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Eskici, Nazli

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1 Congenital hypogonadotropic hypogonadism in a patient with a de novo 2 POGZ mutation

3 Nazli Eskici^{1, 2}, Shrinidhi Madhusudan^{1, 2}, Kirsi Vaaralahti^{1,2}, Venkatram Yellapragada^{1, 2}, Celia Gomez-
4 Sanchez^{1, 2}, Juho Kärkinen³, Henrikki Almusa⁴, Nina Brandstack⁵, Päivi J. Miettinen³, Yafei Wang^{1, 2*} &
5 Taneli Raivio^{1,2,3*}

6 ¹ Stem Cells and Metabolism Research Program (STEMM), Faculty of Medicine, 00014 University of Helsinki,
7 Helsinki, Finland; ² Medicum, Faculty of Medicine, 00014 University of Helsinki, Helsinki, Finland; ³ Helsinki
8 University Hospital, New Children's Hospital, Pediatric Research Center, Helsinki 00014, ⁴Finland, Institute for
9 Molecular Medicine Finland, FIMM, University of Helsinki, Helsinki, Finland, ⁵Department of Radiology, Helsinki
10 University Hospital and University of Helsinki, Helsinki, Finland

11 * Contributed equally

12 **Corresponding authors:** Taneli Raivio, taneli.raivio@helsinki.fi, Biomedicum Helsinki, Haartmaninkatu 8 00290
13 Helsinki, FINLAND

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15 **Keywords:** Congenital hypogonadotropic hypogonadism, Kallmann syndrome, POGZ, GnRH neurons, puberty

16 **Running head:** POGZ mutation in Kallmann syndrome

17 18 ABSTRACT

19 **Objective:** Congenital hypogonadotropic hypogonadism (CHH) is a rare, genetically heterogeneous
20 reproductive disorder caused by gonadotropin-releasing hormone (GnRH) deficiency. Approximately half
21 of CHH patients also have decreased or absent sense of smell, *i.e.* Kallmann syndrome (KS). We describe a
22 patient with White-Sutton syndrome (developmental delay and autism spectrum disorder) and KS due to a
23 heterozygous *de novo* mutation in *POGZ* (c.2857C>T, p.(Gln953*)), a gene encoding pogo transposable
24 element derived with zinc finger domain, which acts as a transcriptomic regulator of neuronal networks.

25 **Design & Methods:** We modelled the role of *POGZ* in CHH by generating two clonal human pluripotent
26 stem cell lines with CRISPR/Cas9, carrying either the heterozygous patient mutation (H11 line), or a
27 homozygous mutation (c.2803-2906del; p.E935Kfs*7 encoding a truncated POGZ protein; F6del line).

1 **Results:** During the differentiation to GnRH neurons, neural progenitors derived from F6del line displayed
2 severe proliferation defect, delayed wound-healing capacity, downregulation of intermediate progenitor
3 neuron genes *TBR1* and *TBR2* and immature neuron markers *PAX6* and *TUBB3*, and gave rise to fewer
4 neurons with shorter neurites and less neurite branch points compared to the WT and H11 lines ($P < 0.005$).
5 Both lines, however, could be successfully differentiated to GnRH neurons.

6 **Conclusions:** In conclusion, this is the first report on the overlap between White-Sutton syndrome and
7 CHH. *POGZ* mutations do not hinder GnRH neuron formation, but may cause CHH/KS by affecting the size
8 and motility of the anterior neural progenitor pool, and neurite outgrowth.

9 10 Significance Statement

11 We report the first White-Sutton syndrome patient with a mutation in *POGZ* (c.2857C>T, p.(Gln953*)) who
12 also has Kallmann syndrome (KS). *POGZ* deficiency in human pluripotent stem cells did not impair GnRH
13 neurogenesis but disrupted the proliferation of neural progenitors, axon outgrowth, and branching. In
14 conclusion, patients with *POGZ* mutations should be evaluated for the presence of KS.

15 16 INTRODUCTION

17 Congenital hypogonadotropic hypogonadism (CHH) is a clinically and genetically heterogeneous disease
18 characterized by absent or incomplete puberty and infertility (1) together with low serum levels of sex
19 steroids and gonadotropins (luteinizing hormone and follicle-stimulating hormone) (2). When CHH
20 manifests with deficient sense of smell (hyposmia or anosmia), it is called Kallmann syndrome (KS).
21 CHH/KS is caused by GnRH deficiency (1, 3). GnRH neurons are born in the olfactory placode during early
22 embryonic development and migrate along vomeronasal nerves into the central nervous system (CNS) (4).
23 Once they reach their final destination in the hypothalamus, they extend their projections to the median
24 eminence where they have the capacity to release the GnRH decapeptide (3). GnRH stimulates
25 gonadotropic cells in the anterior pituitary gland to produce and release gonadotropins that control
26 gonadal maturation and the reproductive system (1).

27 Patients with CHH exhibit a wide clinical spectrum including reproductive (reduced testicular volume,
28 absent puberty, micropenis, and cryptorchidism in males, and absent breast development, and primary
29 amenorrhea in females) and non-reproductive (cleft lip/palate, hearing loss, synkinesia, dental agenesis)
30 phenotypes (1, 3).

