectable epinephrine in their education significantly increases their knowledge and makes us consider its universalization.

PP089
Anaphylaxis in 939 patients aged 65 or more: data from Germany, Austria and Switzerland
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP089

Introduction: Anaphylaxis in children and adults differs with regard to elicitors and clinical picture. Little is known about anaphylaxis in elderly patients. We aimed at characterizing typical features of anaphylaxis in this group of patients.

Methods: Data from the Network for Online Registration of Anaphylaxis (NORA) were analyzed for German speaking countries (Germany, Switzerland and Austria). We compared data from patients aged ≥65 (elderly) with data from patients aged 18–64 (main adult group) in terms of elicitors, clinical symptoms, comorbidities and emergency treatment.

Results: Between July 2007 and March 2016, anaphylaxis was registered in 939 elderly and 4665 of other adult patients. Insect venom was the most frequent trigger in both groups (elderly: 60% vs. adults: 52%), followed by drugs (24% vs. 21%) and food items (10% vs. 17%). Within the group of insects yellow jacket (72% vs. 73%) and in the group of drugs analgesics (38% vs. 40%) were the most common elicitors. For food anaphylaxis hazelnut (16%) was the most frequent elicitor in the elderly, and wheat (16%) in the other adults. Cardiovascular symptoms were slightly more prevalent in the elderly (77% vs. 73%) and the reactions are more severe with 46% (36% compared to other adults) experiencing a grade III/IV reaction. Noteworthy, 60% of the elderly had a preexisting cardiovascular comorbidity compared with 18% of the other adults. First line treatment by professionals included mainly corticosteroids (89%) and antihistamines (82%) in both groups. Epinephrine was only used in 24% (elderly) versus 19% (other adults).

Conclusions: Compared to adults aged below 65 years, the symptom pattern in the elderly was characterized by cardiovascular symptoms and more severe reactions. Epinephrine was used more frequently in the elderly compared to younger adults but was still only used in less than one out of four patients.

Acknowledgements: Network for Online Registration of Anaphylaxis (NORA) participating centers can be found under www.anaphylaxie.net.

PP090
Improvement of the knowledge of teachers about anaphylaxis after training workshops
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP090

Introduction: Improvement of the knowledge of teachers about anaphylaxis after training workshops.

Methods: In 2014 we conducted a questionnaire to 2481 teachers, where it became evident that the knowledge about anaphylaxis was scarce [1]. Only 40.5% knew what anaphylaxis was, and only 11% said that they knew how to administer adrenaline auto-injector, for this reason we conducted training teachers with theory and practice, with demonstration videos and developing action protocols in schools.

Results: After a year we made training to 296 teachers of the Balearic Islands, with a theoretical practical course of 4 h, at the end we had a questionnaire on knowledge of anaphylaxis and all passed the test. According to the EAACI 1 in 300 Europeans suffer anaphylaxis at some point in their life and most European schools have at least one child at risk of anaphylaxis food allergy. It is very important that teachers are trained in the recognition and early treatment of an anaphylactic reaction.

Conclusions: The training of teachers is important along with videos and protocols which explain simply how to recognize and treat an anaphylactic reaction.

Reference
1. https://www.youtube.com/watch?v=ea9KPs48v_s

PP091
Validation of a targeted mass spectrometry method for confirmation of peanut allergens in serum
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP091

Introduction: The iFAAM project is investigating whether the passage of allergen into the circulation may contribute to determining the severity of an allergic reaction by comparing uptake in healthy individuals and individuals undergoing oral food challenge. A mass spectrometry based method to detect the presence of peanut allergens in serum samples is being developed which will allow confirmation of peanut allergens in serum identified by other methods such as immunoassay and mediator release.

Methods: A set of heavy labelled tryptic peptide targets for detection of peanut allergens in serum samples is being developed which will allow confirmation of peanut allergens in serum.

Validation of a targeted mass spectrometry method for confirmation of peanut allergens in serum
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP091

Introduction: The iFAAM project is investigating whether the passage of allergen into the circulation may contribute to determining the severity of an allergic reaction by comparing uptake in healthy individuals and individuals undergoing oral food challenge. A mass spectrometry based method to detect the presence of peanut allergens in serum samples is being developed which will allow confirmation of peanut allergens in serum identified by other methods such as immunoassay and mediator release.

Results: Undepleted serum samples had a marked matrix effect on the detection of peanut allergens in serum. Using a software tool to increase the signal-to-noise ratio, we were able to detect the presence of peanut allergens in serum. The importance of this method is that it will allow for more accurate diagnosis and treatment of peanut allergy.

Reference
1. https://www.youtube.com/watch?v=ea9KPs48v_s
depletion process. The general limit of detection of peanut peptide targets was achieved in the femtomolar range, on column.

**Conclusions**: Further method development is required to optimise serum depletion, trypsin digestion and chromatographic separation steps to allow detection of peanut at levels likely to be found in human subjects after ingestion of peanut. This mass spectrometry method shows promise as a complimentary tool to immunoassay methods to detect the presence of peanut in serum.

**PP092**

**Anaphylaxis, acute urticaria and angioedema in patients with diabetes mellitus type 2**

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**Clinical and Translational Allergy** 2017, 7(Suppl 1):PP092

**Introduction**: The aim of this study is to determine the incidence of anaphylaxis, acute urticaria and angioedema during of years 2012–2015 in patients with diabetes mellitus type 2. A total of 83 patients with diabetes mellitus type 2 of the district of Plovdiv were included in the study.

**Results**: With a history of anaphylaxis were 4.8% from diabetics. With history of acute urticaria and angioedema were 26.5% diabetics. In all diabetics with a history of anaphylaxis, the symptoms were due to drugs (antibiotics and general anesthetics). In all diabetic patients with a history of urticaria and angioedema, the symptoms also due to drugs (antibiotics 36.3%, sulfonamide 13.6%, ACE inhibitors 13.6%, alpha-lipoic acid 13.6%, general anesthetics 9.1% and other) except one patient (1%) reported insect bites. 9.1% of patients with a history of urticaria and angioedema were reported symptoms of anaphylaxis. Comorbidity and increased incidence of infections requiring antibiotic and concomitant treatment, most likely causes an increase in the risk of developing hypersensitivity reactions induced by drugs.

**Conclusions**: The most frequent causes of anaphylaxis, acute urticaria and angioedema in patients with diabetes mellitus type 2 are antibiotics, general anesthetics, sulfonamide, ACE inhibitors and alpha-lipoic acid.

**PP093**

**Retrospective database analysis on anaphylaxis and patient concordance in the United States**

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**Clinical and Translational Allergy** 2017, 7(Suppl 1):PP093

**Introduction**: The objective was to understand and evaluate patient characteristics, concordance with post discharge care, health care resource utilization and repeated events among adults and children with an inpatient or Emergency Department (ED) claim for food or non-food induced anaphylaxis in the United States.

**Methods**: For retrospective analysis the Truveen Healthcare MarketS-can® Commercial and Medicare Supplemental and COB Databases was used to (1) identify the patient profiles with inpatient or ED claims for anaphylactic shock, stratified to food-based allergic reactions and to allergic reactions due to non-food or unknown causes; (2) examine the event characteristics and healthcare resource use (HCRU) related to the event and (3) assess Epinephrine Auto-Injector (EAI) prescriptions pre- and post-event and the HCRU associated with these prescriptions.

**Results**: The study comprised 10,189 adults (age >18) and 3891 pediatric patients (age <18). Those patients treated in the ED present with acute respiratory failure (3.8%), hypotension (5.0%), and in rare cases cardiac arrest (0.3%). While in the ED, intervention included resuscitations (25.4%), intubation (1.6%), tracheostomy (2.0%), epinephrine administration (13.2%), and cardiopulmonary resuscitation (0.1%). 11.7% of patients seen in the ED were admitted to inpatient care and spent 2.7 days on average in the hospital. At the time of the index event 83.3% of patients did not have a prescription for an EAI filled. Only 12.1% of patients had the minimum of 1 EAI prescription refill. The mean number of days from last prescription to anaphylactic event was 2350 days. A significant portion of patients are transitioned to inpatient care from the ED resulting in greater healthcare utilization. The data indicate that patients demonstrate suboptimal maintenance of EAI prescriptions placing them at risk for life threatening events and questioning the preparedness of patients and caregivers for the management of anaphylactic event. Given the low active prescription level it appears patients are not proactively prepared for an anaphylactic event which may lead to costly ED visits and hospital admissions.

**Conclusions**: Current educational programs and safety information delivered to patients and caregivers regarding the use of EAI’s to treat anaphylaxis are not effective.

**PP094**

**Weaknesses of treatment guidelines for the management of anaphylaxis and healthcare utilization following an anaphylaxis event**

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**Clinical and Translational Allergy** 2017, 7(Suppl 1):PP094

**Introduction**: Intramuscular epinephrine (adrenaline) is classified as first-line treatment of choice for anaphylaxis in international and national guidelines. Patients at risk are recommended to be prescribed 2 epinephrine auto-injectors (EAI’s) which they should carry with them at all times. A prospective, web-based survey was conducted to obtain insight into adherence to treatment recommendations according guidelines, and post-anaphylaxis behavior in patients at risk for anaphylaxis and their caregivers.

**Methods**: 505 patients aged 18–65 years (mean = 30.4; 26.1% male) and 448 caregivers of individuals under aged 18 years (mean = 24.4; 33.3% male) were recruited in the United States between the 15th and 30th of November, 2015. All participants had been prescribed an EAI for self-administration or for administration as a caregiver.

**Results**: At home, 16.8% of patients and 14.3% of caregivers had no EAI and 61.0% of patients and 58.5% of caregivers indicated 1 EAI was available. At their workplace, 81.8% of patients did not have access to at least 1 EAI and 32.6% of caregivers reported that their child did not have access to at least 1 EAI at school. Only 9.6% of caregivers identified that 2 EAI’s were available for their children at school. Of those who received emergency care, 4.6% received their first dose of epinephrine in the Emergency Department. 6.0% of patients reported having to call emergency services due to the lack of a secondary EAI with 2.8% being admitted to inpatient care. Following utilization of an EAI, 23.8% of patients and 21.4% of caregivers did not seek follow-up medical attention. Given the lifesaving ability of EAI’s, the effect of treatment according to guidelines is imperative to successful manage anaphylactic events. The data call into question the efficacy of current educational programs and safety information delivered to patients and caregivers regarding the access to and the use of EAI’s to treat anaphylaxis.

**Conclusions**: This survey revealed poor guideline adherence by patients and caregivers: most patients did not carry the guideline recommended number of 2 EAI’s and did not seek emergency treatment after using an EAI. Reasons for this behavior should be investigated in further studies to improve the utilization of this life saving treatment.
Patient and caregiver reported problems in the utilisation of epinephrine auto-injectors for management of severe allergic reactions

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Clinical and Translational Allergy 2017, 7(Suppl 1):PP095

Introduction: A prospective, web-based study was conducted to understand causes for utilization problems of epinephrine auto-injectors (EAsIs) among patients and caregivers of patients with anaphylaxis.

Methods: 505 patients aged 18–65 years (mean = 30.4; 26.1% male) and 448 caregivers of individuals aged under 18 years (mean = 24.4; 33.3% male) were recruited in the United States. All participants had been prescribed an EAI for self-administration or for administration by a caregiver. The survey took place between the 15th and 30th of November, 2015.

Results: The most common administration problems included: EAI was pressed too firmly against the skin (11.1%), needle was bent during injection (7.4%), and did not allow enough time for the injection to complete (8.7%). When asked to identify factors contributing to the cause of injection problems, caregivers were more likely to attribute problems to improper training (p = 0.01), lack of understanding on how to use the EAI after training (p = 0.03), and difficulty in use (p = 0.003) as compared to patients. Only 16.4% of all participants reporting a problem immediately realized there was an issue with the EAI injection while 6.0% of participants realized the EAI did not work properly upon the worsening of symptoms. Results indicate that the causes of injection problems were similar among patients and caregivers. The findings call into question the efficacy of current educational programs and safety information delivered to patients and caregivers regarding the use of EAsIs to treat anaphylaxis.

Conclusions: Education of patients and caregivers about current anaphylaxis treatment guidelines and the safety and easy use of an EAI that is directed at health care professionals may not be working well. Reasons for non-adherence to anaphylaxis treatment guidelines should be further assessed in future studies.

PP096
ED management of pediatric anaphylaxis in different hospital settings in Ireland

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Clinical and Translational Allergy 2017, 7(Suppl 1):PP096

Introduction: Anaphylaxis is a medical emergency and professional first-line treatment is administered mainly by emergency physicians in most studies.

Our aim was to compare emergency management of paediatric anaphylaxis in three different hospital settings—a joint adult and paediatric ED associated with the national referral centre for paediatric allergy versus specialized paediatric ED versus general ED.

Methods: As part of the NORA European Anaphylaxis initiative, we undertook a project on the incidence of anaphylaxis in Irish children. Hospital emergency response was assessed looking at early use of i.m. adrenaline, use of second-line medication, and discharge planning/ prescription of emergency drugs.

Results: 133 cases of paediatric anaphylaxis were reported to attend EDs in Ireland between August 2013—May 2015: 51 cases (38.3%) presented to the national referral centre for paediatric allergy with a tertiary hospital general ED, 46 cases (34.6%) to a children's hospital with a paediatric ED, and 36 (27.1%) to a regional hospital with general ED. There was statistically significant difference in first line administration of i.m. adrenaline between centres (55.6% of cases overall, Fisher’s Exact Test p = 0.48). All cases were prescribed AAIs in the national allergy centre, compared to 62.8% in the paediatric ED, and 77.7% in the general ED.

Conclusions: Attendance to the ED associated with an allergy centre improves AAI prescription but does not improve adrenaline use for the presenting emergency. Usage of i.m. adrenaline as first line treatment needs to be improved.

PP097
Theoretical and clinical dose built-up in oral immunotherapy using IFN-gamma by calibration during oral challenge test for anaphylactic food allergy

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Clinical and Translational Allergy 2017, 7(Suppl 1):PP097

Introduction: Oral immunotherapy using IFN-gamma has been done for more than 10 years successfully. The dosage modulation of treatment including initial dose and incremental dose for the treatment is absolutely necessary in the clinical field. Dosage modulation is also the issue during the treatment. For these issues, the theoretical and clinical backup is also needed. The aims of this study are the build up the dosage modulation by dosage calibration during oral challenge test and during the treatment for the precise oral immunotherapy using IFN-gamma for anaphylactic food allergy. Also, the theoretical principle is also suggested.

Methods: Patients who had anaphylactic food allergy for milk, eggs, soybean and wheat were selected. Basic allergic laboratory tests were done including allergen-specific IgE and skin prick tests. Oral food challenge tests were conducted. Especially, the minimal dose and clinical severity were checked during oral immunotherapy. The initial dose was determined by the minimal dose and incremental dose was determined by the clinical severity. During the treatment, the incremental doses were escalated according to the patient’s responses to dosage. The duration and effectiveness of treatment is compared and evaluated between the classic methods and the advanced methods applying the concepts of calibration and modulation of dosage.

Results: The trial of calibration is proper for oral immunotherapy using IFN-gamma for anaphylactic food allergy. By dosage calibration, the duration and the effectiveness of oral immunotherapy using IFN-gamma was much improve, significantly. By dosage increment, the incremental dose was escalated exponentially. The basic theory of oral immunotherapy using IFN-gamma is depending on the tolerogenic effects of IFN-gamma. The allergy provocation strength should be within the range of tolerogenic effects of IFN-gamma. During oral immunotherapy using IFN-gamma for anaphylactic food allergy, patients were getting tolerance for last therapeutic dose. The meaning of allergy provoking dose and strength did not follow the absolute dose. The allergy provoking dose seems to be the dose of difference between the therapeutic dose and tolerable dose.

Conclusions: For more precise and effective treatment of oral immunotherapy for anaphylactic food allergy, the dosage calibration during oral challenge test is absolutely necessary for the determination of initial dose and incremental dose for the treatment. Also, modulation of dosage should follow the coverage range of tolerogenic effects of IFN-gamma. From the results of clinical application of dosage modulation, the framework for the dosage modulation was built up with several terminologies for the theoretical and clinical setting.

PP098
Follow-up of patients admitted for anaphylaxis – A tertiary hospital experience

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Clinical and Translational Allergy 2017, 7(Suppl 1):PP098

Introduction: Anaphylaxis is a severe and potentially life-threatening systemic hypersensitivity reaction and patients (pts) should be closely
monitored. At discharge it’s important to assure follow-up in order to assess culprit(s) agent(s). Our aim was to characterize follow-up of pts admitted for anaphylaxis’s surveillance at the Imunoallergology Department.

**Methods:** Retrospective analysis of clinical files of pts admitted for anaphylaxis between January 1, 2002 and April 30, 2016.

