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## Chondrogenic differentiation of human bone marrow-derived mesenchymal stromal cells in a three-dimensional environment

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1 **Chondrogenic differentiation of human bone marrow-derived mesenchymal**  
2 **stromal cells in a three-dimensional environment**

3

4 **Running title:** Chondrogenic differentiation MSCs in 3D

5

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22

## 23 **Abstract**

24 Cell therapy combined with biomaterial scaffolds is used to treat cartilage defects. We  
25 hypothesized that chondrogenic differentiation bone marrow-derived mesenchymal stem  
26 cells (BM-MSCs) in three-dimensional biomaterial scaffolds would initiate cartilaginous  
27 matrix deposition and prepare the construct for cartilage regeneration *in situ*. The  
28 chondrogenic capability of human BM-MSCs was first verified in a pellet culture. The  
29 BM-MSCs were then either seeded onto a composite scaffold rhCo-PLA combining  
30 polylactide and collagen type II (C2) or type III (C3), or commercial collagen type I/III  
31 membrane (CG). The BM-MSCs were either cultured in a proliferation medium or  
32 chondrogenic culture medium. Adult human chondrocytes (ACs) served as controls. After  
33 3, 14, and 28 days, the constructs were analyzed with qPCR and confocal microscopy and  
34 sulfated glycosaminoglycans (GAGs) were measured. The differentiated BM-MSCs  
35 entered a hypertrophic state by day 14 of culture. The ACs showed dedifferentiation with  
36 no expression of chondrogenic genes and low amount of GAG. The CG membrane  
37 induced the highest expression levels of hypertrophic genes. The two different collagen  
38 types in composite scaffolds yielded similar results. Regardless of the biomaterial  
39 scaffold, culturing BM-MSCs in chondrogenic differentiation medium resulted in  
40 chondrocyte hypertrophy. Thus, caution for cell fate is required when designing cell-  
41 biomaterial constructs for cartilage regeneration.

42 **Key Words:** biomaterial, cartilage, chondrogenesis, MSC, scaffold

43

## 44 **1 Introduction**

45 Articular cartilage is a highly specialized connective tissue covering joint surfaces. It  
46 provides a nearly frictionless gliding surface and load distribution for pain-free movement.  
47 Articular cartilage is well known for its poor repair capacity. More than half of cartilage  
48 defects are attributed to sports injuries (Falah, et al. 2010; Aroen et al. 2004) and they are  
49 prone to propagate into early-onset osteoarthritis (Carbone & Rodeo 2017). Cartilage  
50 repair techniques, such as autologous chondrocyte implantation, in which the patient's  
51 own cartilage cells are seeded under a periosteal patch or on a biomaterial membrane, are  
52 used in an attempt to relieve symptoms and potentially delay the onset of osteoarthritis  
53 (Brittberg et al. 1994; Bhosale 2008).

54 Cell-augmented cartilage repair techniques traditionally utilize the patient's own  
55 chondrocytes (Brittberg et al. 1994). An important limitation of these cartilage repair  
56 procedures is that the required cartilage biopsy causes additional morbidity, and the yield  
57 of chondrocytes is limited. Mesenchymal stromal cells (MSCs) are known to possess  
58 chondrogenic differentiation capacity (Dominici et al. 2006; Johnstone et al. 1998), they  
59 can be expanded through multiple passaging without losing their phenotype, and the  
60 clinical safety profile of these cells has been satisfactory (Lee et al. 2014; Lalu et al. 2012).  
61 MSCs have been successfully used as an alternative cell source in cartilage repair surgery  
62 (Wakitani et al. 2011). MSCs can be obtained from various adult tissue sources, but bone  
63 marrow has been the most frequently used source (Somoza et al. 2014). MSC collection

64 is less traumatic than chondrocyte harvest, larger cell quantities can be obtained, and the  
65 cells can also be greatly expanded *in vitro* (Somoza et al. 2014; Yoo et al. 1998).

66 Cell therapies can benefit from cell delivery devices, such as biomaterial scaffolds that  
67 provide the cells and the forming tissue with attachment surface and proper mechanical  
68 support (Murphy & Barry 2015). Culturing regenerative cells on biomaterial scaffolds  
69 prior to implanting the construct into the cartilage defect may improve the stability of the  
70 construct as well as cell viability. However, the optimal conditions for differentiating  
71 chondrogenic bone marrow-derived mesenchymal stromal cells (BM-MSCs) in a three-  
72 dimensional environment are still poorly understood. Collagen is frequently used in  
73 biomaterial scaffolds. As it is one of the main constituents of cartilage extracellular matrix,  
74 it provides cells with a natural environment in biomaterial scaffolds. Type II collagen is  
75 the most abundant collagen type in articular cartilage and recombinant human type II  
76 collagen has been shown to improve cartilage regeneration (Pulkkinen et al. 2013). Type  
77 III collagen yields good results when combined with type I collagen (Ebert et al. 2017;  
78 Russlies et al. 2002) and it may have a role in cartilage healing (Wu et al. 2010).