1 So far, mutations in 75 genes have been implicated in CHH (5-13) (Supplementary file 4) and different
2 modes of inheritance, including oligogenecity, have been described (3, 14). The genetic complexity is
3 reflected by varying phenotypic features due to incomplete penetrance and variable expressivity.
4 Moreover, CHH clinically overlaps with other syndromes such as CHARGE syndrome (*CHD7* mutations)
5 (15), Waardenburg syndrome (*SOX10* mutations) (16), Hartsfield syndrome (*FGFR1* mutations), TUBB3
6 E410K syndrome (recurrent heterozygous *TUBB3* E410K mutation) (17), and a syndrome caused by
7 mutations in *DMXL2* (14, 18).

8 *POGZ*, a transcriptional regulator that promotes neuronal gene expression and chromatin accessibility, is
9 highly expressed in the fetal and adult central nervous system (CNS) in both humans and mice (19-22) and
10 plays an important role in neural differentiation of mouse and human stem cells (23, 24). Heterozygous
11 loss-of-function mutations in *POGZ* cause White-Sutton syndrome (WHSUS) which is characterized by
12 intellectual disability, and developmental delay with or without autism spectrum disorder (ASD) and
13 dysmorphic facial features (19, 25, 26, 27). There are no reports of WHSUS patients with homozygous
14 *POGZ* mutations, and indeed, homozygous *Pogz* mutations in mice are embryonic lethal (21).

15 In this paper, we describe a WHSUS patient, with a novel *de novo* *POGZ* mutation, who also has CHH and
16 KS. To investigate the mechanism underlying the CHH phenotype, we generated two different *POGZ*
17 mutation lines in hESCs. We introduced the patient's heterozygous mutation in one line and a
18 homozygous deletion leading to truncated protein in another line and investigated their ability to
19 differentiate into anterior neurons using our GnRH neuron differentiation protocol (28-31). Our results
20 demonstrate that *POGZ* is required for the formation of the anterior neural progenitor pool and that the
21 absence of full-length *POGZ* impairs neurite outgrowth and branching of anterior neurons. These results
22 suggest that *POGZ* is not indispensable for GnRH neuron ontogeny but may cause CHH/KS by affecting
23 the size and motility of the anterior neural progenitor pool, and neurite outgrowth.

24

25 PATIENTS AND METHODS

26 *Patient description*

27 The index patient was born following a full-term pregnancy (birth weight 3440 g /birth length 52 cm /head
28 circumference 33 cm). After birth, he was diagnosed with micropenis (length 13 mm) with normally
29 descended testes. He had abnormal shape of L1 to L3, L5 and C2 and C3 vertebrae. At the age of 0 and 1
30 month, he received two doses of intramuscular testosterone 25mg (Testoviron®) with a good response in
31 penile growth (from 13 to 29 mm). At the age of 6 months, the patient underwent GnRH stimulation test.
32 His basal LH level was <0.1 IU/L and peak LH was 3.6 IU/L. Both values were below the reported values in

1 healthy boys (32, 33). Ophthalmologist diagnosed bilateral astigmatismus and optic nerve atrophy.
2 Olfactory bulbs were not visible in his brain MRI, obtained at the age of 8 months, though olfactory sulci
3 were present; anterior pituitary was small (Fig.1). Developmental delay (motor delay, speech delay,
4 intellectual disabilities, and learning difficulties) of unknown etiology was noted from early on. He also had
5 microcephaly (head circumference -4.3 SDS at the age 5 years), brachycephaly, frontal bossing,
6 hypertelorism, downslanting palpebral fissures, midface hypoplasia, flat nasal bridge, anteverted nares,
7 triangular mouth, high-arched palate, abnormally folded and posteriorly-rotated ears, autism,
8 constipation, diarrhea, cyclic vomiting, and reflux, all of which are common WHSUS features (27). His
9 electroencephalography was normal, karyotype was 46, XY, and diagnostic tests for Angelman, Pallister-
10 Killian, Smith-Magenis, and Williams syndrome were negative. Family history was negative for WHSUS or
11 CHH.

12 He was readmitted to the pediatric endocrine outpatient clinic at the age of 19 years due to delayed
13 puberty. His bone age was 13 years and Tanner stage was G2P2 with testicular volume below 4 ml in the
14 setting of low serum testosterone (<0.2 nM), LH (<0.1 IU/L) and inhibin B (40 ng/l) levels, findings
15 consistent with hypogonadotropic hypogonadism. His TSH (2.89 mU/L), free t4 (11 pM), morning cortisol
16 (264 nM), FSH (6.1 IU/L) and ACTH (22 ng/l) levels were normal. Thus, no signs of multiple pituitary
17 hormone deficiency was noted. He detected strong odors.

18 At the age of 19 years and one month, puberty was induced with monthly intramuscular injections of
19 testosterone (Sustanon®). The dose was gradually increased, and he masculinized normally (G4P4 at the
20 age of 20 years), yet his testicular size remained constantly below 4 ml. After 24 months of testosterone
21 treatment, his LH level was increased to 4.6 IU/L and FSH 16.7 IU/L, yet inhibin B level remained below 40
22 ng/l.

