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Concerted regulation of NPC2 binding to endosomal/lysosomal membranes by bis(monoacylglycero)phosphate and sphingomyelin

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Abstract

Niemann-Pick Protein C2 (NPC2) is a small soluble protein critical for cholesterol transport within and from the lysosome and the late endosome. Intriguingly, NPC2-mediated cholesterol transport has been shown to be modulated by lipids, yet the molecular mechanism of NPC2-membrane interactions has remained elusive. Here, based on an extensive set of atomistic simulations and free energy calculations, we clarify the mechanism and energetics of NPC2-membrane binding and characterize the roles of physiologically relevant key lipids associated with the binding process. Our results capture in atomistic detail two competitively favorable membrane binding orientations of NPC2 with a low interconversion barrier. The first binding mode (Prone) places the cholesterol binding pocket in direct contact with the membrane and is characterized by membrane insertion of a loop (V59-M60-G61-I62-P63-V64-P65). This mode is associated with cholesterol uptake and release. On the other hand, the second mode (Supine) places the cholesterol binding pocket away from the membrane surface, but has overall higher membrane binding affinity. We determined that bis(monoacylglycero)phosphate (BMP) is specifically required for strong membrane binding in Prone mode, and that it cannot be substituted by other anionic lipids. Meanwhile, sphingomyelin counteracts BMP by hindering Prone mode without affecting Supine mode. Our results provide concrete evidence that lipids modulate NPC2-mediated cholesterol transport either by favoring or disfavoring Prone mode and that they impose this by modulating the accessibility of BMP for interacting with NPC2. Overall, we provide a mechanism by which NPC2-mediated cholesterol transport is controlled by the membrane composition and how NPC2-lipid interactions can regulate the transport rate.
Cholesterol plays essential structural and functional roles in all vertebrate cells. Abnormalities in cholesterol metabolism are associated with severe and wide-spread diseases. Cholesterol efflux is one of the essential steps in its metabolism and is mediated by Niemann-Pick Protein C2 (NPC2) in endosomes and lysosomes. Mutations in NPC2 result in the fatal genetic disease, called Niemann-Pick C disease, characterized by neuronal degeneration resulting in early death. We performed an extensive set of atomistic molecular dynamics simulations employing enhanced sampling approaches to investigate how NPC2 mediates cholesterol transport and the roles of membrane lipids in the process. We show that the binding of NPC2 to endosomal/lysosomal membranes and the consequent trafficking of cholesterol are concertedly regulated by bis(monoacylglycerol)phosphate and sphingomyelin. Moreover, our results explain the molecular mechanism of experimentally observed affect of lipids on cholesterol transport rate. In essence, our findings provide key insights into the regulation of the lysosomal and endosomal cholesterol trafficking by NPC2 and reveal key lipid-protein interactions.
NPC2 mainly functions in the acidic environment of late endosomes and lysosomes. These organelles manifest a multivesicular appearance due to the presence of a unique anionic phospholipid called bis(monoacylglycerolo)phosphate (BMP), also known as lysobisphosphatidic acid (LBPA) [22]. BMP is abundant within the internal membranes of late endosomes/lysosomes, yet it is absent from the cytoplasmic leaflet of the limiting membrane [22]. The intraluminal vesicles are the sites of sphingolipid degradation, with sphingomyelin (SM) representing the most abundant sphingolipid [23]. When bound to a membrane, NPC2 interacts specifically with BMP, which modulates its efficiency in cholesterol transport [21, 24–26]. On the other hand, SM strongly inhibits cholesterol transfer by NPC2 [27]. Nevertheless, the molecular interactions between NPC2 and different lipid components, and in particular how BMP and SM contribute to this dual regulation of NPC2-dependent cholesterol transport remain unclear.

We used atomistic molecular dynamics (MD) simulations to perform an extensive investigation of NPC2-membrane interactions in a variety of different membrane lipid mixtures of neutral (1-palmitoyl-2-oleoyl-sn-glycero-3-phosphocholine (POPC), N-palmitoyl-D-erythro-sphingosylphosphorylcholine (SM)) and charged (s-s 2,2'-dioleoyl lysobisphosphatidic acid (BMP), 1,2-dioleoyl-sn-glycero-3-phosphatidylglycerol (DOPG)) lipids together with cholesterol (CHOL). We determined the lipid-dependent membrane-binding free energies using well-tempered metadynamics (WT-MTD) on three collective variables (CVs) that define the orientation and the position of NPC2 with respect to the membrane. The results highlight that i) NPC2 binds charged membranes favorably; ii) NPC2 binds membranes in two different competitively favorable orientations; iii) BMP is decisive for strong NPC2 binding in the orientation that places the cholesterol-binding pocket of NPC2 in direct contact with the membrane; and iv) SM hinders the formation of the aforementioned orientation. We characterized specific lipid-protein interactions in different orientations to understand the bases of the observed binding and inhibition mechanisms induced by BMP and SM. Altogether, the results provide an atom-scale picture for NPC2-membrane binding and insights into how the membrane composition modulates the efficiency of NPC2-dependent cholesterol transport.

**Materials and methods**

We considered a total of 8 different membrane systems (see Table 1) composed of BMP, CHOL, SM, DOPG, and POPC. For 5 of these membrane systems (systems 1, 3–5, 7 in Table 1), we performed unbiased simulations with NPC2 in its cholesterol-bound (NPC2\(^{\text{CHOL-bound}}\)) and apo (NPC2\(^{\text{apo}}\)) forms. Seven 400 ns long repeats were performed, each starting from a randomly chosen independent initial configuration, adding up to a total of 70 unbiased simulations. We also performed (biased) free energy calculations using well-tempered metadynamics (WT-MTD) [28] for all membrane systems except System 4 with NPC2\(^{\text{CHOL-bound}}\) and NPC2\(^{\text{apo}}\). The total simulation time for unbiased and biased simulations add up to 28 \(\mu\)s and \(\sim 148\ \mu\)s, respectively.

