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Maximov, Alexey

2015


http://hdl.handle.net/10138/223783
https://doi.org/10.1016/j.oceano.2015.06.002

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ORIGINAL RESEARCH ARTICLE

Context-dependent consequences of *Marenzelleria* spp. (Spionidae: Polychaeta) invasion for nutrient cycling in the Northern Baltic Sea

Alexey Maximov a,*, Erik Bonsdorff b, Tatjana Eremina c, Laura Kauppi d, Alf Norkko d, Joanna Norkko d

a Zoological Institute Russian Academy of Sciences, St. Petersburg, Russia

b Environmental and Marine Biology, Faculty of Science and Engineering, Åbo Akademi University, Åbo, Finland

c Russian State Hydrometeorological University, St. Petersburg, Russia

d Tvärminne Zoological Station, University of Helsinki, Hanko, Finland

Received 12 January 2015; accepted 17 June 2015
Available online 14 July 2015

KEYWORDS
Bioturbation;
Bioirrigation;
Nutrient fluxes;
Macrophytes;
Non-indigenous species

**Summary** *Marenzelleria* spp. are among the most successful non-native benthic species in the Baltic Sea. These burrowing polychaetes dig deeper than most native Baltic species, performing previously lacking ecosystem functions. We examine evidence from experiments, field sampling and modelling that the introduction of *Marenzelleria* spp. affects nutrient cycling and biogeochemical processes at the sediment–water interface. Over longer time scales, bioirrigation by *Marenzelleria* spp. has the potential to increase phosphorus retention in bottom deposits because of deeper oxygen penetration into sediments and formation of a deeper oxidized layer. In contrast, nutrient fluxes from the sediment increase. As a consequence of a decline of the phosphate concentration and/or rising nitrogen/phosphorus ratio, some Northern Baltic ecosystems may experience improvement of the environment because of mitigation of eutrophication and harmful cyanobacteria blooms. Although it is difficult to unambiguously estimate the ecosystem-level consequences of invasion, in many cases it could be considered as positive due to increased structural and functional diversity. The long-term interactions with the native
1. Introduction

Annelid worms are well known habitat modifiers. In terrestrial ecosystems, the key role of earthworms was first recognized by Darwin (1881). He stated “It may be doubted whether there are many other animals which have played so important a part in the history of the world…” (Darwin, 1881). The earthworms function as ecosystem engineers by modifying the physical, chemical and biological characteristics of soil (Straube et al., 2009). In marine sediments, analogical roles are played by polychaete worms. Through bioturbation and bioirrigation they affect the physical structure of sediments and exchange processes at the sediment—water interface (Berke, 2010; Kristensen et al., 2012; Meehan et al., 2006; Quintana et al., 2011). Although experimental studies of the effects of burrowing animals on marine sediment biogeochemistry are numerous (e.g. Caliman et al., 2011; Hedman et al., 2011; Karlson et al., 2007b; Norling et al., 2007), ecosystem-level biogeochemical consequences of this activity still remain poorly understood. A recent large-scale invasion of bioturbating polychaetes of the genus Marenzelleria to the species-poor benthic communities of the Northern Baltic Sea (Maximov, 2011; Norkko and Jaale, 2008; Villnäs and Norkko, 2011) has provided the opportunity to study the role of worm-induced processes in the ecosystem.  

Marenzelleria spp. are among the most successful non-native benthic species in the Baltic Sea during recent decades. They first appeared in 1985 and quickly colonized the entire sea, occupying a dominant position in the zoobenthos (Ezhova et al., 2005; Kauppi et al., 2015; Villnäs and Norkko, 2011; Zettler et al., 2002). Initially the introduced polychaetes were identified as the North American Marenzelleria viridis (Verrill). During the subsequent revision of the genus the polychaetes from the eastern Baltic Sea were described as a different species, namely Marenzelleria neglecta, also originating from North America (Sikorski and Bick, 2004). In the mid-2000s the occurrence of three sibling Marenzelleria species in the Baltic Sea was confirmed by molecular methods: M. viridis, M. neglecta and M. arctica (Chamberlin) (Bastrop and Blank, 2006; Blank et al., 2008). The last species was known earlier only from the Arctic Basin (Sikorski and Buzhinskaya, 1998). According to recent studies, polychaetes dominating in the deep open areas of northern Baltic Sea belong to M. arctica (Kauppi et al., 2015). The native benthic macrofauna of the Northern Baltic Sea is low in diversity and thus strongly dominated by a few key species. Examples of the most common sediment-dwelling invertebrate species in the area are the bivalve Macoma balthica, and the crustaceans Monoporeia affinis, Pontopor-elia femorata and Saduria entomon (Bonsdorff, 2006; Elmgren, 1984; Villnäs and Norkko, 2011). Polychaete worms in the Northern Baltic Sea are, as a rule, not abundant with a complete absence of large burrowing forms. In this paper we provide an overview of evidence from experiments, field sampling and modelling that the introduction of Marenzelleria spp. affects sediment-water fluxes and nutrient cycling in a region that was previously practically devoid of worms. Here we discuss patterns emerging from reviewed studies on direct worm-induced effects on nutrient fluxes, highlighting perspectives for future research and important implications of the Marenzelleria spp. invasion for ecosystem services and management.