23 *Genetic analyses*

24 The genomic DNA was extracted from peripheral blood leukocytes. Whole Exome Family Plus Test was
25 performed in an accredited genetic testing company (Blueprint Genetics, Helsinki, Finland). In brief, the
26 test targets all protein-coding exons, exon-intron boundaries (\pm 20pbs) and selected non-coding, deep
27 intronic variants. Sequencing was performed using the Illumina sequencing system with paired-end
28 sequencing (150 by 150 bases). Sequencing-derived raw image files were processed using a base-calling
29 software (Illumina) and the sequence data was transformed into FASTQ format. Sequencing yielded a 99%
30 20x coverage from all family members. Reads were mapped to the human reference genome
31 (GRCh37/hg19). Burrows-Wheeler Aligner (WA-MEM) software was used for read alignment. Duplicate
32 read marking, local realignment around indels, base quality score recalibration and variant calling were
33 performed using GATX algorithms (Sentieon). Raw sequence reads were processed into variants by a

1 proprietary bioinformatics pipeline. Copy number variations (CNVs), defined as single exon or larger
2 deletions or duplications (Del/Dups), were detected from the sequence analysis data using a proprietary
3 bioinformatics pipeline, which processes aligned sequence reads. Blueprint Genetics variant classification
4 follows the Blueprint Genetics Variant Classification Schemes modified from the ACMG guideline 2015.

5 In addition, to examine the presence of potentially causative variants in the genes implicated in CHH
6 including the most recently discovered genes (n=75, Supplementary file 4) the patient's and the family
7 members' vcf files from whole exome sequencing were annotated in-house using ANNOVAR (34). For a
8 variant to be potentially causative we determined that the variant should be (i) be either exonic and
9 nonsynonymous, or lie in the consensus splice site or its proximity, which we defined as within ten bases
10 from the splice site, (ii) have a reported minor allele frequency (MAF) equal to or below 2% in all
11 subpopulations in the gnomAD. Variants fulfilling these criteria were classified according to the
12 ACMG/AMP 2015 guidelines using the InterVar bioinformatics software tool (35, 36).

13 *Human pluripotent stem cells*

14 H9 Human embryonic stem cell (hESC) (WA09; WiCell) (37) based H9C11 *GNRH1*-Tdtomato reporter cell
15 line (Lund et al., 2016) was used to create H11, the *POGZ* patient mutation line carrying the heterozygous
16 *POGZ* (c.2857C>T, p.(Gln953*)) mutation; and F6del, the *POGZ* deletion line with a 103bp deletion in *POGZ*
17 exon19 (*POGZ*c.2803-2906del; p.E935Kfs*7). All the cell lines were maintained in Matrigel-coated dishes
18 (Corning), using mTeSR1 culture medium (STEMCELL Technologies) at 37°C and 5% CO₂.

19 *CRISPR/Cas9 editing*

20 CRISPR single-guide RNAs (sgRNA) and homology-directed repair (HDR) template targeting exon 19 of
21 *POGZ* were designed using <https://benchling.com/>. For the heterozygous mutation (H11 line), an RNP
22 complex consisting of a sgRNA, an HDR oligo containing the c.2857C>T mutation, and Cas9 nuclease was
23 formed; and for the homozygous deletion, another RNP complex consisting of two sgRNAs 103bp apart
24 from each other, targeting *POGZ* exon 19, and Cas9 nuclease was formed. H9C11 *GNRH1*-Tdtomato
25 reporter cells (2x10⁶) (29) were electroporated with one of the RNP complexes using the Neon transfection
26 system (ThermoFisher Scientific, 1100 V, 20 ms, 2 pulses) and maintained in mTeSR1 containing 10µM
27 ROCK Inhibitor (Selleckchem) and 10% CloneR (STEMCELL Technologies) (38). 48 h after the
28 electroporation, the cells were single cell-sorted using SONY SH800z sorter and the colonies were
29 screened with Eco720i digestion and PCR. We chose the last exon for the deletion because it is the largest
30 exon with most of the functional domains, and a vast majority of WHSUS cases has truncated variants in
31 this area (27). The deletion is predicted to escape nonsense-mediated decay and produce a truncated
32 protein *in silico* (<https://nmdprediction.shinyapps.io>). We validated the genotypes of the H11 and F6del

1 lines by sequencing and Western blot. The sgRNAs and HDR templates are provided in Supplementary file
2 1. The cytogenetic study with G bands performed in AmbarLab Barcelona showed a chromosomal formula
3 of 46, XX in all lines (WT, H11, F6del), in the 20 metaphases analyzed.

4 *GnRH neuron differentiation*

5 WT *GNRH1*-reporter line H9C11, heterozygous patient mutation line H11, and homozygous deletion line
6 F6del were differentiated into GnRH neurons using our GnRH differentiation protocol (28). Briefly, at ~90%
7 confluence the protocol begins with dual SMAD inhibition (39) using N2B27 medium supplemented with 2
8 μ M Dorsomorphin (Selleckchem) and 10 μ M SB431542 (Sigma) for ten days, followed by ten days of
9 100ng/ml FGF8b (Peprotech) treatment. Subsequently, neurons are treated with 20 μ M DAPT
10 (Selleckchem) every other day for 5 days.

11 *Quantitative RT-PCR*

12 RNA isolation was performed using Nucleospin RNA plus kit (Macherey-Nagel) and one μ g of total RNA
13 was reverse transcribed into cDNA using iScript cDNA Synthesis Kit (Bio-Rad). Quantitative PCR was
14 performed using the primers listed in Supplementary file 2. Gene expressions were calculated using the $2^{-\Delta\Delta C_t}$
15 method by normalizing to Cyclophilin G (*PPIG*) expression.