**Results:** 144 pts were admitted for anaphylaxis in our department (57% female sex; mean age 44.8 years). 129 pts were referred for follow-up (remaining 15 had already follow-up in other centers). Investigation was started in 92 (37 missed first appointment). Suspected etiologies were: drugs (43; 3 during drug challenge or desensitization; >1 drug suspected in 2 pts), foods (36; 1 during oral food challenge; >1 food involved in 5 pts), foods or drugs (3), hymenoptera venom (1) and iodinated contrast media (ICM) (1). Etiology was unknown in 8 cases. Suspected drugs were betalactams (15), other antibiotics (6), nonsteroidal anti-inflammatory drugs (15), acetaminophen (4), local anesthetics (1), proton pump inhibitors (1) and angiotensin 2 receptor antagonists (1). The suspected drug was confirmed in 6 cases and excluded in 3; 12 pts are still under investigation and 22 were lost to follow-up. Suspected foods were fresh fruits (13), seafood (11), fish (3), nuts (4), milk (2), seeds (4), spice (2), wheat (2) and honey (1)—suspected etiology was confirmed in 24 cases, excluded in 9 and under investigation in 3; 7 cases were lost to follow-up. In 3 pts with both etiologies suspected, only one of them was confirmed for each food (2; drug) suspected. Hymenoptera suspected by clinical history was wasp but we confirmed sensitization to polistes. The investigation in ICM reaction was negative. Regarding the 8 pts with unknown etiology, 4 are being studied, 3 were lost to follow-up and 1 revealed food allergy (LTPI sensitization). Overall, from the 92 pts that came to a first appointment after hospital discharge, 42 have a confirmed anaphylaxis’s etiology: 32 pts were lost to follow-up.

**Conclusions:** Long-term management of patients who experienced anaphylaxis may be long and time-consuming but it’s crucial to identify the etiologic agent in order to avoid the culprit and minimize the risk of further reactions. In our cohort more than half of the pts doesn’t have a confirmed culprit allergen, mainly due to a high dropout rate.

**PP100**

**Analysis of 150 anaphylaxis episodes**

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**Clinical and Translational Allergy** 2017, 7(Suppl 1):PP099

**Introduction:** Anaphylaxis is the most severe manifestation of an allergic reaction and recent data indicates a continuous increase of cases. The aim of this study was to evaluate the characteristics of anaphylaxis in 150 patients who had been studied by allergists in a geographical area.

**Methods:** This descriptive study involved a retrospective review of records of 150 patients who had suffered from anaphylaxis and had been carefully studied in our center. All of them belonged to the same geographical area. The median age was 31.59 years, from 0 to 80 years. 81 of them were female.

**Results:** 52 of them were caused by food, 40 cases were due to drug allergy and diagnosis agents or immunotherapy. In addition, 29 patients had anaphylaxis because of hymenoptera allergy. Only 18 of them were related to exercise-induced, idiopathic etiology or *Anisakis simplex*. On the other hand, the majority of patients had only suffered from one anaphylactic reaction. The 72.01% of successive episodes were related to food allergy. The average of episodes by patient was 1.44 with a range from 1 to 10. 44.29% suffered from pollen allergy. The average of episodes by patient was 1.44 with a range from 1 to 10. 44.29% suffered from pollen allergy. Moreover OC with the culprit drug are contraindicated in 57% female sex; mean age 44.8 years. 129 pts were referred for follow-up (remaining 15 had already follow-up in other centers). Investigation was started in 92 (37 missed first appointment). Suspected etiologies were: drugs (43; 3 during drug challenge or desensitization; >1 drug suspected in 2 pts), foods (36; 1 during oral food challenge; >1 food involved in 5 pts), foods or drugs (3), hymenoptera venom (1) and iodinated contrast media (ICM) (1). Etiology was unknown in 8 cases. Suspected drugs were betalactams (15), other antibiotics (6), nonsteroidal anti-inflammatory drugs (15), acetaminophen (4), local anesthetics (1), proton pump inhibitors (1) and angiotensin 2 receptor antagonists (1). The suspected drug was confirmed in 6 cases and excluded in 3; 12 pts are still under investigation and 22 were lost to follow-up. Suspected foods were fresh fruits (13), seafood (11), fish (3), nuts (4), milk (2), seeds (4), spice (2), wheat (2) and honey (1)—suspected etiology was confirmed in 24 cases, excluded in 9 and under investigation in 3; 7 cases were lost to follow-up. In 3 pts with both etiologies suspected, only one of them was confirmed for each food (2; drug) suspected. Hymenoptera suspected by clinical history was wasp but we confirmed sensitization to polistes. The investigation in ICM reaction was negative. Regarding the 8 pts with unknown etiology, 4 are being studied, 3 were lost to follow-up and 1 revealed food allergy (LTPI sensitization). Overall, from the 92 pts that came to a first appointment after hospital discharge, 42 have a confirmed anaphylaxis’s etiology: 32 pts were lost to follow-up.

**Conclusions:** Long-term management of patients who experienced anaphylaxis may be long and time-consuming but it’s crucial to identify the etiologic agent in order to avoid the culprit and minimize the risk of further reactions. In our cohort more than half of the pts doesn’t have a confirmed culprit allergen, mainly due to a high dropout rate.

**PP101**

**Recurrence anaphylaxis in a patient with LTP syndrome**

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**Clinical and Translational Allergy** 2017, 7(Suppl 1):PP101

**Introduction:** Lipid transfer proteins are a wide spread family of food allergens. Sensitization usually occurs through the consumption of LTP containing food and the primary sensitizer usually is peach. The marker of LTP syndrome is an elevated level of peach LTP—Pru p 3, in serum. The marker of LTP syndrome is an elevated level of peach LTP—Pru p 3, in serum. In vitro assays such as specific IgE and Basophil Activation Test have poor specificity and sensitivity. Moreover OC with the culprit drug are contraindicated in anaphylaxis.

**PP102**

**Paracetamol: a rare culprit in anaphylaxis**

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Clinical and Translational Allergy 2017, 7(Suppl 1):PP102

**Introduction:** Anaphylaxis to paracetamol is rare and the underlying mechanisms are poorly understood. We aimed to review the cases of anaphylaxis to paracetamol in our Drug Allergy Unit (DAU) in the last five years.

**Methods:** The authors did a retrospective analysis of all cases of anaphylaxis to paracetamol studied in our DAU between January 2011 and December 2015. The data were analysed using SPSS, version 21.

**Results:** Twelve adult patients with anaphylactic reaction to paracetamol were studied (67% males, aged 18–72y), 25% had allergic respiratory disease. All patients were medicated with oral paracetamol for pain relief. Six patients also had anaphylaxis to nonsteroidal anti-inflammatory drugs (NSAID’s): acetylsalicylic acid (n = 4), ibuprofen (n = 3), naproxen (n = 2), diclofenac monomer (n = 1), nimesulide (n = 1) and diclofenac (n = 1). Nine patients had immediate reactions (75%), and 3 (25%) late reactions (onset 3–12 h). Eleven patients (92%) had mucocutaneous involvement, 11 respiratory manifestations, 3 (25%) cardiovascular and 1 (8%) gastrointestinal. None had anaphylactic shock. Only 8 (67%) patients were admitted to the emergency department (ED), none was treated with adrenaline nor had tryptase determined. Because the in vivo work up of these patients is very limited, they all underwent an oral challenge (OC) with an alternative drug (etoricoxib) and tolerance was confirmed. In the 6 cases of multiple-reactors, the authors postulate an underlying COX-1 inhibition mechanism since paracetamol is a weak inhibitor of COX-1. In the cases of single-reactors (SR) IgE-mediated mechanisms may be involved. A possible explanation for the late anaphylaxis (12 h) in a SR is COX-1 inhibition; alternatively, IgE involvement may be considered if this “late anaphylaxis” is in fact the late manifestation of a bifa
cic response. The in vitro study of this patient is in progress.

**Conclusions:** Paracetamol is a widely used drug, available over-the-counter in most countries, but not entirely without risks. The allergy diagnosis work-up in cases of anaphylaxis to paracetamol is difficult and mostly based on a detailed clinical history. Skin tests are not standardized and positive results are doubtful. In vitro assays such as specific IgE and Basophil Activation Test have poor specificity and sensitivity. Moreover OC with the culprit drug are contraindicated in anaphylaxis.
experienced 4 anaphylactic reactions after eating poppy seed, sunflower seed and peach. In 2013 Polycheck found elevated level of IgE specific to peach (5.5 kU/L), apple (10 kU/L), rye flour (2.7 kU/L), wheat flour (0.39 kU/L). During hospitalization we performed skin prick test, spirometry, established the level of aslGE directed against selected allergens and the level of IgE directed against allergen components using ImmunoCap ISAC. SPT were positive to weed, Artemisia vulgaris, cat, birch, alder, carp, strawberry, wheat and rye flour. Patient had elevated level of IgE specific to rye flour—1.38 IU/mL and peach—2.02 IU/mL, but the level of specific IgE against wheat flour and apple was <0.35 IU/mL. In ImmunoCap ISAC we found elevated levels of IgE directed against nsLTP from different plant sources: rAra h 9—7 ISU-E, rCor a 8—2 ISU-E, nsgu r 3—4.7 ISU-E, rPru p 3—6.3 ISU-E, rArt v 3—1.4 ISU-E, nOle e 7—1.4 ISU-E, rPla a 3—3.4 ISU-E. The level of IgE directed against all other allergen components available in ISAC were not elevated.

**Conclusion:** Results of ImmunoCap ISAC changed the way we interpret this case. Before the results it was possible to suspect pollen-food syndrome, although it was not consistent with the clinical picture. In ImmunoCap high levels of IgE specific to Pru p 3 and Art v 3, markers of LTP syndrome, allow us to diagnose patient with this disease. We explained the nature of the disease and the need to carry rescue kit containing epinephrine in auto-syringe. This patient could benefit from Pru p 3 immunotherapy.

**Consent to publish:** Patient consented to the publication of this abstract.

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**PP102**  
**Anti-allergy effects of whey protein hydrolysates in human peripheral blood mononuclear cells**  
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**Clinical and Translational Allergy** 2017, 7(Suppl 1):PP102

**Introduction:** 20 to 30% of infants in Europe are diagnosed with an atopic (allergic) disease. The majority of first atopic responses are directed towards food proteins that are consumed during the first months of life. There is increasing evidence that certain milk-derived components have positive effects on infant health. Ongoing research in this area has identified immunomodulating ingredients (milk-derived hydrolysates) which have potential to support the immune system in an allergy setting. Hydrolysing the proteins in infant formula is one approach in the management of allergic responses in infants. These hydrolysates which lack allergenic IgE binding sites can modulate T-cell differentiation away from a Th2 response and decrease inflammation. Our research focus is on identifying hydrolysates that can be added to infant formula to ameliorate cow's milk allergy. This study was designed to investigate the effect of hydrolysates on the expression of T-bet and Gata-3, decreased production of the pro-inflammatory cytokines IFN-gamma and IL-6 and increased anti-inflammatory IL-10.

**Conclusions:** Thus far we have identified a number of hydrolysates which promote an anti-inflammatory/anti-allergy T cell and DC phenotype. Further work will examine these hydrolysates in an in vivo humanised mouse model of allergy in order to confirm their protective impact.

**Acknowledgements:** Funding code: TC2013-001.
Sublingual immunotherapy for peach allergy regulates the Th2 response by increase of Th1/TReg response

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Introduction: Pru p 3 is the primary sensitizer of plants fruit and responsible for severe reactions in the Mediterranean area. Sublingual immunotherapy (SLIT) using peach extract enriched in Pru p 3 (Prup3-enriched-SLIT) brings a new perspective to treat patients with severe reactions to peach. However, there is a lack of knowledge regarding immunological response during the immunotherapy.

Our aim was to evaluate the lymphocyte modulation from a Th2 pattern to a Th1/Treg profile during one year of Prup3-enriched-SLIT. Methods: We studied three groups: peach allergic patients who received Prup3-enriched-SLIT for 1 year, peach allergic untreated patients, and healthy controls who tolerated peach. Monocyte-derived dendritic cells (DCs) maturation and lymphocyte proliferation were assessed by flow cytometry from peripheral blood mononuclear cells obtained before treatment, and 1, 6 and 12 months during SLIT, and cultured with Prup3.

Results: We found statistically significant differences in DCs activation and maturation between allergic patients and controls at the basal state. When we analyzed the effect of Pru p 3-SLIT at different times, we found a significant reduction of activation and maturation markers (CCR7, CD40, CD80, CD83 and CD86) at the first month of treatment that was maintained after 1 year. Concerning lymphocytes, we observed a significant decrease of effector cells Th2, Th9, NKdim and IgE producing plasma cells (IgE-PCs) and an increase in Th1, NKbright and Treg cells subpopulations. These changes were only observed in the Pru p 3-SLIT group. These results were similar to those obtained in the specific proliferative response to Pru p 3 in lymphocyte subpopulations. Most of these changes demonstrated to be significant from the first month of treatment.

Our results showed for the first time the immunological changes induced by Pru p 3-SLIT in peach allergic patients with severe reactions that include significant decreases of Th2/Th9/(IgE-PCs)/NKdim and increases of Th1/NKbright/Treg cells.

Conclusions: Patients treated with Pru p 3-SLIT showed immunological differences compared to untreated patients from a Th2 towards a Th1/Treg response. These changes could be used as biomarkers of therapy evolution during SLIT.

The tree nut components IgE profile in patients suspected of food allergy

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Introduction: According to the EuroPrevAll (The prevalence, cost and basis of food allergy across Europe) report tree nut tree nut allergy is one of the most common food allergens. It is connected mainly with cross-reactions with tree pollen-based Central Europe and North-Eastern Europe, but also of severe anaphylactic reaction related LTP- Mediterranean Countries. Tree nut allergy include allergy to: Almond, Brazil nut Cashew nut, Hazelnut, Chestnut, Macadamia, Pecan, Pistachio and Walnut. So far, everyday diagnostics of tree nut allergy were skin prick tests and determination of the level of allergen-specific IgE. New possibilities of food allergy diagnostics provides molecular diagnostics, in particular ImmunoCap ISAC. ImmunoCap ISAC is an excellent method of diagnosis of tree nuts it detects up to 8 different antibodies against components of nuts: hazelnut (Cor a 1.0401, Cor a 8, Cor a 9), walnut (Jug r 1, Jug r 2, Jug r 3), cashew nut (Ana o 2) and Brazilian walnut (Ber e 1).

Methods: The study was conducted at the Department of Allergology, Clinical Immunology and Internal Medicine in Bydgoszcz. The study was retrospective. 136 adult, living in Poland were classified to study. The ImmunoCap ISAC test was performed to all patients.

Results: The antibodies against tree nut components were detected in 1/3 patients. In 81% of patients antibodies against components responsible for cross-reaction with birch pollen were detected. In 37% of patients antibodies against components responsible for anaphylaxis were detected and 78% of detected proteins belonged to walnut. Ana o 2 and Ber e 1 were not detected (Fig. 7).
PP110

The families’ knowledge about allergic daily problems – Investigation of the mother’s depression and anxiety by a questionnaire

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Clinical and Translational Allergy 2017, 7(Suppl 1):PP110

Introduction: We aimed to search; the awareness of the families about food allergy; the families knowledge about allergic life threatening events; the daily problems the families are experiencing; and to investigate the mother’s depression and anxiety by a questionnaire.

Methods: This study is done between 2014 and 2016 in Yeditepe University Medical Faculty Departments of Pediatric Allergy and Pediatric Gastroenterology, to the children who have been following for food allergy and who were still on diet to the allergen food by evaluating the data from the patient files retrospectively. Among 51 patients with allergy 51 mothers fulfilled STAI-1 and STAI-2 questionnaires and Beck’s depression scale. There were 51 children with food allergy, their mothers fulfilled the questionnaire. There were 51 children in the control group and their mother also fulfilled the questionnaire.

Results: 51 mothers of those 114 children fulfilled the questionnaire and among those 51 mothers 21 children (41.2%) were girls and 30 (58.2%) were boys. STAI 1 and 2 anxiety points were higher among mothers having children with food allergy when compared to the control group. Professional carrier of 30%, social life 39% and economic status of 45.1% was affected among mothers having children with food allergy who fulfilled Becks depression scale.

Conclusions: Mothers having children with food allergy experience daily life difficulties, have concerns while sending their children to school, picnic or outdoor. Those mothers are more anxious and depressed and their social life and professions are negatively affected.

PP111

Determination of peanut-specific health-related quality of life (HRQL) items in the food allergy quality of life questionnaire (FAQLQ)

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Introduction: The food allergy health related quality of life questionnaires (FAQLOs) were developed and validated to measure the impact of food allergy on health-related quality of life (HRQL) irrespective of the causative allergenic food. At present it is unknown whether all items of these instruments are relevant for peanut allergic patients. The aim of this study was to identify whether there are peanut-specific HRQL items in the FAQLO-Child Form (CF), Teenager Form (TF) and Adult Form (AF)

Methods: In order to identify FAQLO items that are reported most frequently and have the highest impact for peanut allergic patients, we used previous data from the development of the FAQLOs. We calculated frequency, percentage, mean importance and overall importance of individual FAQLO items in peanut allergic patients and non-peanut allergic patients. In order to identify peanut-specific FAQLO items that are sensitive to change, the data of the longitudinal validation of the FAQLOs (HRQL following a double blind placebo controlled food challenge) were used in a comparison of peanut allergic and non-peanut allergic patients and tested for significance (p < 0.05).