79 Due to the mechanically demanding function and highly specialized tissue structure of  
80 articular cartilage, biomechanical issues need to be taken into consideration when  
81 designing scaffolds for cartilage tissue engineering (Pattappa et al. 2019). Additionally,  
82 more understanding on the interactions of chondrogenic cells and biomaterials is needed  
83 to enable the design of improved scaffolds. To contribute to this understanding, this study  
84 was designed to explore the behavior of BM-MSCs in composite scaffolds, in which  
85 poly(L/D)lactide fibers are carded and needle-punched into mesh and combined with  
86 recombinant human collagen. This novel scaffold structure forms a biomechanically  
87 improved scaffold structure (Gasik et al. 2018).

88 The purpose of this study was to explore chondrogenic differentiation of human BM-  
89 MSCs in three-dimensional biomaterial scaffolds intended for cartilage repair. In addition,  
90 we wanted to investigate whether the type of collagen used in the scaffold affects the  
91 chondrogenic potential of these cells. We hypothesized that chondrogenic differentiation  
92 of BM-MSCs in this biomaterial scaffold would enhance cartilaginous matrix deposition  
93 by the cells and thus prepare the cell–scaffold construct for cartilage regeneration *in situ*.

## 94 **2 Materials and methods**

### 95 *2.1 Ethical considerations*

96 The study protocol was approved by the Ethics Committee of the University of Helsinki  
97 (7/13/03/02/2014), and the permission to the study was given by the Department of  
98 Orthopaedics and Traumatology of Helsinki University Hospital. A voluntary and  
99 informed consent was obtained in written form from all bone marrow donors.

### 100 *2.2 BM-MSC culture and proliferation*

101 Bone marrow was harvested from three healthy voluntary donors, aged between 20 and  
102 30 years, and the BM-MSCs were expanded as previously described using platelet lysate  
103 to replace fetal calf serum (Salmenniemi et al 2017). BM-MSCs were displayed a typical  
104 MSC phenotype and osteogenic and adipogenic differentiation capacity (methods, as  
105 described in (Laitinen et al. 2016)). For this study, BM-MSCs from passage 1 (p1) were  
106 frozen in human serum albumin (HSA, AlbuNorm 200g/L, Octapharma, Lachen,  
107 Switzerland) and 10% DMSO CryoSure, WAK-Chemie Medical GmbH, Germany) and  
108 stored in liquid nitrogen in aliquots.

109 For chondrogenic pellet testing, BM-MSCs were thawed and seeded at 1 000 cells/cm<sup>2</sup>  
110 for passage 2 (p2) in a MSC proliferation medium consisting of DMEM-GlutaMAX™-I  
111 (Life Technologies, Paisley, Scotland, UK), 10% pooled platelet lysate (Finnish Red  
112 Cross Blood Service), 1% PenStrep (Life Technologies), and 40 IU/ml heparin (LEO  
113 Pharma, Ballerup, Denmark). After 8 days, BM-MSCs were detached with trypsin  
114 (TrypLE Select CTS, Gibco, Invitrogen) and counted in Bürker's chamber after staining  
115 with Trypan Blue (Invitrogen).

### 116 *2.3 Chondrogenic pellet test for BM-MSCs*

117 Chondrogenic potential of BM-MSCs varies between individuals (Skog et al. 2015).  
118 Therefore, we tested the chondrogenic differentiation potential of the BM-MSCs from  
119 three individual donors in a pellet culture to determine the best BM-MSC batch for this  
120 study. The chondrogenic pellet differentiation test was performed by centrifuging  
121 300 000 cells (in p2) at 200g for 5 minutes, as described by Skog and colleagues (Skog  
122 et al. 2015). Briefly, the cell pellets were cultured for 14 days in conical polypropylene  
123 tubes containing 400 µl of xeno-free chondrogenic differentiation medium comprised of  
124 Dulbecco's Modified Eagle Medium supplemented with 1% PenStrep (Life  
125 Technologies), 1.5 mg/ml human serum albumin (Sigma Aldrich), 40 µg/ml L-proline  
126 (Sigma Aldrich), 25 µg/ml ascorbic acid (Sigma Aldrich), 10 µg/ml insulin (Insuman  
127 Rapid, Sanofi Aventis), 8 µg/ml human transferrin (Sigma Aldrich), 5.5 µg/ml linoleic  
128 acid (Sigma Aldrich), 40 ng/ml dexamethasone (Oradexon, Shering-Plough), 10 ng/ml  
129 sodium selenite (Sigma Aldrich), and 10 ng/ml TGF-β1 (R&D Systems, Minneapolis,  
130 MN, USA). The medium was changed twice a week.

131 After 14 days, the pellets were fixed with 10% buffered formalin, dehydrated in ascending  
132 alcohol series and embedded in paraffin. The blocks were cut into 5  $\mu\text{m}$  thick sections  
133 and stained with Safranin-O for visualization of the proteoglycan content, and  
134 immunohistochemically for type II collagen, using previously described protocols  
135 (Muhonen et al. 2016).

#### 136 *2.4 Chondrocyte harvest and culture*

137 Human articular chondrocytes (AC) were harvested from a male cadaver in collaboration  
138 with Department of Forensic Medicine at University of Helsinki. The cartilage harvest  
139 was performed within 34 hours after the death of the donor. The knees were opened  
140 through a medial parapatellar approach, the patella was laterally dislocated, and cartilage  
141 biopsies were harvested from the entire weight-bearing area of the femoral trochlea. A  
142 cylindrical cartilage sample with a diameter of 6 mm was taken from the trochlear  
143 cartilage in order to assess the histological appearance of the cartilage.