The preparation of all systems including the membrane mixtures is described in detail in S1 Text. All simulations were performed using GROMACS 5.0 [29] employing the Amber ff99sb-ILDN force field [30] for the protein, the Slipids force field [31] for the lipids, and the TIP3P model for water [32].

The equations of motion were integrated using a leap-frog algorithm with a 2 fs time step. All bonds were constrained using the LINCS algorithm [33]. Long-range electrostatic interactions were treated by the smooth particle mesh Ewald scheme (SPME) [34, 35] with a real-space cutoff of 1.0 nm, a Fourier spacing of 0.16 nm, and a fourth-order interpolation. The van der Waals interactions were treated with a Lennard-Jones potential with a cutoff of 1.0 nm. Long-range dispersion corrections were applied for energy and pressure [36].
Membrane content is given in terms of molar fractions for a mixture of that particular membrane composition. The phrase of 7 repeats, in which 80 10 0 20 70 7 20 10 0 0 50 0 5 0 4 -7.5 6 20 35 0 0 45 5 20 10 0 0 70 1 6 1 6 not performed 4 100 0 0 0 1 6 1 6 not performed 5 20 10 0 0 70 1 6 0 0 -11.5 ± 0.8 -11.9 ± 0.7 -10.6 ± 0.6 -10.5 ± 0.8 -12.0 ± 0.8 -10.1 ± 0.7 6 20 35 0 0 45 not performed -10.8 ± 0.8 -14.9 ± 0.7 -12.3 ± 0.6 -10.0 ± 0.6 -12.4 ± 0.6 -10.1 ± 0.6 7 20 10 20 0 50 0 5 0 4 -7.5 ± 1.0 -12.2 ± 1.0 -9.7 ± 0.9 -8.8 ± 0.8 -11.9 ± 0.7 -10.0 ± 0.8 8 20 0 0 20 70 not performed -6.2 ± 0.7 -8.5 ± 0.7 -6.6 ± 0.5 -7.6 ± 0.7 -9.9 ± 0.7 -8.1 ± 0.7 Membrane content is given in terms of molar fractions for a mixture of BMP:CHOL:SM:DOPG:POPC. No. observations lists the number of unbiased simulations out of 7 repeats, in which Prone or Supine mode formed. Free energy contribution to binding for each orientation is also shown based on the free energy calculations (see S1 Text for the details on how the values are obtained). The phrase not performed specifies that the simulations were not performed for that particular membrane composition.

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Before production runs, successive steepest descent minimizations were carried out, followed by short equilibration simulations in the \( NVT \) and \( NpT \) ensembles at a temperature of 310 °K using the \( \nu \)-rescale thermostat [37] with a time constant of 0.1 ps. The pressure was kept at 1 atmosphere using the Berendsen barostat [38] with a time constant of 0.5 ps.

All production simulations were performed in the \( NpT \) ensemble. Protein, solvent (water and ions), and lipids were coupled to separate temperature baths at 310 °K using the Nosé-Hoover thermostat [39, 40] with a time constant of 0.5 ps. Pressure was kept at 1 atmosphere with a time constant of 10 ps and a compressibility of \( 4.5 \times 10^{-5} \) bar\(^{-1} \) using the Parrinello-Rahman barostat [41, 42] semi-isotropically for membrane-containing systems and isotropically for others.

For the free energy calculations, all biased simulations employed GROMACS 5.0.4 [29] patched with PLUMED 2.1 [43]. Details of these free energy computations are discussed in S1 Text, which also includes a more detailed description of the simulation protocol.

### Results

**NPC2 binds anionic BMP-containing membranes in two distinct binding modes**

To investigate the role of BMP, SM, and CHOL in NPC2–membrane binding, we prepared a number of membrane models with different lipid compositions listed in Table 1. For most of the membrane systems, we first carried out unbiased MD simulations, where we initially placed \( \text{apo} \) (\( \text{NPC2}\text{apo} \)) [44] of CHOL-bound NPC2 (\( \text{NPC2}\text{CHOL-bound} \)) [3] above the membrane surface in seven different, randomly chosen orientations such that the minimum \( z \)-distance between the protein and the membrane surface is 30–35 Å (see Fig 1A for a typical initial configuration). In these unbiased simulations, the membranes containing BMP (BMP:CHOL:SM:DOPG:POPC = 100:0:0:0:0 (System 4), 20:10:0:0:70 (System 5), and 20:10:0:0:50 (System 7)) resulted in spontaneous association of NPC2 with the membrane in less than 60 ns (Fig 1B and 1C). For comparison, if the membrane considered did not include BMP (BMP:CHOL:SM:DOPG:POPC = 0:10:0:90 (1) and 0:10:20:0:70 (System 3)), then no NPC2 binding was observed. The only exception...
was CHOL:SM:POPC = 10:20:70, where one out of 14 simulations resulted in NPC2 binding to the membrane.

Monitoring the distance between the membrane surface and the residue at the opening of the cholesterol-binding pocket (G61), we observed that NPC2 binds the membranes in two distinct modes based on the membrane-adsorbed state: membrane binding orientation 1 (Prone mode, Fig 1B), in which the cholesterol-binding pocket is in direct contact with the membrane surface and G61 is inserted into the membrane; and orientation 2 (Supine mode, Fig 1C), in which G61 is facing away from the membrane surface. Supine mode, formed by rotating the protein ∼180˚ along its long axis with respect to Prone mode, places the cholesterol-binding pocket away from the membrane to face the water phase. In these simulations, Supine mode is observed more frequently than Prone mode for both NPC2apo and NPC2Chol-bound (Table 1) and the orientations do not interconvert within 400 ns. Table 1 shows the number of times each orientation is observed for each membrane system based on the location of G61 with respect to the membrane surface.