Results: In general, peanut allergic patients reported a higher overall impact for each item than non-peanut allergic patients. There was 1 item in each FAQLO that significantly changed following DBPCFC in the non-peanut allergic group compared to the peanut allergic children (“Don’t get anything when someone is giving treats at school”, −1.06 vs 0.04, p = 0.044), teenagers (“Being careful about touching certain foods”, 0.82 vs −0.59, p = 0.016) and adults (“Able to eat fewer products”, −1.00 vs 0.30, p = 0.011). Since peanut allergic patients reported higher overall impact scores and only one item differed between non peanut allergic patients and peanut allergic patients for each FAQLO, this study did not result in peanut-specific FAQLO instruments.

Conclusions: All parts of the FAQLO-CF, -TF and –AF are considered to be relevant for peanut allergic patients.
**PP112**

“Allergen Hunt”: an educational experience for primary school children in Turin, Italy

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Clinical and Translational Allergy 2017, 7(Suppl 1): PP112

**Introduction**: Around 8% of children suffer from food allergy, worldwide. Children who become aware about the good food safety practices via practical experiences are more likely to perform long-term protective behaviours and may disseminate knowledge to families. Here we describe our workshops aimed to engage primary schools to join an educational experience about allergenic food. The activities were included in the “EXPO 2015 events” host by the municipality of Turin.

**Methods**: We designed the “Allergen Hunt” Workshop as follows:

- Welcome telling “The fairy tale about Sabrina” who discovers to be allergic to hazelnut and learns how to manage her allergy.
- Presentation of the main allergenic foods.
- “Guess the allergen here inside” - children have to select the right allergen-card that can be hidden in some proposed foods.
- “Special cookies” - children are divided in two groups: group A cooks hazelnut cookies (using play dough and green glitter powder as hazelnut flour) and group B cooks coconut cookies (using play dough and gold glitter powder as coconut flour); then few cooks of group A go to help group B and vice versa.
- Dissemination of rules on behaviour to prevent cross-contamination.

**Results**: From 11th to 15th May 2015, ten primary schools (216 children) joined our workshops: 29.6% of the first class (age: 6 y-o), 40.3% of the second (7 y-o), 18.5% of the third (8 y-o), and 11.6% of the fifth class (10 y-o). All of them knew the word “allergy” for environmental allergens, and many of them had already heard about milk, peach and hazelnut as food allergens. We presented the most frequent food allergens (milk, eggs, wheat, nuts, soybeans, crustaceans, molluscs, fish) among the ones reported by EU Regulation 1169/2011; we chose to add to the list peach, kiwifruit, and sesame seeds because they are usually eaten by younger children: most of them answered correctly and were aware of the presence of milk in ham and eggs in hamburgers.

**Conclusions**: Children were interested in learning more about food allergens and in joining the practical experiences we proposed. Participants were often competent, sensitive to food allergy topic and interested to know the rules to manage food allergy and to reduce contamination during food handling and preparation.

**PP114**

Evaluation of the Anaphylaxis Post-graduate Teacher Intervention Programme

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Clinical and Translational Allergy 2017, 7(Suppl 1): PP114

**Introduction**: Studies showed that teachers’ competences for managing children at risk of anaphylaxis or children with food allergy in kindergartens and schools are poorly developed. The purpose of this study was to explore how short theoretical and practical intervention programme influence on pre-service teachers’ knowledge about allergy and anaphylaxis.

**Methods**: 62 post-graduate pre-service primary and lower secondary school teachers (all female; median age 24.5) participated in the study. 27.4% of pre-service teachers reported that they are allergic themselves. Participants were exposed to 90 min theoretical (about allergy and anaphylaxis) and practical (using adrenalin auto-injector) educational intervention. Participants answered the Teachers’ Health Competences Development–Anaphylaxis Management Questionnaire (THCDAMQ) which comprised knowledge items about anaphylaxis (Max 7 points) and attitude items on managing children’s anaphylaxis three times, before intervention, immediately after and 14 days after the intervention.

**Results**: Pre-service teachers showed positive attitudes towards learning more about different children’s health issues (91.9%). All of them expressed that child health topics were very important for each teacher and all wanted to increase their health competences. 90.3% thought that teacher is responsible for pupils’ health issues during school time. 71% reported that they haven’t been exposed to any activities that would promote their health competences development. The results of the Friedman Test indicated that there was a statistically significant difference in THCDAMQ scores across the three time points (pre-intervention, post-intervention, 14-days follow-up $\chi^2$ (2, $N=37$) = 48.127, $p < .000$). Inspection of the median values showed an increase in total scores on items that test post-graduate pre-service teachers’ knowledge about anaphylaxis (Max 7 points) and attitude items on managing children’s anaphylaxis three times, before intervention, immediately after and 14 days after the intervention.

**Conclusions**: Intervention anaphylaxis programme had positive effect on students’ knowledge and attitudes towards school child allergy. Students retained their knowledge after intervention. Pre-service
PP115
N-3, N-6 polyunsaturated fatty acids effect on the local anaphylactic response and intestinal integrity in a murine model of allergy
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP115

Introduction: This study was carried out in order to investigate a possible preventive n-3 and n-6 PUFA effect against alterations due to immunization with β-lactoglobulin (β-Lg) in Balb/c mice.

Methods: Four to five weeks old female Balb/c were divided into 3 groups (n = 9 each). Mice were supplemented by gavage at a dose of 0.6% V/W for 15 consecutive days with either: (1) fish oil, rich in PUFA n-3, (2) corn oil, rich in PUFA n-6 and slight amount of PUFA n-3 or (3) a solution of PBS for 15 consecutive days with either: (1) fish oil, rich in PUFA n-3, (2) corn oil, rich in PUFA n-6 and slight amount of PUFA n-3 or (3) a solution of PBS 1/10 as the control group. Mice of all groups were then immunized with intraperitoneal injections of 10 μg β-Lg absorbed onto 2 mg of Al(OH)₃. At the end of the experimentation, mice were killed and jejenum were removed for histological study and local anaphylactic study in Ussing chamber by the measurement of the electrophysiological parameters: short current circuit Isc (µA/cm²) and tissue conductance G (mmho/cm²).

Results: In Ussing chamber stimulation with β-Lg of jejunal fragments of the control group induced an increase in the Isc and G values (ΔIsc = 17.40 ± 2.39 µA/cm², ΔG = 6.41 ± 1.67 mmho/cm²). This increase is very significantly diminished after n-3 PUFA supplementation (ΔIsc = 7.94 ± 1.46 µA/cm², ΔG = 1.81 ± 0.62 mmho/cm² p < 0.01). A non significant decrease of the Isc and G values (ΔIsc = 10.73 ± 1.55 µA/cm², ΔG = 3.65 ± 0.62 mmho/cm²) was observed in the group supplemented with n-6 PUFA compared to the control group. The altered intestinal architecture observed in the control group was improved in the groups supplemented with both PUFA n-3 and n-6. The beneficial effect exerted by (n-3, n-6) PUFA was evidenced by a very significant increase (p < 0.01) of the villi length.

Conclusions: Local intestinal anaphylactic response and intestinal damages are some of IgE mediated food allergy symptoms. Although contradictory, studies showed a decrease in sera IgE levels after supplementation by fish oil (n-3) or sunflower oil (n-6). In our experiment, n-3 PUFA seems to reduce the intestinal anaphylactic response and both n-3 and n-6 PUFA improved the intestinal architecture. The mechanism by which these PUFA exert their effect cannot be explained by the additive effect of thePUFA n-3 and n-6. The beneficial effect exerted by PUFA n-3 and n-6 was evidenced by a very significant increase (p < 0.01) of the villi length.

PP116
Effect of taurine on modulation of intestinal anaphylactic response in β-Lactoglobulin sensitised Balb/c mice
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP116

Introduction: This study was led in order to evaluate taurine effect on modulation of intestinal anaphylactic response induced by beta-lactoglobulin (β-Lg) in Balb/c mice.

Methods: 42 Balb/c female mice were divided into 3 groups (n = 14 each). The first group was untreated and represents the negative control (CL–), the second group was intraperitoneal sensitized with β-Lg and represents the positive control (CL+), the third group received for 15 days 100 mg/kg/day of taurine administered intraperitoneally (Tau+) then sensitized intraperitoneally with β-Lg. Specific IgG anti-β-Lg were determined in the mice sera by an enzyme-linked immunosorbent assay (ELISA), and local anaphylactic responses were performed ex-vivo in Ussing chamber by intestine challenge with β-Lg. All animals were subjected to the challenge test in vivo by i.p. injection (1 mg/mouse) of β-Lg.

Results: Compared with sensitized mice, those treated with taurine have lower anti-β-Lg-specific IgG (11,675,70) (p < 0.0001). The addition of β-Lg to the serosal side of the mouse intestinal epithelium in Ussing chamber produced electric chloride (Cl-) secretion as shown by Isc stimulation (ΔIsc = 7.50 ± 3.34 µA/cm2) (ΔIsc = 17.54 ± 1.04 µA/cm2) respectively (p < 0.0001). Sensitized mice demonstrated also an enhanced epithelial permeability as measured by conductance (p < 0.0001). Taurine treatment resulted in a significant decrease in secretory response. Signs of allergic reaction were less important in (Tau+) group, but it should be noted that 50% of the mice reached stage 4 after 30 min.

Conclusions: A net increase in sera IgG anti-β-Lg titers was observed in (CL+) indicating a high immunogenicity of this protein. Also, a low production of IgG anti-β-Lg was observed in the (Tau+) suggesting that taurine plays an immunomodulation role. The stimulation with β-Lg in the mucosal side of tissue in the Ussing chamber was significantly decrease tissues of (Tau–) compared with (CL–), suggesting a decrease in local intestinal anaphylactic response. These findings provide evidence for the first time suggesting that taurine appears to reduce intestinal anaphylactic response, indicating protection from β-Lg-induced epithelial permeability increase.
**Results:** In all, 35 staff members completed training and 23 (66%) answered the questionnaire. Respectively 96, 100, 83, 82, 86% answered "Yes, definitely" or "Yes, partly" to question 1–5. Twenty-two of 23 stated, that training within the department had added to the learning experience. One did not answer. After in situ training, 96% were "Very confident" or "Confident" in treating patients with anaphylaxis.

**Conclusions:** In situ simulation team-training was perceived to add to the learning experience and highlight the importance of team work and awareness of managing emergencies locally within the departments. These preliminary data support the value of in situ simulation training in departments performing procedures and treatments with a high risk of inducing anaphylaxis.

**PP118**

Di-(2-ethylhexyl)phthalate disturbed food allergic responses in ovalbumin-sensitized mice

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Clinical and Translational Allergy 2017, 7(Suppl 1):PP118

**Introduction:** Food safety is threatened by environmental toxicants which get contaminated from industrial processes. Di-(2-ethylhexyl)phthalate (DEHP) is among the most-produced phthalates used as a plasticizer in industry to increase the flexibility of polyvinyl chloride (PVC) products. DEHP was intentionally blended into emulsifier in Taiwan and has been ubiquitously detected in numerous drinks and food. The incident of phthalate-contaminated foodstuffs raises the concerns of exposure of DEHP-tainted foods on public health. Epidemiological studies revealed a positive association between DEHP exposure and the development of asthma, allergies and atopic disorders. Although several toxicology studies indicate the adjuvant effects of DEHP to disturb the T cell functionality systemically or in the lung tissues of allergic animals, however, little is known regarding the effects of DEHP on intestinal immunity and its underlying mechanisms. As the primary source of DEHP exposure for most people is through gastrointestinal tract and one of the major health concerns of DEHP is its deteriorated effects on immune system, the objective of this study is to evaluate the effects of DEHP on intestinal immunity.

**Methods:** The allergen-induced diarrhea mice model was applied to study the adjuvant effects of DEHP on the incidence of allergic symptoms and pathological changes.

**Results:** The present data demonstrated that exposure of DEHP dose-dependently induced the severity of OVA-induced allergic responses. Several aspects were affected by DEHP including acceleration of the occurrence of OVA-induced diarrhea, increased serum level of OVA-specific IgE, infiltration of IL-4-secreting T cells in the villus and the degranulated mast cells with the crypt of duodenum.

**Conclusion:** Collectively, exposure of DEHP will exacerbate antigen-specific allergic responses in the food allergic BALB/c model.

**PP119**

Identification of immunoreactive proteins derived from different strains of Lactobacillus acidophilus

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Clinical and Translational Allergy 2017, 7(Suppl 1):PP119

**Introduction:** The main aim of the study was comparison and identification of the Lactobacillus acidophilus derived proteins which have the capacity to bind to humans class E antibodies.

**Methods:** To detect the immunoreactive bacterial proteins of Lactobacillus acidophilus 145 and Lactobacillus acidophilus LA5 the individual protein fractions were isolated from MRS (18 h/37 °C) bacterial cultures. Bacterial protein fractionation was performed as in Bäuerl (2010). The Lactobacillus acidophilus cell fractionation of proteins have been subjected separation with SDS-PAGE and 2DE method followed by immunoblotting with human sera with determined increased IgE level. Identification of obtained spots was carried out by MALDI-TOF MS/MS method.

**Results:** Obtained results indicate that lactic acid bacteria commonly used in the production technology of fermented milk beverages also have in their structure a protein capable of binding to the antibodies of class E. The profile of isolated bacterial proteins differs considerably depending on analyzed strain. It has been proven that some bacterial proteins connected with surface layer are prone to bind nonspecifically to human IgE but this part was excluded using specific anti-A and anti-G antibodies. The comparison of IgE-immunoreactive proteins profile show difference between the strains and between used human serum. Identification of these proteins revealed that they belong mainly to enzymatic group and are located both in cytoplasmic and membrane fraction of proteins.

**Conclusion:** Immune system in the initial stage of life in most organisms develops tolerance and identifies commensal microbial protein as self-consistent. On the other hand bacterial cells are a reach source of proteins that can exhibit immunomodulatory properties. It is known that bacterial proteins have determinants that are recognized by human immunoglobulins A, M and G but also E. Part of IgE reaction can be nonspecific like this induced by S-layer proteins (A and G) but there are also enzymatic proteins with proven immunoreactive potential. These results indicate that bacterial proteins depending on the strain and localization have varied profile and reveal different determinants with different affinity to human IgE antibodies.

**PP120**

The impact of flaggrin mutations in a large pediatric population with food allergy

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Clinical and Translational Allergy 2017, 7(Suppl 1):PP120

**Introduction:** Loss-of-function-mutations in the epidermal barrier gene flaggrin (FLG) are the major genetic risk factor for eczema and eczema-associated allergic airways diseases. We aimed to investigate the frequency of FLG mutations in food allergy, the importance of which is still unclear.

**Methods:** We have recruited 523 children with food allergy diagnosed by double-blind placebo controlled food challenge. All children were extensively characterized including allergic responses to specific foods. The four most common FLG loss-of-function mutations were genotyped in all cases and controls. Association of FLG mutations with food allergy was analyzed by logistic regression using the Multicenter Allergy Study (MAS) as control population.

**Results:** FLG mutations were associated with allergies to diverse foods (hen’s egg, peanut, cow’s milk) with similar risk estimates (odds ratios between 2.5 and 2.7, P-values <10⁻⁵). Interestingly, this effect remained significant after adjusting for the eczema status. We did not observe an association of FLG mutations with polyvalent compared to monovalent food allergy. Mucocutaneous, gastrointestinal, respiratory, and cardiovascular responses during double-blind placebo controlled food challenge were documented in a standardized fashion.
The FLG effect increased with the number of organ systems involved suggesting an effect on severity of the allergic response. **Conclusions:** Since FLG mutations cause a skin barrier defect, our results suggest a pathway for food allergy similar to that for eczema-associated asthma, where transcutaneous sensitization through the impaired epidermal barrier is the initial event leading to localized or systemic allergic responses that may affect distant organ systems. Co-occurrence of food allergy and eczema in early childhood is a common phenomenon. Using our large, well characterized food allergy cohort we demonstrated that FLG mutations confer risk for food allergy beyond their known association with eczema. They predispose to multi-organ involvement during allergic reactions, and should thus be considered when assessing anaphylaxis risk.

**POSTER SESSION 4: Food allergens**

**PP121**

**Epidemiology of food allergy and associated atopic disorders in Saudi Arabia (single referral center experience)**

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Clinical and Translational Allergy 2017, 7(Suppl 1):PP121

**Introduction:** Food allergy affect up to 8% of children and 3% of adult in the United State and several studies have noted racial discrepancies in prevalence. There is great lack of data about epidemiology of food allergy and associated atopic disorder in Saudi Arabia. Our objective is to explore Epidemiology of food allergy and associated atopic disorder in Saudi Arabia. 

**Methods:** This is a retrospective study that is still in progress. We collected so far 128 patients evaluated for presumed food allergy in eight allergy clinics out of 1360 patient seen in the clinics in one referral Center in Riyadh/Saudi Arabia, between 1st January and 30 April, 2016. We assessed patient’s demographic data, offending food allergens, presenting manifestation, associated atopic disorder, diagnostic measures and treatment plans. 

**Results:** The study included 103 patients out of 128 who had complete data, on their clinical symptoms and objective diagnostic measures of food allergy (RAST, ASPT, oral challenge). The pediatric patients were (79%) of the total number of patients, Male (63%) of all patients. Prevalence of Food allergy among adult (>14yrs) patients was 1.5%, while among pediatric patients 6%. Overall the most common offend ing food allergens were Egg (40%), sesame (39.8%), Tree nuts (39.7%), Milk(28%), Peanut (24%), Fish (21%) Wheat (13%), Shell fish (9%), Soy (7%), Legume (6%). Regarding the presenting manifestation, patients with food allergy had other associated atopic disorder namely bronchial asthma, Allergic rhinitis and atopic dermatitis. 