144 The cartilage biopsies were transported to laboratory in sterile phosphate buffered saline  
145 (PBS). The cartilage was minced and digested for 48 hours in chondrocyte proliferation  
146 medium consisting of DMEM-F12 supplemented with GlutaMax (Gibco, Invitrogen), 10%  
147 fetal bovine serum (HyClone, ThermoScientific), 1% PenStrep (Life Technologies), 1%  
148 Fungizone (Invitrogen), 0.05% sodium-L-ascorbate (Sigma Aldrich). In addition, 80  
149 mg/ml of type II collagenase (Worthington) was added for the digestion. The cells were  
150 filtered through a 70  $\mu\text{m}$  nylon mesh (Prinsal, Tuusula, Finland), collected by  
151 centrifugation and washed with sterile PBS.

#### 152 *2.5 Scaffolds*



153 In this study, we used a recombinant human collagen—polylactide (rhCo-PLA) composite  
154 scaffold developed free of animal-derived materials by our team (Muhonen et al. 2016).  
155 Briefly, the medical grade polylactide (poly(L/D)lactide 96/4; Corbion Purac, Gorinchem,  
156 The Netherlands) was used to manufacture the carded needle punched PLA felt. The PLA  
157 felt was gamma irradiated (25 kGy) and cut into 8 mm diameter cylindrical discs. Two  
158 types of recombinant human collagen were used in the rhCo-PLAs to produce two  
159 different rhCo-PLA scaffolds: type II collagen (abbreviated C2; Fibrogen Europe Ltd.,  
160 Helsinki, Finland) or type III collagen (abbreviated C3; Fibrogen Europe Ltd.). The PLA  
161 felt was immersed into recombinant human collagen (type II or type III) solution and  
162 freeze-dried into collagen—PLA composites. The scaffolds were cross-linked with 95%  
163 ethanol solution with 14 mM EDC (N-[3-dimethylaminopropyl]-N'-ethylcarbodiimide  
164 hydrochloride, Sigma-Aldrich, Helsinki, Finland) and 6 mM NHS (N-  
165 Hydroxysuccinimide, Sigma-Aldrich, Helsinki, Finland), washed and freeze-dried again.  
166 The scaffolds were manufactured and packed in a laminar flow chamber to prevent any  
167 contamination.

168 Commercial Chondro-Gide® membrane (Geistlich Pharma AG, Wolhusen, Switzerland)  
169 produced from porcine-derived type I/III collagen served as a control (abbreviated CG).  
170 The membrane was cut into discs with a diameter of 8 mm.

171 To confirm sterility, all scaffolds were treated twice with 70% alcohol for 15 minutes and  
172 subsequently washed three times in sterile PBS prior to use.

### 173 *2.6 Cell cultures in scaffolds*

174 The pellets in the pilot test stained similarly for Safranin-O and type II collagen. Based  
175 on the size of the pellet, donor 1 was chosen for scaffold cultures. Passage 1 BM-MSCs

176 were then thawed and cultured as passage 2 cells in MSC proliferation medium. The  
177 control samples (day 0) were collected at this point.

178 Chondrocytes harvested from a cadaver donor were expanded in the above described  
179 chondrocyte proliferation medium in monolayer culture. The medium was changed twice  
180 a week. The chondrocytes were cultured until passage 3, and control samples (day 0) were  
181 collected.

182 All three types of scaffolds were placed on a 24-well plate and a suspension of 500 000  
183 cells in 40 µl of medium was pipetted onto each scaffold. The cells were allowed to attach  
184 to the scaffolds for 1-2 minutes, after which 0.4 ml of medium was pipetted onto each  
185 well. BM-MSCs were either cultured in MSC proliferation medium (MSC-P) or in  
186 chondrogenic differentiation medium (MSC-C). The human adult chondrocytes (AC)  
187 were cultured in their proliferation medium. The study design is outlined in Figure 1.

## 188 *2.7 Glycosaminoglycans*

189 The amount of sulfated glycosaminoglycans (sGAGs) in each cell–scaffold-construct was  
190 quantified using Blyscan assay (Biocolor, UK) and the DNA amounts with Picogreen  
191 assay (Molecular Probes, Invitrogen) for normalization of sGAG amounts. The scaffolds  
192 containing the cells (MSC-P, MSC-C and AC) were washed twice with PBS, placed dry  
193 in Eppendorf tubes and stored immediately at –80°C. The cell-scaffold samples were cut  
194 into approximately 4 mm<sup>2</sup> pieces with a scalpel and digested with 1 mg/ml Proteinase K  
195 (Sigma-Aldrich) (1 ml of solution for each cell–scaffold sample) overnight at 60°C. After  
196 digestion, the samples were centrifuged for 10 min at 10 000g and the supernatants were  
197 used for the measurements.

198 *Blyscan assay.* The measurement was performed applying the manufacturer's protocol  
199 using bovine tracheal chondroitin 4-sulfate to create the standard curve. Briefly, 100  $\mu$ l  
200 of samples were mixed with 1 ml of Blyscan reagent and incubated with gentle shaking  
201 for 30 min. After incubation, samples were centrifuged for 10 min at 8 000 g and  
202 supernatants were discarded. Precipitated sGAG pellets were dissolved by the addition of  
203 0.5 ml of dissociation reagent and vortexing. 200  $\mu$ l of samples was transferred to a 96-  
204 well plate in duplicates, and the absorbance was measured with a microplate reader at 656  
205 nm.