Based on the results, one can conclude that i) the simulations reveal two functional binding modes with favorable energetics, and ii) the NPC2-membrane interaction is so strong that once the binding has taken place, the protein is trapped in one of the two local minima and the orientation does not change during the simulation time scale of 400 ns.

NPC2 changes binding orientation by rocking around its long axis

Characterizing the aforementioned membrane binding modes both energetically (to compute the free energy of binding) and structurally (to determine the mechanism of binding) requires extensive sampling of the relevant degrees of freedom. To this end, we used a combination of well-tempered metadynamics (WT-MTD) [28], umbrella sampling, and bias exchange [45]. A similar combination of WT-MTD and umbrella sampling was previously used in coarse-grained simulations [46].

A schematic representation of our sampling approach is shown in Fig 2 and the details can be found in S1 Text. Briefly, we defined three collective variables (CVs) that describe the position and the orientation of the protein with respect to the membrane:
1. $|z|$: projection of the distance between the center of mass (COM) of the P atoms of the membrane upper leaflet and the COM of $C_{\alpha}$ atoms of the protein on to the $z$-axis, the coordinate along the membrane normal direction. This collective variable describes the NPC2-membrane distance.

2. $\theta$: angle between the long axis of the protein and the membrane normal (Fig 2A), thereby describing the principal orientation of NPC2 with respect to the membrane surface.

3. $\phi$: the angle between the short axis of the protein and the membrane normal (Fig 2B). Together, the angles $\theta$ and $\phi$ uniquely define the protein orientation at the membrane surface.

We divided the $|z|$ range that extends from the membrane surface to bulk solvent into 4 Å windows that overlap 1 Å with each other using half harmonic restraints. Within each window, we performed three separate WT-MTD simulations [28], in each biasing one of $|z|$, $\theta$, or $\phi$. This adds up to 51–54 200 ns-long simulations (17–18 windows) for each system. To further improve the sampling efficiency, we coupled the neighboring simulations through the bias exchange scheme [45] as shown in Fig 2. WT-MTD helps overcome barriers along $|z|$, $\phi$, and $\theta$ by flattening the underlying free energy landscape, while half-harmonic restraints keep sampling within manageable blocks. Besides, bias exchange improves the statistical efficiency and the convergence of the free energy estimations. This approach allows reconstruction of potential of mean force (PMF) profiles for complex systems using a reweighting scheme that combines a time-independent locally-converging free energy estimator for metadynamics [47] and a non-parametric variant of the weighted histogram analysis method [48], discussed in S1 Text.

Based on these free energy simulations, we reconstructed one-dimensional (1D) and two-dimensional (2D) PMF profiles for each simulated system as functions of the biased collective variables (see S1 Text for details). All reconstructed free energy surfaces and their errors are given separately for the anionic and neutral membranes. 1D PMFs as a function of $|z|$ are given in S1A Fig, 2D PMFs and their local errors for $|z|$ vs $\phi$ are given in S1B and S2 Figs for anionic...
membranes and in S3B and S4 Figs for neutral membranes. The PMFs for $|z|$ vs $\theta$ are given in S5B and S6 Figs for anionic membranes and in S7B and S8 Figs for neutral membranes. To capture the depth of insertion into the membrane, we set the origin ($z = 0$) to the $z$-coordinate of the center of mass ($\text{COM}_z$) of the upper leaflet P atoms and reconstructed the PMFs also as functions of the minimum of the protein $C_{\alpha}$ $z$-coordinates, which is here denoted as $\text{min } z$, $r$ being the residue number. See Fig 3A for 1D PMFs, Fig 3B and S9 Fig for 2D PMFs for charged membranes, and S10 and S11 Figs for 2D PMFs for neutral membranes.

Here, we discuss the general features of NPC2-membrane binding. In agreement with the above-discussed unbiased simulations, the results show enhanced NPC2 binding only to anionic membranes rich in BMP. In neutral membranes without BMP ($\text{BMP:CHOL:SM:DOPG:POPC} = 0:10:0:90$ (1), $0:35:0:0:65$ (System 2), and $0:10:20:0:70$ (System 3)), the affinity for the membranes is low (Fig 3A and S1A Fig). The binding to neutral membranes is unspecific in terms of $\phi$ (S10 and S3 Figs) and $\theta$ (S7 Fig), as no particular binding orientation can be identified. In anionic membranes ($\text{BMP:CHOL:SM:DOPG:POPC} = 100:0:0:0:0$ (System 4), $20:10:0:0:70$ (System 5), $20:35:0:0:45$ (System 6), $20:10:20:0:50$ (System 7), and $0:10:0:20:70$ (System 8)), on the other hand, we observe the two distinct high-affinity binding orientations ($\phi > ~140^\circ$ and $\phi < ~40^\circ$ in Prone and Supine modes, respectively) with overall enhanced affinity in Supine mode (Fig 3B and S1B Fig). The PMF profiles (S5 Fig) reveal a single specific high affinity binding orientation for the anionic membranes in terms of $\theta$ in a range of about $80^\circ < \theta < 100^\circ$.

Supine mode has generally lower free energies than Prone mode and is more plastic as indicated by the wider distribution of $\phi$ in Supine mode (Fig 3 and S1 Fig). This also suggests that Supine mode is more flexible in terms of membrane-interacting residues and may be better described as a membrane-adsorbed state rather than as a specific membrane-bound state. On the other hand, Prone mode is characterized by a tighter distribution of $\phi$ and deeper insertion into the membrane (Fig 3B). This deeply inserted state, also apparent in 1D PMF profiles (Fig 3A), is uniquely associated with Prone mode and forms by the membrane insertion of a loop (V59-M60-G61-I62-P63-V64-P65) at the opening of the cholesterol-binding pocket. From here on, we refer to this hydrophobic loop as the membrane insertion loop (MIL).

The position of the cholesterol-binding pocket and three residues (F66, V96, and T100) that act as gates in sterol transfer [18] with respect to the membrane surface, as well as the membrane insertion of the loop strongly suggest that Prone mode is the conductive state for cholesterol uptake/release.