16 *Immunoblotting*

17 All cells were lysed in RIPA buffer (ThermoFisher Scientific) supplemented with 1x protease and
18 phosphatase inhibitors (ThermoFisher Scientific). Denatured proteins loaded into 4-12% SDS-PAGE gels
19 (Bio-Rad). Subsequently, the proteins were transferred onto nitrocellulose membranes (ThermoFisher
20 Scientific) and the membranes were blocked with 5% milk in 1x TBS-T at room temperature (RT) for 1 h.
21 Primary antibody incubations were performed overnight at 4°C and secondary antibody incubations were
22 performed at RT for 1 h. The primary and secondary antibodies are listed in Supplementary file 3. The
23 signal was detected with ECL Western Blotting Substrate (ThermoFisher Scientific) and captured with
24 ChemiDoc Imaging System (Bio-Rad).

25 *Immunocytochemistry and microscopy*

26 Cells were fixed in 4% paraformaldehyde for 20 min at RT. After permeabilization with 0.5% Triton-X in 1x
27 PBS for 10 mins at RT, cells were incubated with BlockAid Blocking Solution (ThermoFisher Scientific) for 1
28 h at RT. Primary antibody incubations were performed overnight at 4°C and secondary antibody
29 incubations were performed in the dark at RT for 1 h. All primary and secondary antibodies were diluted in
30 the blocking solution. The primary and secondary antibodies used in this study are listed in Supplementary

1 file 3. Images were taken using Zeiss Axio Imager.Z2 upright epifluorescence wide-field microscope
2 (Biomedicum Imaging Unit, Helsinki).

3 *Proliferation assay*

4 On day 15 of the differentiation, cells were split into a new Matrigel-coated 12-well plate using three wells
5 for each line (WT, H11, and F6del) and kept overnight to attach at 37°C and 5% CO₂. The next day, the plate
6 was placed into the Incucyte S3 and scanned at 6-hour intervals using the Standard Software (Essen
7 BioScience v2021). After 72 hours, cell confluency for each time point was calculated by normalizing
8 occupied area to that of the starting time (hour 0) using the basic analyzer tool. Proliferation experiments
9 were repeated for four times.

10 *Wound-healing assay*

11 On day 16 of the differentiation, cells were split into a Matrigel-coated Essen Incucyte® ImageLock 96 well
12 plate (Sartorius) using three wells for each line (WT, H11, and F6del). Wounds were generated using the
13 Incucyte® 96-Well Woundmaker Tool (Essen BioScience) and the cells were placed into the Incucyte S3
14 and scanned at 4-hour intervals using the Scratch Wound Cell Migration & Invasion Assay (Essen
15 BioScience v2021). After 36 hours, average relative wound density was calculated for each line by
16 normalizing to the initial wound density using the Incucyte® Scratch Wound Analysis Software.

17 *Neurite length and neurite branch points measurements*

18 Cells were split into Essen ImageLock 96-well plate on day 20 of the differentiation. After neurons were
19 formed and matured with DAPT treatment (Day23), the plate was placed in the Incucyte S3 and scanned at
20 6-hour intervals for 42 hours. Neurite lengths (mm/mm²) and neurite branch points (per mm²) were
21 calculated using Neurotrack Analysis Software Module.

22 *Ethics*

23 Written informed consents were obtained from the family. The study was approved by the Ethics
24 Committee of the Hospital District of Helsinki and Uusimaa and was conducted in accordance with the
25 Declaration of Helsinki.

26 *Statistical methods*

27 One-way ANOVA and Tukey' s multiple comparisons test, and paired-t test were performed for qPCR
28 data of neural progenitor cell (NPC) markers, and glutamatergic neuron markers, respectively. Area under
29 curve (AUC) analysis was performed for confluence and relative wound density graphs and then one-way
30 ANOVA and Tukey' s multiple comparisons test were performed for AUC values as well as the neurite
31 length and neurite branch point values at the end of the differentiation. All the statistical tests were

1 performed using GraphPad Prism (v9.2). P-value less than 0.05 was accepted to indicate statistical
2 significance.

3 **RESULTS**

4 *Identification of a novel POGZ mutation in a patient with WHSUS and KS*

5 In whole exome sequencing, a heterozygous *de novo* nonsense variant c.2857C>T p.(Gln953*) in *POGZ*
6 (NM_015100.4) was identified in the patient and also confirmed by Sanger sequencing (Supplementary
7 Fig.3) The variant was not present in the patient' s parents or brother. Maternity and paternity were
8 confirmed based on Whole Exome Family sequencing data. The variant is not present in gnomAD
9 database. It causes a premature stop codon and is predicted to produce a truncated POGZ protein (952
10 out of 1410 amino acids), as the variant is located in the last exon of *POGZ* and expected to escape
11 nonsense-mediated mRNA decay (40). The variant is predicted to lead to complete loss of the DNA-
12 binding domain and the transposase-derived DDE domain of POGZ and result in loss of protein function.
13 This genetic finding confirmed the diagnosis of WHSUS in the proband.

14 One heterozygous variant in *NRP2* (c.838C>T, p.Pro280Ser, rs79750907), encoding neuropilin receptor-2,
15 was discovered in the patient among the 75 genes that have been implicated in CHH/KS. This variant is
16 also carried by the healthy mother, has not been described in any CHH/KS patients, but has been
17 proposed to underlie lymphedema based on a small pedigree without reported reproductive phenotypes
18 (41). The allele frequency is 0.0018, and according to InterVar and ACMG/AMP 2015 guideline (32, 33) the
19 variant is classified as likely benign.