2. Experimental studies

A substantial amount of experimental data about the influence of Marenzelleria spp. on exchange processes between sediments and the water column exists in the literature. In all these studies worm activity enhanced fluxes of nitrogen (Bonaglia et al., 2013; Quintana et al., 2013; Renz and Forster, 2014; Urban-Malinga et al., 2013). For phosphorus, however, results are somewhat more contradictory and appear to depend on experimental design. In several cases the sediments used in experiments were sieved to remove other fauna and reduce background variability. In such experiments Marenzelleria spp. increased the fluxes of both phosphorus and nitrogen to the water column (Hietanen et al., 2007; Renz and Forster, 2014; Urban-Malinga et al., 2013; Viitasalo-Frösen et al., 2009). In two studies defaunated sediments were obtained from anoxic sites. In one of these studies using intact sediments, no significant effects on phosphorus fluxes were found (Karlson et al., 2005). The results of another study indicated that polychaete activity stimulated the opposite processes, i.e. uptake of phosphorus by sediments (Bonaglia et al., 2013). There are no indications that Marenzelleria spp. can stimulate processes leading to nitrogen removal from the aquatic ecosystem. On the contrary, experimental studies suggest that these polychaetes do not influence (Hietanen et al., 2007; Karlson et al., 2005; Kristensen et al., 2011) or even reduce denitrification (Bonaglia et al., 2013). It is surprising as bioturbation and bioirri- gation by sediment-burrowing macrofauna are usually recognized as stimulating benthic denitrification because of increased nitrate flux to anoxic sediment layers (Stief, 2013). For example, from studies in the Northern Baltic Sea region, Gran and Pitkänen (1999) found that benthic denitrification was stimulated in the eastern Gulf of Finland, which was previously dominated by the amphipods M. affinis and P. femorata. The reason for such impact of Marenzelleria spp. on nitrogen cycling is still not fully understood. It seems possible that excessive aeration of sediments by worms negatively impact on microbial anaerobic processes such as denitrification. Recent laboratory experiments indicated differences between Marenzelleria species, referring to burrow morphology, burrowing depth, and bioturbation pattern (Renz
and Forster, 2013). It is concluded that effects of shallow-burrowing (down to 11 cm) _M. arctica_ on the sediments and benthic nutrient fluxes will be less dramatic and different from the deep-burrowing (26 and 35 cm, respectively) _M. neglecta_ and _M. viridis_, which are similar in many bioturbation characteristics (Renz and Forster, 2013, 2014). The worms from shallow sandy sites in the Southern Baltic Sea used in experiments of Quintana et al. (2013) and Kristensen et al. (2011) were represented by _M. viridis_. Other authors refer to experimental worms as _Marenzelleria_ spp. because definite identification of polychaetes of this genus requires molecular methods (Blank et al., 2008). However, the studies from the Northern Baltic Sea used polychaetes collected at deep (>35 m) muddy bottoms that most probably belonged to _M. arctica_ (Bonaglia et al., 2013; Hietanen et al., 2007; Karlson et al., 2005; Viitasalo-Frösén et al., 2009). All studied _Marenzelleria_ spp. stimulated the release of nitrogen and phosphate in experiments with sieved sediments. However, the only studies with intact defaunated sediments (Bonaglia et al., 2013; Karlson et al., 2005) were carried out most probably with _M. arctica_. The different species of _Marenzelleria_ seem to prefer different habitats (Blank et al., 2008). _M. viridis_ and likely _M. neglecta_ prefer shallow sandy sediments with low organic content (Kübe et al., 1996; Quintana et al., 2007). In contrast, _M. arctica_ are most abundant at the deeper and more organic-rich muddy bottoms both in the Baltic, as well as, in its native Arctic areas (Jirkov, 2001). Also the arctic _M. arctica_ is evidently better adapted to the low temperature of deep sub-thermocline waters of the Northern Baltic Sea than other congers. These features appear to allow _M. arctica_ to occupy the more extensive bottom areas in comparison with _M. viridis_ and _M. neglecta_. It is hypothesized that colonization of vast expanses with more nutrient-rich substrates by _M. arctica_, which commonly occurs in higher numbers than _M. viridis_ and _M. neglecta_, can lead to more pronounced changes in nutrient cycling despite lower bioturbation activity of this species. The species-specific and context-dependent (e.g. sediment type) effects of _Marenzelleria_ on nutrient cycling, however, require further experimental and field-based evidence.