Because the interconversion between Prone and Supine modes can determine the efficiency of cholesterol uptake/release, it is potentially an important process for NPC2 function. The interconversion can take place by protein detaching from the membrane and reattaching in either of the orientations. This process requires surpassing the barrier equal to the free energy of membrane binding, which in BMP-containing membranes is typically $7 - 15 \text{ kJ/mol}$ and hence quite large (Table 1). Alternatively, the protein could roll around its long axis without detaching from the membrane. The latter process has a barrier of about $6 - 7 \text{ kJ/mol}$ (about 2.5 to 3 $k_B T$) along $\phi$ (Fig 3B), which is quite low compared to thermal energy.

We conclude that NPC2 changes the binding orientation by rocking around its long axis while staying adsorbed on the membrane surface.

**BMP** promotes formation of *Prone mode* and is required for membrane anchoring

BMP is known to improve NPC2-mediated cholesterol transfer between membranes [27]. To investigate the effect of BMP on the free energy of NPC2-membrane binding, we performed
Fig 3. The free energy surfaces for NPC2 binding to membranes. A) Potential of mean force (PMF) profiles shown as a function of $\text{min}_r z_r$, which stands for the minimum of the protein Cα z-coordinates for the residue r. The origin ($z = 0$) is set to COM$_z$ of the upper leaflet P atoms. B) PMF surfaces shown as a function of $\text{min}_r z_r$ and $\phi$ for anionic membranes. Contours were plotted every 2 kJ/mol increments. The two binding orientations are marked with dashed lines. The thumbnail images of NPC2 structure for the corresponding orientations are shown on the upper left corner for Prone mode and on the upper right corner for Supine mode. See S9 Fig for the local errors and S1 Fig for the PMF projected onto $|z|$. The labels indicate membrane content in molar fractions for a mixture of BMP:CHOL:SM:DOPG:POPC, and the corresponding system numbers (Table 1) are provided in parentheses. The local errors are given in S9 Fig.

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membrane binding free energy simulations for both NPC2apo and NPC2chol-bound in the presence of BMP. We focus our discussion here on the investigations with the anionic BMP:CHOL:SM:DOPG:POPC = 20:10:0:0:70 (System 5) mixture together with the neutral membranes that do not contain BMP (Table 1). Both NPC2apo and NPC2chol-bound bind strongly in two specific binding orientations to BMP membranes, the binding free energies being around or larger than $\Delta G = -11 \text{ kJ/mol}$. In neutral membranes, the binding affinity is much lower ($\Delta G = -3 \text{ to } -4 \text{ kJ/mol}$) and manifests unspecific adsorption in terms of $\phi$ and $\theta$ as mentioned above (S10, S3 and S7 Figs). The 2D PMF in Fig 3B (1st row) shows that Prone mode is almost as favorable as Supine mode, especially when NPC2 is cholesterol-bound. Moreover, BMP also promotes membrane anchoring by the membrane insertion loop (MIL) as evidenced by deeper inserted states captured in the PMF profiles.

In essence, BMP does not only improve NPC2 adsorption onto the membrane surface, but it also promotes the binding mode (Prone) in which cholesterol uptake and release can take place, along with membrane anchoring by MIL.

### BMP’s effect on NPC2-membrane binding is not only due to its negative charge

The electrostatic potential profiles (S12 Fig) lack a substantial difference between membrane compositions that could explain how and why NPC2, which has $+4e$ at pH = 5 (see S1 Text), favors negatively charged BMP. To further test whether the effects of BMP on NPC2-membrane binding are specific or can simply be attributed to its negative charge, we performed free energy simulations, where BMP is substituted with DOPG (BMP:CHOL:SM:DOPG:POPC = 0:10:0:20:70 (System 8)). Phosphatidylglycerol (PG) lipids are not only negatively charged, but they are also precursors in BMP synthesis [49]. Although the negative charge of DOPG clearly enhances membrane adsorption ($\Delta G = -9 \text{ to } -10 \text{ kJ/mol}$) when compared to the neutral membranes, the DOPG membrane has $\sim 3 \text{ kJ/mol}$ lower affinity for both NPC2apo and NPC2chol-bound when compared to BMP-containing membranes (Fig 3A and S1A Fig). Moreover, DOPG does not favor NPC2-binding in Prone mode as strongly as BMP, and does not foster the penetration of the membrane insertion loop into the membrane (Fig 3B; last row).

Because PG cannot reproduce the effects of BMP, we conclude that specific BMP-NPC2 interactions are important in both membrane binding and cholesterol uptake/release.

### NPC2-membrane binding is cholesterol dependent

The higher cholesterol concentration is expected to shift the equilibrium between the NPC2apo and NPC2chol-bound towards the cholesterol-bound state. We further hypothesized that cholesterol concentration in the membrane can also affect NPC2-membrane binding properties. Increasing the cholesterol concentration from 10 to 35 mol% in the presence of 20 mol% BMP (BMP:CHOL:SM:DOPG:POPC = 20:10:0:0:70 (System 5) and 20:35:0:0:45 (System 6); see Table 1) enhances membrane adsorption for NPC2chol-bound by $\sim 3 \text{ kJ/mol}$ at min $z_r = \sim 3 \text{ Å}$ without affecting that of NPC2apo. However, higher cholesterol concentration has the opposite effect for the deeper inserted binding mode of NPC2 (Prone mode). The deeper inserted state (around min $z_r = -6 \text{ Å}$) is destabilized by $\sim 5 \text{ kJ/mol}$ for NPC2chol-bound, while it is stabilized by $\sim 3 \text{ kJ/mol}$ for NPC2apo (Fig 3A). The same effect can be more clearly seen in 2D PMF profiles (Fig 3B, 1st and 2nd rows). Comparing 10 mol% and 35 mol% CHOL membranes, the minimum for Prone mode shifts up towards the membrane surface and its free energy is increased in NPC2chol-bound, while it is shifted downwards in NPC2apo. In other words, while both NPC2apo and NPC2chol-bound adsorb on the BMP-rich membranes with high affinity, the higher CHOL
concentration shifts the free energy minimum towards the deeper inserted Prone mode in NPC2<sup>apo</sup> and away from it in NPC2<sup>CHOL-bound</sup>

This result implies that the cholesterol levels in the internal membranes of late endosomes/lysosomes can affect the rate of NPC2-mediated cholesterol transport by affecting the equilibrium between Prone and Supine modes, taking into account that deeper inserted Prone mode is conductive for cholesterol uptake and release.