**Conclusions:** This is the first study exploring the epidemiology and Prevalence of food allergy among Saudi patients who visited allergy clinics in a referral center. Preliminary results revealed the food allergy affects 1.5% of adults and 6% pediatric population Egg followed by sesame, nuts, milk, peanut are the more common offending food allergens in Saudi Arabia. Most presenting feature are mucocutaneous followed by anaphylaxis. Majority of the cases associated with other atopic disorder. This study is still in progress, and data will be collected from other centers around the country to have a more accurate and complete picture.

**PP123**

**Flax seed allergy**

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Clinical and Translational Allergy 2017, 7(Suppl 1):PP123

**Introduction:** We report the case of a 46 year-old woman with personal history of bronchial asthma and rhino conjunctivitis, who attended our Unit in September 2012 to study an anaphylaxis appeared immediately after eating multicereals biscuits (oat, rice, flax seeds, egg, almonds and raisins). 

**Case report:** Skin-prick tests (SPT) were positive for dog dander exclusively and negative for house dust mites, fungi, cat and dog epithelia, latex and pollen (Olea europea, Parietaria Jutica, Cupressus arizonica, Platanus acerifolia, Graminae family, Artemisia vulgaris); SPT with food allergens were positive to nut, peanut, mustard, tomato, corn, peach and apple and SPT with cereals commercial extracts (corn, wheat, rice, oat, barley, rye, gluten and gliadin) were negative. Prick by prick with golden and toasted linseed was positive. Total IgE (UniCAP, Ther mo fisher) was 282 kU/L, specific IgE to dog dander 3.26 kU/L, peach 1.63 kU/L, wheat 0.54 kU/L, rye 0.38 kU/L, apple 1.14 kU/L, Pru p 3 1.97 kU/L, omega-5-gliadin 0- kU/L, tomato 2.22 kU/L. The microarray ISAC (Thermo fisher) showed polysensitization to both cross-reactivity and species-specific allergens: Can f 5 35 ISU, Cro j 1 0.4 ISU, Cup a 1 1.8 ISU, Ara h 9 0.3 ISU, Jug r 3 0.4 ISU, Pru p 3 0.4 ISU, Art v 3 0.5 ISU, other determinations were negative. Sodium dodecyl sulfate poly acrylamide gel electrophoresis (SDS-PAGE) immunoblotting was performed with gold and toasted flax seed extract. IgE immunoblotting with the patient’s serum, under reducing conditions, showed an IgE binding band < 14 kDA both in the gold flax seed and in the toasted linseed extract. We present a case of a patient with anaphylaxis due to flax seed allergy with a LTPs sensitization and asthma and rhinitis due to dog dander allergy with monosensitization to kallirrein. The patient remains asymptomatic with a free diet without flaxseed. 

**Conclusion:** The prevalence of allergy to seeds is highly influenced by the geographical area and eating habits. In Spain, according to Aler gológica 2005, seeds allergy represents 1.6% of food allergy. The cases reported of flax seed allergy in pubmed are anecdotal but linseed is recognized as an increasingly important food allergen since its introduction in diet for its nutritional benefits and its use as a laxative. To date, no flaxseed allergen has been characterized yet. 

**Consent to publish:** The patient has consented to publication of our findings.

**PP125**

**Value of specific IgE against storage proteins for the diagnosis of tree nut and peanut allergy**

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Clinical and Translational Allergy 2017, 7(Suppl 1):PP125

**Introduction:** Double blind placebo controlled food challenge (DBP- CFC) is the gold standard in food allergy diagnosis, reflecting the clinical outcome of food allergic patients. Studies have shown that component resolved specific IgE (slgE) testing can aid in the diagnosis of food allergies by the detection of slgE against distinct proteins. Here, we investigated the advantage of component based multiplex slgE testing in diagnosing subjects with suspected tree nut and peanut allergy. 

**Methods:** Patients from Germany with suspected tree nut and/or peanut allergy were included. Four clinical symptom groups based on a clinical questionnaire, skin prick testing (SPT), occasionally slgE measurement and DBPCFCs were defined and referred as no symptoms, no
symptoms/tolerant, oral allergy syndrome (OAS), and grade I-IV anaphylaxis (ANA). Subsequently sera from all subjects were investigated for sIgE using EUROLINE sIgE multiparameter tests (EUROMIMUN, Luebeck, Germany) with extracts and components of distinct tree nuts (hazelnut, walnut, macadamia nut, cashew nut, pecan nut, Brazil nut, and pistachio) and peanut.

**Results:** SPT indicated sensitization to tree nut and/or peanut, and pollen in 68 subjects. 41% and 59% of these subjects presented with OAS and ANA, respectively. As determined by EUROLINE tests, subjects from both symptom groups were sensitized to PR-10 proteins from hazelnut (Cor a 1: OAS 89%; ANA 95%), almond (Pru du 1: OAS 36%; ANA 43%), and peanut (Ara h 8: OAS 18%; ANA 23%). The sensitization to storage proteins from tree nuts and peanut was almost exclusively shown in anaphylactic patients, 33% of which were positive for sIgE against storage proteins from more than one tree nut and/or peanut. Moreover, among anaphylactic patients, sIgE against Ara h 6 was most frequently (38%) detected.

**Conclusions:** In this cohort, sensitization to storage proteins from tree nut and/or peanut was highly associated with ANA, indicating that the detection of sIgE against storage proteins can improve the assessment of clinical outcome in allergic patients. In contrast, anti-PR-10 IgE gave no indication on clinical outcome since the majority of subjects with tree nut and/or peanut allergy was sensitized to PR-10 protein due to cross-reactivity to birch pollen. Component based multiplex sIgE tests including storage proteins can aid in assessing the risk of ANA that provides additional value for the diagnosis of serious allergic reactions in tree nut and peanut allergy.

**PP126**

**Isolation and characterisation of 2S albumins: developing clinical tools for allergy diagnosis**

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**Clinical and Translational Allergy 2017, 7(Suppl 1): PP126**

**Introduction:** 2S albumins have been described as food allergens constituting important clinical diagnostic tools in food allergies. Despite their relatively low sequence similarity, there are studies focused to their potential role in cross-reactivity reactions, so they can be used as a tool for their prediction.

The aim of this study is to identify ten 2S albumins from seeds and nuts, as well as to characterize their structural parameters and assay them for IgE reactivity with patients’ sera.

**Methods:** Isolation of 2S albumins from extracts using chromatographic methods. After identification by mass-spectrometry, molecular characterization was conducted by electrophoretic methods (1- and 2-dimensional electrophoresis); its secondary structure and thermal stability were studied by circular dichroism spectroscopy. Finally, immunoassays were performed to reveal their allergenic capacity, using allergic mustard-allergic patients’ sera.

**Results:** Proteins have been isolated and purified from extracts by means of two chromatographic steps, a gel filtration and a reverse phase in HPLC. They were identified as 2S albumins by mass-spectrometry of digested peptides (MALDI-TOF). They generally show a helicoidal secondary structure, stable at 85 °C and possess a wide range of pl and heterogeneous polypeptide size and composition.

**Conclusions:** The fingerprint analysis confirmed the purified proteins as 25 albums, storage proteins already characterized as allergens. Purified proteins show similar characteristics than those described for this family of proteins. The molecular characterization revealed low molecular masses and acid and basic pl, some of them exhibit the typical two chains-pattern and others, such as the one from sunflower seed, are constituted by one polypeptide chain. Circular dichroism studies reveal their high resistance to thermal treatment except the one from pistachio. The characterized 25 albums will be used as clinical tools in Component-Resolved Diagnosis (CRD) in a big Spanish population of patients allergic to vegetable foods using the potent high-throughput screening technology with ADVIA-Centaurus, to elaborate a more accurate diagnosis and therefore a more effective treatment. This diagnosis is especially relevant having in account the severe symptoms caused by this allergenic family.

**PP127**

**A systematic approach to identifying food allergens of public health importance**

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**Clinical and Translational Allergy 2017, 7(Suppl 1): PP127**

**Introduction:** Food safety authorities recognise food allergy as a significant public health concern and have defined a list of “priority foods” that must be labelled irrespective of their level of inclusion in a recipe. Allergen molecules of those priority foods are the actual hazard for sensitive individuals but data are often lacking regarding their capacity to cause an allergic reaction. A systematic approach is being taken to assess this for peanut and tree nut allergens.

**Methods:** Legislation from across the world has been searched to compile a list of tree nuts that have to be labelled and from this a search strategy developed. This was implemented in a pilot study and data used to develop a modified PECO approach to the full systematic review. In addition a set of gradings has been developed to allow data gathered to be critically appraised in a consistent manner.

**Results:** A search strategy and search terms, based on allergen labelling requirements across the world for peanut and tree nuts, has been developed. This was implemented in a pilot study and the retrieved articles were systematically reviewed and an inclusion list generated. Articles included were subject to analysis using grading criteria spanning the quality of the patient population used to the quality of an allergen preparation used in a given study.

**Conclusions:** This framework along with scientific grading criteria provides the basis to conduct a systematic literature review to identify the quality of evidence supporting inclusion of particular tree nut species in allergen labelling lists and quality of evidence that certain protein molecules can be classified as an allergen. Such data will allow future development of curated sequence sets of verified allergen molecules which are needed for development of analytical methods for determining allergens in foods.

**PP129**

**Fish allergy in an aquarium worker**

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**Clinical and Translational Allergy 2017, 7(Suppl 1): PP129**

**Introduction:** Fish is one of the most frequent causes of IgE-mediated food allergy in children in Portugal and rarely begins in adults. Allergy to fish in adulthood can be caused by an occupational exposure.

**Case report:** The authors describe the case of a 29 years old women, with an unusual work (since age of 23): animal handler at an Aquarium. In the last two years she started having episodes of facial/lip angioedema and/or nausea/vomiting and the last one with stridor and dyspnea, always after the ingestion of cooked fish meals. Contact urticaria to jellyfish and corals was also reported. Skin prick tests (Bial - Aristegui, Bilbao, Spain) were positive to: codfish, axillary seabream, striped red mullet, pilchard, gill-head bream and salmon; negative to: tuna fish, sole, hake, monkfish and salmon.

**Prick by prick tests** were positive to: raw hake, raw and cooked gilthead seabream and raw capelin (the food fish); negative to: cooked hake.
Total serum IgE of 727 UI/mL. Specific serum IgE (UniCAP®, Thermo Fisher Scientific, Uppsala, Sweden) were weakly positive to: codfish (0.19 KU/L), hake (0.11 KU/L), salmon (0.16 KU/L), pilchard (0.13 KU/L) and sole (0.29 KU/L); negative to: swordfish. She tolerate tuna fish and salmon and eats them regularly. Nevertheless, avoidance of ingestion of other fishes as well as direct fish handling only with personal protection measures were recommended in order to keep on the actual job.

Conclusion: Allergic sensitization to fish in adulthood is unusual. There are reports suggesting that sensitization to food allergens may occur outside the intestinal tract, namely through the skin. It is likely that in this case, the fish sensitization has occurred by repeated skin contact with raw fish in the context of occupational exposure.

Consent to publish: Consent was obtained for publication of this case report.

PP134
Quantitative immunoassays for native and denatured major milk allergens, Bos d 5 (β-lactoglobulin) and Bos d 11 (β-casein)
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Methods: Monoclonal antibody pairs recognising the major milk allergens Bos d 11 (β-casein) and Bos d 5 (β-lactoglobulin) in its native and denatured state and were obtained. Subsequently two-site ELISAs and Luminex xMAP assays were developed using highly purified, IgE validated allergens as standards. The assays were used to measure milk allergens in different types of foods (powdered milk, chocolate mouse, chocolate bar, and cookie) and in diagnostic/therapeutic preparations. They were also used to monitor potential milk contamination in products that claim to be ‘milk free’. The Luminex assays for Bos d 5 and Bos d 11 were “multiplexed” to allow for simultaneous quantification of both allergens in a single sample.

Results: All assays showed wide standard dynamic range. The Lower Limit of Detection (LLOD) for ELISA was 7.8 ng/ml for both native and denatured Bos d 5 and 15.6 ng/ml for Bos d 11. The Luminex assays proved to be even more sensitive with LLOD up to 40-fold lower compared to ELISA (0.2 ng/ml, 2.0 ng/ml and 2.4 ng/ml for native Bos d 5, denatured Bos d 5 and Bos d 11 respectively). Concentration of Bos d 5 in tested samples ranged from 12.3 mg/g in milk powder to 0.279 µg/g in a placebo “milk free” chocolate bar developed for research.

Conclusions: These data demonstrate that these immunoassays are suitable for the quantification of specific milk allergens, in their native and denatured forms, as well as in food samples containing relatively low levels of milk allergen. Immunoassays for quantification of specific milk allergens have been developed. The assays can be used separately (as ELISA) or be “multiplexed” (Luminex assays) allowing simultaneous quantification of multiple allergens in a single sample. The immunoassays will allow standardization of milk protein levels in diagnostic and therapeutic extracts and detection of milk allergens in foods.

PP136
Gluten, enzymatic or acid hydrolysed gluten does not induce sensitisation by the oral route in contrast to i.p. dosing: a study in gluten-tolerant Brown Norway rats
Charlotte Madsen, Katrine L. Bøgh
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Methods: Hydrolysed wheat proteins have provoked IgE mediated symptoms after skin exposure or ingestion in subjects tolerant to wheat. Acid hydrolysed wheat protein in a facial soap has been described to break tolerance to wheat. We have previously investigated the sensitising capacity of wheat gluten (G), enzymatic hydrolysed (EHG) and acid hydrolysed gluten (AHG) in naïve Brown Norway rats (Krogshbo et al. 2014). The aim was to study the influence of wheat tolerance on the sensitising capacity of G, EHG and AHG.

Methods: Rats were bred for at least two generations on ordinary wheat containing rat chow. After weaning the rats were kept on chow and then moved to a gluten free diet. Blood was drawn before dosing day 0 and a week after termination of dosing. Oral study: Rats were dosed by gavage with 20 mg G, EHG or AHG daily for 35 days. I.p. study: Rats were dosed with G, EHG or AHG 320 µg protein day 0, 14 and 28. Sera were analysed for specific IgG1 and IgE to the respective protein by ELISAs. Cross-reactivity was measured by inhibition ELISAs and avidity by KSCN ELISA.

Results: At baseline >50% of the rats had low IgG1 titre to G, but no detectable IgE to G. Oral dosing with G, EHG or AHG did not induce significant changes in the level of specific IgG1 and IgE to either the product used for dosing or to G. I.p. dosing resulted in a significant increase in IgG1 antibodies to the respective proteins and in IgE to G and AHG. The G dosed rats had IgG1 with the highest avidity. IgG1 from AHG immunised rats showed a higher avidity to G than to the AHG. The inhibition ELISAs showed a high level of similarity within and between the groups.

Conclusions: In contrast to our study in naïve rats, oral dosing in wheat tolerant rats could not induce a specific immune response above baseline. In the i.p. dosed animals the high level of cross-reactivity indicates a response dominated by antibodies to epitopes that are similar on all three products. The lower avidity to AHG (containing novel epitopes) compared to G in AHG dosed animals suggests a role for affinity maturation in the wheat tolerant animals. Exposure by the oral route to EHG or AHG is very unlikely to break an already established tolerance to wheat and induce sensitisation. In the i.p. study prior affinity maturation to common epitopes on G and AHG makes it possible to induce a high avidity immune response to G by dosing with AHG. This may illustrate how AHG in a facial soap could break tolerance to wheat.

PP138
Food-dependent exercise-induced anaphylaxis – A case report
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Introduction: Hydrolysed wheat proteins have provoked IgE mediated symptoms after skin exposure or ingestion in subjects tolerant to wheat. Acid hydrolysed wheat protein in a facial soap has been described to break tolerance to wheat. We have previously investigated the sensitising capacity of wheat gluten (G), enzymatic hydrolysed (EHG) and acid hydrolysed gluten (AHG) in naïve Brown Norway rats (Krogshbo et al. 2014). The aim was to study the influence of wheat tolerance on the sensitising capacity of G, EHG and AHG.

Methods: Rats were bred for at least two generations on ordinary wheat containing rat chow. After weaning the rats were kept on chow and then moved to a gluten free diet. Blood was drawn before dosing day 0 and a week after termination of dosing. Oral study: Rats were dosed by gavage with 20 mg G, EHG or AHG daily for 35 days. I.p. study: Rats were dosed with G, EHG or AHG 320 µg protein day 0, 14 and 28. Sera were analysed for specific IgG1 and IgE to the respective protein by ELISAs. Cross-reactivity was measured by inhibition ELISAs and avidity by KSCN ELISA.

Results: At baseline >50% of the rats had low IgG1 titre to G, but no detectable IgE to G. Oral dosing with G, EHG or AHG did not induce significant changes in the level of specific IgG1 and IgE to either the product used for dosing or to G. I.p. dosing resulted in a significant increase in IgG1 antibodies to the respective proteins and in IgE to G and AHG. The G dosed rats had IgG1 with the highest avidity. IgG1 from AHG immunised rats showed a higher avidity to G than to the AHG. The inhibition ELISAs showed a high level of similarity within and between the groups.