### 3. Field studies

There are only a few field studies using site-specific long-term data to examine nutrient cycling in the Northern Baltic Sea ecosystems before and after _Marenzelleria_ spp. invasion (Fig. 1). In the Stockholm archipelago, which had suffered from seasonal hypoxia for several decades, an increase in polychaete abundances in the mid-2000s coincided with marked improvements in bottom-water oxygen conditions (Karlsson et al., 2010). Since phosphorus cycling is strongly related to oxygen conditions, phosphate concentration declined resulting in decreasing chlorophyll-a levels and mitigation of eutrophication. It is thus possible that bioirrigation by the polychaetes resulted in enhanced phosphorus retention in the sediments, although these changes were partly also explained by reduction of external nutrient loads because of improvement of sewage treatment (Karlsson et al., 2010; Norkko and Reed et al., 2012).

In the eutrophied eastern Gulf of Finland invasion of _M. arctica_ was not followed by improvement of oxygen conditions, which are strongly modulated by large-scale hydrographic phenomena in this area (Eremina et al., 2012; Maximov, 2006). However mass development of polychaetes in 2008–2009 coincided with changes in the concentration of nutrients in near-bottom waters (Maximov et al., 2014). Under similar oxygen conditions, the pre-invasion years were characterized by higher phosphate concentrations than post-invasion years. In contrast, the concentration of inorganic nitrogen compounds (nitrites and nitrates) increased markedly. The opposite trends in the dynamics of nitrogen and phosphorus levels resulted in changes in the ratio between the compounds of these nutrients in the bottom waters. Evidently the rise of the N/P ratio was the reason for the observed cascading changes in the planktonic communities (Maximov et al., 2014). Under these new conditions of high nitrogen availability the cyanobacteria, especially nitrogen-fixing species, lost their competitive advantage. The disappearance of large cyanobacterial blooms resulted in a sharp decrease in the phytoplankton biomass and chlorophyll-a level (Maximov et al., 2014). This seemingly paradoxical effect of increasing nitrogen level in the eastern Gulf of Finland is in agreement with numerous field and laboratory studies, as well as with practical experience of fertilizing of fish-farming ponds, which suggest that raising the N/P ratio because of nitrogen application suppresses the development of cyanobacteria (Bulgakov and Levich, 1999; Levich, 1996). In the western Gulf of Finland and the coastal Tvärminne area, marked opportunistic increases in _Marenzelleria_ spp. densities were observed in 2006 (Kauppi et al., 2015), but no change in N and P could be observed following this marked change in abundance of the polychaetes. Concurrently, a dramatic increase in _Marenzelleria_ abundance in the Lumparn basin in the Åland archipelago over a ten-year period (2001–2011) was paralleled by an increase in nutrient levels as well as a decrease in oxygen levels (Bonsdorff et al., unpublished data). Hence the effects of the establishment of _Marenzelleria_ are idiosyncratic, with both increases and decreases in nutrients. Neither Tvärminne nor the Lumparn area in the Åland archipelago, have experienced severe oxygen depletion although the trend in the Åland-case is decreasing. A potential explanation for these idiosyncratic effects may be due to area-specific differences

![Figure 1 Map of the Baltic Sea with case study areas mentioned in the text. SA, Stockholm area; LB, Lumparn basin; TA, Tvärminne area; EGF, eastern Gulf of Finland.](image-url)
### Table 1: Studies highlighting the influence of Marenzelleria spp. on nutrient cycling at the sediment—water interface in the Baltic Sea.