**Sphingomyelin impairs NPC2-membrane binding in Prone mode**

SM is one of the components of the suborganelle fractions of late endosomes [22]. Furthermore, SM has been shown to strongly inhibit cholesterol-transport by NPC2 [27]. To investigate if and how SM affects NPC2-membrane binding, we performed unbiased and free energy simulations to membranes containing 20 mol% SM in the presence and absence of BMP (BMP:CHOL:SM:DOPG:POPC = 20:10:20:0:50 (System 7) and 0:10:20:0:70 (System 3); see Table 1).

Like all other neutral membranes, NPC2 has small affinity for non-specific adsorption onto the SM-membrane surface (ΔG = −3 to −4 kJ/mol; Fig 4A). The BMP-SM membrane, on the other hand, has approximately the same affinity for NPC2 when compared to BMP-membrane without SM but with 10 mol% CHOL (ΔG = −12 to −13 kJ/mol; Fig 4A). However, the important observation is that the deeper inserted binding mode of NPC2<sup>CHOL-bound</sup> (Fig 4A) is clearly inhibited by SM. Meanwhile, the deeper inserted state for NPC2<sup>apo</sup> has ∼4 kJ/mol higher free energy in all 20 mol% BMP membranes regardless of the presence of SM. Therefore, SM does not have any clear effect on membrane binding of NPC2<sup>apo</sup> (Fig 4A). These observations are also confirmed by comparing the 2D BMP data (Fig 4B) for SM-containing and SM-free membranes, as well as the lack of adsorption in Supine mode to SM-containing membranes in unbiased simulations (Table 1).

The results offer a mechanism as to how SM inhibits NPC2-mediated cholesterol transport: SM can hinder cholesterol transfer between membranes by interfering with formation of the deeper inserted Prone mode, and thus, the cholesterol release from NPC2<sup>CHOL-bound</sup>. Since BMP-SM membranes have similar affinity to those with only BMP, the SM-containing membrane fractions of the internal lysosomal/late endosomal membranes may arrest substantial amount of NPC2 in non-conductive Supine mode. This can, in turn, reduce the effective concentration of NPC2 available for cholesterol exchange, hindering it even further.

**Specific NPC2-BMP interactions in Prone mode are based on the membrane insertion loop**

Having identified two functional binding modes for NPC2-membrane binding and the importance of BMP in the process, we moved on to characterize specific interactions between BMP and NPC2 using all membrane-binding free energy simulations with BMP-membranes. To this end, for each orientation in each BMP-membrane free energy simulation, we calculated the normalized contact frequency (NCF) (S1 Text). For a given residue r, NCF describes the contact frequency with BMP compared to the total number of contacts with any lipids in a membrane. NCF captures if and how much BMP-NPC2 interactions are enhanced with respect to those with other lipids in the membrane. In other words, for a particular residue, the values of NCF close to 1 indicate that its contact with BMP is likely specific, while values close to 0 indicate that either the contact was not observed or it is unspecific.

Fig 4A shows the average of NCF over all BMP-membrane free energy simulations, and its standard deviation. In Prone mode, the loop at the opening of the cholesterol-binding pocket (V59-M60-G61-I62-P63-V64-P65) along with several residues nearby in sequence has the highest probability of interacting with BMP when compared to any other lipid in the membrane.
Moreover, a stretch of residues from 96–108 that also line the bottom surface in Prone mode, as well as several residues around R118, are involved in BMP contacts. Likely due to the flexibility of the N-terminus, residues around K4 also form substantial contacts with BMP. Moreover, F66, V96, and T100, which have been previously implicated as “reversible gate keepers” in sterol uptake and release [18], are among the residues with enhanced specificity to BMP in Prone mode. This further supports the role of Prone mode and BMP in cholesterol transport.

Comparison of Fig 4A and 4B panels shows that Supine mode has considerably fewer specific contacts with BMP than Prone mode. The comparison also reveals that the residues in contact with BMP in the two orientations are anti-correlated except near the termini. This is partly the effect of the restricted definition of Supine mode used here. Supine mode appears to be
more plastic than Prone mode and the low free energy region near Supine mode extends up to \( \sim 100^\circ \).

While many polar and non-polar residues contact BMP in Prone mode, only positively charged residues interact with BMP in Supine mode. This is due to the deeper insertion taking place in Prone mode, which is stabilized by several nearby charged residue-BMP interactions (Fig 4). Moreover, H56, which is highly conserved among homologs of NPC2, is likely involved in deep insertion of the loop into the membrane by interacting strongly with BMP. This residue is protonated in all of our simulations based on the \( pK_a \) estimations done on the crystal structures [3, 44]. Indeed, H56 may play a key role in the pH dependence of NPC2-mediated cholesterol transport [27] by modulating the formation of deeply inserted Prone mode.

### Membrane lipids affect NPC2-binding by altering the accessibility of BMP

Having established the role of BMP and its interaction with the membrane insertion loop for the formation of Prone mode, we also explored how the lipids studied here, in particular CHOL and SM, can affect this interaction at the molecular level. We showed that CHOL concentration differentially affects Prone mode in NPC2\textsuperscript{apo} and NPC2\textsuperscript{CHOL-bound}, and SM hinders its formation. An important stabilizing factor for Prone mode is the anchoring by the membrane insertion loop, which is further stabilized by BMP. The insertion, on the other hand, is only favorable if the desolvation penalty of the loop and the cavity it inserts into are compensated by favorable interactions with lipids.