20 *Generation and validation of POGZ mutation hESC lines*

21 We generated two hESC lines carrying two different POGZ mutations in previously described GnRH-
22 reporter line (29) using CRISPR/Cas9 genome editing (Fig.2A). Western blot for POGZ showed that the H11
23 line produced both a full-length protein and a truncated protein product caused by the heterozygous
24 nonsense mutation, as expected (Fig.2A). The F6del line produced only the truncated protein (Fig.2A). Both
25 H11 and F6del lines were positive for OCT4 pluripotency marker (Supplementary Fig.1A), and the
26 expression level of *SOX2*, *OCT4*, and *NANOG* were similar to that of unedited WT cells (Supplementary
27 Fig.1B).

28 *POGZ homozygous deletion impairs proliferation and wound-healing capacity of neural progenitor cells*

29 During the FGF8 stage of the GnRH neuron differentiation, NPC pool actively proliferates and forms neural
30 rosettes. Thus, we investigated the proliferation rate of NPCs derived from H11, F6del, and WT lines. Live-

1 cell time-lapse imaging showed that WT and H11 lines proliferated similarly, whereas the proliferation rate
2 of the F6del NPCs was significantly lower (Fig.3A-B) ($p < 0.005$).

3 We observed reduced migration of F6del neural progenitors in a wound healing assay by measuring the
4 relative wound density (RWD) (42). It indicates the ratio of the occupied area to the total area of the initial
5 wound region. 36 hours after the wound was made, RWD graph showed that WT and H11 lines closed
6 more than 80% of the gap, however, F6del line was only able to close less than 50% (Fig.3C-D) ($p < 0.05$).

7 *POGZ homozygous mutation disrupts the formation of neural progenitor pool*

8 Using our well-established GnRH neuron differentiation protocol (28), we differentiated WT, H11, and
9 F6del lines into GnRH neurons. First, we produced *PAX6* and *FOXP1* expressing NPCs. *POGZ* knockout
10 hESC lines reportedly have reduced number of intermediate progenitors (*TBR1+* and *TBR2+* cells) (24).
11 Concordantly, we found significantly reduced expression of *TBR1* and *TBR2* ($p < 0.0001$) together with
12 markers of immature neurons *PAX6* ($p < 0.01$) and *TUBB3* ($p < 0.05$) in d15 neural progenitors derived from
13 the F6del line (Fig.4).

14 *POGZ mutant hESCs can differentiate to GnRH-expressing neurons but display reduced expression of* 15 *glutamatergic neuron markers*

16 GnRH differentiation protocol (Fig.5A) mostly produces excitatory glutamatergic neurons that express
17 *TBR1*, and *LHX* family genes together with GnRH neurons (31). Tdtomato-positive, GnRH-expressing cells
18 normally start emerging between d23-d25 of differentiation (28). By d25, TdTomato-positive cells were
19 visible in all lines (Fig.5C). However, in line with the reduced proliferation of the NPCs, the number of
20 neurons formed from the F6del line was clearly reduced compared to WT and H11 lines (Fig.5C). There
21 were no significant differences in the *GNRH1* expression levels among the lines (Fig.5B). However,
22 expression of the glutamatergic neuron markers *LHX2* and *TBR1* was significantly downregulated in the
23 F6del line (Fig.5D).

24 *Full-length POGZ is required for neurite outgrowth and branching*

25 Neurite outgrowth and branching are fundamental parts of neuronal maturation (43). To assess the
26 consequences of the *POGZ* mutations on anterior neurons including GnRH neurons we performed real-
27 time measurements of neurite outgrowth and branching. During neuronal maturation under DAPT
28 treatment, F6del neurons had significantly shorter neurites which grew significantly less than those of WT
29 and H11 neurons (Fig.6A). The average neurite length of F6del neurons were 50% shorter compared to
30 WT and H11 neurons on differentiation day 25 (Fig.6B) ($p = 0.0002$).

1 Additionally, we examined neurite branching and observed that significantly fewer neurite branch points
2 were formed in F6del neurons compared to WT and H11 (Fig.6C). At the end of the differentiation, F6del
3 neurons had 90% less branch points than those of the WT and H11 neurons (Fig.6D) ($p=0.0002$).

4

5 DISCUSSION

6 *POGZ* is one of the most recurrently *de novo* mutated genes in patients with neuropsychiatric and
7 neurodevelopmental disorders (NDDs) such as schizophrenia, intellectual disability, and ASD (19, 44).
8 *POGZ* is highly expressed in the human fetal and adult central nervous system (CNS) (24) and, in mice,
9 *Pogz* knockout is embryonic lethal (21, 45). So far, 50 disease-causing *POGZ* mutations have been
10 reported in the HGMD database (HGMD Professional 2021.4). Stessman *et al.* reported 25 loss-of-function
11 variants and three missense mutations in *POGZ* causing WHSUS and ASD, all of which occurred *de novo*
12 (19). However, the function of *POGZ* during brain development and the role of *POGZ* mutations in the
13 etiology of NDDs are largely unknown.