<table>
<thead>
<tr>
<th>Process</th>
<th>Research approach</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phosphate retention</td>
<td>Bonaglia et al. (2013)</td>
</tr>
<tr>
<td>Nitrogen release</td>
<td>Karlson et al. (2005) and Bonaglia et al. (2013)</td>
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<td></td>
<td>Maximov et al. (2014)</td>
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<td></td>
<td>Karlsson et al. (2010)</td>
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<td></td>
<td>Norkko and Reed et al. (2012)</td>
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in e.g. oxygen levels, sediment type and organic content, but could partly also be attributed to different polychaete species, with contrasting bioturbation potential (Renz and Forster, 2014) dominating in different areas, although such information is lacking, and thus offering another open field for research.

### 4. Models

The only model study that demonstrates that colonization by Marenzelleria spp. over longer time scales (several years), potentially has a marked, density-dependent impact on phosphorus cycling is by Norkko and Reed et al. (2012). A reactive-transport model was modified to represent a seasonally hypoxic muddy site in the inner Stockholm archipelago. The results suggest that these polychaetes have the potential to enhance long-term phosphorus retention in muddy sediments, thus reducing phosphorus release from bottom waters that might contribute to surface water eutrophication and hypoxia (Norkko and Reed et al., 2012). However, the modelling was based on mechanistic studies of bioirrigation by M. viridis, i.e. another species than the ones present in the northern Baltic, so it can only be used to illustrate that polychaetes have a real potential to influence nutrient cycling. An analogical modelling approach is being applied in the eastern Gulf of Finland (Eremina et al., 2014). Also here preliminary results show a significant worm-induced increase in phosphorus content of sediments, thereby reducing the contribution of bottom-water phosphorus to eutrophication. The importance of Marenzelleria spp. and other species/functional categories of zoobenthos for the general ecosystem productivity were also modelled in a study covering the entire Baltic Sea gradient by Timmermann et al. (2012), who showed that reductions in external nutrient loading would indeed lead to improved oxygen conditions and increased macrozoobenthic biomass, with potential subsequent effects on benthic nutrient cycling.

### 5. Emerging patterns

All the reviewed studies demonstrate some effects of Marenzelleria on biogeochemical processes at the sediment—water interface in the Baltic Sea (Table 1). The nutrient fluxes from and/or to the sediments were, as a rule, significantly affected by the worms. Studies where nitrogen is considered, all show enhanced fluxes from sediments to the water column as a result of Marenzelleria spp. activity. It is known that in general benthic animals increase the nitrogen flux from sediments through excretion and bioturbation (Stief, 2013). Ammonium often accumulates in sediment pore-water. Physical mixing of sediments by benthic invertebrates can increase the rate at which pore-water nitrogen is released to overlying waters. This effect is especially evident during an initial stage of recolonization of defaunated anoxic bottoms (Karlson et al., 2007a).

In the case of phosphorus, there is a contradiction between results of experiments with sieved sediments and results of studies employing other methodical approaches. Most laboratory experiments produce results identical to that for nitrogen compounds; phosphate release from sediments increases as a result of worm activity. However, transferring and up-scaling results from these experiments to real-life systems is still questionable. Under natural conditions, the phosphate-binding capacity of sediments depends on the thickness of the oxidized layer at the water—sediment interface. The oxygen penetration depth into sediments is naturally low. Therefore, only a small portion of the uppermost sediment layer is in contact with oxygen. In this case bioirrigation by polychaetes is significant because it increases the depth of oxygen penetration into sediments resulting in formation of a thicker oxidized layer and subsequently in increased phosphorus retention. It provides an explanation for the decrease of phosphate concentration, which is observed in field studies in areas suffering from seasonal or episodic hypoxia, as well as, in an experiment with intact
sediment cores (Bonaglia et al., 2013). The same pattern cannot be observed in laboratory studies using sieved sediments, because the sieving results in oxidation of the previously reduced compounds. In this case additional burrowing and sediment irrigation by worms is of little importance for aeration of sediments. Also, a modelling study demonstrates that short-term experiments reflect mainly the immediate effect on nutrient cycling and their results cannot be extrapolated to processes on longer time-scales in natural ecosystems (Norko and Reed et al., 2012).