To indirectly assess the penalty of membrane insertion due to CHOL and SM, we use the quantity \( \text{sASA-ratio} = \text{sASA}_{\text{mol}} / \text{sASA}_{\text{W}} \). Here, \( \text{sASA}_{\text{W}} \) stands for the solvent accessible surface area (SASA) estimated using a probe with a radius of 0.14 nm to approximate water as solvent; and \( \text{sASA}_{\text{mol}} \) stands for SASA estimated using a probe with a radius of 0.58 nm to approximate the membrane insertion loop (MIL). The probe radius of 0.58 nm for MIL is approximated by \( R_{\text{min}} = 0.066M^\frac{1}{3} \) [50], where mass, \( M \), of MIL is 694 Da. Note that \( R_{\text{min}} \) is the minimum radius of a sphere in which the protein of mass \( M \) can fit [50]. We calculated the sASA-ratio (reported as mean \( \pm \) standard deviation) for all the lipid components collectively (sASA-ratio\textsuperscript{membrane}) and for only BMP in the context of all lipid components (sASA-ratio\textsuperscript{BMP}). For calculations, we used only free energy simulation trajectories (the last 50–100 ns), where the protein (NPC2\textsuperscript{apo} or NPC2\textsuperscript{CHOL-bound}) is kept at a non-interacting distance to the membrane (\( i = 45–53 \), Fig 2) to ensure that membranes are unaffected by the protein.

sASA-ratio is a dimensionless quantity (within the interval of [0, 1]) that shows the relative accessibility of the surfaces by MIL when compared to water, with values of \( \sim 1 \) implying almost equal accessibility by MIL and water, and values of \( \sim 0 \) implying almost no accessibility by MIL. The three studied systems (BMP:CHOL:SM:DOPG:POPC = 20:10:0:0:70 (System 5), 20:35:0:0:45 (System 6), and 20:10:20:50 (System 7)) have a similar sASA-ratio\textsuperscript{membrane} (the values being 0.53 \( \pm \) 0.02, 0.51 \( \pm \) 0.02, and 0.51 \( \pm \) 0.02, respectively). This shows that the sASA-ratio does not depend substantially on the membrane size and composition, when all the membrane components are considered collectively. Interestingly, we found that increasing CHOL concentration from 10 to 35 mol % increased the sASA-ratio\textsuperscript{BMP} from 0.23 \( \pm \) 0.06 to 0.32 \( \pm \) 0.05. Meanwhile, inclusion of SM decreased the sASA-ratio\textsuperscript{BMP} to 0.20 \( \pm \) 0.05. That is, CHOL enhances BMP presentation to MIL, while SM decreases it.

Overall, this analysis suggests that BMP presentation through crevices on a membrane surface contributes strongly to formation of the deep-inserted Prone mode, and that BMP presentation is modulated by the relative concentrations of CHOL and SM. While CHOL elevates BMP presentation, SM has an opposite effect.
Membrane-binding mode and membrane composition modulate the cholesterol-binding affinity of NPC2

The thermodynamic cycle shown in Fig 5A allows us to infer about the cholesterol-binding free energy difference between the solvated (aqueous (aq)) and membrane-bound forms of NPC2, which can be expressed as

\[
\Delta \Delta G_{\text{CHOL-bound}} = \Delta G_{\text{apo-bound}} - \Delta G_{\text{apo-aq}}
\]

(1)

where the apo \(\rightarrow\) CHOL-bound and aq \(\rightarrow\) membrane-bound transformations are shown with dashed and solid arrows, respectively, in Fig 5A. Expressing the aq \(\rightarrow\) membrane-bound transformation in terms of min \(z_r\), we can calculate the relative cholesterol binding free energy, \(\Delta \Delta G_{\text{CHOOL-bound}}(\text{min } z_r)\) (Fig 5B), by subtracting the PMF data for NPC2\text{apo} from those of NPC2\text{CHOL-bound} shown in Fig 3A.

The cholesterol binding affinity of NPC2 is modulated by the composition of the membrane and the binding mode of NPC2. For most of the studied membrane systems, the cholesterol binding free energy decreases upon formation of the deeply-inserted state of NPC2 (Fig 5).

However, for the low cholesterol BMP-membrane (BMP:CHOL:SM:DOPG:POPC = 20:10:0:0:70 (System 5)), the cholesterol binding affinity clearly increases up to \(~ 5\) kJ/mol in the deeply-inserted membrane-bound state. The cholesterol-binding affinities are not affected in the shallow binding Prone mode, since the cholesterol-binding pocket is still exposed to bulk solvent.

In summary, membrane composition does not only determine the membrane binding properties of NPC2, but also its cholesterol-binding affinity.
Discussion

We performed an extensive set of atomistic simulations of the cholesterol-carrier protein NPC2. The work done provides insights into the membrane-binding mechanism of NPC2, its dependence on specific lipids, and the cholesterol transfer process associated with NPC2.

The results from the interactions between BMP-containing membranes and NPC2 are summarized schematically in Fig 6. A simplified putative cycle for cholesterol transport between cholesterol-poor and cholesterol-rich membranes that contain BMP is represented by solid arrows. In this cycle, NPC2\textsubscript{apo} (i) binds a cholesterol-rich membrane in \textit{Prone mode}, (ii) loads cholesterol, (iii) detaches from the membrane, (iv) binds a cholesterol-poor membrane in \textit{Prone mode}, (v) unloads cholesterol, and (vi) detaches from the membrane. Based on this schematic, the interconversion between the two binding modes and binding to SM-containing membranes are indicated by dashed arrows. The competing processes (the interconversion between the two binding modes and binding to SM-containing membranes) are indicated by thick arrows.