206 *Picogreen assay.* The measurement was performed following the manufacturer's protocol  
207 using Lambda DNA as a standard. The samples were diluted 1:10 and 50  $\mu$ l of the  
208 dilutions were transferred to a 96-well plate in duplicates. 50  $\mu$ l of Picogreen working  
209 solution was added to each sample and incubated for 2–5 min at room temperature. The  
210 fluorescence was measured with a microplate reader at 480/520 nm.

## 211 *2.8 RNA extraction and cDNA synthesis*

212 Eight biological parallel samples per study group were analyzed. In order to perform the  
213 RNA extraction, the scaffolds were disrupted using Tissue Lyser II (Qiagen, Hilden,  
214 Germany) with carbide beads. The samples were homogenized with QIAzol® Lysis  
215 Reagent (Qiagen Sciences, Maryland, USA, cat. no. 79306) and the RNA was separated  
216 from the organic phase with chloroform (Sigma-Aldrich). Further purification was  
217 performed using RNeasy Mini Kit (Qiagen, 74104) following manufacturer's instructions.  
218 Total RNA yield and RNA purity were measured with NanoDrop 1000  
219 spectrophotometer (Thermo Scientific, Wilmington, DE, USA) and the samples were

220 stored in  $-80^{\circ}\text{C}$  until further processing. RNA samples with 260/280 values  $<1.6$  and  
221 260/230 values  $<0.1$  were omitted from the final analyses.

222 Reverse transcription of RNA to single-stranded cDNA was carried out in PCR tubes  
223 (Nippon Genetics Europe GmbH, Dueren, Germany) using a commercial kit (High  
224 Capacity cDNA Reverse Transcription Kit with RNase Inhibitor; Applied Biosystems,  
225 Foster City, CA, USA) according to the manufacturer's instructions. The total RNA used  
226 in the reactions was equal in each sample. The reverse transcription program was as  
227 follows:  $25^{\circ}\text{C}$  for 10 min,  $37^{\circ}\text{C}$  for 120 min,  $85^{\circ}\text{C}$  for 5 min. The produced cDNA was  
228 stored at  $-20^{\circ}\text{C}$ .

### 229 *2.9 Real-time qPCR*

230 The real-time qPCR analysis was performed with iQ<sup>TM</sup>5 Multicolor Real-Time PCR  
231 Detection System (Bio-Rad Laboratories, Hercules, CA, USA). For the reaction, a  
232 commercial gene expression assay (TaqMan<sup>®</sup> Gene Expression Assay, Applied  
233 Biosystems) was used according to the manufacturer's protocol. The assay codes are  
234 presented in Table 1. The amplification reaction conditions were as follows: hold in  $50^{\circ}\text{C}$   
235 for 2 min, hold in  $95^{\circ}\text{C}$  for 10 min, cycle  $95^{\circ}\text{C}$  for 15 sec and  $60^{\circ}\text{C}$  for 1 min repeated 40  
236 times. *GAPDH* was used as the housekeeping gene based on our previous stability tests  
237 with mesenchymal stem cells. The gene expression levels were normalized with *GAPDH*  
238 and day 0 samples were used as calibrators in the  $\Delta\Delta\text{C}_T$  method (Livak & Schmittgen  
239 2001).

### 240 *2.10 Confocal microscopy*

241 The cells in the scaffolds were fixed with 10% buffered formalin and stained with Hoechst  
242 stain (Invitrogen). The cell nuclei were then imaged with a fluorescent confocal

243 microscope Leica TC SP8 CARS (Leica Microsystems) with 25x HCX IR APO L water  
244 objective and Leica Application Suite Advanced Fluorescence software (version  
245 3.3.0.10134). For each sample, three fields of view from the representative areas were  
246 imaged and a maximum projection image was created with a mean stack size of 320  $\mu\text{m}$ .

## 247 *2.11 Statistical analyses*

248 To avoid multiple testing, statistical analyses were performed to answer the original  
249 research question on how the scaffolds affect cell behavior and different scaffolds were  
250 compared to each other within the cell types. Differences between scaffolds were  
251 determined with permutation type analysis of variance followed by pairwise multiple  
252 comparisons with the Bonferroni procedure.  $P$  values  $\leq 0.05$  were considered statistically  
253 significant. All the data are presented as mean  $\pm$  standard error (SE).

## 254 **3 Results**

### 255 *3.1 Cell yields and cell types after chondrogenic differentiation*

256 The MSC counts obtained from eight day culture in p2 were  $5.8 \times 10^6$  for donor 1,  $3.0 \times$   
257  $10^6$  for donor 2, and  $0.8 \times 10^6$  for donor 3. Pellets of the cells of donor 1 showed good  
258 Safranin-O uptake and positive immunohistological staining with type II collagen (Figure  
259 2). Based on these results, donor 1 MSCs were chosen for the study. The chondrocyte  
260 yield from the cadaver trochlear cartilage was  $14.4 \times 10^6$ . The histology of the cadaver  
261 cartilage was healthy mature hyaline cartilage (Supplementary Figure S1).