The potential main worm-induced effects on nutrient cycling in the Northern Baltic Sea ecosystem are summarized in Fig. 2. The history of oxygen deficiency (or lack thereof) has a pronounced effect on the role of the worms. Bioirrigation by Marenzelleria spp. increases the phosphorus retention in bottom deposits because of deeper oxygen penetration into sediments and formation of a deeper oxidized layer. This results in a declining phosphate concentration in the water column. In contrast, nitrogen fluxes from the sediment increase. In addition, it is known that several anaerobic biochemical processes (denitrification, anammox) result in the formation of nitrogen gas venting to the atmosphere (Conley et al., 2009; Savchuk, 2010; Vahtera et al., 2007). Therefore, improvement of oxygen conditions in sediments through bioirrigation can potentially inhibit these processes and prevent the loss of nitrogen compounds resulting in an increased nitrogen flux into the water column. The decrease in phosphorus concentration together with higher N/P ratio causes a decrease in phytoplankton biomass. The lower the phytoplankton production, the lower the sedimentation of organic matter, which subsequently results in improved near-bottom oxygen conditions. This leads to a positive feedback loop where the better oxygen conditions lead to greater phosphorus retention and probably to lesser nitrogen removing and further decreases in phytoplankton production (Fig. 2).

6. Prospects for future research and implications for the ecosystem

We have here illustrated the potential effect of Marenzelleria bioturbation and bioirrigation on sediment biogeochemistry in the Northern Baltic Sea. Marenzelleria spp. burrow deeper than most native Baltic species (Karlsen et al., 2005), thus performing previously lacking ecosystem functions. The importance of benthic macrofauna for biogeochemical processes within the sediment is typically mentioned in the context of consequences of biodiversity loss for ecosystem functioning, especially as a result of hypoxia (Bouma et al., 2009; Solan et al., 2004). A disappearance of large deep-dwelling fauna is generally observed in hypoxic areas (Diaz and Rosenberg, 2001; Levin et al., 2009). The resultant reduced bioturbation adversely impacts the benthic habitats by disrupting biogeochemical processes (Middelburg and Levin, 2010; Steckbauer et al., 2011; Villnäs et al., 2012). Invasion of Marenzelleria spp. to the Baltic Sea is the rare, maybe unique, example of the opposite phenomenon resulting in an increase of functional diversity of the original ecosystem. It is notable that now the composition of soft-bottom macrofauna in the Northern Baltic Sea becomes practically identical to that of the Arctic estuaries where benthic communities are dominated by the polychaete M. arctica, crustaceans S. entomon and M. affinis, priapulid Halicryptus spinulosus and bivalve M. balthica (Denisenko et al., 1999). Until recently, M. arctica was the only species from this list that was absent in the Baltic Sea. This is in line with the concept of continuing postglacial succession of the Baltic Sea (Bonsdorff, 2006). The appearance of bioturbating polychaetes is consistent with the general model of zoo-benthic succession in Baltic sedimentary habitats predicting a few successional stages ranging from dead anoxic bottoms to a diverse “climax community” dominated by deep-burrowing species (Rumohr et al., 1996).

The beneficial consequences of Marenzelleria spp. activity can, however, be offset by the potentially unpleasant side-effects. Burial and subsequent decomposition of fresh organic matter originated from settled phytoplankton can counteract the irrigation effects of Marenzelleria spp. (Josefson et al., 2012; Karlsen et al., 2011). The beneficial effect of the polychaetes on phosphate removal can be counteracted by the concurrent increase of the nitrogen concentration in the water column. At present, in the eastern Gulf of Finland changes in nitrogen cycling seem positive because of mitigation of harmful cyanobacteria blooms during summer. However, it is possible that in other seasons and/or areas the increasing concentration of nitrogen can stimulate eutrophication. This problem calls for further investigation because primary production in open areas of the Baltic

Figure 2 Potential effects of Marenzelleria spp. on nutrient cycling in the ecosystems of the Northern Baltic Sea. Dashed box and lines indicate a hypothesized process and effects with little data at this time.
Sea is mainly nitrogen-limited, especially during the spring phytoplankton bloom forming the biomass peak of the year (HELCOM, 2009). The potentially increased release of contaminants buried in the sediment (Granberg et al., 2008; Skei et al., 2000) further complicates assessing the ecosystem-level effects of the Marenzelleria invasion. Empirical, species- and context-specific, long-term field and laboratory studies are still needed to assess the real effect of the worms on the ecosystem.

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