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Fig 6. Schematic representation of the membrane binding of NPC2. The thumbnail images for NPC2\textsubscript{apo} (green) and NPC2\textsubscript{chol-bound} (red) are placed on the y-axis based on the PMF data (Fig 3A) of the BMP:CHOL:SM: DOPG:POPC = 20:10:0:0:70 (System 5) (low CHOL), BMP:CHOL:SM: DOPG:POPC = 20:35:0:0:45 (System 6) (high CHOL), and BMP:CHOL:SM:DOPG:POPC = 20:10:20:0:50 (System 7) (low CHOL with SM) systems. A putative cycle for transferring cholesterol from high CHOL to low CHOL membranes are indicated by thick arrows. The competing processes (the interconversion between the two binding modes and binding to SM-containing membranes) are indicated by dashed arrows.

We propose a concerted regulatory mechanism of NPC2 by BMP and SM. In this mechanism, NPC2-membrane binding is facilitated and stabilized by direct interaction of NPC2 with BMP. While the negative charge of BMP is involved in pulling NPC2 to the membrane surface, specific
interactions, such as those with H56, are necessary especially for the formation of Prone mode and the insertion of the membrane insertion loop. Meanwhile, SM regulates membrane binding indirectly by modulating the presentation of BMP to NPC2. Interestingly, this indirect regulation does not necessarily change the affinity of NPC2 to the membrane, but instead alters its propensity to bind in Prone mode.

Our results have various implications about the mechanism and regulation of NPC2-mediated cholesterol transport. Abdul-Hammed et al. have performed assays that showed BMP to enhance both processes, but SM to inhibit them [27]. Since the productive configuration for cholesterol exchange between the membranes and NPC2 is likely to be Prone mode, our results explain the underlying molecular mechanism for the roles of BMP and SM. Essentially, BMP supports NPC2-mediated cholesterol transport by enhancing binding in Prone mode, and SM in turn inhibits it by the reverse mechanism. Besides, acid sphingomyelinase regulates NPC2-mediated cholesterol transport by converting SM to ceramide [51]. The functional role of these two different binding orientations in cholesterol transport can be explained by this regulation mechanism. That is, cholesterol transport rate can be controlled by the composition of the membrane interacting with NPC2 such that NPC2-binding in Prone mode is favored, or disfavored. Another functional role for two distinct high affinity surfaces of the protein is potentially related to NPC2’s fusogenic function and its regulation [27].

NPC2 contains many acidic and basic residues, mainly on its surface. The bovine and human orthologs of the protein have a net charge of +2e and +1e, respectively, based on the number of charged residues. In the low pH of lysosomes, at least some acidic residues and histidines are expected to be protonated attaining neutral or positive charges and increasing the overall positive charge of the protein. Indeed, in our simulations, we used bovine NPC2 protonated at E110 (Q in human), H31 (S in human) and H56 (strongly conserved) based on pKa estimations on the crystal structures to approximate an environmental pH of ~5. However, our simulations do not account for dynamic shifts in pKa due to changes in the local environment. Several acidic residues are located on the membrane interacting surfaces in Prone mode and Supine mode. When NPC2 adsorbs onto the membrane surface, the local electrostatic potential due to the anionic lipid head groups will increase the intrinsic pKa of these residues. That is, some acidic residues can get protonated depending on the membrane composition and depending on where they are located with respect to the membrane in a particular membrane binding mode. This can, in turn, alter membrane binding modes and their affinities, especially in the anionic membranes. For example, D113, which is on the membrane-interacting surface in Prone mode, has been shown to be vital for cholesterol transport, but not for cholesterol binding [24]. The dynamic and differential protonation of residues like D113 may modulate NPC2-binding to membranes with different compositions. Besides, they likely prevent very tight NPC2-membrane binding. This is essential for efficient shuttling of NPC2 between disconnected membranes to transport cholesterol.

Glycosylation of NPC2 has been implicated in proper protein sorting, protection against degradation by the lysosomal enzymes, and in modulating cholesterol transfer rates [26]. Monoglycosylated (glycosylated at N39) and diglycosylated (glycosylated at both N39 and N116) forms of NPC2 have been identified in lysosomes [26, 52]. Cholesterol transfer by the diglycosylated form has been shown to be slower than that by the monoglycosylated form [26], but the molecular mechanism accounting for the observed difference remains unknown. Based on our work, N39 and N116 are located on the membrane interacting surfaces in Supine mode and Prone mode, respectively. Glycosylation of N39 may destabilize Supine mode and shift the equilibrium towards Prone mode. This shift, in turn, may enhance cholesterol uptake and release, since this process presumably takes place in Prone mode, but not in Supine mode. On the other hand, glycosylation at N116 is likely to interfere with the
membrane interactions in Prone mode, especially close to the C-terminal side of the protein (Fig 4A). Cholesterol uptake and release could still take place, albeit slower, because the stretch of residues in the proximity of the hydrophobic loop may still anchor the protein to the membrane.

In summary, our results provide an atom-scale mechanism that explains the differential regulatory roles of BMP and SM in NPC2-membrane binding. NPC2 binds a membrane in two different binding orientations depending on the lipid composition. BMP is required for NPC2-membrane binding and cannot be substituted by other anionic lipids. On the other hand, SM counteracts BMP and hinders the formation of the deep-inserted mode that places the cholesterol-binding pocket in direct contact with the membrane surface and is conductive for cholesterol uptake/release.