### 262 *3.2 RNA and DNA contents*

263 The amounts of RNA and DNA were the highest in the MSC-C samples and lowest in the  
264 chondrocyte samples ( $p<0.0001$ ) (Figure 3). On days 3 and 28, the RNA amounts did not  
265 differ between the scaffolds in any cell group. By contrast, on day 14, the MSC-Ps  
266 cultured in the C2 scaffold showed a higher RNA amount than those cultured in the C3  
267 scaffold ( $p=0.028$ ) and ACs on C2 showed higher RNA amount than ACs on CG  
268 ( $p=0.007$ ). The DNA amounts in MSC-Cs and MSC-Ps did not change significantly  
269 between days 14 and 28 ( $p=0.59$  for MSC-Cs and  $p=0.07$  for MSC-Ps, respectively).

### 270 *3.3 Amount of sulfated glycosaminoglycans*

271 The amount of sGAG was analyzed and the differences between the scaffolds within each  
272 cell type were evaluated. MSC-Ps showed higher sGAG amount than MSC-Cs and ACs  
273 (Figure 4). The MSC-Ps cultured on CG showed higher sGAG than cells cultured on C2  
274 or C3 ( $p<0.0001$  for day 14 and  $p<0.0001$  for day 28). By contrast, MSC-Cs on CG  
275 showed lower sGAG than C2 and C3 ( $p=0.005$  for day 14 and  $p<0.0001$  for day 28).  
276 Otherwise, no differences between the scaffolds were detected. The type of recombinant  
277 human collagen used in the rhCo-PLA scaffolds did not affect the results as there were  
278 no differences in sGAG content between the two rhCo-PLA scaffolds with any of the  
279 studied cell types.

### 280 *3.4 No upregulation of chondrogenic genes during 3D chondrogenic differentiation*

281 The mean relative gene expression levels of the measurements are shown in Figure 5. The  
282 statistical significances of gene expression levels between scaffolds were evaluated  
283 within the cell types. None of the studied genes were upregulated in the ACs or MSC-Ps  
284 at any time point.

285 *ACAN* was upregulated only in MSC-Cs grown on CG membrane on day 28 ( $3.88\pm 0.8$   
286 fold) and the difference to the two rhCo-PLA scaffolds was statistically significant  
287 ( $p<0.0001$ ) (Figure 5a). The indicator gene of chondrogenesis *SOX9* was not upregulated  
288 in any of the studied specimens. The chondrogenic gene *COL2A1* was upregulated only  
289 in a few MSC-C specimens on day 14 but variation between individual specimens was  
290 large (Figure 5b). Otherwise, no expression of *COL2A1* was detected.

291 The indicators of chondrocyte hypertrophy and osteogenic commitment, *RUNX2* and  
292 *COL10A1*, were only upregulated in the MSC-C samples. *RUNX2* was upregulated in the  
293 MSC-Cs grown on C3 and CG on day 14 ( $3.49\pm 0.52$  fold and  $3.53\pm 0.29$  fold, respectively)  
294 (Figure 5c). The expression remained high on day 28 and the cells grown on CG showed  
295 the highest expression levels ( $6.55\pm 0.84$  fold;  $p<0.0001$ ). *COL10A1* was greatly  
296 upregulated in MSC-Cs seeded on the CG membrane on day 14 ( $29.64\pm 4.81$  fold) and it  
297 remained high on day 28 ( $20.32\pm 5.15$  fold) (Figure 5d). A statistically significant  
298 difference for MSC-Cs was found between scaffolds C3 and CG on day 14 ( $p=0.0042$ ).

299 The fibroblast/synovial marker *MFAP5* was greatly upregulated in the MSC-C samples  
300 on day 14 but not at the later time point or in any other samples (Figure 5e). For this gene,  
301 there was a statistically significant difference between C2 and CG scaffolds ( $p=0.011$ ).

### 302 *3.5 Confocal microscopy showed differences in cell distribution on the scaffolds*

303 All of the CG membranes showed polarity in the cell distribution. One side of the  
304 membrane was nearly empty whereas the other side showed an even distribution of cells  
305 in the day 3 and day 14 samples. The day 28 samples showed very few cells on both sides  
306 of the membrane (Figure 6 a,b).

307 Both C2 and C3 scaffolds showed a substantial cell amount in all groups at all time points  
308 (Figure 6 a,b,c). The cells were relatively evenly distributed throughout the scaffolds with  
309 some larger cell clusters in all groups.

#### 310 **4 Discussion**

311 In this study, we investigated the effect of three different biomaterial scaffolds intended  
312 for cartilage repair on the chondrogenic differentiation capacity of human BM-MSCs.

313 Composite scaffold rhCo-PLA has been proven to enhance cartilage repair *in vivo*  
314 (Muhoen et al. 2016). In this study, we investigated whether the collagen type used in the  
315 rhCo-PLA scaffold has an effect on the chondrogenic differentiation of BM-MSCs. The  
316 commercial collagen membrane Chondro-Gide® was chosen as the control material, as  
317 it is well established in human articular cartilage repair (Kon et al. 2011).

318 The results of the DNA and RNA measurements showed that BM-MSCs cultured with  
319 chondrogenic medium (MSC-C) exhibited the highest cell count after 14 days in  
320 biomaterial scaffolds. The scaffold type did not have an effect on the cell amount in MSC-  
321 C. However, the chondrogenic medium maintained cell viability when the cells were  
322 seeded on biomaterial scaffold compared to the undifferentiating culture conditions  
323 (MSC-P). The fact that the total DNA amount remained the same between 14 to 28 days  
324 in culture in both chondrogenic and proliferation media indicates either a steady turnover  
325 in cell population or general survival of seeded cells between the time periods. Either way,  
326 this indicates that the MSCs or ACs seeded on the investigated biomaterial scaffolds do  
327 not proliferate and produce ECM sufficiently to completely fill the scaffold spaces.