Conclusions: In contrast to our study in naïve rats, oral dosing in wheat tolerant rats could not induce a specific immune response above baseline. In the i.p. dosed animals the high level of cross-reactivity indicates a response dominated by antibodies to epitopes that are similar on all three products. The lower avidity to AHG (containing novel epitopes) compared to G in AHG dosed animals suggests a role for affinity maturation in the wheat tolerant animals. Exposure by the oral route to EHG or AHG is very unlikely to break an already established tolerance to wheat and induce sensitisation. In the i.p. study prior affinity maturation to common epitopes on G and AHG makes it possible to induce a high avidity immune response to G by dosing with AHG. This may illustrate how AHG in a facial soap could break tolerance to wheat.

PP138
Food-dependent exercise-induced anaphylaxis – A case report
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP138

Introduction: Food-dependent exercise induced anaphylaxis (FDEIA) is a distinct form of food allergy induced by physical exercise. The ingestion of specific food are usually tolerated if not followed by exercise. FDEIA patients generally have not experienced symptoms in response to warmth (such as a hot bath), or other condition that increases the core body temperature, and they have symptoms only in association with an ingestion of specific food(s). A variety of foods have been described as causal allergy inducing foods in FDEIA. Skin tests and in vitro serum food-specific IgE assays are currently used, but the results are frequently negative. A challenge test consisting of ingestion of assumed food followed by intense physical exercise is the only reliable method to diagnose the disease, but this is not always safe to perform. Monosodium glutamate is a common added ingredient to savoury foods, namely in Chinese food, and it has been previously linked to urticaria and angioedema.

Case report: We present a case of a 16-year-old white boy that developed within a few minutes from onset of physical activity: periorbital angioedema, food allergy, atopic dermatitis, drug allergy or vaccine...
allergy. He had no concurrent illness that day. He was not exposed to other foods, alcohol or medication (including NSAIDs, aspirin) several hours prior to exercise. There was no exposure to extreme temperature changes. Skin prick testing, serum-specific immunoglobulin E level and ImmunoCAP ISAC were negative. The challenge test was not performed due to severity of clinical presentation.

**Conclusion:** This case is an important reminder that although rare, food-dependent exercise-induced anaphylaxis exists. Making a diagnosis can be difficult but it can lead to life-saving preventative strategies. Besides some food additives, like monosodium glutamate, may be implicated in some of these reactions. In this case there is indication to avoid concomitant ingestion of the food and exercise.

**Consent to publish:** Informed consent to use the data was obtained from the patient.

**PP140**

**Immunogenic and allergenic properties of egg white proteins as affected by different denaturation processes**

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**Clinical and Translational Allergy** 2017, 7(Suppl 1):PP140

**Introduction:** 70–80% of children with egg allergy can eat baked foods containing highly heated egg, showing that denaturation of egg proteins greatly modifies their allergenic potential. However, little is known about the effects of moderate denaturation treatments on the allergenicity of egg white proteins. We sought to investigate to what extent different technological processes that lead to a limited denaturation of the egg proteins can affect their immunogenic capacity. Thus, in this study, we compared the ability to sensitize and trigger allergic responses of raw egg white (R-EW), pasteurized egg white (H-EW, 60°C-10 min) and high-pressure treated egg white (P-EW, 400 mPa-10 min).

**Methods:** BALB/c mice were orally sensitized during 7 weeks with 5 mg of either raw, heated or pressurized egg white (R-EW, P-EW or H-EW). One week after the last sensitization dose, mice were orally challenged with 50 mg of the egg white protein preparation used for sensitization and the anaphylactic responses were evaluated. During the sensitization protocol, EW-specific IgG1 and IgE were quantified weekly. Passive cutaneous anaphylaxis (PCA) tests were performed in order to know whether the immune response was IgE-mediated or both IgG1- and IgE-mediated. Cytokine production was also measured in allergen-stimulated spleen cell cultures.

**Results:** The highest liberation of mast cell protease, as well as the most severe anaphylactic signs and body temperature drop, were observed in P-EW sensitized and challenged mice, followed by R-EW sensitized and challenged mice. Moreover, splenocytes from mice sensitized to P-EW produced more Th2 cytokines, IL-4 and IL-5, than those from mice of the other groups in response to stimulation with the allergen. Regarding the humoral response, R-EW and P-EW promoted the highest levels of specific IgG1 at the end of the sensitization protocol, while H-EW stimulated the highest production of IgE. PCA tests confirmed that IgG1 plays an important role on the allergic reactions to R-EW and P-EW, whereas reactions to H-EW were mediated by IgE to a higher extent.

**Conclusions:** Denaturation of egg white proteins with high-pressure increases their sensitizing and eliciting capacity. Egg white heated to pasteurization temperatures exhibits a reduced capacity to induce anaphylactic responses despite the fact that it actively induces the production of specific IgE.

**PP144**

**Peanut components causing peanut allergy in Iceland**

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**Clinical and Translational Allergy** 2017, 7(Suppl 1):PP144

**Introduction:** Sensitivity to peanut allergens varies between countries, reflecting environmental factors such as local pollen and genetics. Ara h 1, 2 and 3 are considered the major peanut allergens whereas Ara h 8 is a homologue of the birch pollen allergen Bet v 1 and is not associated with severe allergic reaction. Ara h 6 is cross-reactive with Ara h 2 but may also be a single sensitizer. The aims were to determine the component pattern of peanut sensitization in Iceland and relate to the history of allergic reaction to peanuts as well as to pollen allergy.

**Methods:** Serum samples from 220 individuals obtained during a 25 month study period and were positive for peanut specific IgE (Pn-IgE) were used to measure by ImmunoCAP (Thermo Fisher Scientific, Uppsala, Sweden); Ara h 1-, Ara h 2-, Ara h 3-, Ara h 8- and Bet v 1-IgE. Information on age, gender, personal- and family history of atopy and skin prick tests were obtained from medical records. Ara h 2-IgE negative individuals were interviewed and invited to an open peanut challenge. Those who reacted to peanuts were evaluated for Ara h 6-IgE by ISAAC (Thermo Fisher Scientific, Uppsala, Sweden).

**Results:** The main atopic findings within the study cohort of 220 Pn-IgE positive individuals included history of eczema (75.5%), asthma (65.5%), and allergic rhinitis (65.5%). Ara h 2-IgE was negative in 52.3% (115/220). Of those, 24.3% (28/115) were already consuming peanuts, 29.6% (34/115) had a negative challenge, 5.2% (6/115) had a...
positive challenge and 2.6% (3/115) had an inconclusive one. Forty-four (38.3%) rejected or were unable to undergo a challenge. Of the Arah2 negative and challenge positive individuals, three were sensitive to Ara h6,one single-sensitive),two were sensitive to Ara h1 and 3 and one was borderline sensitive to Ara h1,2 and 3. Two inconclusive cases were positive to Ara h6. Those who were challenge positive had a higher Ara h1-IgE.

Conclusions: Peanut sensitized individuals in Iceland are highly atopic and half of them are not sensitized to the major allergen Ara h2. This is only partly explained by birch sensitization and sensitization to other components such as Ara h1 and Ara h6 is important.

PP145
The stability of peanut allergens in AR101, an oral immunotherapeutic for the treatment of peanut allergy, in two representative food matrices

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Introduction: Peanut allergy is an increasingly common health problem. While there are currently no approved treatments specifically for peanut allergy, oral immunotherapy (OIT) has shown promising results. In OIT, peanut allergens (often in the form of peanut flour) are typically delivered by mixing into vehicle foods and then consuming. Also, in OIT clinical trials, patients undergo food challenges, where the peanut allergens are mixed into vehicle food. To insure consistent dosing during OIT and during food challenges, it is important to show that the food matrices do not compromise the integrity of the allergens. Aimmune Therapeutics is currently enrolling patients in a Phase 3 OIT study (PALISADE) to demonstrate the efficacy and safety of AR101, a formulated drug product containing peanut protein at different dosage strengths. It is taken orally following mixing with food. The aim of this study was to determine the stability of peanut allergens over a 24 h period following mixing with foods used in the PALISADE food challenge, applesauce and chocolate pudding, foods also commonly used as vehicles for OIT dosing.

Methods: Peanut flour (PF), Peanut-Flavor Challenge Material (PFCM; peanut flour mixed with food-grade flavorings and bulking agents), and AR101 (100 mg) were each mixed with food and sampled at 0, 4, and 24 h. Proteins were extracted from the food mixtures and analyzed by peanut specific ELISA and LCMSMS. Total peanut allergen was quantitatively measured in an ELISA (R-Biopharm Ridascreen Fast-Peanut). LCMSMS identified two marker peptides each for Ara h 1, h 2, and h 4, and 24 h. Protein extraction, digestion, and alkylation. These were compared over the course of 24 h to a no-food-matrix control.

Results: ELISA: Ranges of peanut protein (ppm peanut) recovered with AR101 extraction from applesauce (2 samples analyzed in duplicate) were: 3.3–4.2 (t = 0 h), 3.9–4.3 (4 h), 3.3–3.8 (24 h). Ranges for AR101 extracted from chocolate pudding were: 3.2–3.6 (0 h), 4.0–5.7 (4 h), 3.6–4.5 (24 h). Data were similar for PF and PFCM. LCMSMS: For AR101 extracted from chocolate pudding were: 3.2–3.6 (0 h), 4.0–5.7 (4 h), 3.6–4.5 (24 h).

Conclusions: When mixed into applesauce or chocolate pudding, there was no observable degradation of the samples over 24 h, insuring sufficient stability to accommodate any reasonable variability in time taken to consume a dose.

PP146
Severe banana allergy

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Introduction: Food allergy is the most common cause of anaphylaxis in children. Banana fruit appears to have become an important cause of fruit allergy in children. The allergens involved are poorly characterized.

Case report: We report a clinical case of an 18-year-old boy with generalized urticaria and oropharyngeal pruritus with dyspnoea immediately after banana ingestion at the age of 12. Since then he has eliminated this fruit from his diet and has no complaints with any other foods, namely of rosaceae family. Skin prick tests performed with commercial extracts were positive for pollen from Olea europeae 10 mm and banana 7 mm. The past medical history is remarkable for Crohn’s disease. Specific IgE measured by EAST technique was 1.94 kU/L for Olea europeae pollen extract and 0.78 kU/L for banana pulp extract, 1.2 kU/L for banana peel extract and 17.5 kU/L for Pru p 3 (ITP). The molecular mass of the IgE binding bands was calculated by SDS PAGE immunoblottting in reducing and non-reducing electrophoretic conditions. The apparent molecular mass of the IgE binding bands were: 20 kDa in banana pulp extract and 9 kDa for banana peel extract (with some less intense bands of 66, 50, 40, 30, 29 kDa). The immunoblotting-inhibition method was used to study if the 9 kDa binding band was an LTP protein. Banana peel extract was used as a solid phase and Pru p 3 as inhibition phase. Pru p 3 was able to produce a partial IgE binding inhibition on the 9 kDa band. Oral food challenge was not performed due to Crohn’s disease.

Conclusion: Some of the detected IgE binding bands in banana extracts show similar molecular mass to the known allergens, namely Mus a 4-thaumatin-like protein (20 kDa in banana pulp extract), Mus a 5-beta 1.3 glucanase (30 kDa), Mus a 2-chitinase (33 kDa) in banana peel extract. Most likely, the main IgE binding band of 9 kDa from banana peel extract is the Mus a 3 LTP protein. High sensitization to Pru p 3 allergens has no clinical manifestations in our patient. We speculate about the association between food allergy and inflammatory bowel disease in this particular case.

Consent to publish: Informed consent to use the data was obtained from the patient.

PP147
Who is at risk for severe reactions during oral food challenges?

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Introduction: Oral food challenges (OFC) are the gold standard for the diagnosis of food allergy in children. Using a standardized approach with semi-log dose increments every 30 min OFC usually represent a safe procedure without requiring intensive care. Here we describe three cases of severe anaphylactic reaction during OFC in order to identify potential risk factors in children.

Case report: Among the last 1500 DBPCFC performed in our clinic we had three cases of severe anaphylactic reactions requiring ICU transfer. Surprisingly the reactions in our cases were not caused by peanut but by cow’s milk (CM), hen’s egg (HE) and hazelnut (HN). Three male patients (9, 12 and 16 years of age) each with a medical history of severe asthma and in two cases application of continuous intravenous adrenaline injections. Surprisingly the reactions in our cases were not caused by peanut but by cow’s milk (CM), hen’s egg (HE) and hazelnut (HN). Three male patients (9, 12 and 16 years of age) each with a medical history of severe asthma and in two cases application of continuous intravenous adrenaline injections. Administration of volume boluses, inhalation of salbutamol and oxygen, and in two cases application of continuous intravenous adrenaline. All patients started to react at higher titration steps: The eliciting doses were 0.34 g of CM, 0.20 g of hazelnut and 1.55 g of HE protein, respectively.

Conclusion: Severe anaphylactic reactions requiring intensive care during oral food challenges are rare and seem to occur most often in older children suffering from bronchial asthma. We postulate the following assumptions:

• Severe reactions are not limited to the well-known potentially life-threatening peanut allergen but may also occur with CM, HE and hazelnut. Especially older children around school age who did not outgrow their CM or HE allergy may be at a higher risk for anaphylaxis.
• Next to respiratory problems, arterial hypotension seems to play an important role in children and adolescents, which indicates that the administration of intravenous volume boluses in combination with intramuscular adrenaline is a part of severe anaphylaxis treatment that should not be underestimated.

• Since severe reactions are not foreseeable, OFC should be performed under medical surveillance in a controlled clinical setting with access to an intensive care unit.

Consent to publish: Written informed consent to use the data was obtained for all patients.

**PP148**

Effects of avoidance of hazelnut upon IgE reactivity profiles and basophil responsiveness in hazelnut allergic and sensitized children

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**Introduction:** Hazelnut allergy shows distinct clinical patterns depending on the sensitization profile, which shows variations according to age. This study aims at determining whether alterations in the sensitization profile to hazelnut occurs in early childhood.

**Methods:** Twenty-one infants with atopic dermatitis demonstrating a recent sensitization profile to hazelnut (AD-group) and 9 children (<4 years old) with a history of hazelnut allergy (GR-group) were selected. At T0 and follow-up consultation (T1) history taking and specific immunoglobulin E (sIgE) measurement to hazelnut extract and its components were performed. A basophil activation test (BAT) with hazelnut was performed at T0 and T1 in children of the GR-group and at T1 in children of the AD-group.

**Results:** Median follow-up was 6.2 years. At T1, a significant increase in sensitization to Cor a 1.04, Cor a 8, Cor a 11, Cor a 14 and Bet v 1 was observed in the AD-group. Six (29%) infants from the AD-group had an uneventful accidental exposure to hazelnut, all of them showed a negative BAT despite positive sIgE results. Children out of the GR-group were significantly more frequently sensitized to Cor a 1.04 and Bet v 1 at T1. Sensitization to other components and BAT results did not significantly differ between T0 and T1.

**Conclusions:** Despite avoidance of hazelnut, sensitization profiles can broaden during early childhood. However, in the absence of a generalized hazelnut allergy, the clinical relevance of these serological changes remain elusive as the majority of these children demonstrate negative BATs.

**PP149**

A standardised protocol for double-blind placebo-controlled food challenges with heated hen’s egg that is easy to perform

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**Introduction:** Hen’s egg (HE) allergy is one of the most common food allergies in early childhood. However, previously it has been shown that about 80% of children allergic to raw HE can tolerate heated HE. As double-blind placebo-controlled food challenges (DBPCFC) are the gold standard in food allergy diagnostic, we intended to establish a standardized DBPCFC-protocol for heated HE that is simple in regard to preparation, blinding and titration and well accepted even by young children.

**Methods:** For the DBPCFC with heated HE, 55 g raw pasteurized HE (Wiesenhof) that equals 1 HE (7,095 g HE protein) was heated for 1 min in a microwave (800 W) leading to 45 g heated HE. As a blinding matrix apple sauce with cinnamon, chocolate pudding or vegetable puree was added. The mixture was blended and titrated in seven incremental dose steps containing 0.03, 0.1, 0.3, 1, 3, 10 and 30 g of heated HE. For placebo the equivalent blinding matrix was used and rice powder was added to match the texture. If no reaction occurred during the titrated DBPCFC, a cumulative dose of 45 g heated HE was given another day. Children with allergic reaction to raw HE who tolerated at least 0.4 g of raw HE during the challenge were eligible for a challenge with heated HE.

**Results:** 50 children with allergic reaction to raw HE performed a DBPCFC with heated HE according to the protocol described above within 3 month after their positive DBPCFC to raw HE. The challenge meal was well accepted by every child. 43/50 children (86%) showed no allergic reaction to heated HE whereas 7/50 (14%) were allergic to raw and heated HE.

**Conclusions:** Our standardized protocol for a DBPCFC with heated HE showed a high acceptance even in young children in regard to volume and taste. Using this protocol allows a simple, less time-consuming preparation method compared to baked egg protocols, especially if no oven is available on site. Furthermore it allows a more precise titration and masking of the DBPCFC. Our data on DBPCFC with heated HE confirm published data from other countries that the majority of children with HE allergy tolerate heated HE. Preparation of heated HE in a microwave is a simple method for a DBPCFC with heated HE. A high proportion of children with raw HE allergy can tolerate heated HE, therefore standardized DBPCFC with heated HE should be performed in order to improve quality of life of HE allergic children.