Supporting information

S1 Text. Supplementary text. Detailed descriptions of BMP parametrization, simulation system preparation, free energy calculations and reweighting approach are given. (PDF)

S1 Fig. The free energy surfaces for NPC2 binding to membranes as a function of $|z|$. The free energy surfaces for cholesterol-bound (left column) and apo (right column) NPC2 binding to membranes with different compositions. A) Potential of mean force (PMF) NPC2 binding to membranes displayed as a function of $|z|$. The band thickness displays the error. B) PMF surfaces shown as a function of $|z|$ and $\phi$. Contours were plotted every 2 kJ/mol increments. The two binding orientations are marked with dashed lines. The thumbnail images of NPC2 structure for the corresponding orientations are shown on the upper left for Prone mode and upper right for Supine mode. The labels indicate membrane content in molar fractions for a mixture of BMP:CHOL:SM:DOPG:POPC, and the corresponding system numbers (Table 1) are provided in parentheses. The local errors are given in S2 Fig. (TIFF)

S2 Fig. Local errors of $|z|$ vs. $\phi$ free energy surfaces for anionic membranes. Local errors of $|z|$ vs. $\phi$ free energy surfaces for cholesterol-bound (left column) and apo (right column) NPC2 binding to anionic membranes with indicated compositions. The two binding orientations are marked with dashed lines. The labels indicate membrane content in molar fractions for a mixture of BMP:CHOL:SM:DOPG:POPC, and the corresponding system numbers (Table 1) are provided in parentheses. (TIFF)

S3 Fig. The $|z|$ vs. $\phi$ free energy surfaces for neutral membranes. The $|z|$ vs. $\phi$ free energy surfaces for cholesterol-bound (left column) and apo (right column) NPC2 binding to neutral membranes with indicated compositions. The two binding orientations are marked with dashed lines. The labels indicate membrane content in molar fractions for a mixture of BMP:CHOL:SM:DOPG:POPC, and the corresponding system numbers (Table 1) are provided in parentheses. The local errors are given in S4 Fig. (TIFF)

S4 Fig. Local errors of $|z|$ vs. $\phi$ free energy surfaces for neutral membranes. Local errors of $|z|$ vs. $\phi$ free energy surfaces for cholesterol-bound (left column) and apo (right column) NPC2 binding to neutral membranes with indicated compositions. The two binding orientations are marked with dashed lines. The labels indicate membrane content in molar fractions for a mixture of BMP:CHOL:SM:DOPG:POPC, and the corresponding system numbers (Table 1) are provided.
in parentheses.

S5 Fig. The $|z|$ vs. $\theta$ free energy surfaces for anionic membranes. The $|z|$ vs. $\theta$ free energy surfaces for cholesterol-bound (left column) and apo (right column) NPC2 binding to anionic membranes with indicated compositions. The labels indicate membrane content in molar fractions for a mixture of BMP:CHOL:SM:DOPG:POPC, and the corresponding system numbers (Table 1) are provided in parentheses. The local errors are given in S6 Fig.

S6 Fig. Local errors of $|z|$ vs. $\theta$ free energy surfaces for anionic membranes. Local errors of $|z|$ vs. $\theta$ free energy surfaces for cholesterol-bound (left column) and apo (right column) NPC2 binding to anionic membranes with indicated compositions. The labels indicate membrane content in molar fractions for a mixture of BMP:CHOL:SM:DOPG:POPC, and the corresponding system numbers (Table 1) are provided in parentheses.

S7 Fig. The $|z|$ vs. $\theta$ free energy surfaces for neutral membranes. The $|z|$ vs. $\theta$ free energy surfaces for cholesterol-bound (left column) and apo (right column) NPC2 binding to neutral membranes with indicated compositions. The labels indicate membrane content in molar fractions for a mixture of BMP:CHOL:SM:DOPG:POPC, and the corresponding system numbers (Table 1) are provided in parentheses.

S8 Fig. Local errors of $|z|$ vs. $\theta$ free energy surfaces for neutral membranes. Local errors of $|z|$ vs. $\theta$ free energy surfaces for cholesterol-bound (left column) and apo (right column) NPC2 binding to neutral membranes with indicated compositions. The labels indicate membrane content in molar fractions for a mixture of BMP:CHOL:SM:DOPG:POPC, and the corresponding system numbers (Table 1) are provided in parentheses.

S9 Fig. Local errors of $\min z_r$ vs. $\phi$ free energy surfaces. Local errors of $\min z_r$ vs. $\phi$ free energy surfaces for cholesterol-bound (left column) and apo (right column) NPC2 binding to charged membranes with indicated compositions. The two binding orientations are marked with dashed lines. The labels indicate membrane content in molar fractions for a mixture of BMP:CHOL:SM:DOPG:POPC, and the corresponding system numbers (Table 1) are provided in parentheses.

S10 Fig. The $\min z_r$ vs. $\phi$ free energy surfaces for neutral membranes. The $\min z_r$ vs. $\phi$ free energy surfaces for cholesterol-bound (left column) and apo (right column) NPC2 binding to neutral membranes with the indicated compositions. The two binding orientations are marked with dashed lines. The labels indicate membrane content in molar fractions for a mixture of BMP:CHOL:SM:DOPG:POPC, and the corresponding system numbers (Table 1) are provided in parentheses.

S11 Fig. Local errors of $\min z_r$ vs. $\phi$ free energy surfaces for neutral membranes. Local errors of $\min z_r$ vs. $\phi$ free energy surfaces for cholesterol-bound (left column) and apo (right column) NPC2 binding to neutral membranes with indicated compositions. The two binding orientations are marked with dashed lines. The labels indicate membrane content in molar fractions for a mixture of BMP:CHOL:SM:DOPG:POPC, and the corresponding system numbers...
Electrostatic potential profiles. Electrostatic potential profiles for the neutral (A) and charged (B) membranes. The profiles are calculated from free energy simulation trajectories (the last 100 ns), where the protein (NPC2\textsuperscript{apo}) is kept at a non-interacting distance to the membrane ($i = 45–53$, Fig 2) to ensure that membranes are unaffected by the protein. The trajectories were first centered based membrane COM and then, the electric field calculated by gmx potential tool included in GROMACS 5.0 [29] is averaged over the upper and lower halves of the box for symmetry. The electric field is then integrated to get the electrostatic potential profiles for each simulation. The profiles were averaged over all relevant simulations of a particular system and the band thickness displays their standard error. The location of the membrane P atoms is indicated with gray bands.

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