328 Surfaces coated with bovine type I collagen have been shown to promote human BM-MSc  
329 proliferation (Somaiah et al. 2015). In a study by Amalki and Agrawal (2016) an increased matrix  
330 metalloproteinase-1 (MMP-1) level was shown to promote MSC proliferation. Type III collagen  
331 is mainly cleaved by MMP-1, and type II collagen by MMP-13. Recombinant human type II  
332 collagen hydrogel has shown to transiently increase the expression of MMP-13, MMP-14 and  
333 MMP-8 in BM-MSc cultures (Muhonen et al. 2017). To our knowledge, the effect of type II  
334 collagen on MSC proliferation has not been determined, but it is possible that the cleavage of type  
335 II collagen in the scaffolds is conveyed by MMP-13, and that its presence promotes BM-MSc  
336 proliferation more than the type III collagen cleaving MMP-1. Further studies are required to  
337 confirm this hypothesis.

338 Cell distribution, proliferation and tissue-specific ECM production is clinically  
339 significant for cartilage restoration. Even though the biomaterial scaffold type did not  
340 have an effect on cell number, it did have a clear effect on cell distribution within the  
341 scaffold. As seen in confocal microscopy, the cells residing on the CG scaffold showed a  
342 more polarized distribution, in which the cells were located on one side of the membrane,  
343 than cells seeded onto the rhCo-PLA scaffolds. The cells residing in the rhCo-PLA  
344 scaffolds were more evenly distributed throughout the scaffold.

345 Primary chondrocytes seeded on the biomaterial scaffolds showed neither expression of  
346 chondrocyte specific genes *SOX9* or *COL2A1*, nor the synovial/fibroblast marker *MFAP5*  
347 on 3 or 14 days in culture. This is a clear indication of dedifferentiation of these cells. It  
348 is likely that the off-routing from chondrocyte phenotype had taken place during the  
349 monolayer culture, before cell seeding into the scaffolds (Benya et al. 1978). Based on  
350 our results, we can conclude that seeding monolayer expanded passage 3 primary

351 chondrocytes on a biomaterial scaffold and culturing these cell—scaffold constructs *in*  
352 *vitro*, is not sufficient for re-routing these cells to the chondrocyte phenotype.

353 Monolayer expanded passage 3 primary chondrocytes are used in a clinical setting in  
354 matrix-induced autologous chondrocyte implantation (MACI®) cartilage repair therapy  
355 that has been reported with good outcomes and is approved by the US Food and Drug  
356 Administration (FDA) (US Food & Drug Administration 2016; Corbett et al. 2017).  
357 However, the fate of the scaffold-laden cells and their role in cartilage regeneration  
358 remains to be elucidated. Interestingly, our results demonstrate that the biomaterial  
359 scaffold, *i.e.*, the cell attachment surface, does not have a significant effect on overall  
360 chondrocyte survival or gene expression of the studied marker genes.

361 The chondrogenic pellet test verified that the cells used in the studies had the capacity to  
362 differentiate into chondrocytes. In previous studies, undifferentiated MSCs in hydrogel  
363 constructs have resulted in higher glycosaminoglycan content than chondrogenically  
364 predifferentiated MSCs both *in vitro* (Grayson et al. 2010) and *in vivo* (Dashtdar et al.  
365 2011) although opposite *in vitro* results have also been presented (Tay et al. 2013; Li et  
366 al. 2014). Contrary to our expectations, undifferentiated MSCs (MSC-Ps) exhibited the  
367 highest amount of sulfated GAGs. This finding might be explained by the substantial  
368 expression of glycosylated adhesion proteins that is typical for MSCs (Nystedt et al. 2010;  
369 Silva et al. 2003), providing a possible explanation to the high sGAG amount in the MSC-  
370 Ps. On the other hand, the low amount of sGAG in the MSC-Cs might be due to the  
371 prolonged *in vitro* differentiation leading to diminished chondrogenic potential of the  
372 MSC-Cs (Li et al. 2014; Huang et al. 2004), or the delayed GAG deposition of MSC-Cs  
373 caused by the scaffold collagen (Muhonen et al. 2017).

374 Based on our qPCR results, the chondrogenically differentiated MSCs (MSC-Cs) seemed  
375 to enter endochondral ossification regardless of the scaffold type. Chondrogenic  
376 predifferentiation of MSCs in poly( $\epsilon$ -caprolactone) scaffolds prior to subcutaneous  
377 implantation in nude mice was recently shown to diminish GAG content and increase  
378 mineralization of the constructs (Larson 2019). In our study, the osteoblast differentiation  
379 markers *RUNX2* and *COL10A1* were upregulated on day 14, indicating that the  
380 hypertrophic pathway was determined at an early phase of the culture.