14 Here, we describe a White-Sutton syndrome patient with a novel heterozygous *de novo* *POGZ* mutation,
15 and KS. In addition to WHSUS, he had a history of micropenis, incomplete puberty after the age of 18 years
16 in the setting of low testosterone and gonadotropin levels, and absence of olfactory bulbs, *i.e.* findings
17 consistent with KS (3). Indeed, WHSUS patients actually may harbor CHH/KS features such as olfactory
18 bulb hypoplasia (46), midline defects (25, 47, 48), hypoplastic scrotum, hypoplastic testes, micropenis (27),
19 and cryptorchidism (49), suggesting overlap between WHSUS and CHH/KS. Moreover, a very recent study
20 by Oleari *et al.* reported that loss-of-function variants in another autism-linked gene, neuroligin 3
21 (*NLGN3*), may also be a rare cause of GnRH hormone deficiency (50). *NLGN3* is upregulated in maturing
22 GnRH neurons and promotes neuritogenesis. Patients with *NLGN3* mutations presented with both ASD-
23 features and GnRH deficiency phenotypes such as micropenis and small testes volumes, laying further
24 credence to common genetic mechanisms underlying neurodevelopmental disorders such as GnRH
25 deficiency and ASD (50).

26 During testosterone treatment to induce puberty, the patient' s gonadotropin levels increased, yet testis
27 size remained small and serum inhibin B level low, arguing against extreme form of constitutional delay of
28 growth and puberty or reversal of CHH (51). Interestingly, *POGZ* is expressed in spermatogonia and
29 developing spermatogenic cells (<https://www.proteinatlas.org/>), and we cannot rule out the possibility
30 that *POGZ* deficiency causes partial testicular resistance to gonadotropins, as described in approximately
31 10% of CHH patients (52).

1 We next sought after the putative mechanism by which POGZ defect might cause central hypogonadism.
2 We differentiated POGZ-deficient hESC lines to GnRH neurons to bring the cells to NPCs that are further
3 primed to GnRH neurons (28). Even the cell line carrying biallelic nonsense mutation in *POGZ* retained the
4 capacity to be differentiated into GnRH neurons, suggesting that *POGZ* is not indispensable for GnRH
5 neurogenesis. However, *Pogz* is highly expressed in rat embryonic GnRH neurons (50), and Burger et al.
6 demonstrated *Pogz* enrichment in postnatal mouse GnRH neurons (53). In humans, Single Nucleus
7 Pituitary Atlas (<http://snpituitaryatlas.princeton.edu/>) indicates *POGZ* expression in several types of
8 pituitary cells both in pediatric and adult individuals. Finally, we now show POGZ expression in the GnRH
9 neuron stage of our differentiation protocol (Supplementary Fig.2). In addition, a more global effect of
10 *POGZ* deficiency on neurogenesis, rather than a specific problem of GnRH neuron ontogeny, is expected
11 based on the wide neurological phenotype of WHSUS patients (25, 26, 27, 46, 47, 54).

12 Recently, two studies showed that loss of POGZ alters transcriptional networks underlying neuronal
13 development, disrupts NSC proliferation, delays neuronal migration and neural induction of hESCs (23, 24).
14 Similarly, we observed that homozygous deletion of *POGZ* leads to impaired proliferation and wound-
15 healing capacity of NPCs, accompanied by downregulation of *PAX6*, *TBR1*, *TBR2*, and *TUBB3*. *PAX6* is a key
16 regulator of the neuronal fate determination as well as the self-renewal of the NSCs, and essential in the
17 dorso-ventral patterning of the forebrain (55-58). T-box transcription factors *Tbr1* and *Tbr2* are expressed
18 in the developing telencephalon, in the intermediate progenitor cells and in the dividing NPCs that give
19 rise to olfactory bulb neurons (59). Their misexpression alters neuronal development, disrupts neuronal
20 migration and dendrite development (60, 61). Mutations in *TUBB3*, encoding β III-tubulin, an immature
21 neuron marker and cytoskeletal regulator expressed in NPCs, lead to migration and axon guidance defects
22 in CNS neurons (62-64), and are implicated in neurological disorders (65). Interestingly, the TUBB3 E410K
23 syndrome overlaps with KS (17). Finally, the lack of full-length POGZ impaired neurite outgrowth and
24 branching of anterior neurons, which is consistent with previous studies (21, 24, 66).

25 Of note, one copy of full-length POGZ was sufficient for the formation and expansion of the anterior NPCs
26 and allowed generation of GnRH neurons. Indeed, heterozygous POGZ mutations apparently do not
27 markedly disturb neuronal differentiation in vitro. For example, Deng et al. showed that an hESC line with a
28 heterozygous POGZ mutation showed only subtle changes during neural differentiation (24). and
29 Markenscoff-Papadimitriou et al. demonstrated a lack of strong transcriptional defects in developing
30 human and mouse brain tissue with POGZ haploinsufficiency (67). Thus, the precise disease mechanism by
31 which patients with POGZ mutation have WHSUS that overlaps with CHH/KS remains unclear (25-27)
32 especially as oligogenecity could not be demonstrated.

1 In conclusion, our results suggest that *POGZ*, underlying WHSUS, is a rare cause of CHH/KS. Our results
2 show that *POGZ* is not indispensable for GnRH neuron ontogeny, but is required for the proper
3 proliferation of anterior NPCs, subsequent neurogenesis and axon branching of ensuing neurons, which
4 may all contribute to the GnRH deficiency. Patients with WHSUS should be monitored for the onset of
5 puberty and presence of hypogonadism to avoid adverse metabolic consequences of hypogonadism
6 including osteoporosis.