**PP150**

Association of peanut oleosins with severe allergic symptoms: new marker for clinical severity of peanut allergy?

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**Introduction:** Allergic reactions to peanut are on the rise in Western countries. In vitro diagnostic tests applying aqueous extracts or water-soluble single allergens are investigated as an alternative to costly and potential life-threatening oral food challenges (OFC). However, their diagnostic accuracy to predict the degree of clinical severity is still inferior to OFCs which might be based on the absence of lipophilic allergens such as oleosins. Recently, sensitization to oleosins has been associated with more severe allergic symptoms in allergy to sesame and hazelnut. Hence, we sought to investigate oleosins as possible new candidates for routine diagnostic measurements in peanut allergy.

**Methods:** Oleosins from raw and in-shell roasted peanuts were isolated by flotation centrifugation and purified by preparative electrophoresis. Protein identification was carried out by N-terminal sequencing and mass spectrometry. Sensitization prevalence to oleosins from raw and in-shell roasted peanuts was investigated by western blot. The ability of oleosins to trigger type I hypersensitivity reactions was evaluated by basophil activation test (BAT).

**Results:** A number of eight oleosins was isolated and identified from peanut. So far, these molecules showed IgE binding exclusively to sera from patients suffering from severe peanut allergy. Moreover,
IgE binding to oleosins obtained from in-shell roasted peanuts was increased compared to raw ones. Both, oleosins from raw and in-shell roasted peanuts were able to stimulate basophils from peanut-allergic individuals having severe symptoms.

**Conclusions.** Oleosins are important lipophilic allergens that are able to trigger allergic reactions but have been overlooked so far due to their low solubility in aqueous buffers. Sensitization to these proteins seems to be solely associated with severe allergic symptoms. Peanut oleosins are clinically relevant peanut allergens. As they are most likely associated with more severe allergic symptoms they might be new maker candidates for the clinical severity of peanut allergy. Furthermore, in-shell roasting increases the IgE binding potency of oleosins which is in line with previous results for other peanut allergens.

**PP151**
Cyp c 1 or Gad c 1 for fish allergy component-resolved diagnostics: is this a question?
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP151

**Introduction.** To compare the performance of rGad c 1 and rCyp c 1 in fish sIgE component-resolved diagnostics.

**Methods.** Retrospective analysis of laboratory reports for 78 outpatients (median age 12 years, range 0.8–66; 40 males) having undergone fish food skin prick tests and component-resolved diagnostics between November 2011 and July 2016. Comparison of ImmunoCAP 250 results for sIgE to rCyp c 1 and rGad c 1 was done for 46 patients (22 males; median age 13 years, range 0.8–66). Comparison of ImmunoCAP 250 and ISAC 112 results was done for 46 patients (26 males; median age 13; range 3–58; 17 rCyp c 1 + rGad c 1 + ISAC; 29 rCyp c 1 or rGad c 1 + ISAC).

**Results.** 44/46 (96%) singleplex assays yielded concordant pos/neg results (18 double negative, 26 double positive). Both discordant results were rescued by rCyp c 1 testing (0.44 and 0.11 kUA/L). Among discordant results (18 double negative, 26 double positive), both discordant results were rescued by rCyp c 1 testing (0.44 and 0.11 kUA/L).

**Conclusion.** rGad c 1 microarrayed on ISAC 112 lacks sensitivity for low values (15% false negative), but positive results are well correlated with singleplex rGad c 1 and rCyp c 1. Singleplex assay of sIgE to rCyp c 1 offers a very slight increase in sensitivity of detection compared with rGad c 1. rGad c 1 microarrayed on ISAC 112 is prone to false negatives (up to 15%) for low levels, but when positive it is well correlated with singleplex results.

**PP152**
Knowledge of parents about the elimination diet and food allergens
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP152

**Introduction.** The aim of this pilot study was to assess the knowledge of parents of children with food allergies on the elimination diet and allergens, and knowledge of the sources of information about food allergy.

**Methods.** The pilot study was conducted from May to August 2016 among 86 parents in Lower Silesian in Poland, whose children have food allergies. Surveys were distributed to parents in hospitals and nursery school. They were a group of women and men in the age range 18–50 years. Parents’ knowledge was verified by a questionnaire, which has been specially developed for the study.

**Results.** The product most often in Polish children invoke allergic reactions were cow’s milk and eggs. The vast majority of respondents showed knowledge of the definition of the elimination diet and they knew that, when a food allergy elimination diet and you should carefully read the labels of food products. However, the greater part of the interviewees believed that the allergy to cow’s milk should be eliminated from the diet always and only cow’s milk and milk products.

**Conclusion.** Compared to other studies of Polish parents also have basic knowledge on the elimination diet and individual allergens. However, this does not always indicate correctly, which foods you should avoid elimination diet.

This may be due to the fact that the main sources of information were the Internet, the doctor and books about allergies.
standardized wheat seeds extract in order to evaluate their sIgE reactivity against the protein spots. Their sIgE sensitization profiles were compared and protein spots of interest were identified by LC-MS/MS.

**Results**: Specific sensitization profiles were identified for each phenotype group. For WDEIA, protein spots around 37 kDa (pH 6–9) and 37–50 kDa (pH 5–6) were identified. For AD, spots were observed around 50 kDa (pH 9), 10 kDa (pH 9) and 20 to 75 kDa (pH3). For PR, specific spots were situated around 90 kDa (pH 9). The LC-MS/MS analysis of these identified spots pointed out several potential interesting allergens: tri a 26, tri a b4, tri a 34, tri a 3 trin.

**Conclusion**: Our study answers to the request of many allergists wishing to get an accurate diagnosis of wheat allergy in order to determine the risk of cross-reaction, to adapt the diet and to limit the risk of anaphylactic shock. Nonetheless, it is necessary to consider the 2D immunoblot results with the medical history of each patient. Moreover, there are different clinical manifestations of wheat allergy depending on the involved allergen and the way of exposure: WDEIA, AD, PR or baker's asthma. The present project pointed out new wheat allergens that could be associated to a specific phenotype. The identification of further protein spots is still under investigation. At this stage, specific sensitization profiles were identified for the 3 phenotype groups (WDEIA, DA, PR). The protein spots of interest detected by sIgE concern one or more allergens. Some wheat allergens were identified by LC-MS/MS. At the end of the study, it will be possible to establish a link between a specific symptomatology and the responsible allergens newly identified.

**POSTER SESSION 5: Case reports**

**PP154**
**Goat's milk allergy with an unusual presentation**
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**Clinical and Translational Allergy 2017, 7(Suppl 1):PP154**

**Introduction**: Cow’s milk (CM) protein allergy is the most prevalent food allergy in children. Patients with CM allergy usually do not tolerate goat’s (GM) or sheep’s (SM) milk, since there is a high cross-reactivity between all of them. There are few case reports of patients with allergy to GM tolerant to CM.

**Case report**: A 14 years old girl with IgE-mediated CM allergy since 6 months of age, with CM eviction till 12 years old. At this age an oral food challenge (OFC) has been performed, being negative. She started a regular ingestion of CM proteins during the last two years. She was referred to our Immunoallergy department, one week after an episode of lip angioedema and generalized urticaria with intense pruritus after eating a meal containing goat cheese, parsley, tomato, onion, poached egg and pepper. Two weeks before she had already an episode of oral pruritus after eating a small portion of goat cheese. Skin prick tests (SPT) (Bia—Aristegui, Bilbao, Spain) to milk and CM proteins (casein, ß-lactoalbamin, ß-lactoglobulin), egg and egg’s proteins, pepper and parsley, were negative. **Prick by prick test** (PPT) were positive to goat cheese (19 × 8 mm), GM (11 × 7 mm) and SM (7 × 9 mm). In order to validate these results, PPT with goat’s cheese and milk and SM have been performed to 10 healthy adult controls. Specific IgE (UniCAP®), Thermo Fisher Scientific, Uppsala, Sweden) was positive to GM (8.7 kU/L) and SM (9.3 kU/L) and negative for CM and proteins. Total IgE 241 kU/L. Two weeks after the episode, an OFC with CM was performed, being negative, and daily ingestion of CM proteins has been advised with good tolerance.

**Conclusions**: The majority of patients with allergy to CM proteins do not tolerate GM or SM. We describe a rare case of an adolescent girl who started to react to goat’s cheese after outgrown a CM allergy, probably due to sensitization to proteins without homology to CM proteins.

**Consent to publish**: The authors confirm that the individual described has authorized them to publish the findings related with the case.

**PP155**
**Food challenge in two patients with asthma and Ara h2 verified peanut allergy**
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**Clinical and Translational Allergy 2017, 7(Suppl 1):PP155**

**Introduction**: IgE antibodies to peanut storage protein Ara h 2 have high diagnostic accuracy in verifying or excluding symptomatic peanut allergy, and high levels are considered to predict serious allergic reactions. In our experience some adult patients with peanut allergy suffer disabling fear of peanuts, having been taught that they risk a severe allergic reaction upon airborne exposure of, or consumption of peanuts.

**Case report**: 1. Female, 24 years old with asthma. The patient had been told to exclude peanuts from her diet and not to be in a room where peanuts are consumed. She had always carried an adrenaline auto-injector. Current level of Ara h2 was 9.3 kU/L. She had never experienced a severe allergic reaction and was eager to find out how she would react to accidental intake of peanuts. Following a strict protocol, she consumed one peanut and experienced instantly some mild oral symptoms. After 20 min she reacted with profuse vomiting and a stuffy nose. No adverse respiratory or circulatory reactions occurred and no adrenaline or other medication was given. The recovery was swift and the patient left the clinic after being observed for four hours.

2. Male, 20 years old with asthma. At the age of seven he reacted with oral symptoms, nausea and vomiting after eating peanuts. Hence he developed a fear of all nuts and had been prescribed an adrenaline auto-injector. Current level of Ara h2 was >100 kU/L. He wanted to know if his fear of nuts was relevant and if there still was a need to always bring the adrenaline auto-injector. According to a strict protocol he ate three peanuts. Initially he experienced transient mild symptoms from the throat, followed by abdominal pain and flushing 10 min later. After another 10 min he developed hives and profuse vomiting. Antihistamine and cortisone was given intravenously, and the patient recovered quickly. He left the clinic after being observed for four hours.

**Conclusion**: Both patients expressed great relief to have undergone a peanut challenge. Knowing that eating small amounts of peanuts did not affect their ability to breathe or their circulatory functions has helped them replace the fear of what might happen into a relevant respect for peanuts. Oral challenge with peanuts in patients with peanut allergy could be justified in some patients, even with elevated levels of Ara h2, when it is important for the patient to know not only that he/she will react but also how.

**Consent to publish**: Patients have consented to the publication of this abstract.

**PP156**
**Pemetrexed anaphylaxis – An unusual suspect**
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**Clinical and Translational Allergy 2017, 7(Suppl 1):PP156**

**Introduction**: Pemetrexed is a folate antimetabolite, approved for treatment of mesothelioma and non-squamous non-small cell lung cancer. It’s usually used in combination with platinum salts, gemcitabine or docetaxel. Pemetrexed presents a good safety profile, with
myelosuppression being the most common dose-limiting toxicity. However, hypersensitivity reactions to pemetrexed have been described.

Case report: We report the case of a 52 year old woman, with stage IV metastatic adenocarcinoma of the lung, on palliative chemotherapy (QT) with pemetrexed plus carboplatin; for nausea control she was also receiving fosaprepitant immediately before QT. On her first treatment with these drugs, 3 min after starting pemetrexed perfusion, the patient developed dyspnea, cyanosis of the extremities, generalized pruritic exanthema and hypotension. QT was immediately stopped and the patient was treated with hydrocortisone and clemastine. However, her status rapidly progressed to anaphylactic shock, with loss of consciousness, sphincters control, bradypnea, bradycardia, non-measurable blood pressure) and tachycardia. She received IV adrenaline and aggressive fluid resuscitation, with rapid improvement and was discharged 24 h later, fully recovered. Serum tryptase during the episode was elevated at 67.5ug/L (normal range: <11.4ug/L). The patient was referred to our drug allergy unit for study. Skin prick tests performed 6 months later were positive to pemetrexed 25 mg/ml (7 mm); histamine 10 mg/ml = 5 mm) and negative to carboplatin 10 mg/ml and fosaprepitant 1 mg/ml; intradermal tests were also positive to pemetrexed (1/1000) and negative to carboplatin (1/1000–1/10) and fosaprepitant (1/1000–1/10). As the oncologist decided for an alternative treatment, a desensitization protocol to the culprit drug, pemetrexed, was not considered.

Conclusion: Reports of hypersensitivity reactions to pemetrexed are very rare. This drug is almost exclusively used in combination with other chemotherapeutic agents, like platinum salts, which might underestimate pemetrexed as a cause of immediate hypersensitivity reactions. To our knowledge, this is the third report of documented anaphylaxis to pemetrexed, and the first to support the diagnosis of an IgE dependent mechanism through skin tests.

Consent to publish: Consent for publication was obtained.

PP157

Barnacle allergy – Report of 2 cases

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Clinical and Translational Allergy 2017, 7(Suppl 1):PP157

Introduction: Barnacles (Pollicipes pollicipes), a type of seafood found on sea coasts worldwide, are a delicacy consumed in Portugal, Spain, France and South America. Barnacle allergy is rare, with few published cases[1].

Case report: Case 1: A 4-year-old boy with allergic rhinitis, sensitized to pollens and house dust mites, reported 2 suspected food-related allergic reactions. In the first episode, he complained of pruritus and facial erythema immediately after eating barnacles and fish. The second episode occurred 6 months later and he presented with dyspnea, cough, urticaria and facial edema immediately after eating hake. He was rushed to the ER and successfully treated with corticosteroids, antihistamines and nebulized salbutamol. Four months later, SPPT were positive to cooked barnacle (meat: 7 mm; histamine 10 mg/ml: 5 mm); OPT with barnacle was not performed.

Conclusion: Barnacle allergy is a rare, but its allergenic potential is well established. Molecular allergens and cross-reactivity with mites have been described [1].

Statement of consent: Consent for publication was obtained.

Reference

PP158

Anaphylactic shock after contact with a betaine-polyhexanide antiseptic solution

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Clinical and Translational Allergy 2017, 7(Suppl 1):PP158

Introduction: Prontosan® is an irrigation solution indicated for cleansing, moisturising and decontamination of acute and chronic wounds, and contains 0.1% undecylenamidopropyl betaine plus 0.1% polyaminopropyl biguanide (polyhexanide [PHMB]) in purified water.

Case report: We report the case of a 72-year-old woman, non-atopic, that developed manifestations of an anaphylactic shock, with generalized urticaria, striae, dyspnea, nausea, abdominal pain and severe hypotension in about 20 min after nurse treatment of a chronic vascular ulcer with Prontosan® and petrolatum, at primary care; she was immediately medicated with hydrocortisone but no adrenaline and was transferred to the hospital emergency. The ulcer has been treated with the same antiseptic compound twice weekly before the described severe reaction although in the two previous treatments she presented with generalized urticaria, striae and dyspnea in 30 min after the ulcer care. Following the episode of anaphylactic shock, treatment did no longer include Prontosan®, and no more reactions occurred after that. The patient was referred to an Allergist for evaluation. A skin prick test with the implicated antiseptic was performed inducing a 6 × 5 mm wheal at 15-minute reading (identical to histamine 10 mg/ml); however, at 30 min a significant wheal increase was observed, to 14 × 10 mm. The patient’s daughter offered to be a control with a negative skin test result. At this point it was not possible to test each antiseptic component separately, but this will be the next step, along with an in vitro assay.

Conclusion: To the authors’ best knowledge this would be the forth case of anaphylaxis to a polyhexanide irrigation solution. No reports of severe immediate hypersensitivity reactions to topical betaine formulations were found in the literature.

Consent to publish: The authors state they have obtained patient’s informed oral consent for presentation and publication of the present clinical case.

PP159

Galactose-α-1,3-galactose (alpha gal) allergy without anaphylaxis: a case report in Brazil

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Clinical and Translational Allergy 2017, 7(Suppl 1):PP159

Introduction: Several studies suggest that tick bites are a cause of IgE antibody responses to alpha-gal in the United States, Europe, Asia and Australia. Delayed-onset reactions, especially anaphylaxis, have been reported to happen 3 to 6 h after ingestion of mammalian food products. Hereby we describe the first case of alpha gal allergy in Brazil in a male farmer, who presents with no other symptoms than urticaria.
Case report: A 55-year-old cattle breeder from North of Brazil (Rondonia) with no previous allergies referred to presenting with a daily scattered and pruritic papules for five years. Symptoms used to show up mostly in the late afternoon and were closely related to the ingestion of meat (lamb, bovine, pork, chicken) during lunch time. When questioned about tick bites, he clearly described multiple lesions in his body secondary to his job with animals and farm. Specific serum IgE revealed: bovine meat: 38.80 kU/L; pork meat: 28.60 kU/L; cow’s milk: 9.7 kU/L; serum bovine albumin: 1.51 kU/L; alpha gal: 70.7 kU/L; total IgE 888U/mL. After orientation to restrict all meats, his symptoms have disappeared.