381 In a study on human BM-MSCs by Herlofsen and colleagues, *RUNX2* remained stable on  
382 days 0, 7, 14 and 21, whereas *type X collagen* increased on day 7 of *in vitro* culture and  
383 remained high (Herlofsen et al. 2011). Moreover, our results indicate that the collagen  
384 type in the scaffold does not play a significant role in the process, since there were no  
385 statistically significant differences in the expression of the markers of terminal  
386 differentiation between the cells seeded on different rhCo-PLA scaffolds. This supports  
387 the hypothesis that BM-MSCs might have a predefined fate of endochondral ossification  
388 (Somoza et al. 2014; Vinardell et al. 2012; Xu et al 2017). In addition, even though TGF-  
389  $\beta$  is one of the most important factors in chondrogenesis, it later inhibits type II collagen  
390 and promotes osteogenic differentiation in chondrogenic MSCs (Nazirkar et al. 2014).  
391 Therefore, the bone marrow origin of these cells, together with the 28-day exposure to  
392 TGF- $\beta$ , might be the reason for the tendency of these cells to become hypertrophic.

393 Dashtdar and colleagues discussed that culturing rabbit MSCs in alginate gel might have  
394 induced chondrogenic differentiation in the undifferentiated stem cells, even without  
395 chondrogenic culture medium (Dashtdar et al. 2011). In gel environment, the cells are  
396 surrounded by matrix and therefore microscopically in 3D environment. By contrast, in  
397 the scaffolds investigated in this study, the cells attach to the fiber structures and hence,

398 may experience a 2D environment. Thus, the lack of cues from surrounding cells and  
399 ECM components might have inhibited chondrogenesis of MSCs when seeded on the  
400 various biomaterial scaffolds (Chen et al. 2014). Both the rhCo-PLA and CG scaffolds  
401 have been shown to promote chondral repair *in vivo* (Brittberg et al. 1994; Muhonen et  
402 al. 2016), but this capability does not extend to static *in vitro* conditions. We have seen  
403 with scanning electron microscopy that chondrocytes seeded onto the rhCo-PLA  
404 scaffolds attach to the collagen network in between the PLA fibers and that this  
405 attachment takes place within minutes (unpublished results). The rhCo-PLA scaffold with  
406 the cells residing in their individual collagen pouches might hinder cell–cell contacts and  
407 cell condensation, which is a crucial part of chondrogenic differentiation *in vitro* (Lee et  
408 al. 2014; Yoo et al. 1998; Kim et al. 2016; Hsu & Huang. 2013). This might explain the  
409 differences in proteoglycan content of pelleted and scaffold-seeded cells, and between the  
410 CG membrane and rhCo-PLA scaffolds. The membranous structure of the CG allows for  
411 cell–cell contact and thus, promotes chondrogenesis and osteogenesis (Zhu et al. 2016).  
412 Thus, the relative cell number in the C2 and C3 scaffolds was smaller than in the CG  
413 scaffold although the initial cell numbers were equal in each scaffold.

414 CG scaffolds are manufactured with collagen types I and III. Type I collagen is the most  
415 abundant collagen type in bone and frequently used in scaffolds developed for bone  
416 regeneration. Although we believe that the differences between the rhCo-PLA scaffolds  
417 and the CG membrane are mainly due to scaffold architecture, the collagen type might  
418 have some effect as well. Although a previous study showed that when meniscal  
419 chondrocytes were cultured in type I or II collagen scaffolds, the type of collagen did not  
420 affect the results (Tebb et al. 2006), a study investigating BM-MSCs on scaffolds  
421 manufactured with type I or type II collagen (Tamaddon et al. 2017) proved the opposite:

422 Type II collagen promoted Safranin-O staining and type II collagen staining in  
423 immunohistology, whereas very little Safranin-O uptake was detected with type I  
424 collagen scaffolds. However, both type I and type II collagen scaffolds lead to calcium  
425 deposition, possibly indicating chondrocyte hypertrophy. However, the expression of  
426 *SOX9* and *RUNX2* was unaffected by the collagen type in the study by Tamaddon and  
427 colleagues.

428 Combining the mechanical structure of PLA and the cell-friendly environment of rhCo,  
429 the rhCo-PLA scaffold has shown promising results in articular cartilage repair *in vivo*  
430 (Muhonen et al. 2016). Although it has been thought that type II collagen is superior over  
431 other collagen types in cartilage repair solutions, this study suggests that the structural  
432 architecture of the scaffold is more important than the type of collagen used in the  
433 manufacturing of the scaffold.

434 As the expression levels of the chondrogenic genes were very low in all of the studied  
435 groups and the scaffolds were mechanically disrupted, the scaffolds might have interfered  
436 with the qPCR results, leading to high variation between individual specimens in the gene  
437 expression. Additionally, the limitations of a static cell culture have possibly affected  
438 these results. Hypertrophy is a common phenomenon in *in vitro* chondrogenesis of MSCs  
439 (Chen et al. 2015), whereas MSCs in articular cartilage defects *in vivo* have not shown  
440 upregulation of hypertrophic markers (Frisbie et al. 1999; Giovannini et al. 2010). In  
441 joints, the cells are under cyclic mechanical loading that provides the joint with a flux of  
442 nutrients and differentiation cues. The rhCo-PLA scaffold has been shown to promote  
443 cartilage repair in a porcine model (Muhonen et al. 2016) but static predifferentiation of  
444 BM-MSCs in rhCo-PLA or CG *in vitro* does not seem to be beneficial. Further research  
445 is needed to evaluate the effect of BM-MSC predifferentiation in these scaffolds *in vivo*.