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19 Conceptualization: N.E., Y.W. and T.R. Experiments: N.E., S.M., V.Y., and C.G-S. Data analysis: J.K., H.A. Writing-
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22 Competing interests

23 The authors declare no competing or financial interests.

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24

25 Figure Legends

26 **Fig.1. Brain MRI scan of the proband at the age of 8 months.** Sagittal T1 (left) and coronal T2 (right)
27 images without contrast enhancement. Left panel, the pituitary gland is small (white long arrow).
28 Neurohypophyseal bright tissue is seen in the normal localization (white short arrow). Right panel, Normal
29 olfactory sulci are seen on both sides (black arrows). Olfactory bulbs were not visible on either side,
30 although optimally located coronal slides are not available.

31 **Fig.2. Generation and validation of POGZ mutation lines.** Mutation lines H11 and F6del were derived
32 from H9 GnRH-TdTomato reporter hESCs (Lund et al. 2020) using CRISPR/Cas9. The upper schematic
33 displays the H11 line containing the heterozygous patient mutation (c.2857C>T, p. (Gln953*)) and the
34 asterisk shows the heterozygous nucleotide change. The lower schematic displays the F6del line and the
35 asterisk shows the homozygous premature stop codon. Protein schematic with POGZ Western blot
36 analysis indicates that both lines produce truncated POGZ (HPZ: HP-1 binding zinc finger-like domain,
37 CENP-B DB: centromere protein-B-like DNA binding domain, DDE: transposase-derived DDE domain).

38 **Fig.3. POGZ homozygous deletion impairs proliferation and wound-healing capacity of neural**
39 **progenitor cells.** A. Cell proliferation rate was recorded from day 16 to day 19 of the differentiation from

1 the neural progenitor cells derived from WT, H11, and F6del lines. Cell confluences were normalized to the
2 starting time point (0h). **B.** Overall proliferation of the F6del neural progenitors was significantly slower
3 than that of WT and H11. The graph shows the area under the curve values of the confluence graph
4 normalized to WT (n=4, **p<0.005). **C.** Relative wound density of all three lines between days 16 and 18 of
5 the differentiation protocol. After 36 hours, WT and H11 cells almost completely closed the gap while the
6 F6del clone was able to close only half of the same size gap within the same period of time. **D.** The graph
7 shows the area under the curve values of the relative wound density graph normalized to WT (n=3, *p<0.5
8 **p<0.005)

9 **Fig.4. POGZ homozygous deletion disrupts the formation of neural progenitor pool.** Relative expression
10 of early neuronal genes on day 15 of the differentiation was analyzed from neural progenitor cells derived
11 from WT, H11, and F6del lines. F6del, the homozygous deletion clone, showed lower relative expression of
12 intermediate progenitor neuron markers TBR1 and TBR2, and immature neuron markers PAX6 and TUBB3
13 (*: p<0.05, ***: p<0.01 ****: p<0,0001).

14 **Fig.5. POGZ mutant hESCs can differentiate to GnRH-expressing neurons but display reduced**
15 **expression of glutamatergic neuron markers.** **A.** Schematic of the GnRH neuron differentiation protocol
16 (Lund et al., 2020) that was used to differentiate WT, H11, and F6del lines into anterior neurons including
17 GnRH neurons **B.** Relative GNRH1 expression was comparable among all three lines on day 25 of the
18 differentiation. **C.** Day 25 images of WT, H11, and F6del lines at the GnRH stage of the differentiation.
19 Arrows indicate the red *GNRH1*-expressing cells. **D.** The POGZ deletion clone F6del showed
20 downregulation of glutamatergic neuron markers TBR1 and LHX2 on day 25 of the differentiation (*:
21 p<0.05, ***: p<0.01).

22 **Fig.6. Full-length POGZ is required for neurite outgrowth and branching.** **A.** Neurite outgrowth of WT,
23 H11, and F6del lines between days 23 and 25 of the differentiation protocol. **B.** The neurons derived from
24 the F6del line had significantly shorter neurites compared to WT and H11 neurons on day 25. The graph
25 shows the area under curve values of the neurite length graph (n=5, **p<0.0002). **C.** Neurite branch points
26 of WT, H11, and F6del lines between days 23 and 25 of the differentiation protocol. **D.** The neurons derived
27 from the F6del clone had significantly fewer branch points compared to WT and H11 neurons on day 25.
28 The graph shows the area under curve values of the neurite branch points graph (n=3, p=0.0002).