Conclusions: Although most of reports about alpha-gal allergy involve anaphylaxis, this patient presented only with urticaria. The only route of sensitization was through tick bites, since he never had contact to cetuximab. Chronic urticaria in farmers or environment with ticks, which can be very often in Brazil, should be investigated for alpha gal allergy.

Consent to publish: Patient consented to the publication of this abstract.

PP160

Anaphylaxis to fenugreek
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP160

Introduction: Fenugreek (Trigonellafoenum-graecum), belonging to the Fabaceae plant family (legumes), has been used for culinary (as a spice in curry) and medical purposes since ancient times, especially in Greece, Egypt and India.

Case report: A 16 years old male, with previous anaphylaxis after intake peanuts, presented anaphylaxis after intake fenugreek. Skin prick test with extracts: Peanut 10 × 20 mm, natural Fenugreek 6 × 8 mm, Lentil 2 mm, Soy 2 mm, Bean negative, Histamine 5 mm. Serum specific IgE determinations (ImmunoCAP; *EAST): Peanut 84 kU/L (Ara h 1 34.5 kU/L, Ara h 2 60.9 kU/L, Ara h 3 2.41 kU/L, Ara h 8 0.03 kU/L and Ara h 9 0.05 kU/L), Fenugreek >17.5 kU/L, Curry 16.9 kU/L, Lentil 1.67 kU/L, Soy 2.65 kU/L, Bean 0.04 kU/L. IgE-binding-protein molecular mass study (SDS-PAGE-Immunoblotting): Peanut extract (raw and toasted): 75, 63, 21 and 19 kDa. Fenugreek extract: IgE-binding bands between >97–30, 21 and 19 kDa. Cross-reactivity study using SDS-PAGE-Immunoblotting-inhibition with fenugreek extract as solid phase: Raw and toasted peanut extracts inhibit completely IgE-binding to fenugreek extract. Study interpretation: 63 kDa IgE-binding band in peanut extract could correspond to 75 globulin Ara h 1. 21 kDa and 19 kDa detected bands in peanut extract could correspond to 25 albumin Ara h 2.01 and Ara h 2.02. bands of same molecular mass are observed in fenugreek extract. sIgE cross-reactive to fenugreek and peanut proteins are presents in patient's serum. We consider necessary to rule out fenugreek sensitization in peanut or other legumes allergic patients. Possibility of allergic reactions with curry in peanut and legumes allergic patients.

Consent to publish: Local institutional review board approved study procedures, and written informed consent was obtained. The authors declare that they have no relevant conflicts of interest.

PP161

Rectal bleeding in a breastfed infant
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP161

Introduction: Rectal bleeding in infants can be a diagnostic challenge. In children younger than one year of age, anal fissures are the most common cause of rectal bleeding. However, anal fissures can hide and delay other rare diagnoses.

Case report: We report a twenty-four days old female admitted with rectal bleeding since she was two weeks old. There were no other symptoms, as fever, vomiting or diarrhea. The child was exclusively breastfed. The physical examination revealed an anal fissure at 6am in dorsal position, with no other changes on examination. The mother of the patient excluded dairy products of her diet, with no improvement of symptoms. The laboratory tests revealed peripheral blood eosinophilia (1.2 × 10^9/L eosinophils) with no anemia (HB 10.3 g/dL) or other analytical alterations. No virus (rotavirus and adenovirus) was detected in stools and stool culture was negative. Colonoscopy showed discreet erythema of the sigmoid colon mucosa, without ulcers, fibrin or aphthous injuries. Biopsies revealed high number of eosinophils in the lamina propria of sigmoid colon. The patient started an extensively hydrolyzed cow’s milk formula, with symptomatic improvement. However, after four days, there was recurrence of the rectal bleeding, associated with exuberant perianal erythema. Since the rectal bleeding persisted, the patient started an amino-acid-based formula. In just a few days, there was a symptomatic improvement. At six months of age the child gradually reintroduced cow’s milk formula, with tolerance. This clinical presentation, with the results of colonoscopy, is a striking feature of food protein-induced proctocolitis (FPJP).

Conclusions: FPJP is a rare cause of rectal bleeding in healthy infants, sometimes mistaken with anal fissures. It is characterized by inflammation of the distal colon due to a non-IgE-mediated reaction to food proteins, most commonly cow’s milk proteins. In exclusively breastfed infants, mother exclusion of cow’s milk and dairy products should be sufficient to stop the symptoms. However food restriction may be difficult to accomplish for mothers. Additionally there are a small number of infants that not respond to food restriction of their mothers or extensively hydrolyzed cow’s milk formula, being necessary to do an amino acid-based formula. This case report pretends to draw attention to a rare diagnosis of rectal bleeding in infants, where clinical suspicion is extremely important.

Consent to publish: Written informed consent to use the data was obtained for the patients.

PP162

Fish anaphylaxis: case report and studies performed
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP162

Introduction: Every year food allergies are most frequent in Allergy departments, being more typical to fruits, eggs, milk and fish. Anisakis simplex sensitization is very common at Mediterranean blue fishes, producing symptoms from digestive ones to anaphylaxis. Our aim is to show a patient with fish anaphylaxis, and the in vivo and in vitro studies we performed, and the obligation of performing a Food Provocation Test (FPT) with the culprit fish.

Methods: A 35 years-old patient came to our clinic referring arms urticaria with ticks, which can be very often in Brazil, should be investigated for alpha gal allergy.

Case report: A 35 years-old patient came to our clinic referring arms urticaria with ticks, which can be very often in Brazil, should be investigated for alpha gal allergy.
Conclusions

During 2 h of observation as an inpatient and during 48 h at home these results, we performed a FPT with frozen salmon, being negative omega-5 gliadin.

Exercise induced anaphylaxis (WDEIA), caused by sensitization to gluten, is a rare. Particularly important clinical problem is wheat-dependent exercise induced anaphylaxis (WDEIA) – a case study

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Clinical and Translational Allergy, 7(Suppl 1):10

Introduction: Food-dependent exercise-induced anaphylaxis (FDEIA) is a rare. Particularly important clinical problem is wheat-dependent exercise induced anaphylaxis (WDEIA), caused by sensitization to omega-5 gliadin.

Case report: Patient, 55, male, was admitted due to recurrent generalized urticaria, which often proceeded loss of consciousness. First episode of urticaria, followed by numbness of the lower limbs and syncope, appeared in 2007, without any apparent reason. Patient was hospitalized due to those symptoms. Next episode occurred in 2012—patient ate pizza, than performed physical exercise, during which he lost consciousness and due to those symptoms required hospitalization. Most recent episode of anaphylaxis occurred in 2015, also after physical exercise (shoveling coal). In general episodes of urticaria occur every 2–3 months. During diagnosis we performed skin prick tests (SPT) with inhalant and food allergen. We also established the level of total IgE, specific IgE to Dermatophagoides pteronyssinus, Dermatophagoides farinae, bee and wasp venom, gluten, wheat and rye flour and ImmunoCap ISAC. Patient also performed exercise provocation test on an empty stomach and after eating bread. SPT were positive with wheat flour (4/25 mm) and rye flour (4/5 mm). The concentration of allergen-specific IgE against wheat flour (before exercise provocation test) was 0.18 IU/ml and rye four 1.06 IU/ml, after provocation test respectively 0.18 IU/ml and 1.21 IU/ml. ImmunoCap ISAC revealed elevated level of IgE specific to wheat allergen component rTri a 19 (omega-5 gliadin)—2.4 ISU-E and to timothy nPhI p 4 (berberine bridge enzyme)—2.5 ISU-E. Exercise provocation test on an empty stomach—negative, with no disturbing symptoms. Exercise provocation test after consumption of bread: before the test blood pressure 120/70 mmHg, HR 74/min, immediately after the test (on a treadmill): 128/75 mmHg, HR 120/min. 10 min after the test patient experienced generalized urticaria and hypotension 95/70 mmHg. Patient was administered intravenous steroids, antihistamines and intravenous fluids with improvement.

Conclusions: Based on the clinical history of the disease, results of provocation test and immunological examination patient was diagnosed with wheat-dependent exercise induced anaphylaxis. The episodes of anaphylaxis could be prevented by avoidance of food (especially wheat and rye flour) ingestion in relation to exercise.

Consent to publish: Patient consented to the publication.

PP164 A case of Food-Dependent Exercise Induced Anaphylaxis (FDEIA) – Cholinergic urticaria overlap syndrome in a 20-year-old football player

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Clinical and Translational Allergy 2017, 7(Suppl 1):PP164

Introduction: Exercise-induced anaphylaxis (EIA) is a rare disorder in which anaphylaxis occurs after physical exercise. In a subset of exercise-induced anaphylaxis, named food-dependent exercise-induced anaphylaxis (FDEIA), anaphylaxis only develops if exercise is performed within a few hours after eating a specific food. Cofactors, other than food are also described. Primarily differential diagnosis is made with cholinergic urticaria, a micropapular type of urticaria. To complicate things exercise induced anaphylaxis can sometimes aggravate pre-existing cholinergic or cold urticaria and there is also a variant—type of FDEIA that resembles cholinergic urticaria and shares pathogenic mechanisms with it.

Case report: We present the case of a 20 years old football player who experienced six episodes of acute urticaria in the last 6 months prior to the presentation. Most episodes where related to phisical exercise (jogging) but he also reported an episode with intenis pruritus and micropapular urticaria during sauna bathing. Interestingly he described pruritus that developed every time he went running (daily). The last episode showed different clinical aspect, associated tachycardia, dyspnea and colicky pain and occured while exercising (jogging), 6 h after eating pizza. A suspicion of exercise—induced anaphylaxis with possible associated food co-factor was raised. Paraclinical work up showed high levels of Total IgE (440 IU/mL; cut off limit 100 IU/mL) and raised levels of omega 5 gliadin (FEIA: 3.33 kU/L for a cut off value of 0.35 kU/L). A diagnostic of FDEIA, in an atopic patient was made. The patient was advised to avoid eating food that contained gluten and an emergency kit was prescribed. During the follow up period the patient did not experience other anaphylactic episodes although he continued to report mainly pruritus after jogging occasionally associated with minor micropapular urticaria. An effort test was performed.

Conclusions: In the present case, although a diagnostic of FDEIA was made guided by the presence of raised omega 5 gliadin sIgE and complete avoidance of gluten protected against anaphylaxis, the patient continued to experience pruritus and sometimes mild eruption during jogging—suggesting a FDEIA—cholinergic urticaria overlap syndrome.

Consent to publish: Informed consent for presentation and publication was obtained.

PP165 Fish induced anaphylaxis with different underlying causes and mechanisms

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Introduction: Anaphylaxis is a severe, potentially life-threatening systemic hypersensitivity reaction. Foods are by far the most common anaphylaxis trigger in infants, children, teens, and young adults. De novo food (fish and shellfish) allergy is most common within young adult population. Despite the mechanism involved for anaphylaxis elicitation, adrenaline is the first line of treatment and an action plan/management plan should be instructed to the patients or their care givers.
**Case report:** We report three anaphylaxis cases presented in our clinic during 2014–2016, all initially referred by the ED professionals as fish induced anaphylaxis. They all had none co-morbidities and no previous allergic reactions of any kind.

- 23 years old female patient developed generalised rush and urticaria, angioedema of the lips, difficulty with swallowing and breathing, abdominal cramps about 40 min after cod-fish ingestion.
- 27 years old female patient developed angioedema of the lips, generalised urticaria, difficulty with breathing and swallowing about 10 min after fish ingestion.
- 24 years old female patient developed urticaria and angioedema, abdominal cramps, mild breathing difficulty about 20 min after fish ingestion.
- Biochemical and full blood count resulted normal. Mast cell disorder was excluded (Table 5).

**Conclusions:**

- Scombroid food poisoning and fish allergy are often confused interchangeably and in vivo and in vitro allergy tests as well as a careful history are needed to make the right diagnosis.
- The role of co-factors is important in eliciting anaphylaxis.
- De novo food allergy related to fish and shellfish in adults should always be investigated by the allergist.

**Table 5** See text for description

<table>
<thead>
<tr>
<th>Patient</th>
<th>Symptoms</th>
<th>Onset after ingestion</th>
<th>Skin prick test sIgE for food panel</th>
<th>Co-factors</th>
<th>Diagnosis</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patient 1</td>
<td>Airway, cutaneous, GI</td>
<td>40 min</td>
<td>Negative/ Negative</td>
<td>None</td>
<td>Scombroid</td>
</tr>
<tr>
<td>Patient 2</td>
<td>Airway, cutaneous, GI</td>
<td>10 min</td>
<td>Negative/ Positive sIgE</td>
<td>Indoprofen 20 min before</td>
<td>Probable Codfish Allergy Induced by NSAIDS</td>
</tr>
<tr>
<td>Patient 3</td>
<td>Airway, cutaneous</td>
<td>20 min</td>
<td>Positive for CodFish/ Positive for sIgE</td>
<td>None</td>
<td>Codfish Allergy</td>
</tr>
</tbody>
</table>

Epipen was prescribed to patient 2 and 3 in case of future potential anaphylaxis and a written anaphylaxis action plan

**Consent to publish:** Written informed consent was obtained from the patient’s parent or guardian for publication of this abstract and any accompanying images. A copy of the written consent is available for review by the Editor of this journal.

PP166

**Clinical allergy induced by repeated challenges or by exposure to a cross-reactive food?**

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*Clinical and Translational Allergy* 2017, 7(Suppl 1):PP166

**Introduction:** Sequence homology in IgE binding epitopes of proteins from different foods may cause cross-sensitivity and hereby also clinical cross-reactivity. A recent study investigating allergy towards pistachio nut and cashew nut found that 25/25 patients were double-allergic to the nuts. The levels of specific IgE (sIgE) may increase with age and new allergies may occur towards previously tolerated foods. Sensitization, on the contrary, can be present though the patient is tolerant to the food item, why diagnosis relies on oral food challenges (OFCs). A study has shown that up to 13% of OFCs can be negative, with a clinical reaction upon re-exposure. This can be due to priming or maturation of the immune system. But the course of events leading to reactivity or cross-reactivity towards a previously tolerated food item is not fully clarified.

**Case report:** A 1-year-8-months-old girl was referred to an allergy center after an allergic reaction to hazelnuts. She had sIgE (Thermo Fisher Scientific, Uppsala, Sweden) towards other tree nuts that she had never ingested, and kept a nut-free diet until subsequent OFCs (Fig. 8). After two negative pistachio-OFCs, one positive cashew-OFC and one negative walnut-OFC, a 20 fold increase in sIgE was observed towards all nuts challenged with including hazelnuts (later hazelnut-OFC was positive). Regular intake of the food tolerated in an OFC is normally recommended. But due to the increase in sIgE it was regarded unsafe. When re-challenged with pistachio nut, the patient reacted with grade-2-anaphylaxis (asthma, rhinitis and urticaria) to a dose much lower than the dose previously tolerated. Due to safety and ethical reasons the patient was not re-challenged with walnuts.

**Conclusions:** The report suggests that allergy or cross-allergy towards pistachio nut may be induced by repeated exposure. It also stresses the importance of IgE testing close to the date before and shortly after an OFC. The natural course of allergic disease should be taken into consideration. But the timing of OFCs could be of importance to the challenge outcome.

**Consent to publish:** A written consent for presentation and publication is obtained from the parents.
Suicide attempt by food anaphylaxis – Case report

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Introduction: Anaphylaxis is a severe, potentially life-threatening systemic hypersensitivity reaction, being a medical emergency. Trigger identification, patient education and establishing emergency action plans are essential steps in the management of this condition. However, in rare cases, patients deliberately expose themselves to the trigger to attempt self-harm.

Case report: We report a case of a 39-year-old woman, with a history of multiple sclerosis, borderline personality disorder, depression (with 10 previous emergency department visits with suicidal thoughts) and documented hypersensitivity to nuts and fresh fruits (rosaceae). Following a fifth discharge from a Psychiatric Department, she stopped

Fig. 8 Summary of clinical and serological testing. OFCs were terminated at appearance objective symptoms or after tolerating 10 grams (g) of nut (the first pistachio-OFC was stopped at 0.45 g, due to time-shortage). IgE (detection limit ≥0.35 kU/L) towards all listed nuts and components were measured on each blood sample. IgE is depicted on a logarithmic scale.
taking her psychiatric medication, had a worsening of her depression and ingested peach juice as a suicide attempt. Within minutes, she developed generalized pruritus, hand edema, wheezing and desaturation. She was rushed to the Emergency Department where she was promptly medicated with im adrenaline, iv corticosteroids, iv antihistamines and inhaled bronchodilators, which stabilized the patient and reversed the anaphylactic reaction. In the emergency room she confessed she had taken the juice as a suicide attempt. During the first three days she remained dependent on oxygen and inhaled bronchodilators to prevent desaturation. On the seventh day, completely recovered from her anaphylaxis, she was transferred to the Psychiatric Department for further treatment.

Conclusions: Food allergies account for a large part of anaphylaxis triggers. However, their intentional use is very uncommon. Suicide attempts by means of anaphylaxis are rare; however, they occur and should be documented. This documentation is essential, so the true prevalence of the problem can be known. Immunologists and Psychiatrists following patients with depression and a history of anaphylactic reaction should be aware of this possibility and have a more stringent follow-up.