446 In conclusion, these studies show that chondrogenic differentiation of human BM-MSCs  
447 leads to cell hypertrophy in the rhCo-PLA scaffolds and on the collagen membrane. The  
448 type II collagen promotes BM-MSC proliferation but the collagen type used in the  
449 composite scaffold rhCo-PLA does not affect MSC differentiation during *in vitro* culture.

450

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#### 459 **Availability of data and materials**

460 The datasets used or analyzed (or both) during the current study are available from the  
461 corresponding author on reasonable request.

#### 462 **Authors' contributions**

463 ES designed and performed the experiments, analyzed the data and wrote the  
464 manuscript. LK performed part of the experiment and wrote the manuscript. AL  
465 provided the MSCs, wrote and corrected the manuscript. AMH provided the scaffolds  
466 and corrected the manuscript. MK, JN, IK and VM designed the study and participated

467 in revising the manuscript critically for important intellectual content. All authors read  
468 and approved the final manuscript.

#### 469 **Ethics approval**

470 The study protocol was approved by the Ethics Committee of the University of Helsinki  
471 (7/13/03/02/2014), and the permission to the study was given by the Department of  
472 Orthopaedics and Traumatology of Helsinki University Hospital. A voluntary and  
473 informed consent was obtained in written form from all bone marrow donors.

#### 474 **Competing interests**

475 V. Muhonen and A.-M. Haaparanta are the majority owners of a company (Askel  
476 Healthcare Ltd) commercializing a product based on the rhCo-PLA scaffold described  
477 herein for veterinary medicine. Other authors have no financial or personal disclosures  
478 that would pose potential conflicts of interests.

479

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- 657

658 **Figure legends**

659 Figure 1. Study design showing the cell types and scaffolds with white background and  
660 different time points with gray background. For the study, human bone marrow-derived  
661 stem cells were used in passage 2 and cultured in chondrogenic differentiation medium  
662 (MSC-C) or proliferation medium (MSC-P), and human cadaveric articular  
663 chondrocytes (AC) were used in passage 3. Each cell type was seeded onto three  
664 different biomaterials and cultured for 3 and 14 days (AC), or 14 and 28 days (MSC-C  
665 and MSC-P).

666 Figure 2. Safranin-O and type II collagen stained histological sections of bone marrow-  
667 derived mesenchymal stem cell pellets cultured in chondrogenic differentiation medium  
668 for 14 days. Scale bar: 200  $\mu$ m.

669 Figure 3. The results of the RNA (a) and DNA (b) measurements in each group. The error  
670 bars represent standard error. \*Bonferroni procedure was used to correct significance  
671 levels for post hoc testing ( $p<0.05$ ). a) A statistically significant difference was found  
672 between scaffolds C2 and C3 in proliferated MSCs (MSC-P) on day 14 ( $p=0.028$ ), and  
673 between scaffolds C2 and CG in chondrocytes (AC) on day 14 ( $p=0.007$ ). b) The DNA  
674 amounts in each cell group differed from one another ( $p<0.0001$ ). No statistically  
675 significant differences in DNA amounts were found between days 14 and 28.

676 Figure 4. The results of the sGAG/DNA measurements in each group. The error bars  
677 represent standard error. Statistically significant differences were found on day 14 and  
678 day 28 in proliferated and chondrogenically differentiated MSCs. All the statistically  
679 significant differences were located between the CG scaffold and the two rhCO-PLA

680 scaffolds (C2 and C3). \*Bonferroni procedure was used to correct significance levels for  
681 post hoc testing ( $p < 0.05$ ).

682 Figure 5. Relative gene expression levels for the studied genes in proliferated (MSC-P)  
683 and chondrogenically differentiated (MSC-C) mesenchymal stromal cells and the control  
684 cells. Statistical significances between the scaffolds within each cell type are marked  
685 above the cell group. The bars represent average relative gene expression in each group  
686 and the whiskers represent standard error. \*Bonferroni procedure was used to correct  
687 significance levels for post hoc testing ( $p < 0.05$ ). a) In MSC-Cs on day 14, *ACAN* was  
688 higher in CG than in C3 scaffold ( $p = 0.001$ ), and on day 28 all scaffolds differed from one  
689 another ( $p < 0.0001$ ). b) *COL2A1* was only upregulated in MSC-Cs but variation between  
690 individual samples was large. c) *RUNX2* was upregulated in MSC-Cs, where C2 showed  
691 lower expression values than the two other scaffolds on day 14 ( $p = 0.001$ ) and CG showed  
692 higher expression levels than the two other scaffolds on day 28 ( $p < 0.0001$ ). d) *COL10A1*  
693 was upregulated in MSC-Cs, where the only statistically significant difference between  
694 the scaffolds was found between C3 and CG on day 28 ( $p = 0.004$ ). e) *MFAP5* showed  
695 highest expression levels in MSC-Cs on scaffold C2, which differed from CG ( $p = 0.011$ ).

696 Figure 6. Maximum projection of confocal microscopy images of the Hoechst stained  
697 nuclei in proliferated MSCs (a), differentiated MSCs (b) and adult chondrocytes (c).  
698 Each image is from a representative site of the scaffold. Each row represents a time  
699 point and each column represents a scaffold type. Scale bars: 50  $\mu\text{m}$ .

700 Figure S1. Safranin-O stained histological section of the cadaver donor cartilage from  
701 which the chondrocytes were obtained. Scale bar: 200  $\mu\text{m}$ .