29

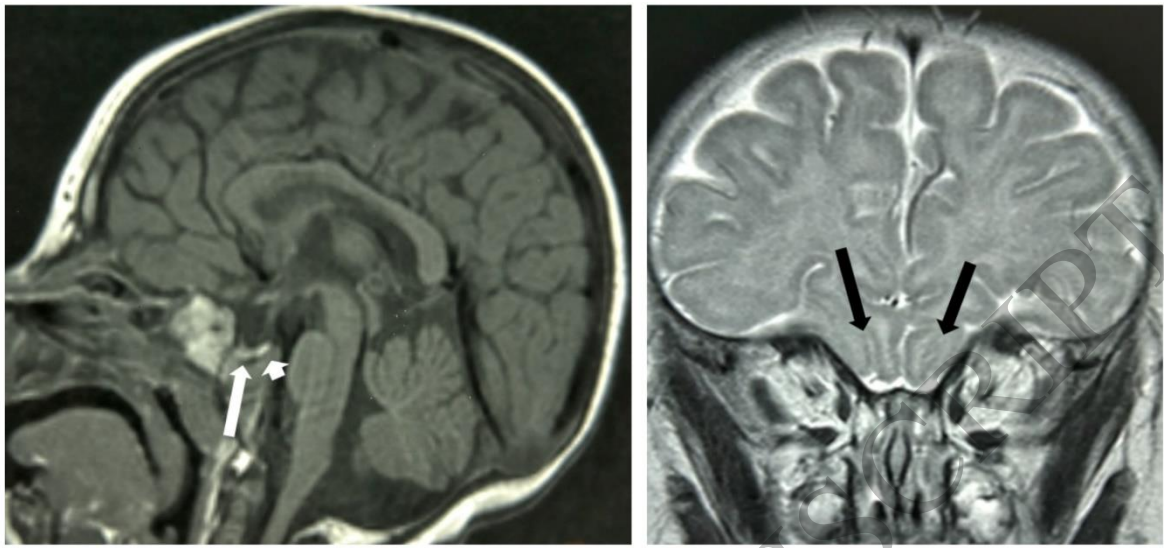


Figure 1
156x74 mm (x DPI)

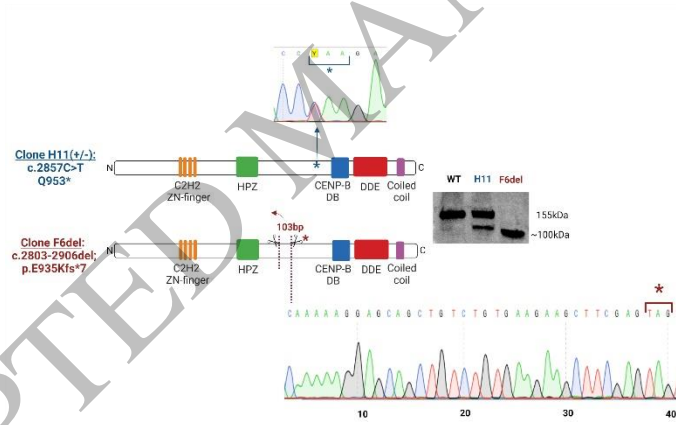


Figure 2
90x55 mm (x DPI)

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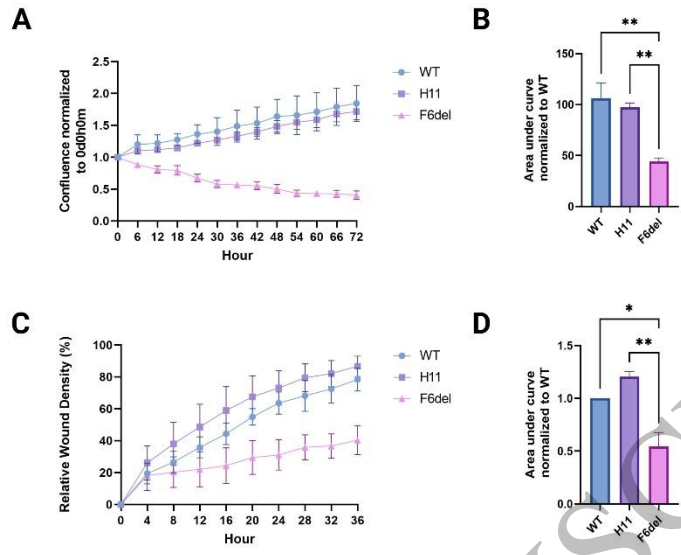


Figure 3
90x73 mm (x DPI)

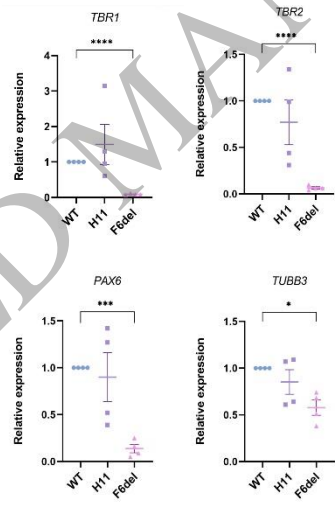


Figure 4
45x66 mm (x DPI)

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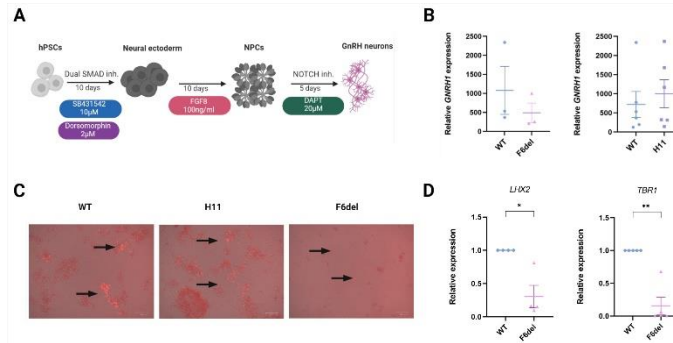


Figure 5
90x45 mm (x DPI)

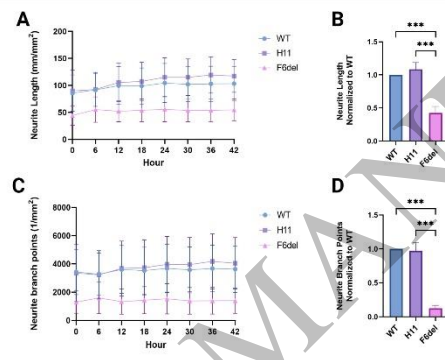


Figure 6
90x55 mm (x DPI)

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