Consent to publish: All case details or other personal information presented in this case report are published with the consent of the patient.

PP169
Alfa-gal syndrome: five new Italian cases
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP169
Introduction: Alfa-Gal syndrome, an IgE-mediated immediate-type allergy toalpha-Gal; all patients were sensitized to alpha-Gal; all patients were sensitized to alpha-Gal (range 2.2–124 kUA/l). All Patients were male, three of them with job exposition to tick bites (1 veterinary, 2 forest guardian), two with personal history of atopy (sensitization to Dermatophagoides farinae and Dermatophagoides pteronyssinus), known to suffer from asthma and moderate/severe persistent allergic rhinitis, working as a chef assistant, who refers to the Allergy Service of the Regional Institute of Gastroenterology and Hepatology "Professor Doctor Octavian Fodor", Cluj-Napoca, Romania, with a history of asthma exacerbations and one anaphylactic episode triggered by occupational exposure to fish vapors. The clinical history reveals contact urticaria to uncooked fish, and two episodes of facial angioedema and acute generalized urticaria after ingestion to lobster and salmon, respectively. Further clinical and paraclinical workup confirmed the atopic diathesis. In vivo sensitization to Der f and Der p, as well as to fish (salmon, tuna, merluca, herring, and fish mix) was documented.

Conclusions: Hypersensitivity reactions to fish present with a wide range of clinical symptoms. In this paper, we aim to highlight the interrelation between asthma and food allergies, by presenting the case of a young male patient with asthma exacerbations and a systemic life-threatening hypersensitivity reaction to fish vapors, as well as contact urticaria after handling uncooked fish, and systemic hypersensitivity reactions triggered by ingestion of salmon and lobster.

Consent to publish: With the submission of this abstract, I would like to undertake that the authors give their consent for publication and presentation.

PP170
Anaphylaxis to fish vapors – Case report
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP170
Introduction: Food allergy accounts for a significant social and economic impact worldwide. An increasing number of severe life-threatening reactions have been linked to food allergies. Anaphylactic reactions to foods are frequently attributed to exposure to fish allergens, mainly in the adult population, and respiratory symptoms occur in approximately 50% of fish allergic patients. Prevalence rates of self-reported fish allergy reaches 8% among fish processing workers.

Case report: We report the case of a 47-year-old male patient, with a personal history of atopy (sensitization to Dermatophagoides farinae and Dermatophagoides pteronyssinus), known to suffer from asthma and moderate/severe persistent allergic rhinitis, working as a chef assistant, who refers to the Allergy Service of the Regional Institute of Gastroenterology and Hepatology "Professor Doctor Octavian Fodor", Cluj-Napoca, Romania, with a history of asthma exacerbations and one anaphylactic episode triggered by occupational exposure to fish vapors. The clinical history reveals contact urticaria to uncooked fish, and two episodes of facial angioedema and acute generalized urticaria after ingestion to lobster and salmon, respectively. Further clinical and paraclinical workup confirmed the atopic diathesis. In vivo sensitization to Der f and Der p, as well as to fish (salmon, tuna, merluca, herring, and fish mix) was documented.

Conclusions: Hypersensitivity reactions to fish present with a wide range of clinical symptoms. In this paper, we aim to highlight the interrelation between asthma and food allergies, by presenting the case of a young male patient with asthma exacerbations and a systemic life-threatening hypersensitivity reaction to fish vapors, as well as contact urticaria after handling uncooked fish, and systemic hypersensitivity reactions triggered by ingestion of salmon and lobster.

Consent to publish: With the submission of this abstract, I would like to undertake that the authors give their consent for publication and presentation.
cross-reactive carbohydrate determinant marker was below detection (<0.35 kU/L).

**Conclusions:** A multiplex line blot assessment of recombinant *Betula* pollen allergen components can be used in clinical practice to determine whether IgE sensitization to Bet v 1 in patients with birch pollen allergy is involved in cross-reactivity reactions with foods containing Bet v 1-like allergen components: *Rosaceae* fruits (apple, pear, peach, apricot, plum, cherry, raspberry), exotic fruits (kiwi, persimmon, Jack fruit), *Betulaceae* (hazelnut) and *Rosaceae* (almond) nuts, *Apiaceae* vegetables (celery, carrot), *Fabaceae* legumes (peanut, soybean, chickpea) and tomato.

**Consent to publish:** Written informed consent was obtained for presentation and publication.

**PP176**

**Recurrent anaphylaxis in shrimp and cocktail-tomato allergic patient**

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**Introduction:** Most important tomato allergens are: profilin Lyc e 1 and nsTP Lyc e 3. López-Matas et al. (2011) analyzed the allergen content of 6 varieties of tomatoes. It was found that there are significant differences between the concentrations of allergens depending on the variety of tomato. Pen m 4 is calcium-binding protein is a minor allergen, sensitizing only 10–15% of Italian shrimp-allergic patients, but it is clinically relevant and may be the cause of anaphylaxis.

**Case report:** Patient, 25, female, in 2013 after consumption of shrimp, experienced swelling of the larynx, shortness of breath and generalized urticaria. Similar episodes occurred in May 2014 and June 2014, also due to shrimp. In March 2015 patient experienced angioedema of lips after consumption of cocktail tomatoes in a salad before physical activity (visit to the gym). She ate cocktail tomatoes before and afterwards without any symptoms. During diagnosis SPT were positive with allergens (visit to the gym). She ate cocktail tomatoes before and afterwards with consumption of cocktail tomatoes in a salad before physical activity.

**Conclusions:** Occupational exposure to seafood can be an important seafood allergy trigger, by other means than gastrointestinal exposure. Allergic contact dermatitis to seafood is a clinically relevant condition that should be included in the differential diagnosis of chronic dermatitis affecting the hands or forearms of patients at high occupational risk. Disruption of the skin barrier seems to be an important added risk factor to the development of IgE mediated food allergy.

**Consent to publish:** Written informed consent was obtained for publication of this abstract.

**PP178**

**A rare case of food-induced urticaria to almond butter with tolerance to almond nuts**

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**Introduction:** Tree nut allergy is one of the most well recognised and investigated food allergies. Skin prick, Specific IgE (with components) and oral challenge tests are frequently used to evaluate and eventually confirm nut allergy with high diagnostic certainty. There is a growing recognition however, of atypical unexpected allergy to foods despite reassuring investigations and diagnostic challenges.

**Case report:** We report a case of a 23 year old male with previously diagnosed childhood primary peanut and sesame seed allergy. He had generally avoided all tree nuts since but reports oral itching symptoms on occasion when accidentally consuming almond. We investigated his almond allergy status. Almond skin prick test was 4 mm (positive) and specific IgE was 0.88 kU/L (positive); however the birch pollen Bet v 1 (PR10) component was >100 kU/L consistent with oral allergy syndrome. We proceeded to an oral challenge with almond nuts where he received over 15 g in a supervised graded protocol and did not demonstrate any immediate reaction; effectively ruling out primary or IgE mediated allergy. However, he subsequently consumed almond butter at home with a quantity of around 5 g and developed immediate generalised urticaria within 5 min of consumption. No other allergenic ingredients were identified in the almond butter and he was advised to avoid the almond butter but continue consuming the whole nuts.

**Conclusions:** Despite demonstrating tolerance to whole almond nuts in a supervised challenge this patient unexpectedly reacted to almond butter with features of true IgE-mediated immediate hypersensitivity. There is limited literature on these type of atypical reactions. It is...
hypothesised that the oils released in the cooking process of making almond butter contain a highly concentrated allergenic epitope that was previously hidden. It is advised to consider atypical reactions to nuts even if deemed safe, especially when in modified forms such as butter or oil.

Consent to publish: The authors confirm that consent has been given for presentation and publication.

PP180
Clinical case of food allergy formation on the background of Staph infection
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Clinical and Translational Allergy 2017, 7(Suppl 1):PP180

Introduction: General and specific researches do not always enable the accurate diagnosis of alimentary allergic causes. Sometimes we need to perform the additional bacteriological researches.

Case report: On consultation appointment we had a girl 10 years old. She had clinical manifestations of allergic dermatitis, which arose 6 months ago and was associated with the consumption of various foods (as parents said). We know that another relative has no allographopathology. After helminthiasis were treated and stayed on the elimination diet without the exclusion of certain products led to the brief improvement. Last 6 months she is suffering on constipation. Objectively: on the face, thorax and extremities is patchy erythema, exfoliative displays, cracks, which accompanied with itching. Laboratory: in blood we see the absolute eosinophil (2.3 g/l), general serum IgE-1980 lU/ml, increased levels of specific IgE (ELISA > 0.35 kU/l) to all vegetables, fruits, nuts and cereals. The results of component diagnostics (ImmunoCAP, Phadia) (Pru p3 rBet v1, rBet v2, rBet v4, NART v3, Tri a19, rPhl p7, rPhl p12) are negative. The bacteriological research of skin, throat and feaces- a large number of S. Aureus (10³). The specific IgE to the Staph enterotoxin B, C, TSST are increased (ImmunoCAP, Phadia). We verified the diagnosis: Chronic IgE-dependent urticaria, sensitization to Staphylococcal toxin, the food allergy. Recommendation: the antistaphylococcal immunoglobulin with transition to the antistaphylococcal lyase, antihistamines.

Conclusions: The Staphylococcal toxin can cause polyvalent sensitization to food allergens, which requires phased diagnostic and specific antistaphylococcal treatment.

Consent to publish: Consent for publication was obtained.

PP181
Specific aspects of the pollen-related food allergy during ASIT
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Introduction: A male patient 27 years old applied to the clinic of allergology with complaints of stuffiness in nose, ocular itching, rhinorrhea, episodes of paroxysmal dry cough with wheezing in the chest, difficulty breathing out, chest tightness in the spring time (April and May).

Case report: From the medical history: symptoms of rhinitis and conjunctivitis developed in the age of 17 years and returned every year in the spring. Three years later the patient described itching in the mouth cavity after apples intake; three years later similar symptoms started to appear after pears, cherries, peaches intake, not only in the pollen season but all year round. Nuts intake began to provoke swelling of lips, feeling of a lump in the throat and a hoarseness of voice. At the age of 25, in spring, in the setting of rhinitis and conjunctivitis symptoms the marked episodes of difficulty breathing appeared; the patient sought medical advice from the allergologist; the diagnosis of bronchial asthma was established. The patient was given a treatment with bronchial spasmolytics, antihistamines, intranasal corticosteroids during the pollen season, with a positive result. An allergy testing was accomplished, that revealed sensitivities to tree pollen (birch, alder, hazel, and oak). ASIT was recommended.

In the first year of treatment the injections of repository tree pollen allergen (Fostal, Stallergenes), was administrated, once a week. The preparatory course of therapy was sufficiently well tolerated; after a maintaining dose has been attained, the patient began to observe an infiltrate, hyperemia and pruritis at the injection site appearing on the third day after injection; all the symptoms were reversed within 24 h without treatment. To the end of the second month of maintaining therapy the patient transgressed his elimination diet: he ate an apple, but without any symptoms appearing. However two days after that diet transgression a hard itching in the perianal region appeared. Starting from that point the patient began to observe a pruritis in the perianal region on the third day after each injection of allergen. Topic antihistamine creams were administered and antihistamine tablets; that treatment gave a positive effect. Dermatological and proctologic evaluation did not reveal any abnormality, as well as examination for helminthic invasion. A detailed inquiry showed that the diet transgression did not provoke any abdominal pain or borborygms or any altered defection pattern. The patient has a regular daily stool, does not report any diarrhea or constipation symptoms. EGDS did not reveal any abnormality. After the first year of the ASIT injections a positive trend in the course of disease was noted, with no need in bronchial spasmotics and intranasal corticosteroids in pollen seasons, reduced need in antihistamines. However the patient reported itching in the perianal region in the pollen season, with the most marked symptoms on the 3rd day after the transgression of elimination diet. For the second course of the ASIT a sublingual drug administration way were chosen, a sublingual birch pollen allergen (Staloral, Stallergenes). The preparatory period of ASIT is well tolerated without any adverse side events. During the period of maintaining therapy episodes were documented of swelling in the region of lips and tongue, as well as hyperemia in the infrahyoid lobe, that cut off without treatment 15–30 min later. The patient occasionally transgressed his elimination diet and noted delayed (on the 3rd day) symptoms of perianal itching; however, with the sublingual ASIT they gradually improved.

Conclusion: Symptoms of perianal pruritis are considered to be an manifestations of the polyvalent pollen-related food allergy to raw fruits (apples and others) that first appeared during the injection ASIT therapy in a patient suffering with the pollen allergy to birch pollen and then reduced during his second course of the ASIT with the sublingual birch allergen.

Consent to publish: Written informed consent was obtained for publication of this abstract.

PP185
A case report of high risk atopic children with positive family history of anaphylactic reaction to buckwheat
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Introduction: Buckwheat, which has been abundantly consumed in Asian countries and has been increasingly popular in the United States, Canada, and Europe, can be a potent allergen when ingested or inhaled. Common buckwheat (Fagopyrum esculentum) is known to cause severe anaphylactic reactions in adult individuals. However, type I allergy to buckwheat is rarely seen in children.

Case report: Our case is a reported 45-year-old man developed life-threatening anaphylaxis after eating food containing buckwheat on 3 different occasions. He had tolerated all kinds of wheat for many years. Few minutes after eating buckwheat home-baked bread experienced urticaria, dyspnoea, wheezing, as well as symptoms of gastrointestinal tract nausea and vomiting. After circulatory collapse he admitted to the ER requiring restitution. It is interesting to mention that the third case of
anaphylaxis was after intake of buckwheat flour as the hidden allergen in pastry. Prior to the first episode of anaphylaxis he has a positive history of respiratory allergies (asthma and allergic rhinitis) as well as positivity to multiple inhalator allergens (mixture of different grass pollen, ragweed, and tree pollens). Skin testing by the prick technique revealed positive reaction to buckwheat with negative reactions to other foods including wheat, egg white, and milk. A prick-to-prick test with buckwheat flour was also positive. His daughter suffered from the respiratory allergies (asthma and allergic rhinitis), atopic dermatitis since birth and complains of mouth itching while consuming hazelnut and walnuts. Her in vitro tests were positive to alpha lactalbumine, casein, peanuts, acarus, dogs’ and cats’ hairs, horse’s and cow’s epithelium as well as to the rodent epithelium, mixed grass pollens, tree pollens (birch, beech, ragweed). Total serum IgE were extremely high (1065).

Conclusion: According to the literature 11 s globulins in buckwheat have the potential to induce IgE antibodies cross-reactive with 11S globulins in other, botanically unrelated foods and may induce anaphylactic reactions. In developing countries sophisticated diagnostic methods are not available, so we need to make a detail plan for preventing anaphylactic reaction in children with positive family history of anaphylactic reaction to food allergens without severe restrictive diet.

Consent to publish: Written informed consent was obtained from the patient and her father for publication of his abstract.

PP187

A secondary school case study project using a whole school approach, to develop a practical toolkit for disseminating EAACI food allergy guidelines to all UK schools (Whole-School Allergy Awareness & Practical Action Management)

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Introduction: Safeguarding pupils with allergy whilst at school is a growing need. EAACI guidelines [1] provide a sound basis for directing school allergy policy, but for effective risk minimisation, schools need them in a readily accessible format. This project bridges the gap between clinical guidance and practical policies secondary schools can adopt, using a stepwise, whole-school, risk assessment/management approach, with per-school unique outcomes.

Methods: Using a multidisciplinary case study model to ultimately produce a free, accessible, online toolkit schools can adapt to their own whole-school allergy policies (Fig. 9). Central to success is a School-based Allergy Awareness Group (SAAG), to include School management, Teachers, Pupils, Parents, Caterers & School Nurse. 6 meetings over 1 yr will guide this working group to assess needs, implement, test and review policy with automatic reappraisal. Integral evaluation tools assess change over time: baseline telephone survey; self-efficacy & attitudes, validated questionnaires; SAAG in-house survey; online self-audit.

Results: Consensus statement with expert collaboration to assure credibility for schools (Fig. 10). Kick-off workshop provided content for website hosted by Allergy UK. 2 schools supported to pilot SAAG; each worked systematically to implement bespoke best practice policy. Case study evaluations analysis underway. Self-audit completed by 52 schools.

The SAAG process enables schools to adopt a structured and thorough template to develop a bespoke school allergy policy that best suits their needs. We plan to test different school systems via 3 new case studies in England and Ireland. In parallel will recruit schools for minimal facilitation SAAG test, to simulate independent use of toolkit. Qualitative and quantitative feedback from project evaluations will feed final review process prior to making toolkit available via Allergy UK website.

Conclusion: Transposing from clinical to practical solutions can be achieved with beneficial results. School feedback indicates this is a worthwhile time and resource investment for the school. Our work to date demonstrates that implementing allergy awareness best practice in UK secondary schools is a slow process. Raising the profile via a live...
website and targeted communications programme will help schools to safeguard pupils with allergy and ensure the whole school is appropriately allergy aware, so that inclusion becomes the norm for school culture.

Consent to publish: Subjects have given consent for presentation and publication of the case study.

Reference